

H5P7 04 (SCDHSC0235) — Enable Individuals to Make Their Way Around Specific Places

Overview

This standard identifies the requirements when supporting individuals to make their way around specific places safely and effectively. This includes working with individuals to assess their ability to move around specific places, supporting them to move around and then contributing to the evaluation of agreed actions and activities.

Additional Information

Scope/range related to Performance Criteria

The details in this field are explanatory statements of scope and/or examples of possible contexts in which the NOS may apply; they are not to be regarded as range statements required for achievement of the NOS.

NOTE: Where an individual finds it difficult or impossible to express their own preferences and make decisions about their life, achievement of this standard may require the involvement of advocates or others who are able to represent the views and best interests of the individual.

Where there are language differences within the work setting, achievement of this standard may require the involvement of interpreters or translation services.

Active participation is a way of working that regards individuals as active partners in their own care or support rather than passive recipients. Active participation recognises each individual's right to participate in the activities and relationships of everyday life as independently as possible.

Aids may include: walking sticks; walking frames; wheel chairs; guide dogs.

To **communicate** may include using the individual's preferred spoken language, the use of signs, the use of symbols or pictures, writing, objects of reference, communication passports, other non-verbal forms of communication, human and technological aids to communication.

Specific places may include indoor areas such as home or work; outdoor areas especially routes regularly used; and social environments where people wish to pursue their interests.

The **individual** is the person you support or care for in your work.

Key people are those who are important to an individual and who can make a difference to his or her wellbeing. Key people may include family, friends, carers and others with whom the individual has a supportive relationship.

Others are your colleagues and other professionals whose work contributes to the individual's wellbeing and who enable you to carry out your role.

Scope/range related to Knowledge and Understanding

The details in this field are explanatory statements of scope and/or examples of possible contexts in which the NOS may apply; they are not to be regarded as range statements required for achievement of the NOS.

All knowledge statements must be applied in the context of this standard.

Factors that may affect the health, wellbeing and development of individuals

may include: adverse circumstances or trauma before or during birth; autistic spectrum conditions; dementia; family circumstances; frailty; harm or abuse; injury; learning disability; medical conditions (chronic or acute); mental health; physical disability; physical ill health; poverty; profound or complex needs; sensory needs; social deprivation; substance misuse.

Obstacles may include plants; vehicles; doors; stairs; furniture.

Values

Adherence to codes of practice or conduct where applicable to your role and the principles and values that underpin your work setting, including the rights of children, young people and adults. These include the rights:

- ◆ to be treated as an individual
- ◆ to be treated equally and not be discriminated against
- ◆ to be respected
- ◆ to have privacy
- ◆ to be treated in a dignified way
- ◆ to be protected from danger and harm
- ◆ to be supported and cared for in a way that meets their needs, takes account of their choices and also protects them
- ◆ to communicate using their preferred methods of communication and language
- ◆ to access information about themselves

Performance Criteria — What you do in your job

You must provide evidence to meet all the 26 Performance Criteria for this Unit. The Performance Criteria are grouped under headings to assist you with planning how best to meet these points.

Place the number of the piece of work where this Performance Criteria has been met in the evidence box after each criteria.

Work with the individual to complete assessments for making their way around specific places

	Performance Criteria	Evidence Number where this criteria has been met
1	Access information and advice that will help you work with the individual to assess their skills and abilities in making their way around specific places .	
2	Support the individual to identify the outcomes they want to achieve in making their way around specific places and the skills and abilities they have for doing so.	
3	Support the individual to communicate their preferences in relation to making their way around specific places, taking account of their desired outcomes, their specific needs and any aids that are required.	
4	Work with the individual to identify the environmental barriers presented by specific places.	
5	Support the individual to identify barriers that relate to their own circumstances or needs.	
6	Work with the individual to assess the risks involved in making their way around specific places.	
7	Support the individual and key people to identify existing networks which could provide support and any additional support required.	

Work with the individual to complete assessments for making their way around specific places (cont)

	Performance Criteria	Evidence Number where this criteria has been met
8	Seek additional support for assessments outside your competence.	
9	Record assessments within confidentiality agreements and according to legal and work setting requirements.	

Support the individual to make their way around specific places

10	Work in ways that promote active participation to support the individual in making their way around specific places, taking account of their preferences, needs and agreed actions or activities.	
11	Support the individual to use what they have learned to enhance their movement around specific places.	
12	Support the individual to identify and explore barriers to progress.	
13	Support the individual to adapt existing skills to enable them to move around specific places.	
14	Give positive and constructive feedback to the individual when they are carrying out agreed actions or activities.	
15	Offer encouragement to the individual when they are having difficulties.	
16	Seek additional help and advice for any problems that you are not competent to deal with.	
17	Support the individual and key people to identify further actions, activities and help that could assist the individual to make their way around specific places.	

Contribute to the evaluation of actions and activities to enhance mobility

	Performance Criteria	Evidence Number where this criteria has been met
18	Seek feedback from the individual, key people and others about the actions or activities the individual has undertaken.	
19	Seek feedback from the individual, key people and others about the actions or activities undertaken and how well they helped to achieve desired outcomes.	
20	Use your own observations to note progress achieved.	
21	Check with the individual and others that your observations are accurate.	
22	Seek feedback from the individual, key people and others about the support you have given.	
23	Work with the individual to evaluate their progress and identify anything that could help further.	
24	Provide feedback on your observations to the appropriate people, indicating where changes could be made to help future progress.	
25	Seek additional help and advice in areas where you are not competent to contribute.	
26	Report on observations, evaluations and outcomes, within confidentiality agreements and according to legal and work setting requirements.	

Knowledge and Understanding — Why and how you do what you do in your job

You must provide evidence of your knowledge and understanding to meet all the 49 knowledge points for this Unit. The knowledge points are grouped under headings to assist you with planning how best to meet them.

Place the number of the piece of work where each knowledge point has been met in the 'evidence number' box after each point.

Rights

	Knowledge and Understanding <i>You need to know and understand:</i>	Evidence Number where this knowledge point has been met
1	Work setting requirements on equality, diversity, discrimination and human rights.	
2	Your role supporting rights, choices, wellbeing and active participation.	
3	Your duty to report anything you notice people do, or anything they fail to do, that could obstruct individuals' rights.	
4	The actions to take if you have concerns about discrimination.	
5	The rights that individuals have to make complaints and be supported to do so.	

How you carry out your work

	Knowledge and Understanding <i>You need to know and understand:</i>	Evidence Number where this knowledge point has been met
6	Codes of practice, standards, frameworks and guidance relevant to your work and the content of this standard.	
7	The main items of legislation that relate to the content of this standard within your work role.	
8	Your own background, experiences and beliefs that may affect the way you work.	
9	Your own roles and responsibilities with their limits and boundaries.	
10	Who you must report to at work.	
11	The roles and responsibilities of other people with whom you work.	
12	How to find out about procedures and agreed ways of working in your work setting.	
13	How to make sure you follow procedures and agreed ways of working.	
14	The meaning of person centred/child centred working and the importance of knowing and respecting each child or young person as an individual.	
15	The prime importance of the interests and wellbeing of children and young people.	
16	The individual's cultural and language context.	
17	How to work in ways that build trust with people.	
18	How to work in ways that support the active participation of individuals in their own care and support.	
19	How to work in ways that respect individuals' dignity, personal beliefs and preferences.	

How you carry out your work (cont)

	Knowledge and Understanding <i>You need to know and understand:</i>	Evidence Number where this knowledge point has been met
20	How to work in partnership with people.	
21	What you should do when there are conflicts and dilemmas in your work.	
22	How and when you should seek support in situations beyond your experience and expertise.	

Theory for practice

23	The factors that may affect the health, wellbeing and development of individuals you care for or support.	
24	How these affect individuals and how they may affect different individuals differently.	
25	The main stages of human development.	

Communication

26	Factors that can have a positive or negative effect on the way people communicate.	
27	Different methods of communicating.	

Personal and professional development

28	Why it is important to reflect on how you do your work.	
29	How to use your reflections to improve the way you work.	

Health and Safety

	Knowledge and Understanding <i>You need to know and understand:</i>	Evidence Number where this knowledge point has been met
30	Your work setting policies and practices for health, safety and security.	
31	Practices that help to prevent and control infection in the context of this standard.	

Safe-guarding

32	The duty that everyone has to raise concerns about possible harm or abuse, poor or discriminatory practices.	
33	Signs and symptoms of harm or abuse.	
34	How and when to report any concerns about abuse, poor or discriminatory practice, resources or operational difficulties.	
35	What to do if you have reported concerns but no action is taken to address them.	

Handling information

36	Legal requirements, policies and procedures for the security and confidentiality of information.	
37	Work setting requirements for recording information and producing reports including the use of electronic communication.	
38	What confidentiality means.	
39	How to maintain confidentiality in your work.	
40	When and how to pass on information.	

Knowledge that is Specific to this NOS

	Knowledge and Understanding <i>You need to know and understand:</i>	Evidence Number where this knowledge point has been met
41	The types of injuries, disabilities, illnesses and other factors for people needing to be supported to learn how to move around specific places effectively.	
42	The type of aids that are available to meet the needs of the individual.	
43	The type of obstacles that an individual will need to negotiate to assist them, as far as they are able, to maintain their independence within specific places.	
44	Health and safety issues and potential hazards and risks when supporting an individual to move around specific places.	
45	How to support the development and evaluation of individualised programmes, taking account of the needs, circumstances and preferences of the individual.	
46	How to identify and set up specific places to meet the needs, circumstances and preferences of the individual to minimise and manage risks.	
47	How to support the individual safely and ways of helping the individual to negotiate and minimise hazards and risks in different specific places.	
48	Actions to take when you observe key changes in the condition and circumstances of the individual.	
49	National and local guidance on falls prevention and factors that impact on falls.	

The candidate and assessor must only sign below when all Performance Criteria and knowledge points have been met.

Unit assessed as being complete

Candidate's name	
Candidate's signature	
Date submitted to Assessor as complete	

Assessor's name	
Assessor's signature	
Date assessed complete	

Internal Verification

To be completed in accordance with centre's internal verifier (IV) strategy.

Evidence for this Unit was sampled on the following date/s	Internal verifier's signature	Internal verifier's name

This Unit has been subject to an admin check in keeping with the centre's IV strategy.

Date of admin check	Internal verifier's signature	Internal verifier's name

Unit completion confirmed

Internal verifier's name	
Internal verifier's signature	
Date completed	