Award Specification

✕SQA

Specification for Cycling Award (SCQF level 2)

Award code: GG5E 42

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Please refer to the note of changes at the end of this Specification for details of changes from previous version (where applicable).

Introduction

This is the specification for the Cycling Award at SCQF level 2.

It includes the Award structure, details of any assessment requirements and guidance on access. Additional guidance on delivery and assessment can be found in the *Award Support Notes.*

The Award is designed to provide opportunities for learners to develop skills in routine cycle maintenance and repair and to enable them to become more confident when cycling.

The principle aims of the Award are to enable learners to:

♦ understand the importance of carrying out regular cycle safety checks
♦ identify and carry out maintenance and repair tasks arising from a cycle safety check
♦ understand the importance of cycling safety
♦ develop responsible and careful attitudes when cycling

The Award will also enable learners to:

♦ develop transferable skills in co-operating with others
♦ begin to develop a life-long learning approach to cycling
♦ include cycling activities as part of a healthy lifestyle
♦ develop an awareness of the benefits of cycling in respect of sustainability and the environment

Equality and inclusion

This general Award Specification has been designed to ensure that there are no unnecessary barriers to learning or assessment. The individual needs of candidates should be taken into account when selecting assessment methods or considering alternative evidence, consistent with maintaining the integrity of the qualification.

Rationale

No specific knowledge is required to embark on this Award. However, learners will bring with them their own experience of road use so far. This will have been gained in various ways such as using the roads as a pedestrian or being a passenger in a vehicle. Some learners will also have experience of using the roads as a cyclist.

The widest definition of two and three wheeled cycles is covered by this Award. The cycle can be motorised and/or adapted to suit the needs of the individual learner.

The Award is designed to provide opportunities for learners to develop skills in routine cycle maintenance and repair and to develop an understanding of the importance of safety when cycling.

This is a new Award in the subject area. However, there are a number of formal and informal programmes which aim to develop practical skills in cycling. Learners may, therefore, come to this Award having completed awards such as these or may be participating in other Awards at the same time.

Target groups

The Award would be useful for learners who are studying at SCQF level 2. The Award is not, however, confined to this particular group and could be used as an introductory course of study for any group who wish to develop their skills in cycle maintenance and repair and cycle safety.

Recommended entry

Entry to this Award is at the discretion of the centre.

Progression

This Award or its components may provide progression to:

♦ Personal Achievement Award and its component Units at SCQF level 2
♦ Personal Development Award and its component Units at SCQF level 2
♦ Practical Craft Skills Course and its component Units at SCQF level 2
♦ Other Units at SCQF level 2
♦ Personal Development Award and its component Units at SCQF level 3

Award structure

This Award receives 12 SCQF credit points at SCQF level 2 and consists of two mandatory Units:

♦ Cycle Safety and Maintenance
♦ Cycling Safely

The emphasis during delivery and assessment should be on helping learners develop the skills necessary to carry out a range of routine maintenance and repair tasks on cycles, as well as developing good practice and confidence when cycling.

The Award has been designed to allow the maximum flexibility in the way it is delivered and assessed. It can be incorporated into programmes of study in schools and colleges, and could also be delivered in other contexts, for example as a regular, weekly session in schools or as a short intensive course in other contexts.

The overriding consideration should be that providers have access to the full range of expertise necessary to deliver the whole content of the Award.

Award framework

Unit title (Component)	Mandatory/ Optional	Code	SCQF credit points	SCQF level
Cycle Safety and Maintenance	Mandatory	H3YK 42	6	2
Cycling Safely	Mandatory	H3YH 42	6	2

To achieve the Award learners must complete both mandatory Units.

Both Units can also be delivered on a free-standing basis.

Skills for learning, skills for life and skills for work

It is expected that learners will develop broad, generic skills through this Award. The skills that learners will be expected to improve on and develop through the Award are based on SQA's *Skills Framework: Skills for Learning, Skills for Life and Skills for Work* and drawn from the main skills areas listed below. These must be built into the Award where there are appropriate opportunities.

1   Literacy

1.3   Listening and Talking

3   Health and Wellbeing

3.3   Physical Wellbeing

5   Thinking skills

5.2   Understanding
5.3   Applying

Amplification of these is given in SQA's *Skills Framework: Skills for Learning, Skills for Life and Skills for Work.* The level of these skills should be at the same SCQF level of the Award and be consistent with the SCQF level descriptor. Further information on building in skills for learning, skills for life and skills for work is given in the *Award Support Notes.*

Assessment

Assessment for the Award will consist of gathering evidence to show that the learner is able to successfully complete all the Outcomes in the Units. Evidence could be gathered as learners work through the Units in an integrated way. Alternatively evidence can be gathered on a Unit-by-Unit basis.

Assessment evidence can be presented in any form appropriate to the learner and the activity undertaken. Evidence may be paper-based or recorded (oral or visual). Performance or product evidence may be supported by observation checklists and/or oral questions and answers. Learners may also provide evidence through audio recordings, video diaries, blogs or other electronic means.

Specific Evidence Requirements can be found in the Unit Specifications.

Administrative information

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History of changes to Award Specification

Award details	Version	Description of change	Authorised by	Date

Note: You are advised to check SQA's website **www.sqa.org.uk** to ensure you are using the most up-to-date version of the Award Specification.