

SKANSN5 (SQA Unit Code - F9K5 04)

Apply and maintain nail enhancements to create a natural finish



Overview

This unit is about providing services to enhance and maintain nails on the hands and feet, to create a natural finish. It covers consulting with the client to establish their requirements and recognising any contra-indications that may affect the service. It also covers preparing and applying natural tips and clear overlays in either UV gel, liquid and powder or wrap systems. Repairing and removing nail enhancements is also required.

To carry out this unit you will need to maintain effective health, safety and hygiene throughout your work. You will also need to maintain your personal appearance and good communication with the client.

The main outcomes of the unit are:

1. maintain safe and effective methods of working when enhancing, maintaining and removing nail enhancements
2. consult, plan and prepare for the nail enhancement services
3. apply natural overlays
4. apply tip and overlays
5. maintain nail enhancements
6. remove nail enhancements
7. provide aftercare advice

SKANSN5 (SQA Unit Code - F9K5 04)

Apply and maintain nail enhancements to create a natural finish

Performance criteria

You must be able to:

- P1 maintain safe and effective methods of working when enhancing, maintaining and removing nails by**
- P1.1. preparing the work area and environment to meet legal, hygiene and industry Code of Practice for Nail Services requirements
 - P1.2. ensuring your personal appearance meets accepted industry Code of Practice for Nail Services and organisational requirements
 - P1.3. wearing suitable personal protective equipment for the service that conforms to the industry Code of Practice for Nail Services
 - P1.4. ensuring all tools and equipments are cleaned using the correct methods
 - P1.5. effectively disinfecting your hands prior to **nail services**
 - P1.6. selecting and correctly positioning suitable equipment, materials and products for the **nail services**
 - P1.7. ensuring your own posture and position minimises fatigue and the risk of injury whilst working
 - P1.8. ensuring the client is in a comfortable and relaxed position that permits access and minimises the risk of injury to you and the client
 - P1.9. using chemicals in a safe manner without risk of overexposure to self and clients
 - P1.10. disposing of waste correctly to meet local authority requirements and the industry Code of Practice for Nail Services
 - P1.11. ensuring that the service is cost effective and is carried out within a commercially viable time
 - P1.12. leaving the work area and equipment in a condition suitable for further nail services
 - P1.13. ensuring the client's records are up-to-date, accurate, easy to read and signed by the client and technician
- P2 consult, plan and prepare for the nail enhancement services by**
- P2.1. using **consultation techniques** in a polite and friendly manner to record the service plan
 - P2.2. obtaining signed, written informed consent from the client prior to carrying out the service
 - P2.3. ensuring that informed and signed parental or guardian consent is obtained for minors prior to any service
 - P2.4. ensuring that a parent or guardian is present throughout the service for minors under the age of 16
 - P2.5. asking your client appropriate questions to identify if they have any contra- indications to nail services

SKANSN5 (SQA Unit Code - F9K5 04)

Apply and maintain nail enhancements to create a natural finish

- P2.6. accurately recording your client's responses to questioning
 - P2.7. encouraging clients to ask questions to clarify any points
 - P2.8. ensuring client advice is given without reference to a specific medical condition and without causing undue alarm and concern
 - P2.9. effectively disinfecting the area to be treated
 - P2.10. effectively removing any existing nail polish or nail enhancements to restore the nails to a natural condition, if required
 - P2.11. accurately identifying the condition of the nails and skin
 - P2.12. explaining your assessment of the client's nail and skin condition in a clear way to help their understanding
 - P2.13. recommending nail enhancements to suit the client's nail shape and condition
 - P2.14. taking the necessary action in response to any identified contra-indications
 - P2.15. agreeing the service and outcomes that are acceptable to your client and meet their needs
- P3 apply natural overlays by**
- P3.1. removing skin debris to leave the cuticle neat and undamaged
 - P3.2. filing the free edge to achieve the required shape and length
 - P3.3. removing surface shine and dehydrating the natural nail to ensure maximum adhesion of overlay
 - P3.4. applying overlay to all nails in the correct sequence following manufacturers' instructions
 - P3.5. leaving a free margin around the cuticle and side wall area of the nail
 - P3.6. using buffing and filing techniques correctly to leave the nail balanced with a smooth even surface shine to the required shape and length
 - P3.7. taking appropriate and prompt remedial action where contra-actions occur during the course of the **nail service**
- P4 apply tip and overlays by**
- P4.1. removing skin debris to leave the cuticle neat and undamaged
 - P4.2. filing the free edge to achieve the required shape and length
 - P4.3. removing surface shine and dehydrating the natural nail to ensure maximum adhesion of tip
 - P4.4. selecting the correct tip size and customising it to suit the client's natural nail
 - P4.5. correctly adhering tip to the natural nail to ensure longevity
 - P4.6. ensuring the cutting, shaping and blending of tips causes no damage to the natural nail and is undetectable
 - P4.7. dehydrating the natural nail to ensure maximum adhesion of overlay
 - P4.8. applying overlay to all nails in the correct sequence following

SKANSN5 (SQA Unit Code - F9K5 04)

Apply and maintain nail enhancements to create a natural finish

- manufacturer's instructions
- P4.9. leaving a free margin around the cuticle and side wall area of the nail
- P4.10. using buffing and filing techniques to leave the nail balanced with a smooth even surface shine to the required shape and length
- P4.11. taking appropriate and prompt remedial action where contractions occur during the course of the **nail service**
- P5 maintain nail enhancements by**
 - P5.1. preparing the nail enhancement prior to product application
 - P5.2. ensuring the exposed natural nail is cleaned and dehydrated prior to **nail maintenance**
 - P5.3. using **nail maintenance** techniques effectively to restore the nail enhancement to its original condition, following manufacturer's instructions
 - P5.4. using buffing and filing techniques to leave the nail balanced with a smooth even surface shine to the required shape and length
 - P5.5. taking appropriate and prompt remedial action where contractions occur during the course of the **nail maintenance**
- P6 remove nail enhancements by:**
 - P6.1. removing overlays following manufacturer's instructions
 - P6.2. ensuring the natural nail plate is free from product and undamaged
 - P6.3. taking appropriate and prompt remedial action where contractions occur during the course of the nail removal
- P7 provide aftercare advice by**
 - P7.1. giving **advice** and recommendations accurately and constructively
 - P7.2. giving your clients suitable **advice** specific to their individual needs

SKANSN5 (SQA Unit Code - F9K5 04)

Apply and maintain nail enhancements to create a natural finish

Knowledge and understanding

You need to know and understand:

Organisational and legal requirements

- K1 your responsibilities under relevant health and safety legislation and the industry Code of Practice for Nail Services
- K2 the importance of not discriminating against clients with illnesses and disabilities and why (eg Disability Discrimination Act)
- K3 why it is important, when treating minors under 16 years of age, to have a parent or guardian present
- K4 why minors should not be given services without informed and signed parental or guardian consent
- K5 the legal significance of gaining signed, informed client consent to the service
- K6 the importance and reasons for keeping records of clients, their services and gaining client signatures
- K7 the importance of the correct storage of client records in relation to the Data Protection Act
- K8 how to avoid potential discomfort and injury to yourself and the risks of poor positioning to clients
- K9 why it is important to maintain standards of hygiene and the principles for avoiding cross-infection
- K10 how to minimise and dispose of waste from nail enhancement services
- K11 your salon service times for completing nail enhancement services
- K12 the importance of completing the service in a commercially viable time
- K13 the salon pricing structure

You need to know and understand:

How to work safely and effectively when providing enhancements, maintenance and removal of nail services

- K14 the type of personal protective equipment that should be available and used by yourself
- K15 why it is important to use personal protective equipment
- K16 what is contact dermatitis and how to avoid developing it when carrying out enhancement, maintenance and removal of nail services
- K17 how to prepare and use tools, equipment and materials for the nail system
- K18 methods of disinfecting and sterilising tools and equipment
- K19 how to maintain tools and materials in a clean and hygienic condition.
- K20 the importance of and reasons for disinfecting hands and how to do this effectively
- K21 the necessary environmental conditions for nail services (including lighting, heating, ventilation and general comfort) and why these are important
- K22 why it is important to maintain standards of hygiene and the principles for

SKANSN5 (SQA Unit Code - F9K5 04)

Apply and maintain nail enhancements to create a natural finish

avoiding cross-infection

K23 how to effectively and safely position tools and materials for the nail service

K24 the condition in which the work area should be left and why this is important

You need to know and understand:

Consult, plan and prepare for the treatment with clients

K25 how to use effective consultation techniques when communicating with clients from different cultural and religious backgrounds, age, disabilities and gender for this treatment

K26 how to give effective advice and recommendations to clients

K27 the questioning and listening skills you need in order to find out information

K28 how to conduct a nail and skin analysis

K29 the importance of questioning clients to establish any contra-indications to nail services

K30 why it is important to record client responses to questioning

K31 the legal significance of client questioning and of recording the client's responses

K32 why it is important to encourage and allow time for clients to ask questions

K33 the importance of and reasons for not naming specific contra-indications when encouraging clients to seek medical advice

K34 how to prepare service plans

You need to know and understand:

Contra-indications and contra-actions

K35 the types of conditions and disorders that may contra-indicate the service and why (eg fungal, bacterial, viral and parasitic infections to the skin and nails, severe nail separation or damage, severe eczema, psoriasis and dermatitis)

K36 the types of conditions and disorders that may restrict the service and why (eg minor nail separation, minor eczema, psoriasis and dermatitis, severely bitten or damaged nails, unknown swelling and redness)

K37 the importance of questioning clients to establish any contra-indications to nail services

K38 the importance of and reasons for not naming specific contra-indications when referring clients to a general practitioner

K39 the contra-actions which may occur during or after the service and how to deal with them (eg allergic reactions, overexposure and exo-thermic reaction, bacterial infections, nail separation, lifting of product, premature loss of extension)

You need to know and understand:

Anatomy and physiology

K40 the structure of the nail unit (ie the nail plate, nail bed, matrix, cuticle, lunula, hyponychium, eponychium, perionychium, free edge, the lateral

SKANSN5 (SQA Unit Code - F9K5 04)

Apply and maintain nail enhancements to create a natural finish

nail fold)

- K41 the process of nail growth (ie nail formation, growth rate, factors affecting growth, the effects of damage on growth, nail thickness)
- K42 the structure and function of the skin (ie dermis, epidermis, subcutaneous layer, appendages)
- K43 the different natural nail shapes you are likely to come across during nail services (eg hook, spoon, fan) and how this can affect your service plan

You need to know and understand:

Nail enhancement services

- K44 the importance of natural nail preparation prior to nail enhancement services
- K45 the key differences between UV gel, liquid and powder and wrap nail enhancement systems
- K46 the advantages and disadvantages of each nail enhancement system
- K47 the importance of preparation and safe use of files and buffers to prevent nail and skin damage (eg grit, grip and pressure)
- K48 how to select and use files and buffers for nail enhancement services
- K49 the factors that influence the choice of nail enhancement services
- K50 the importance of using the correct methods and techniques to avoid overexposure
- K51 why it is important to leave a free margin around the cuticle and side wall area
- K52 the importance of achieving maximum strength, appearance and longevity by use of correct nail balance and shaping
- K53 the importance of choosing the correct size of tip
- K54 the importance of correct tip application and blending
- K55 how the incorrect application and removal of nail enhancements can damage the natural nails and surrounding soft tissue

You need to know and understand:

Maintenance and repair

- K56 the techniques for repairing natural nails including splits, cracks, flaking and breakages
- K57 the techniques for repairing nail enhancements including lifting, cracking, premature loss and discolouration
- K58 the factors that influence maintenance requirements for each nail system (ie. in- fill or re-balance)
- K59 the importance of selecting and carrying out the correct removal techniques for each nail system

You need to know and understand:

Aftercare advice for clients

- K60 aftercare, maintenance and removal requirements for nail enhancements and why these are important
- K61 recommended intervals between nail enhancement services
- K62 the contra-actions that could occur after nail services and what advice to give to clients

SKANSN5 (SQA Unit Code - F9K5 04)

Apply and maintain nail enhancements to create a natural finish

K63 suitable home care products and how to apply them
K64 how to deal with accidental damage

SKANSN5 (SQA Unit Code - F9K5 04)

Apply and maintain nail enhancements to create a natural finish

Additional Information

Scope/range related to performance criteria

1. **Consultation techniques** are:
 - 1.1. questioning
 - 1.2. visual
 - 1.3. physical examination
 - 1.4. reference to client records

2. **Necessary action** should be:
 - 2.1. encouraging the client to seek medical advice
 - 2.2. explaining why the service cannot be carried out
 - 2.3. modifying the service

3. **Nail services** are:
 - 3.1. full set of natural nail overlays
 - 3.2. full set of natural tips and overlays

4. **Nail maintenance techniques** are:
 - 4.1. infill
 - 4.2. rebalance

5. **Advice** covers:
 - 5.1. suitable aftercare products and their use
 - 5.2. avoidance of activities which may cause contra-actions
 - 5.3. recommended time intervals in-between nail services

SKANSN5 (SQA Unit Code - F9K5 04)

Apply and maintain nail enhancements to create a natural finish

Developed by Habia

Version number 1

Date approved June 2009

Indicative review date June 2011

Validity Current

Status Original

Originating organisation Habia

Original URN NS - N5

Relevant occupations Retail and commercial enterprise; Service enterprises; Personal Service Occupations; Hairdressers and Related Occupations

Suite Nail Services 2009

Key words apply, maintain, nail enhancements, creating, natural finish