

SKAPW25 - SQA Unit Code F37A 04

Contribute to providing food and drink in the play environment



Overview

Playworkers sometimes have responsibilities for providing children and young people with food and drink in the play environment.

The unit is divided into three parts. The first part describes the things you have to do. This is:

1. contribute to providing food and drink in the play environment

The second part describes the knowledge and understanding you must have.

The third part gives some examples and explanations of some words we use in this unit.

This unit is for staff working directly with children and young people in a setting whose main purpose is to provide children and young people with opportunities for freely chosen, self-directed play. These staff do not have full responsibility for the play environment but make a significant contribution to supporting play.

This unit is underpinned by the Playwork Principles and staff must be familiar with these and committed to them in their practice.

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Performance criteria

You must be able to:

- P1 find out about specific dietary needs of children and young people
- P2 find out about cultural requirements of children and young people
- P3 contribute to providing a variety of food and drink so that children and young people can choose what and when they eat and drink within organisational guidelines
- P4 involve children and young people in the processes of preparation, serving and clearing away, if that is what they want
- P5 ensure food storage and preparation meet organisational and legal requirements
- P6 be responsive to any child or young person who may need your support or assistance with food or drink

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Knowledge and understanding

You need to know and understand:

- K1 how the Playwork Principles specifically relate to this unit
- K2 basic legal requirements relating to the storage, preparation and serving of food
- K3 the relationship between nutrition and children and young people's development
- K4 the effect of food intake on children and young people's ability to play
- K5 how food may be used as a play resource and issues related to this
- K6 the types of food and drink which are consistent with healthy eating
- K7 food and drink that meet cultural and specific dietary requirements, including allergies
- K8 how to negotiate with parents in regard to what children and young people should eat
- K9 the importance of children and young people participating in the selection, preparation, serving and clearing away of food and drink
- K10 your organisation's policy in regard to food and drink
- K11 health and safety requirements for food preparation areas
- K12 risk assessments covering children and young people being in food preparation areas

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Additional Information

Glossary

Children and young people

All children and young people with respect for any impairment, their gender, race, culture, language, sexuality, health, economic or social status and any other individual characteristics

Cultural dietary

The types of food and drinks that children and young people are allowed or not allowed to consume according to the requirements of their culture, for example Moslem or Jewish children not eating pork or Hindu children not eating beef

Specific dietary requirements

Requirements that correspond to personal beliefs or particular medical condition, for example not eating meat, or not eating nuts or flour-based products

Links to other NOS

This unit links closely with units SKAPW33, SKAPW34, SKAPW35 and SKAPW36.

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Developed by SkillsActive

Version number 1

Date approved July 2010

Indicative review date July 2015

Validity Current

Status Original

Originating organisation SkillsActive

Original URN SA44NPW25

Relevant occupations Health, Public Services and Care; Child Development and Well Being; Associate Professionals and Technical Occupations; Sports and Fitness Occupations

Suite Playwork

Key words contribute, providing, food, drink, play, environment