XSQA

Specification for Cycling Award (SCQF level 1)

Award code: GG5D 41

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Please refer to the note of changes at the end of this Specification for details of changes from previous version (where applicable).

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Introduction

This is the specification for the Cycling Award at SCQF level 1.

It includes the Award structure, details of any assessment requirements and guidance on access. Additional guidance on delivery and assessment can be found in the *Award Support Notes.*

The Award is designed to provide opportunities for learners to develop the skills necessary to determine whether a cycle is safe to use, and to develop an understanding of the importance of safety when cycling.

The principle aims of the Award are to enable learners to:

♦ develop an understanding of the importance of cycle safety
♦ carry out a simple cycle safety check and identify the repair tasks arising from this check
♦ carry out a cycling activity
♦ follow rules and practices for cycling safely during the activity

The Award will also enable learners to:

♦ develop transferable skills in co-operating with others
♦ begin to develop a life-long learning approach to cycling
♦ include cycling activities as part of a healthy lifestyle
♦ increase awareness of issues associated with sustainability and the environment

Equality and inclusion

This general Award Specification has been designed to ensure that there are no unnecessary barriers to learning or assessment. The individual needs of candidates should be taken into account when selecting assessment methods or considering alternative evidence, consistent with maintaining the integrity of the qualification.

Rationale

No specific knowledge is required to embark on this Award.

The widest definition of two and three wheeled cycles is covered by this Award. The cycle can be motorised and/or adapted to suit the needs of the individual learner.

The Award is designed to provide opportunities for learners to develop the skills required to carry out simple cycle checks to determine whether a cycle is safe to use, and to develop an understanding of the importance of safety when cycling.

This is a new Award in the subject area. However, there are a number of formal and informal programmes which aim to develop practical skills in cycling. Learners may, therefore, come to this Award having previously completed other awards such as these or may be participating in other awards at the same time.

Target groups

The Award would be useful for learners who are studying at SCQF level 1. The Award is not, however, confined to this particular group and could be used as an introductory course of study for any group who wish to develop their skills in cycle safety.

Recommended entry

Entry to this Award is at the discretion of the centre.

Progression

This Award or its components may provide progression to:

Personal Achievement Award and its component Units at SCQF level 1
Other Units at SCQF level 1
Personal Achievement Award and its component Units at SCQF level 2
Personal Development Award and its component Units at SCQF level 2
Cycling Award and its component Units at SCQF level 2

Award structure

This Award receives 12 SCQF credit points at SCQF level 1 and consists of two mandatory Units:

Cycle Safety Checks
Cycling Safely

The emphasis during delivery and assessment should be on helping learners to develop the skills necessary to carry out a simple cycle safety check and identify tasks required as a result of this check, as well as helping learners to develop confidence when cycling.

The Award has been designed to allow the maximum flexibility in the way it is delivered and assessed. It can be incorporated into programmes of study in schools and colleges, and could also be delivered in other contexts, for example as a regular, weekly session in schools, or as a short intensive course in other contexts.

The overriding consideration should be that providers have access to the full range of expertise necessary to deliver the whole content of the Award.

Award framework

The framework for the Award at SCQF level 1 is outlined in the table below.

Unit title (Component)	Mandatory/ Optional	Code	SCQF credit points	SCQF level
Cycle Safety Checks	Mandatory	H3YJ 41	6	1
Cycling Safely	Mandatory	H3YH 41	6	1

To achieve the Award learners must complete both mandatory Units.

Both Units can also be delivered on a free-standing basis.

Skills for learning, skills for life and skills for work

It is expected that learners will develop broad, generic skills through this Award. The skills that learners will be expected to improve on and develop through the Award are based on SQA's *Skills Framework: Skills for Learning, Skills for Life and Skills for Work* and drawn from the main skills areas listed below. These must be built into the Award where there are appropriate opportunities.

1   Literacy
1.3   Listening and Talking

3   Health and Wellbeing
3.3   Physical Wellbeing

5   Thinking skills
5.2   Understanding

Amplification of these is given in SQA's *Skills Framework: Skills for Learning, Skills for Life and Skills for Work.* The level of these skills should be at the same SCQF level of the Award and be consistent with the SCQF level descriptor. Further information on building in skills for learning, skills for life and skills for work is given in the *Award Support Notes.*

Assessment

Assessment for the Award will consist of gathering evidence to show that the learner is able to successfully complete all the Outcomes in the Units. Evidence could be gathered as learners work through the Units in an integrated way. Alternatively evidence can be gathered on a Unit-by-Unit basis.

Assessment evidence can be presented in any form appropriate to the learner and the activity undertaken. Evidence may be paper-based or recorded (oral or visual). Performance or product evidence may be supported by observation checklists and/or oral questions and answers. Learners may also provide evidence through audio recordings, video diaries, blogs or other electronic means.

Specific Evidence Requirements can be found in the Unit Specifications.

Administrative information

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History of changes to Award Specification

Award details	Version	Description of change	Authorised by	Date