

7 September 2009

To: SQA Co-ordinators
Secondary schools and further education colleges
Principal teachers and teachers of Physical Education

Cc: HMIE
LEA contacts
SQA Customer Support Managers

Action by Recipient	
	Response required
✓	Note and pass on
	Note — update/information only

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Dear Colleague

National Qualifications — Physical Education update

The contents of this letter should be passed to the teachers/lecturers responsible for Physical Education (PE).

The newsletter updates staff on issues from last session 2008/09 and highlights important information for the current session 2009/10 for National Qualifications in Physical Education.

I hope the contents of this letter are helpful to you. Please do not hesitate to contact either Lee McHugh (0845 213 5481, lee.mchugh@sqa.org.uk) or myself at the above address.

Yours faithfully

Jennifer di Folco

Jennifer di Folco
Qualifications Manager
National Qualifications — Physical Education

National Qualifications — Physical Education

1. Internal and External Assessment reports

Principal Assessors and Senior Verifiers and their examining teams are thanked for their efforts in delivering a successful diet. The Internal and External Assessment reports, which will be published on our website (www.sqa.org.uk), are an invaluable source of advice and good practice. Centres are urged most strongly to access this material.

2. Exemplification

A further set of exemplification of Advanced Higher materials from diet 2008 is now available. Centres are reminded that these are in electronic form and can only be accessed and downloaded by SQA Co-ordinators.

3. Disability Discrimination Act event

Over the last few years there has been an increase in the number of enquiries from Physical Education departments who are concerned about how disabled candidates may be included in Courses in PE.

To help support those delivering PE Courses to disabled candidates, SQA is in the process of organising an event which will exemplify good working practices and advise colleagues on the options available to them.

This event will be in January 2010. More information will be issued to all centres in due course.

4. Case studies

Courses in Physical Education have been designed to be as inclusive as possible. However, while Courses can be designed to be as accessible as possible for all, there are often practical challenges in the delivery of the Course and assessment for disabled candidates.

With this in mind and in order to promote the ways in which centres have delivered Courses in Physical Education for physically disabled candidates we have produced four case studies. We hope these will provide examples of good practice and showcase innovative approaches which will encourage you to deliver your Courses in more accessible ways.

We also hope that they will help to challenge any preconceptions and artificial barriers which could deny disabled candidates the opportunity to undertake Courses in Physical Education

These case studies can be found on the Physical Education page of SQA's website (www.sqa.org.uk).

5. Support materials

Support documentation is available on the Physical Education page of SQA's website (www.sqa.org.uk), for Standard Grade, Higher and Advanced Higher level.

The following support documentation is being developed and will shortly be made available:

Intermediate 2

Detailed Marking Instructions for Centres – this document gives the detailed marking instructions for all the key concepts within the Intermediate 2 Physical Education Course. It can be used when compiling marking instructions for use in prelims where SQA question papers questions have been selected.

Detailed Marking Instructions Pro Forma – this is a template for use when compiling marking instructions. The relevant sections from the above document can simply be cut and pasted into this pro forma.

6. Central Verification

Verification of Analysis and Development of Performance

In order to support centres with the quality assurance demands of the Course it is recommended that centres enter the *Analysis and Development of Performance* Unit with a completion date of March. Many centres choose the *Performance* Unit for this completion date, but given this Unit has visiting Verification, the *Analysis and Development of Performance* Unit would be more appropriate.

Centres will continue to be verified for the *Analysis and Development of Performance* Unit both centrally and by visiting in April of each session. The number of centres Verified in 2010 will be increased to support centres in the delivery of the Unit.

Verification of Performance

The Performance element for all Physical Education Courses continues to be a major strength for the majority of candidates. Centres are reminded that they should use the Performance Criteria, as set out in SQA's Performance NAB, in conjunction with the case study videos which exemplify the national performance standards across all levels over a range of activities.

7. Internal assessment event

SQA's Understanding Standards programme has been a great success since its inception in terms of bringing teaching colleagues together to learn about SQA's standards and how they are applied to specific areas and levels.

We intend running an event for the Internal Assessment (NAB) in January 2010. The focus of the day will be dedicated to strategies for the delivery of and the

promotion of understanding standards in the Internal Assessment (NAB) of Physical Education. These aims will be achieved through presentations and workshops.

More information will be issued to all centres in due course.

8. Project-based National Courses (PBNC)

As you may be aware, a number of PBNCs will be withdrawn from the catalogue at the end of diet 2010. However, the individual Units from these PBNCs will still be available in the catalogue.

The PBNCs to be withdrawn at Intermediate 2 level are:

- ◆ *Leading Sports Activities*
- ◆ *Fitness and Exercise*

The PBNCs to be withdrawn at Higher level are:

- ◆ *Fitness and Exercise*
- ◆ *Sports Coaching Studies*

9. New developments

Centres may be interested in the following National Progression Awards (NPA) which have been developed in the HN team, managed by Paul Gallacher. These NPA's are now available for delivery.

Exercise and Fitness Leadership

The NPA consists of 5 Units and 3 must be completed for the Group Award. The Units are as follows:

Titles	SCQF level	Credit value
Exercise and Fitness: Cardiovascular Training (Higher)	6	1 Credit at H
Exercise and Fitness: Fixed Weight Training (Higher)	6	1 Credit at H
Exercise and Fitness: Free Weight Training (Higher)	6	1 Credit at H
Exercise and Fitness: Circuit Training (Higher)	6	1 Credit at H
Exercise and Fitness: Exercise to Music (Higher)	6	1 Credit at H

Sport Development

The NPA consists of 2 Units (3 Unit credits) and all must be completed for the Group Award. The Units are as follows:

Titles	SCQF level	Credit value
Sports: Activity and Participation Opportunities in the Community (Higher)	6	1 Credit at H
Sports: Investigate Activity Development Opportunities in an Organisation (Higher)	6	2 Credits at H

Play in a Sports Environment

The NPA consists of 3 Units (3 Unit credits) and all must be completed for the Group Award. The Units are as follows:

Titles	SCQF level	Credit value
Health, safety and well-being of children and young people in a sport environment	6	1 Credit at H
Provide Play Sessions in a Sport Environment	6	1 Credit at H
Working with children and young people to provide play in a sport environment	6	1 Credit at H

Organising Volunteering Events in Sport

The NPA consists of 3 Units and all must be completed for the Group Award. The Units are as follows:

Titles	SCQF level	Credit value
Sport and Recreation: Developing Volunteering (SCQF 6)	6	1 Credit at H
Business Decision Areas: Marketing and Operations (Higher) DV4K 12	6	1 Credit at H
Event Organisation (SCQF level 6) F3PN 12	6	1 Credit at H

Achieving Excellence in Sport

The NPA consists of 4 Units and all must be completed for the Group Award. The Units are as follows:

Titles	SCQF level	Credit value
Individual Performance in Sport: Codes of Conduct (Higher)	6	1 Credit at H
Individual Sporting Performance (Higher)	6	2 Credits at H
Individual Performance in Sport: Analysis and Evaluation (Higher)	6	1 Credit at H