

SKAGH19 (SQA Unit Code F7AK 04)

Creatively style and dress hair



Overview

This unit is about using a variety of conventional and non-conventional styling techniques to produce an innovative, fashionable, creative and personalised look to complement individual clients. The ability to combine and adapt a variety of styling techniques incorporating accessories and/or added hair is required in this unit.

The main outcomes of this unit are:

1. maintain effective and safe methods of working when styling hair
2. creatively style and dress hair
3. provide aftercare service

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Performance criteria

You must be able to:

- P1 **maintain effective and safe methods of working when styling hair by**
- P1.1. ensuring your client's clothing is effectively protected throughout the service
 - P1.2. wearing personal protective equipment, if required
 - P1.3. positioning your client to meet the needs of the service without causing them discomfort
 - P1.4. ensuring your own posture and position whilst working minimises fatigue and the risk of injury
 - P1.5. keeping your work area clean and tidy throughout the service
 - P1.6. using working methods that
 - minimise the wastage of products
 - minimise the risk of damage to styling tools and equipment
 - minimise the risk of cross-infection
 - make effective use of your working time
 - ensure the use of clean resources
 - minimise the risk of harm or injury to yourself and others
 - P1.7. ensuring your personal standards of health and hygiene
 - minimise the risk of cross-infection, infestation and offence to your clients and colleagues
 - P1.8. using styling products, methods and equipment identified as a result of consultation with your client
 - P1.9. using equipment that is safe and fit for purpose
 - P1.10. completing styling, dressing and finishing services within a commercially viable time
- P2 **style and dress hair creatively by**
- P2.1. confirming with your client the look agreed at consultation prior to and during styling
 - P2.2. preparing your client's hair in a way which is suitable for the look agreed
 - P2.3. effectively incorporating and securing added hair, when used, into the desired style
 - P2.4. blending the client's hair and added hair effectively when required
 - P2.5. combining and adapting your **styling techniques** in an innovative way to achieve the desired look
 - P2.6. combining and adapting your **winding techniques** in an innovative way to achieve the desired look
 - P2.7. achieving creative effects by the improvised use of non-conventional items, where required
 - P2.8. using **styling techniques** in a way that avoids damage to the

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- hair, skin and scalp
- P2.9. removing items used for setting avoiding discomfort to your client
- P2.10. effectively incorporating and securing accessories, when used, to complement and enhance the desired look
- P2.11. personalising your **styling** and dressing **techniques** to take account of the **factors** which influence the achievement of the desired look
- P2.12. applying suitable styling and finishing products that complement and enhance the desired look
- P2.13. ensuring the finished look meets the intended shape, direction, balance and volume agreed with your client
- P2.14. ensuring the finished look complements your client's features and enhances their personal image and that of the salon
- P2.15. confirming your client's satisfaction with the finished look
- P3 **provide aftercare advice by**
 - P3.1. giving **advice** and recommendations accurately and constructively
 - P3.2. giving your client suitable **advice** on the maintenance of their style

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Knowledge and understanding

You need to know and understand:

Salon and legal requirements

- K1 your salon's requirements for client preparation
- K2 your salon's expected service times for styling and dressing hair
- K3 your own responsibilities under the current Control of Substances Hazardous to Health Regulations in relation to the use of styling and finishing products
- K4 your responsibilities under the current Electricity at Work Regulations
- K5 your salon's image and expected standards of service

You need to know and understand:

How to work safely, effectively and hygienically when styling

- K6 what is contact dermatitis and how to avoid developing it whilst carrying out styling and finishing services
- K7 the range of protective clothing that should be available for clients
- K8 why it is important to use personal protective equipment
- K9 the type of personal protective equipment available
- K10 how the position of your client and yourself can affect the desired outcome and reduce fatigue and the risk of injury
- K11 the safety considerations which must be taken into account when styling and dressing hair
- K12 the importance of positioning equipment for ease of use
- K13 why it is important to keep your work area clean and tidy
- K14 methods of working safely and hygienically and which minimise the risk of cross-infection and cross-infestation
- K15 the importance of personal hygiene
- K16 why it is important to check electrical equipment used to aid the styling and finishing processes
- K17 methods of cleaning, disinfecting and/or sterilisation used in salons
- K18 the importance of using products economically
- K19 the health and safety factors to consider when making a choice of non-conventional items
- K20 the reasons why tools and heated styling equipment should be kept free from product build up

You need to know and understand:

Hairdressing science

- K21 the effects of humidity on hair
- K22 the physical effects of styling on the hair structure
- K23 the physical effects of styling and finishing products on the hair and how they work to maintain the style
- K24 how the incorrect application of heat can affect the hair and scalp
- K25 why hair should be allowed to cool prior to dressing out
- K26 the effects of backcombing and back brushing on the hair structure

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K27 the potential effects on the hair structure of using and securing added hair and accessories

You need to know and understand:

Products, equipment and their use

K28 the range of products, tools and equipment available for styling and dressing hair

K29 the suitability of specific products and equipment for use with different hair types and for achieving different effects

K30 the types of non-conventional items that may be used when setting hair and the effects they can create (eg rags, chopsticks, straws, rik-rak etc.)

K31 the manufacturers' instructions on the use of the specific styling and finishing products in your salon

You need to know and understand:

Styling, dressing and finishing techniques and methods

K32 current fashion styling and dressing looks

K33 sources of creative information and inspiration (eg historical, cultural and fashion)

K34 how the factors in the range affect the styling process and the finished look

K35 how the angle of winding on and off base influences the volume and direction of the hair movement

K36 why and how to use point to root and root to point winding techniques

K37 methods of handling and securing added hair and accessories

K38 the variety of styling techniques available and why and when they are used

K39 current techniques for creatively styling, dressing and finishing hair

K40 the type of checks needed during styling and dressing services to ensure the intended shape, direction, balance and volume is achieved.

You need to know and understand:

Aftercare advice for clients

K41 products for home use that will benefit the client and those to avoid and why

K42 how to maintain their style

K43 how to remove pins, accessories, any added hair and any backcombing and/or back brushing

You need to know and understand:

Communication

K44 how to give effective advice and recommendations to clients

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Additional Information

Scope/range related to performance criteria

1. **Styling techniques** are
 - 1.1. setting
 - 1.2. blow drying
 - 1.3. pin curling
 - 1.4. finger waving
 - 1.5. use of heated styling equipment

2. **Winding techniques**
 - 2.1. point to root
 - 2.2. root to point

3. **Factors** which influence are
 - 3.1. desired look
 - 3.2. the occasion for which the style is required
 - 3.3. haircut
 - 3.4. hair growth patterns
 - 3.5. hair elasticity
 - 3.6. head and face shape and features
 - 3.7. hair texture
 - 3.8. hair length
 - 3.9. hair density

4. **Advice** covers
 - 4.1. suitable aftercare products and their use
 - 4.2. maintenance of the style

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