Overview

This standard is about styling hair using blow drying and finger drying techniques. Finishing hair using heated styling equipment is also required. A high degree of manual dexterity will be required to work on different hair lengths.

To carry out this standard you will need to maintain effective health, safety and hygiene throughout your work. You will also need to maintain a professional personal appearance and demonstrate effective communication skills.

The main outcomes of this standard are:

1. maintain effective and safe methods of working when styling and finishing hair
2. blow dry hair into shape
3. finger dry hair into shape
4. finish hair
Performance criteria

**Maintain effective and safe methods of working when styling and finishing hair**

You must be able to:

- **P1** maintain your responsibilities for health and safety throughout the service
- **P2** prepare your client to meet salon's requirements
- **P3** protect your client’s clothing throughout the service
- **P4** position your client to meet the needs of the service without causing them discomfort
- **P5** ensure your own posture and position whilst working minimises fatigue and the risk of injury
- **P6** use working methods that:
  - **P6.1** minimise the wastage of *products*
  - **P6.2** minimise the risk of damage to tools, equipment and *heated styling equipment*
  - **P6.3** minimise the risk of cross-infection
  - **P6.4** make effective use of your working time
  - **P6.5** ensure the use of clean resources
  - **P6.6** minimise the risk of harm or injury to yourself and others
  - **P6.7** promote environmental and sustainable working practices
- **P7** ensure your personal hygiene, protection and appearance meets accepted industry and organisational requirements
- **P8** follow workplace and suppliers’ or manufacturers’ instructions for the safe use of equipment, materials and *products*
- **P9** dispose of waste materials
- **P10** complete the service within a commercially viable time

**Blow dry hair into shape**

You must be able to:

- **P11** apply suitable *products*, when used, following manufacturers’ instructions
- **P12** control your styling tools to minimise the risk of damage to the *hair length*, client discomfort and to achieve the desired look
- **P13** take sections of hair which suit the size of the styling tools
- **P14** maintain an even tension throughout the blow drying process
- **P15** keep the hair damp throughout the blow drying process
SKACH1 SQA Unit Code H9C9 04
Style and finish hair

P16 test the temperature of **heated styling equipment** throughout the service
P17 control the **hair length** during the blow drying process taking account of **factors** influencing the service
P18 use **tools and equipment** in a way that achieves the desired **blow dry finish**.

**Finger dry hair into shape**

You must be able to:

P19 apply suitable **products**, when used, following manufacturers’ instructions
P20 keep the hair damp throughout the styling process
P21 control the hair during the styling process taking account of **factors** influencing the service
P22 ensure that finger drying achieves the direction, volume and balance for the desired look

**Finish hair**

You must be able to:

P23 use **heated styling equipment**, when necessary, that is at the correct temperature for your client’s hair and the desired look
P24 control your use of **heated styling equipment**, when used, to minimise the risk of damage to the hair and scalp, client discomfort and to achieve the desired look
P25 take sections of hair which suit the size of the **heated styling equipment**, when used
P26 use back combing and back brushing techniques, when required, to achieve the desired look
P27 apply and use suitable **products**, when required, to meet manufacturers’ instructions
P28 ensure the finished look takes into account relevant styling **factors** influencing the service
P29 ensure the finished look meets the intended shape, direction, balance and volume agreed with your client
P30 confirm the client’s satisfaction with the finished look.
P31 give your client **advice and recommendations** on the service provided
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Style and finish hair

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<td>K11</td>
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<td>suppliers’ and manufacturers’ instructions for the safe use of equipment, materials and products which you must follow</td>
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<td>K17</td>
<td>your salon's expected service times for styling and finishing hair</td>
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**Blow dry and finger dry hair into shape**

| You need to know and understand: | |
| K18                         | why hair should be kept damp during the blow drying and finger drying process |
| K19                         | the effects of humidity on hair |
You need to know and understand:

- **K20** the physical effects of the blow drying, finger drying and heated styling processes on the hair structure
- **K21** the types of products and equipment used for styling and finishing hair
- **K22** the manufacturers’ instructions on the use of the specific styling and finishing products in your salon
- **K23** why and how to use the different types of:
  - **K23.1** styling brushes when blow drying
  - **K23.2** attachments when blow drying
  - **K23.3** heated styling equipment when styling and finishing
  - **K23.4** products and when to apply them
- **K24** current techniques for blow drying, finger drying and finishing hair
- **K25** how different factors affect the styling process and the finished look
- **K26** how to manage different hair lengths when styling the hair
- **K27** how the finished result of blow drying is affected by:
  - **P27.1** tension
  - **P27.2** size of hair mesh
  - **P27.3** size of brush
  - **P27.4** the angle at which the brush is held
  - **P27.5** not allowing the hair to cool before removing the hair mesh from the brush
- **K28** why the direction of the air flow when drying is important to achieve the desired look
- **K29** why hair needs to be sectioned for styling
- **K30** how the size of the section and the angle at which the hair is held during drying influences the volume and direction of the hair movement
- **K31** the effects that can be achieved by curling on and off base

**Finish hair**

- **K32** why temperature of equipment should be adapted to suit different hair types
- **K33** how the incorrect application of heat can affect the hair and scalp
- **K34** why hair should be allowed to cool prior to finishing
- **K35** when and how to apply different back combing and back brushing techniques to achieve the desired look
K36 the importance of providing **advice and recommendations** on the products and services provided in the salon
Additional information

Scope/range related to performance criteria

1 Products
   1.1 heat protectors
   1.2 sprays
   1.3 mousse
   1.4 creams
   1.5 gels
   1.6 serums
   1.7 wax

2 Heated styling equipment
   2.1 straighteners
   2.2 tongs

3 Hair length
   3.1 above shoulder
   3.2 below shoulder
   3.3 one length
   3.4 layered

4 Tools and equipment
   4.1 hand dryer
   4.2 attachments
   4.3 round brush
   4.4 flat brush

5 Factors
   5.1 hair characteristics
5.2 hair classifications
5.3 hair cut
5.4 hair growth patterns
5.5 head and face shape

6 Blow dry finish

6.1 straightening
6.2 smoothing
6.3 creating volume
6.4 creating movement
6.5 creating curl

7 Advice and recommendations

7.1 how to maintain their look
7.2 time interval between services
7.3 present and future products and services
1. Health and safety

Your responsibilities for health and safety as defined by any specific legislation covering your job role

1.1 Health and Safety at Work Act
1.2 The Reporting of Injuries, Diseases and Dangerous Occurrence Regulations (RIDDOR)
1.3 The Health and Safety (First Aid) Regulations
1.4 The Regulatory Reform (Fire Safety) Order
1.5 The Manual Handling Operations Regulations
1.6 The Control of Substances Hazardous to Health Regulations (COSHH)
1.7 The Electricity at Work Regulations
1.8 The Environmental Protection Act
1.9 The Management of Health and Safety at Work Regulations
1.10 The Health and Safety (Information for Employees) Regulations

2. Environmental and sustainable working practices

The different types of working methods that promote environmental and sustainable working practices

2.1 reducing waste and managing waste (recycle, reuse, safe disposal)
2.2 reducing energy usage (energy efficiency hairdryers, low energy lighting, utilising solar panels)
2.3 reducing water usage and other resources
2.4 preventing pollution
2.5 using disposable items (easy dry towels)
2.6 using recycled, eco friendly furniture
2.7 using low chemical paint
2.8 using organic and allergy free hair products
2.9 using ultra-low ammonia hair colourants
2.10 using environmentally friendly product packaging
2.11 choosing responsible domestic products (Fairtrade tea and coffee)
2.12 encouraging carbon reducing journeys to work

3 Factors

how different factors affect the styling process and the finished look

3.1 hair characteristics
3.2 hair classifications
3.3 hair cut
3.4 hair growth patterns
3.5 head and face shape

4 Advice and recommendations

4.1 additional services
4.2 additional products
The following **Key Values** underpin the delivery of services in the hair and barbering sector:

1. **a willingness to learn**
2. **the completion of services in a commercially viable time**
3. **meeting both organisational and industry standards of appearance**
4. **ensuring personal hygiene and protection meets accepted industry and organisational requirements**
5. **a flexible working attitude**
6. **a team worker**
7. **maintaining customer care**
8. **a positive attitude**
9. **personal and professional ethics**
10. **the ability to self manage**
11. **creativity skills**
12. **excellent verbal and non-verbal communication skills**
13. **the maintenance of effective, hygienic and safe working methods**
14. **adherence to workplace, suppliers or manufacturers’ instructions for the safe use of equipment, materials and product**
Behaviours

1. The following **behaviours** underpin the delivery of services in the hair and barbering sector. These behaviours ensure that clients receive a positive impression of both the salon and the individual

1.1 meeting the salon’s standards of behaviour
1.2 greeting the client respectfully and in a friendly manner
1.3 communicating with the client in a way that makes them feel valued and respected
1.4 identifying and confirming the client’s expectations
1.5 treating the client courteously and helpfully at all times
1.6 keeping the client informed and reassured
1.7 adapting the behaviour to respond effectively to different client behaviour
1.8 responding promptly to a client seeking assistance
1.9 selecting the most appropriate way of communicating with the client
1.10 checking with the client that you have fully understood their expectations
1.11 responding promptly and positively to the clients’ questions and comments
1.12 allowing the client time to consider the response and give further explanation when appropriate
1.13 quickly locating information that will help the client
1.14 giving the client the information they need about the services or products offered by the salon
1.15 recognising information that the client might find complicated and checking whether they fully understand
1.16 explaining clearly to the clients any reasons why their needs or expectations cannot be met
Glossary

1 Hair classification (this is a guideline only)

Type 1 – Straight hair
1.1 Fine/Thin – hair tends to be very soft, shiny and oily, and it can be difficult to hold a curl.
1.2 Medium – hair has lots of volume and body.
1.3 Coarse – hair is normally extremely straight and difficult to curl.

Type 2 – Wavy hair
2.1 Fine/Thin – hair has a definite “S” pattern. Normally can accomplish various styles
2.2 Medium – hair tends to be frizzy and a little resistant to Styling.
2.3 Coarse – hair is also resistant to styling and normally very frizzy; tends to have thicker waves.

Type 3 – Curly hair
3.1 Loose curls – hair tends to have a combination texture. It can be thick and full with lots of body, with a definite “S” pattern. It also tends to be frizzy.
3.2 Tight curls – also tends to have a combination texture, with a medium amount of curl.

Type 4 – Very curly hair
4.1 Soft – hair tends to be very fragile, tightly coiled and has a more defined curly pattern.
4.2 Wiry – also very fragile and tightly coiled; however with a less defined curly pattern – has more of a “Z” pattern shape.

2 Hair characteristics includes the following:
2.1 hair density
2.2 hair texture
2.3 hair elasticity
2.4 hair porosity
2.5 hair condition
2.6 hair growth patterns
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