

ASTCCR5 - SQA Unit Code H54B 04

Contribute to the control of infection in clean environments



Overview

- 1 Maintain the required standards of personal hygiene
- 2 Dispose of contaminated material and waste

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Performance criteria

Maintain the required standards of personal hygiene

You must be able to:

- P1 use appropriate methods of maintaining personal hygiene following **instructions, procedures or guidelines**
- P2 make sure that the appropriate personal cleaning **facilities** and protective clothing are available
- P3 **report** any **personal conditions** that may cause infection

Dispose of contaminated material and waste

You must be able to:

- P4 wear the correct **personal protective equipment** as required for the **waste and contaminated material** involved
- P5 remove all waste and contaminated material from the site of the cleaning operation and place in the **correct container**
- P6 handle and remove the waste and contaminated material safely and according to regulations instructions and good practice
- P7 take the waste and contaminated material containers safely to the allocated collection point and secure where necessary

Knowledge and understanding

You need to know and understand:

Maintain the required standards of personal hygiene

- K1 where to obtain the instructions, procedures and guidelines for maintaining personal hygiene
- K2 how to use the appropriate personal cleaning facilities and why this is important
- K3 what action to take if the appropriate personal cleaning facilities are unavailable or unserviceable
- K4 why it is important to report any personal conditions that may cause infection
- K5 how the spread of infection or contamination can be minimised through good personal hygiene

Dispose of contaminated material and waste

You need to know and understand:

- K6 what personal protective equipment is required for the waste and contaminated material involved, where it can be obtained and why you should use it
- K7 the hazards associated with typical contaminated material and waste
- K8 who to ask or where to find out what and where are the correct containers for the waste and contaminated material involved and why this is important
- K9 why it is important to handle and dispose of the waste and contaminated material safely according to current regulations and instructions
- K10 where to get information on current regulations and instructions
- K11 where the allocated collection point is and how this should be secured if necessary
- K12 why waste containers should be made secure

Additional Information

Scope/range

Maintain the required standards of personal hygiene:

- 1 **instructions, procedures or guidelines** from: client; own organisation; current legislation; codes of practice
- 2 **facilities**: washrooms; soaps; hand cleansing agents; drying material or equipment
- 3 **report**: verbal; written
- 4 **personal conditions**: allergies; infectious diseases; skin conditions

Dispose of contaminated material and waste:

- 5 **personal protective equipment**: gloves; masks; goggles; clothing; headwear
- 6 **waste and contaminated material**: chemicals; dirt; cloths and disposable wipes; fluids; clothing
- 7 correct **containers** suitable for waste that is: hazardous; non hazardous; recyclable

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Suite Cleaning and Support Services - Clean Rooms

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