

# LANNAC4 - SQA Unit Code F8JN 04

## Provide exercise opportunities for animals



---

### Overview

Element 1 is about providing opportunities for animals to exercise and is applicable to working with all species of animals that need to exercise. It does not specify those standards of exercise which apply to animals that are trained for competitive purposes.

## LANNAC4 - SQA Unit Code F8JN 04

### Provide exercise opportunities for animals

---

#### Performance criteria

- You must be able to:*
- P1 provide **exercise opportunities** which are suitable for the animals concerned and meet their particular requirements
  - P2 confirm that the exercise area is as safe as possible given other users and unexpected events
  - P3 prepare the animals for exercise in a manner which allows them to make optimum use of it
  - P4 follow the correct procedures for the animal concerned prior to, and after, exercise to maintain health, safety and well-being of the animal
  - P5 keep the necessary records accurate, legible and complete
  - P6 make correct reports of exercise activity promptly to the appropriate people
  - P7 use working methods and systems which promote health and safety and which are consistent with relevant legislation and codes of practice.

# LANNAC4 - SQA Unit Code F8JN 04

## Provide exercise opportunities for animals

---

### Knowledge and understanding

*You need to know and understand:*

- K1 animals' needs for exercise and the reasons for this
- K2 how the need for exercise differs between different animals and the context in which the animal is kept
- K3 the reasons for providing different categories of animals with different exercise patterns
- K4 why insufficient exercise is harmful to animals
- K5 how animals' need for exercise differs at different stages of growth and how lack of exercise may lead to problems in later stages of life
- K6 the reasons for accurate recording and reporting of the exercise taken
- K7 the optimum time for exercising animals
- K8 factors affecting the safety of the exercise area for the animal(s) to be exercised, and others (including people) in the vicinity
- K9 organisational health and safety and animal welfare policy and own responsibility under health and safety and animal welfare legislation.

## LANNAC4 - SQA Unit Code F8JN 04

### Provide exercise opportunities for animals

---

#### Additional Information

#### Scope/range related to performance criteria

1. provide the following **exercise opportunities**:
  - 1.1. where the animal is restrained and directly controlled (e.g. on a lead or rein)
  - 1.2. where opportunities are made available to the animal to exercise itself

## **LANNAC4** - SQA Unit Code F8JN 04

### Provide exercise opportunities for animals

---

**Developed by** LANTRA

---

**Version number** 1

---

**Date approved** October 2008

---

**Indicative review date** October 2010

---

**Validity** Current

---

**Status** Original

---

**Originating organisation** LANTRA

---

**Original URN** NAC4

---

**Relevant occupations** Agriculture, Horticulture and Animal Care; Animal care and veterinary science; Animal Care Services

---

**Suite** Animal Care V2

---

**Key words** optimum, health, safety, records

---