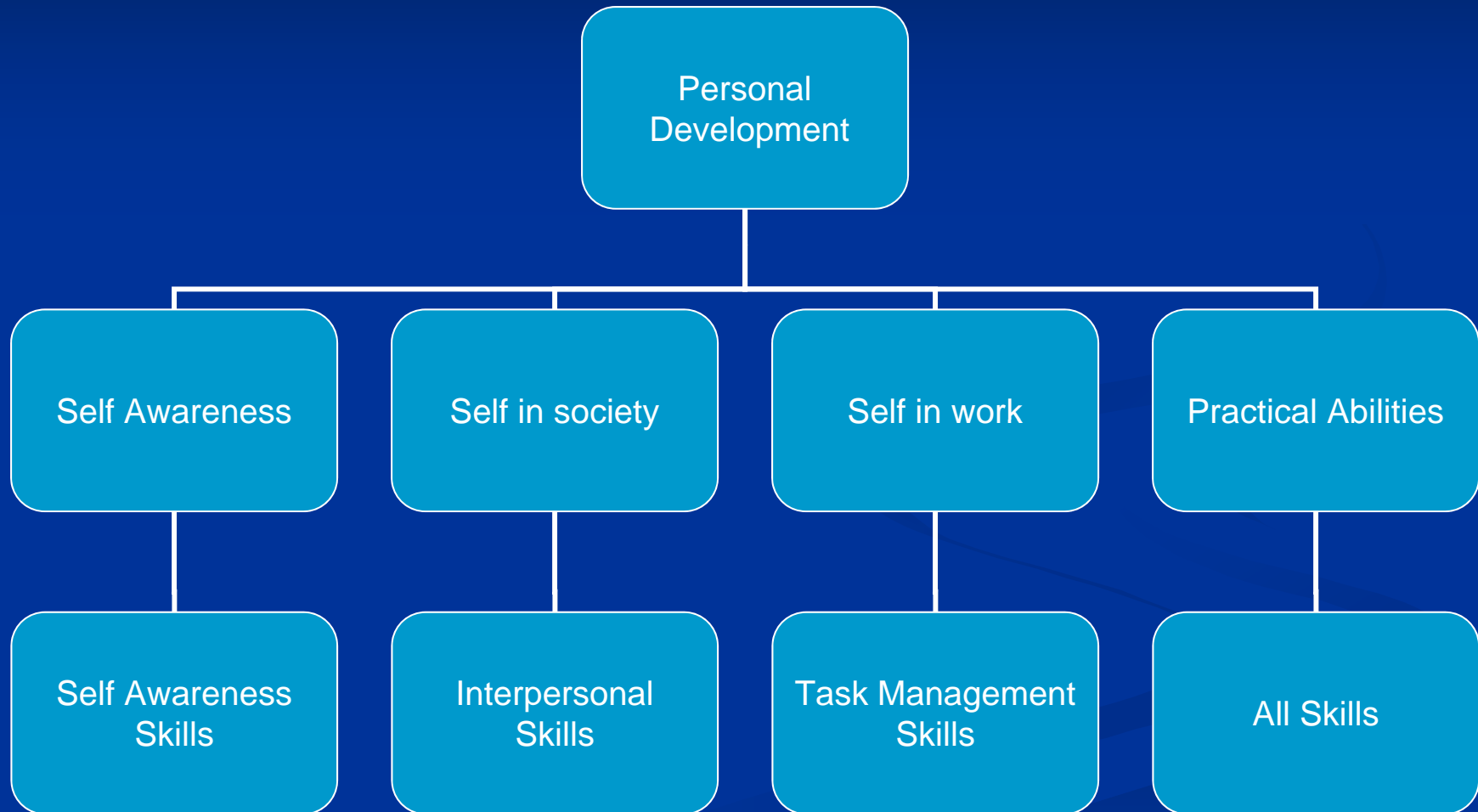


Higher Personal Development



What is Higher Personal Development?



Aim of Personal Development course

- The *Higher Personal Development Course* seeks to develop candidates' potential as employable, contributing members of society through the development of:
life skills related to task management, social interaction, and self evaluation.
- This Course also provides opportunities for candidates to demonstrate the ability to manage information, communicate effectively and deliver a product or a service.
- Through the development of these skills and abilities, candidates can become reflective learners which will help them to build self confidence and self esteem. This will complement and enhance their learning in other subjects giving them the potential to achieve success in new and challenging situations

Self Awareness

■ Amy –

- Comparing our working conditions with third world countries.
- Shoe factory in India.
- Entitlements



■ Heather –

- laws relating to under 18s.
- Alcohol.
- Cigarettes.
- Restricted hours.



■ Kirsty –

- Minimum wage.
- Same job, different pay.



■ Jennifer –

- Working conditions.
- Employees entitlement to:

Holidays

Breaks

Working Hours



Self in Society and Work

- Preparing a power point presentation including film illustrating the rights and responsibilities of the employee and employer.
- We are going to deliver our presentation to the 4th and 5th year pupils in all secondary schools in East Ayrshire



Westminster, London

- We met with Des Browne MP as part of our research.
- As employment is a reserved matter and is not dealt with in the Scottish Parliament Mr Browne invited us down to Westminster to take part in an employment debate.
- This will be beneficial to us as it will enhance our knowledge and Understanding of employment.



Practical Abilities

- Everyone in the class will showcase their projects to an audience of 100 people. This will include local head teachers, as well as family and friends.
- As part of our project we thought it would be a good idea to take video footage of our outings and meetings and put them into our project.



Other Groups within the class

- Ethics within fashion
- Intergenerational healthy eating /practical skills
- Literacy – comic
- Peer education – drugs /alcohol/smoking
- Technology for the old



Support from outside Agencies

- Alison Crawford – EAC
- Gail Cassidy – Volunteer Centre – East Ayrshire
- Linda Patterson – Enterprise – EAC
- Des Brown - MP



FEEDBACK

I have learned a lot about both my good and bad qualities.

I have learned how to communicate in large groups and have learned a lot about my confidence.

I have learned a lot about my classmates, as well as how to believe in myself.

I have learned more about myself as a person and now believe I can do what I aim to do.

This class has helped me overcome my fear of speaking in large crowds.

I have learned that I can do anything that I aim to do. It has given me more self confidence and self belief.

I have learned a lot about my myself and everyone else in the class this year.



I have learned how to express my opinions and identified leadership qualities that I did not know I possessed.

I have learned more about myself and grown in confidence as a person.

I have developed as an individual and have gained confidence and appreciation of others. I have also made friends I would never have had before.

I've learned the satisfaction of working within a group.

I have gained in confidence and can now speak confidently in front of a large audience.

I have grown in confidence as a person and have learned more about everyone else in the class.



