

SFJ GJ2 – SQA Unit Code F2AJ 04

Support individuals in custody to take part in purposeful activities



Overview

This unit is about encouraging individuals in a custodial environment to take part in purposeful activities. These include educational, recreational and work activities.

There are two elements

- 1 Promote the value of purposeful activities
- 2 Help individuals take part in purposeful activities

Target Group

This unit applies to experienced staff who work with individuals in a custodial environment to encourage them to take part in purposeful activities.

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Performance criteria

Promote the value of purposeful activities

You must be able to:

- P1 promote the value of purposeful activities, both in custody and after release, in an appropriate manner
- P2 actively encourage individuals to take part in purposeful activities
- P3 give individuals accurate information about the availability, timing and access to purposeful activities
- P4 communicate with individuals in a manner, and at a level and pace which is appropriate to their needs
- P5 encourage individuals to take responsibility for their own choices and decisions

Help individuals take part in purposeful activities

You must be able to:

- P6 accurately identify potential obstacles to individuals' access to purposeful activities and minimise these where possible
- P7 give individuals sufficient support to allow them to commit to purposeful activities which meet their needs, consistent with the resources available
- P8 give individuals clear and accurate information about the standards of behaviour expected of them during purposeful activities
- P9 recognise difficulties individuals have in continuing to participate in purposeful activities, and offer appropriate support to overcome these difficulties
- P10 seek assistance from relevant people if you are unable to give individuals sufficient help to allow them to take part in purposeful activities
- P11 honour your commitments to provide support to individuals within the timescales agreed

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Knowledge and understanding

You need to know and understand:

- K1 the range of purposeful activities available and the different benefits and value they may have for individuals
- K2 the availability, timing and modes of access to purposeful activities within the organisation
- K3 the importance of promoting the value of purposeful activities, and how to do so
- K4 how to encourage individuals to participate in purposeful activities
- K5 different approaches you may need to take with individuals who are cooperative, uncooperative or with special needs
- K6 the principles and processes of effective communication, and how to apply them
- K7 the importance of individuals taking responsibility for their own choices and decisions, and how to encourage them to do so
- K8 potential obstacles to accessing purposeful activities and actions you can take to minimise these obstacles
- K9 the standards of behaviour expected of individuals during purposeful activities
- K10 the resources available for purposeful activities within the organisation
- K11 the range of support individuals may need to help them commit to purposeful activities and overcome any difficulties arising
- K12 the people from whom to seek assistance if you are unable to provide sufficient help to allow individuals to participate in purposeful activities
- K13 the importance of honouring commitments within timescales agreed and how to ensure you do so

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