



Home Economics Standard Grade

Foundation Level

Specimen paper for use in and after 2009

Question 1

Give the correct answer to the following questions by ticking the appropriate box.

(a) Choose **two** sources of fat from the list below:

- Tomato
- Cream
- Flour
- Chips
- Grapes

(b) Which **one** type of bread supplies the most NSP (dietary fibre)?

- White
- Brown
- Wholemeal

(c) Which **one** type of fish helps you to follow the dietary target to “eat more oily fish”?

- Cod
- Salmon
- Haddock
- Prawns

(d) Which **two** foods are a good source of protein for a vegetarian?

- Potatoes
- Banana
- Lentils
- Chicken
- Nuts

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2	
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2	

Question 1 (continued)

(e) The symbol below was on the care label of a cushion.



What is the meaning of the symbol?

Iron around

Dry clean

Drip dry

Cool wash

(f) Which **one** of the following temperature ranges is in the danger zone?

-18° - 0°C

5° - 63°C

63° - 82°C

82° - 100°C

(g) Which **two** groups of people are most at risk of accidents in the home?

Toddlers

Teenagers

Young adults

Pregnant women

Elderly

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1		
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Question 1 (continued)

(h) Identify **two** man-made fibres

- Nylon
- Silk
- Cotton
- Polyester
- Wool

(i) Identify **one** type of shelter which is most suitable for a person in a wheelchair.

- Upstairs flat
- Camper-van
- Bungalow
- Semi-detached house

(j) Which **one** law protects consumers when injured by a faulty dishwasher?

- Sale and Supply of Goods Act
- Trade Descriptions Act
- Consumer Protection Act
- Food Safety Act

(k) Identify **two** ways of saving money when shopping for food.

- Buy the biggest pack available
- Shop at your local corner store
- Choose supermarket own brands
- Always pay with a credit card
- Make use of money-off vouchers

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4. (a) (ii) (continued)

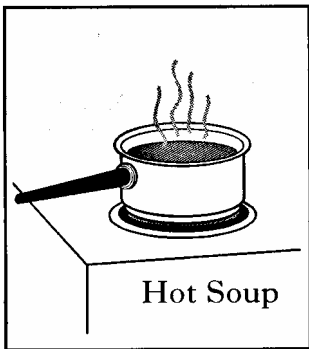
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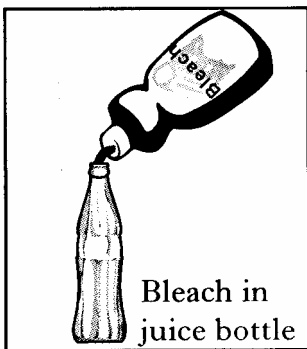
(iii) Which grater would be the **most suitable** for a Home Economics department who grate large quantities of cheese?

Grater _____

(b) What type of accident could be caused by the following situations?



Type of Accident: _____



Type of Accident: _____

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2	
2	
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	1
	1

Question 6

(a) Robert is in the first year football team. He needs a new top.

He plays indoors twice a week.

The team colours are purple and white.

Look at the information about sports tops below.

Information about sports tops			
	A	B	C
Weight	Light	Light	Heavy
Stretch	No	Yes	Yes
Underarm vents	No	Yes	No
Colours available	<ul style="list-style-type: none"> • Green with white collar • Green with red collar • Black with white collar 	<ul style="list-style-type: none"> • Green with white stripes • Red with white stripes • Purple with white stripes 	<ul style="list-style-type: none"> • Green • Black • Purple
Matching shorts	Yes	Yes	No

(i) Choose the **most suitable** sports top for Robert.

Sports top _____

1

(ii) Give **two** reasons for your choice and for **each** reason explain why it is important for Robert.

1 _____

2

2 _____

2

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