

# SKANSN4 (SQA Unit Code - F9KL 04)

## Carry out nail art services



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### Overview

This unit is about creating nail art designs on the client's hands and feet. It covers consulting with the client to establish their individual nail art design requirements and recognising any contra-indications that may affect the service. It also covers preparing, applying and finishing the design.

To carry out this unit you will need to maintain effective health, safety and hygiene throughout your work. You will also need to maintain your personal appearance and good communication with the client.

The main outcomes of the unit are:

1. maintain safe and effective methods of working when providing nail art services
2. consult, plan and prepare for the nail art services
3. carry out nail art services
4. provide aftercare advice

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### Performance criteria

*You must be able to:*

- P1 maintain safe and effective methods of working when providing nail art services by**
- P1.1. preparing the work area and environment to meet legal, hygiene and industry Code of Practice for Nail Services requirements
  - P1.2. ensuring your personal appearance meets accepted industry Code of Practice for Nail Services and organisational requirements
  - P1.3. wearing suitable personal protective equipment for the service that conforms to the industry Code of Practice for Nail Services
  - P1.4. ensuring all tools and equipment are cleaned using the correct methods
  - P1.5. effectively disinfecting your hands prior to nail art services
  - P1.6. maintaining accepted industry hygiene and safety practices throughout the service
  - P1.7. selecting and correctly positioning suitable equipment, materials and products for the **nail art techniques**
  - P1.8. ensuring your own posture and position minimises fatigue and the risk of injury whilst working
  - P1.9. ensuring the client is in a comfortable and relaxed position that permits access and minimises the risk of injury to you and the client
  - P1.10. disposing of waste correctly to meet local authority requirements and the industry Code of Practice for Nail Services
  - P1.11. ensuring that the service is cost effective and is carried out within a commercially viable time
  - P1.12. leaving the work area and equipment in a condition suitable for further nail services
  - P1.13. ensuring the clients records are up-to-date, accurate, easy to read and signed by the client and technician
- P2 consult, plan and prepare for the service with clients by**
- P2.1. using **consultation techniques** in a polite and friendly manner to record the service plan
  - P2.2. obtaining signed, written informed consent from the client prior to carrying out the service
  - P2.3. ensuring that informed and signed parental or guardian consent is obtained for minors prior to any service
  - P2.4. ensuring that a parent or guardian is present throughout the service for minors under the age of 16
  - P2.5. asking your client appropriate questions to identify if they have any contra-indications to pedicure services

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- P2.6. accurately recording your client's responses to questioning
  - P2.7. encouraging clients to ask questions to clarify any points
  - P2.8. disinfecting the client's hands and feet, effectively removing any existing nail polish to restore the nails to a natural condition
  - P2.9. accurately identifying the condition of the nails and skin
  - P2.10. explaining your assessment of the client's nail and skin condition in a clear way to help their understanding
  - P2.11. taking the **necessary** action in response to any identified contra-indications
  - P2.12. ensuring client advice is given without reference to a specific medical condition and without causing undue alarm and concern
  - P2.13. recommending nail art designs and products to suit the client's nail shape and condition
  - P2.14. agreeing the service and outcomes that are acceptable to your client and meet their needs
- P3 provide nail art service to clients by:**
- P3.1. filing the nails correctly, ensuring that the nail free edge is left smooth and shaped to the required length
  - P3.2. ensuring the nail is left clean and free of debris and the cuticle is neat and tidy
  - P3.3. applying a suitable base coat and nail art base according to the design plan
  - P3.4. using products for **nail art techniques** according to industry guidelines
  - P3.5. using suitable tools and **nail art techniques** for the agreed design
  - P3.6. applying **nail art techniques** in the correct sequence to achieve the required design
  - P3.7. effectively finishing the nail art design, leaving the cuticle free from any product
  - P3.8. ensuring that the finished result is to the client's satisfaction and meets the agreed design plan
- P4 provide aftercare advice by**
- P4.1. giving **advice** and recommendations accurately and constructively
  - P4.2. giving your clients suitable **advice** specific to their individual needs

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### Knowledge and understanding

*You need to know and understand:*

#### **Organisational and legal requirements**

- K1 your responsibilities under relevant health and safety legislation and the industry Code of Practice for Nail Services
- K2 the importance of not discriminating against clients with illnesses and disabilities and why (eg Disability Discrimination Act)
- K3 why it is important, when treating minors under 16 years of age, to have a parent or guardian present
- K4 why minors should not be given services without informed and signed parental or guardian consent
- K5 the legal significance of gaining signed, informed client consent to treatment
- K6 the importance of and reasons for keeping records of clients, their services and gaining client signatures
- K7 the importance of the correct storage of client records in relation to the Data Protection Act
- K8 the possible risks to yourself of ineffective positioning of clients and how to avoid potential discomfort and injury to yourself
- K9 why it is important to maintain standards of hygiene and the principles for avoiding cross-infection
- K10 how to minimise and dispose of waste from services
- K11 your salon service times for completing nail art services
- K12 the importance of completing the service in a commercially viable time
- K13 the salon pricing structures

*You need to know and understand:*

#### **How to work safely and effectively when providing nail art services**

- K14 the type of personal protective equipment that should be available and used by yourself
- K15 why it is important to use personal protective equipment
- K16 what is contact dermatitis and how to avoid developing it when carrying out nail services
- K17 how to prepare and use the tools and materials for the nail art service
- K18 methods of disinfecting and sterilising tools and equipment
- K19 how to maintain tools and materials in a clean and hygienic condition.
- K20 the importance of and reasons for disinfecting hands and how to do this effectively
- K21 the necessary environmental conditions for nail services (including lighting, heating, ventilation and general comfort) and why these are important
- K22 why it is important to maintain standards of hygiene and the principles for avoiding cross-infection
- K23 how to effectively and safely position tools and materials for nail art

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services

- K24 how to avoid potential discomfort and injury to yourself and the risks of poor positioning to clients
- K25 how to minimise and dispose of general waste from services
- K26 the condition in which the work area should be left and why this is important

*You need to know and understand:*

### **Consult, plan and prepare for the service with clients**

- K27 how to use effective consultation techniques when communicating with clients from different cultural and religious backgrounds, age, disabilities and gender for this treatment
- K28 how to give effective advice and recommendations to clients
- K29 the questioning and listening skills you need in order to find out information
- K30 how to conduct a nail and skin analysis
- K31 the importance of questioning clients to establish any contra-indications to nail art services
- K32 why it is important to record client responses to questioning
- K33 why it is important to encourage and allow time for clients to ask questions
- K34 the legal significance of client questioning and of recording the client's responses
- K35 how to prepare service plans

*You need to know and understand:*

### **Contra-indications and contra-actions**

- K36 the types of conditions and disorders that may contra-indicate the service and why (eg fungal, bacterial, viral and parasitic infections to the skin and nails, severe nail separation, severe eczema, psoriasis, dermatitis and severely bitten nails)
- K37 the types of conditions and disorders that may restrict the service and why (eg minor nail separation, minor eczema, psoriasis and dermatitis or damaged nails)
- K38 the importance of questioning clients to establish any contra-indications to nail art services
- K39 the importance of and reasons for not naming specific contra-indications when referring clients to a general practitioner
- K40 possible contra-actions which may occur during or after the nail art service

*You need to know and understand:*

### **The structure and growth of nails**

- K41 the structure of the nail unit (ie the nail plate, nail bed, matrix, cuticle, lunula, hyponychium, eponychium, nail wall, free edge)
- K42 the process of nail growth (ie nail formation, growth rate, factors affecting growth, the effects of damage on growth, nail thickness)
- K43 the structure and function of the skin (ie dermis, epidermis,

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subcutaneous layer, appendages)

K44 the skin characteristics and skin types of different ethnic client groups

K45 the different natural nail shapes you are likely to come across during nail art services (eg hook, spoon, fan)

*You need to know and understand:*

### **Nail art services**

K46 the different techniques used within nail art services and how to carry them out

K47 the different types of nail art products and their use

K48 the different types of tools and how to use them

K49 the different style and themes of designs available

K50 selecting and combining colours to complement your design

K51 the limitations on the application of nail art designs due to the condition of clients' nails

K52 the maintenance requirements for nail art designs

K53 how to safely and effectively remove nail art designs

*You need to know and understand:*

### **Aftercare advice for clients**

K54 aftercare and maintenance requirements for nail art services and why these are important

K55 products for home use that will benefit the client

K56 the contra-actions that could occur after nail services and what advice to give to clients

K57 how to deal with accidental damage

K58 the recommended time intervals for nail art services

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### Additional Information

#### Scope/range related to performance criteria

1. **Consultation techniques** are:
  - 1.1. questioning
  - 1.2. visual
  - 1.3. manual
  - 1.4. reference to client records
  
2. **Necessary action** should be:
  - 2.1. encouraging the client to seek medical advice
  - 2.2. explaining why the service cannot be carried out
  - 2.3. modifying the service
  
3. **Nail art techniques** are:
  - 3.1. coloured polishes
  - 3.2. transfers
  - 3.3. glitters
  - 3.4. foiling
  - 3.5. flatstones
  - 3.6. rhinestones
  - 3.7. marbling
  - 3.8. striping
  - 3.9. dotting
  - 3.10. freehand
  
4. **Advice** covers:
  - 4.1. suitable aftercare products and their use
  - 4.2. avoidance of activities which may cause contra-actions
  - 4.3. recommended time intervals in-between nail services

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**Relevant occupations** Retail and commercial enterprise; Service enterprises; Personal Service Occupations; Hairdressers and Related Occupations

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**Suite** Nail Services 2009

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