	FOR OFFICIAL	USE					
	Nationa Qualific 2022		Ma			ırk	
X827/76/01					List	ESOI ening	
THURSDAY, 26 MAY 9:00 AM – 9:45 AM (app	rox)			*	X 8 2 7 7	6 0 1 7	
Fill in these boxes and Full name of centre	read what is pri	nted below.	Town				
Forename(s)		Surname			Number	of seat	
Date of birth Day Mor	nth Year	Scottish	candidate n	umber			

Total marks — 25

Attempt ALL questions.

You will hear three different recordings. **Before you hear each recording, you will have one minute to read the questions.** You will hear each recording twice, with an interval of ten seconds between playings. You will then have time to answer the questions before hearing the next recording.

You must NOT use a dictionary.

Write your answers clearly in the spaces provided in this booklet. Additional space for answers is provided at the end of this booklet. If you use this space you must clearly identify the question number you are attempting.

Use **blue** or **black** ink.

You are not allowed to leave the examination room until the end of the test.

Before leaving the examination room you must give this booklet to the Invigilator; if you do not, you may lose all the marks for this paper.





Total marks — 25

Attempt ALL questions

Recording 1

Listen to the recording and answer the questions which follow. You will hear the recording twice. You now have one minute to read the questions in Recording 1 before the recording begins.

Questions 1–4: Choose the correct answer for each question and tick (\checkmark) one box.						
1.	The	e presenter, Nick: 1				
	A	very rarely goes swimming.				
	В	never swims in the sea.				
	С	used to swim outdoors in Scotland.				
	D	swims in rivers and lochs in Scotland.				
2.	Wile	d swimming in Scotland:		1		
	A	is always done in the sea.				
	В	is growing rapidly in popularity.				
	С	is dangerous without a wetsuit.				
	D	can cause headaches.				
3.	Clai	ra almost got hypothermia because:		1		
	A	the water was colder than usual.				
	В	she did too many handstands.				
	С	she wasn't wearing a wetsuit.				
	D	she made a misjudgement.				



_			MARKS	DO NOT WRITE IN THIS MARGIN
Recording 1 questions (continued)				
4.	Whi	ch one of the following things does Clara say?		
	А	Wild swimmers enjoy being part of a community.		
	В	Her friends have anxieties about wild swimming.		
	С	Some wild swimmers find it helps them mentally.		
	D	People do wild swimming as part of a therapy course.		
Ques answ		5: Complete the sentences below with NO MORE THAN THREE WORDS for each		
5.	(a)	For thousands of years people lived in	-	
		nature.	1	
	(b)	Unlike walking in the park, wild swimming also involves	1	
	(c)	Experienced wild swimmers know		
	(d)	A case report showed that wild swimming		
		can make people feel less depressed.	1	
Ques	stion	6: Choose the correct answer and tick (✓) one box.		
6.	Whi	ch of these best sums up Nick's attitude to wild swimming?	1	
	А	He appreciates its benefits but doesn't want to get involved.		
	В	He has some reservations but thinks he'll give it a try.		
	С	He's rather sceptical about the possible psychological benefits.		
	D	He feels the dangers outweigh any advantages it may have.		



			MARKS	DO NOT WRITE IN THIS MARGIN		
Recording 2 Listen to the recording and answer the questions which follow. You will hear the recording twice. You now have one minute to read the questions in Recording 2 before the recording begins.						
7.		nplete the sentences below with NO MORE THAN THREE WORDS for each wer.				
	(a)	The presenter wonders whether appearance is				
	(b)	The report questions the image a potential employer might	1			
	(c)	According to Chris, it's easy to learn cortain skills when	1			
	(C)	According to Chris, it's easy to learn certain skills when	1			
	(d)	According to Chris, employers are looking for staff who				
0	tion	• • • • • • • • • • • • • • • • • • •	1			
		8–11: Choose the correct answer for each question and tick (✓) one box.				
8.	The	presenter suggests that Chris's company is more likely to employ people who:	1			
	A	are born in the UK.				
	В	sound European.				
	С	have a local accent.				
	D	have a strong sense of identity.				



Reco	ordin	g 2 questions (continued)	٨	MARKS	DO NOT WRITE IN THIS MARGIN
9.	As r	regards coffee houses, the presenter worries that:		1	
	A	customers are unhappy if all outlets look the same.			
	В	certain groups are subject to employer prejudice.			
	С	few stores are located in poorer parts of Glasgow.			
	D	there are not even jobs for middle-class children.			
10.	The	e report shows that:		1	
	A	companies won't hire people with hygiene problems.			
	В	cases of gender discrimination are on the increase.			
	С	companies may be acting illegally by obsessing about image.			
	D	customers place more importance on service than quality.			
11.	Wh	ich best describes the attitude of the presenter?		1	
	A	Agreeable			
	В	Indifferent			
	С	Supportive			
	D	Hostile			
			[Turn over		



			MARKS	DO NOT WRITE IN THIS
Reco	rding	g 3		MARGIN
Listen to the recording and answer the questions which follow. You will hear the recording twice. You now have one minute to read the questions in Recording 3 before the recording begins.				
Ques	tions	s 12–14: Choose the correct answer for each question and tick (✓) one box.		
12.	Acc	ording to the speaker, walking 10,000 steps a day:	1	
	А	is the next fitness craze.		
	В	requires a step-counter.		
	С	is less common in other countries.		
	D	is likely to lose popularity by 2022.		
13.	The	figure of 10,000 comes from:	1	
	A	a popular event at the 1964 Tokyo Olympic Games.		
	В	the Japanese designers of the first step-counter.		
	С	a group of researchers at a Japanese university.		
	D	the daily steps of the average Japanese person.		
14.	Whi	ch of these statements is true about the 10,000 step target?	1	
	A	The World Health Organisation questions its accuracy.		
	В	No expert now has confidence in it.		
	С	Research into it has been substandard.		
	D	It has been lowered to 3,000 – 5,000 steps.		

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			MARKS	DO NOT WRITE IN THIS
Reco	ording	g 3 questions (continued)		MARGIN
15.		nplete the sentences below with NO MORE THAN THREE WORDS for each wer.		
	(a)	For people with a less active lifestyle, a	_	
		to 10,000 steps may have harmful consequences.	. 1	
	(b)	The speaker is critical of the	-	
		with the 10,000 steps target.	1	
	(c)	The important thing is to guide people away from	_	
	(d)	Research indicates that a minimum of 6,000 – 8,000 steps could be appropriate		
		but there needs to be a/an	_	
		too	. 1	
	(e)	The 10,000 step goal doesn't consider the	-	
		which could be more significant than		
		the actual number of steps.	1	
		[END OF QUESTION PAPER]		

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ADDITIONAL SPACE FOR ANSWERS

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ADDITIONAL SPACE FOR ANSWERS

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