

# Personal Development

## Access 3

### Tutor feedback:

<b>Benefits to students</b>	The programme integrates with aspects of the young people's 24/7 care and education (residential school)
<b>Has the Personal Development programme been well received by students?</b>	The course is embedded across many existing courses in school with new experiences and outcomes introduced
<b>Advice for centres</b>	<p>Audit your Personal Development, Enterprise and Health and Wellbeing curricula beforehand;</p> <p>Consider building on work with external partners, with teaching staff taking overall responsibility for the NABS;</p> <p>New technologies can be used to capture and reflect on evidence required - for example: phone applications; blogs and voice memos</p>

<b>Benefits to students</b>	It is a flexible course that the teacher can tailor to the interests of students
<b>Has the Personal Development programme been well received by</b>	Yes. The students are enjoying the practical aspects of the course

<b>students?</b>	
<b>Advice for centres</b>	<p>Centres that are considering delivering the course probably need to go through the written part carefully in order to create materials to support student understanding.</p> <p>It is also important to involve the students in choosing the projects as then they have more ownership</p>

### **Candidate feedback:**

<b>Activities that the candidate has been involved with</b>	<p>1:1 with member of staff from Skills Development Scotland</p> <p>One or two week placement organised in the school kitchen</p> <p>Group organisation of an outing and independent travel</p> <p>New experiences with organisation, Youth 1<sup>st</sup>: Driving4Success; First Aid; minute taking for meetings</p> <p>REHIS course in Food Hygiene and Food Health</p> <p>Involvement in Health Promotion days</p>
<b>What the candidate has gained from undertaking the PD course</b>	<p>Helped with the selection of subjects that the student needs for college</p> <p>How to prepare meals and cook better</p> <p>How to organise a trip using the</p>

	<p>internet and working as a team</p> <p>How to self motivate to complete tasks on time</p> <p>How to keep self safe sexually</p>
<p>Did the candidate enjoy the course?</p>	<p>Yes. It is interesting</p> <p>It is educational and keeps you safe and from getting in trouble!</p> <p>Keeps you off the streets</p>
<p>Recommend the course to others?</p>	<p>Yes, definitely</p>

## Candidate feedback (cont):

<p>Activities that the candidate has been involved with</p>	<p>Visiting a residential home for the elderly with Christmas treats</p> <p>Visiting a coffee shop</p> <p>Planning a birthday party</p>
<p>What the candidate has gained from undertaking the PD course</p>	<p>How to send emails</p> <p>How to listen effectively to others</p> <p>Learning about other students on the course</p> <p>How to plan a trip</p> <p>How to bake Christmas biscuits</p> <p>How to interview people</p> <p>How to play Yahtzee</p> <p>How to write letters</p>
<p>Did the candidate enjoy the course?</p>	<p>Yes. Mostly enjoyed the course but do not like writing</p> <p>The teacher is alright!</p> <p>Better than other classes</p> <p>We get to go on trips</p> <p>We get to use computers</p>
<p>Recommend the course to others?</p>	<p>Would recommend the course to others for all the above reasons</p>

## Intermediate 1

### Tutor feedback:

<b>PD Level</b>	<b>Intermediate 1</b>
<b>Benefits to students</b>	They learn to interact with other students who they would not normally choose to work with which helps with social and interpersonal skills  Work as a team  Builds confidence  Successful learners  Learn life skills for the future  Different way of learning through practical skills, learning about themselves and others
<b>Has the Personal Development programme been well received by students?</b>	Students have a large input into their learning and have readily engaged with the planning of activities available to them
<b>Advice for centres</b>	Engage students in the planning of their work to find out what they wish to get out of the experience  Exchange ideas from other schools who are also involved with the course and going to network meetings to share ideas to evaluate the course  Ensure that students are learning at the correct pace

	<p>The requirements for SQA are easier for students to follow and they have managed to complete units with little support from advisors. The units are very user friendly.</p>
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## Candidate feedback:

<p>Activities that the candidate has been involved with</p>	<p>I have delivered Christmas parcels to the elderly</p> <p>Fundraising, for example, bag packing in the supermarket and the Gala Day</p> <p>Residential to a local centre</p> <p>Bowling</p> <p>Sports Centre where we did Mission Impossible Spy activities!</p>
<p>What the candidate has gained from undertaking the PD course</p>	<p>I have learned how to work with other people as a team and problem solve</p> <p>I am a much more confident person</p> <p>You can tell people things you don't want anyone to find out and it is a safe environment</p>
<p>Did the candidate enjoy the course?</p>	<p>Yes, I have really enjoyed the course. It is good for learning life skills!</p>
<p>Recommend the course to others?</p>	<p>I would recommend the course. You get lots of fun stuff and I have made new friends!</p> <p>The teachers in the group were a good help and good fun. They helped a lot with the work and helped me build my confidence</p>

## Higher

### Tutor feedback:

<b>Benefits to students</b>	Development of a wide range of skills and abilities, particularly self-evaluation  Independent learning. Good preparation for Further and Higher Education  Individual and group work activities  Participating in relevant project work. Some of this involves positively adapting other aspects of their work that they are already involved with, for example, UCAS application, Duke of Edinburgh and Buddying  Development of self confidence and self awareness
<b>Has the Personal Development programme been well received by students?</b>	Very well received
<b>Advice for centres</b>	I would recommend the programme  The Higher is a pleasure to teach with well motivated sixth year students, some of whom are not the most able academically

## Candidate feedback:

<p>Activities that the candidate has been involved with</p>	<p>Working with an HIV/AIDS project with students across school to raise awareness and how we can help to combat the disease</p> <p>Presentation carried out in all classes to raise awareness and ribbons sold to benefit a national organisation that helps people with HIV and AIDS</p>
<p>What the candidate has gained from undertaking the PD course</p>	<p>I have learned how to identify my skills and weaknesses and how I can use my skills and develop others</p> <p>The tasks and targets are appropriate for this unit at this level because they are preparing us for when we leave school. The targets are allowing us to identify what our key weaknesses are and to develop our skills further</p> <p>In my work placement, the tasks are fairly complex and suited to this level of study</p>
<p>Did the candidate enjoy the course?</p>	<p>I thoroughly enjoyed the Personal Development course</p>
<p>Recommend the course to others?</p>	<p>I would recommend the course to others.</p> <p>The course has helped in a good way by helping develop skills which can be used in later life, for example, finding out about jobs.</p> <p>It focuses on how you can become</p>

	<p>better by developing your weaknesses and working to your strengths - something few people understand how to do and they often give up because of this</p>
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## Candidate feedback (cont):

<p>Activities that the candidate has been involved with</p>	<p>Class project on HIV/AIDS</p> <p>Work placement in a local constituency office</p> <p>Self assessment and evaluation which have allowed me to understand my strengths and weaknesses which I need to develop further</p>
<p>What the candidate has gained from undertaking the PD course</p>	<p>Being able to identify the skills and qualities which I have as a person and areas for further development</p> <p>The ability to work independently and at a pace which allows me to complete my work and stay on task</p>
<p>Did the candidate enjoy the course?</p>	<p>I have enjoyed the course due to the fact that I have learned things about myself that I was not aware of.</p>
<p>Recommend the course to others?</p>	<p>Yes because I feel that it is extremely beneficial</p> <p>It enables you to develop skills including working and communicating with others</p> <p>It will help individuals after they have finished school</p>

