**Readiness to Practise Assessment**

This assessment is based on Dave Mearns’ model and should involve a significant element of personal reflection, peer feedback, tutor guidance and evidence of competency. You will present a 5 minute 'readiness to practise' declaration evaluating the following criteria followed by feedback from the group which will include a summary from the teaching team.  Self-declaration is more authentic if the interviews are carried out in the large group, rather than 1 to 1, with short feedback on each self-declaration from the student group.

You need to honestly assess your readiness to practise including following aspects:

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| Name: Date Able to evidence | |
| Self-awareness, maturity and stability |  |
| Ability to make use of and reflect upon life experience |  |
| Capacity to cope with the emotional demands of the course |  |
| Ability to cope with the intellectual and academic requirement |  |
| Ability to form a helping relationship |  |
| Ability to be self-critical and use both positive and negative feedback |  |
| Awareness of the nature of prejudice and oppression |  |
| Awareness of issues of difference and equality |  |
| Ability to recognise the need for personal and professional support |  |
| Competence in, or the aptitude to develop generic professional skills, including:  literacy  numeracy  information technology  administrative skills  self-management skills  communication  interpersonal skills |  |
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| Fitness to practise (physical and psychological fitness to work therapeutically within the professional requirements of the ethical framework) |  |
| BACP Student Membership |  |
| Clinical Supervisor |  |
| Indemnity Insurance |  |

**What happens next?**

Once you have demonstrated your readiness to practise, the following criteria is required to be met whilst on placement to ensure safe working practice with clients.

You are required to establish a clear framework for the therapeutic work, including:

1. Awareness of the limits of confidentiality and other ethical and professional boundaries.
2. Clear procedures for pre-assessment communication with clients about services on offer.
3. Clear information about the process of therapy and the process of therapeutic change.
4. A description of the responsibilities of each party to the contract.
5. The negotiation of appropriate outcomes with clients.
6. The negotiation of all details of the practical arrangements including the number of sessions available.
7. Apply a body of knowledge, informed by contemporary research, consistently and effectively during the course of the therapeutic process.

(h) Apply and monitor a range of therapeutic interventions consistent with the rationale and philosophy of the course.

(i) Work with difference and diversity as it impacts on the therapeutic relationship or the process of therapy.

(j) Be aware of the potential power imbalance in the therapeutic relationship.

(k) Reflect on and manage the therapeutic process and to work with the unexpected nature of life and of the therapeutic relationship.

(l) Review and evaluate the initial assessment decisions and if necessary modify the work with the client or conduct a referral.

(m) Conduct an ending.

Once you have successfully completed your Readiness to Practise evaluation, you may engage in client work within an approved placement. For a placement to be approved as appropriate for your learning experience, there must be a meeting between the placement liaison tutor, the placement provider and completion of a placement contract. A risk assessment must be completed prior to commencing client work and a visit to assess the environment will take place during the placement