

H5VK 04 (SFH CHS35) — Provide First Aid to an Individual Needing Emergency Assistance

Overview

This standard covers the provision of first aid to meet the individual's requirements.

Users of this standard will need to ensure that practice reflects up to date information and policies.

Additional Information

External Links

This standard links with the following dimension within the NHS Knowledge and Skills Framework (October 2004):

Dimension: HWB6 Assessment and treatment planning

Performance Criteria — What you do in your job

You must provide evidence to meet all the 15 Performance Criteria for this Unit. The Performance Criteria are grouped under headings to assist you with planning how best to meet these points.

Place the number of the piece of work where this Performance Criteria has been met in the evidence box after each criteria.

	Performance Criteria	Evidence Number where this criteria has been met
1	Apply standard precautions for infection prevention and control and take other appropriate health and safety measures.	
2	Identify and respond appropriately to any risks to your own or others' safety.	
3	Obtain the individual's valid consent before working with them.	
4	Perform a systematic and thorough check of the individual's airway, breathing and circulation.	
5	Form an accurate, full and balanced assessment of the nature and severity of the individual's condition, appropriate to the limits of your competence.	
6	Prepare the individual, yourself, materials and equipment in a manner appropriate to their needs, condition and the intended first aid.	
7	Place the individual in a safe position which does not adversely affect their condition.	
8	Provide first aid in a manner that is consistent with: <ul style="list-style-type: none"> 8.1 legislation. 8.2 your level of competence. 8.3 achieving the optimum outcome for the individual. 	

	Performance Criteria	Evidence Number where this criteria has been met
9	Respect the privacy, dignity, wishes and beliefs of individuals when working with them.	
10	Interact with individuals: 10.1 in a calm and reassuring manner. 10.2 by actively listening and responding to what the individual says, observing his/her behaviour and reactions.	
11	Support the individual throughout, encouraging them to promote their own health and wellbeing.	
12	Monitor, identify and respond to any changes in the individual's condition.	
13	Determine and confirm when death has occurred, within the limits of your own role, accountability and scope of practice, or inform an appropriate other of the need for them to make this confirmation.	
14	Summon additional and specialist assistance immediately where an individual's needs exceeds your competence, providing support and first aid as required until such assistance arrives.	
15	Provide accurate and clear information about the individual's health status and needs when transferring them into the care of others.	

Knowledge and Understanding — Why and how you do what you do in your job

You must provide evidence of your knowledge and understanding to meet all the 33 knowledge points for this Unit. The knowledge points are grouped under headings to assist you with planning how best to meet them.

Place the number of the piece of work where each knowledge point has been met in the 'evidence number' box after each point.

	Knowledge and Understanding <i>You need to know and understand:</i>	Evidence Number where this knowledge point has been met
1	The current European and National legislation, national guidelines, organisational policies and protocols in accordance with Clinical/Corporate Governance which affect your work practice in relation to providing first aid to an individual needing emergency assistance.	
2	Your responsibilities and accountability in relation to the current European and National legislation, national guidelines and local policies and protocols and Clinical/Corporate Governance.	
3	The duty to report any acts or omissions in care that could be detrimental to yourself, other individuals or your employer.	
4	The ethics concerning consent and confidentiality, and the tensions which may exist between an individual's rights and the organisation's responsibility to individuals.	
5	The importance of valid consent and how to gain it.	
6	The importance of gaining assent from individuals who lack capacity to consent.	
7	The basic features of anatomy and physiology as relevant to the provision of non-specialist first aid.	
8	The priorities in life support.	

	Knowledge and Understanding <i>You need to know and understand:</i>	Evidence Number where this knowledge point has been met
9	The importance to the outcome for the individual of clear, accurate and effective communication at the point of handover to others.	
10	The pulse sites and rate norms for different types of individual.	
11	The different positions into which an individual with particular conditions should be put to achieve the best possible outcome for them including shock, individuals who are unconscious but breathing, severe bleeding, suspected head/spinal injuries.	
12	How to manoeuvre an individual safely, quickly and effectively into the appropriate position.	
13	The causes of shock and the factors which may indicate an individual is in shock.	
14	The clinical signs of: 14.1 asphyxia. 14.2 bleeding/hypovolaemic shock. 14.3 internal bleeding. 14.4 fracture. 14.5 dislocation. 14.6 sprain 14.7 strain. 14.8 brain injury.	
15	How to recognise the appropriate sterile dressing to be used in relation to particular injuries.	
16	The location of pressure points and their use in stopping bleeding.	

	Knowledge and Understanding <i>You need to know and understand:</i>	Evidence Number where this knowledge point has been met
17	The factors affecting bleeding from different parts of the body.	
18	How external bleeding could affect the individuals circulation.	
19	How the human body reacts to a wound in order to stop the bleeding and limit further damage.	
20	The complications associated with fractures and dislocations and means of detection.	
21	The main indicators available to aid in the assessment of: 21.1 cerebro-vascular incident. 21.2 cardiac condition. 21.3 epileptic fit. 21.4 diabetic emergency. 21.5 infant convulsions. 21.6 chronic obstructive airway disease. 21.7 anaphylactic shock.	
22	The limits of first aid and the importance of summoning additional and specialist assistance without undue delay.	
23	The procedure involved in checking whether an individual is conscious and breathing.	
24	Basic ventilation techniques and procedures for the control of hyperventilation.	
25	The procedure for conducting a head to toe assessment of the individual including any questions that should be asked of the individual.	

	Knowledge and Understanding <i>You need to know and understand:</i>	Evidence Number where this knowledge point has been met
26	The importance of prioritising individuals in need of emergency assistance and what methods to use in doing this.	
27	The procedures for dealing with foreign bodies in the eye and in wounds.	
28	The procedure involved in providing artificial ventilation.	
29	The ventilation: compression ratio and rate for different types of individual.	
30	The procedure to establish the correct hand/finger placement for external chest compression.	
31	The personal safety procedures to be followed when dealing with burns.	
32	The procedures for dealing with different categories and types of burn and scald.	
33	The policies and procedures to be followed when immobilising injuries.	

The candidate and assessor must only sign below when all Performance Criteria and knowledge points have been met.

Unit assessed as being complete

Candidate's name	
Candidate's signature	
Date submitted to Assessor as complete	

Assessor's name	
Assessor's signature	
Date assessed complete	

Internal Verification

To be completed in accordance with centre's internal verifier (IV) strategy.

Evidence for this Unit was sampled on the following date/s	Internal verifier's signature	Internal verifier's name

This Unit has been subject to an admin check in keeping with the centre's IV strategy.

Date of admin check	Internal verifier's signature	Internal verifier's name

Unit completion confirmed

Internal verifier's name	
Internal verifier's signature	
Date completed	