



National
Qualifications
SPECIMEN ONLY

SQ36/H/01

Physical Education

Date — Not applicable

Duration — 1 hour and 30 minutes

Total marks — 40

SECTION 1 — 24 marks

Attempt ALL questions.

SECTION 2 — 16 marks

Attempt ALL questions.

Write your answers clearly in the answer booklet provided. In the answer booklet, you must clearly identify the question number you are attempting.

Use **blue** or **black** ink.

Before leaving the examination room you must give your answer booklet to the Invigilator; if you do not, you may lose all the marks for this paper.



* S Q 3 6 H 0 1 *

SECTION 1 — 24 marks

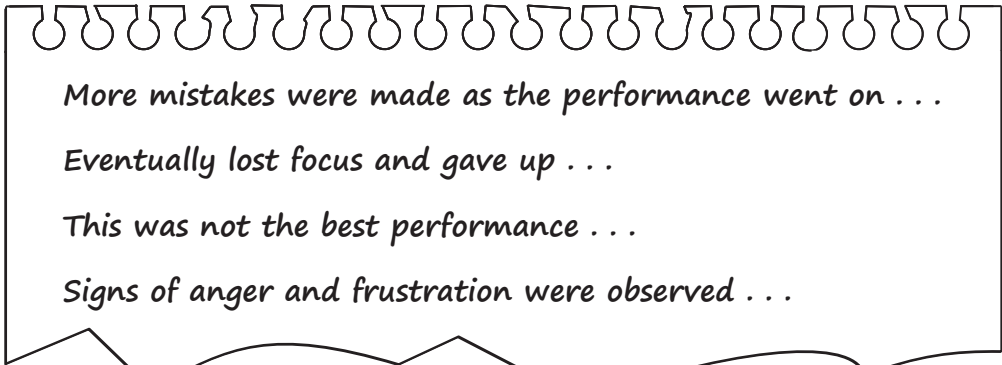
Attempt ALL questions

1. (a) Describe **two** different methods that could be used to collect information about the potential impact of **social** factors on performance. 4
- (b) Select **one** of the methods described in part (a).
Evaluate **one** benefit and **one** limitation of using this method to collect information about the potential impact of **social** factors on performance. 4
2. (a) Choose **one emotional** factor that impacts on performance. Explain **one** approach to develop this factor. 4
- (b) Evaluate **one** advantage and **one** disadvantage of applying this approach during a performance. 4
3. (a) Explain the purpose of monitoring and evaluating performance. 2
- (b) Explain **at least two** difficulties that might be encountered when monitoring and evaluating the impact of **mental** factors on performance. 6

SECTION 2 — 16 marks

Read the scenario below and attempt the question which follows.

This is an extract of feedback to a performer.



More mistakes were made as the performance went on . . .

Eventually lost focus and gave up . . .

This was not the best performance . . .

Signs of anger and frustration were observed . . .

1. (a) Analyse reasons why a performer might receive this feedback. In your answer you must refer to the following factors impacting on performance: **physical** and **one other** — from mental, social or emotional. 8
- (b) Explain how this feedback might be used to plan future performance development for the two factors chosen in 1(a). 8

[END OF SPECIMEN QUESTION PAPER]