
Overview

This standard is about the use of advanced cutting skills to create a personalised and individual restyled look to enhance personal image.

To carry out this standard, you will need to maintain a high level of health, safety and hygiene throughout your work. You will also need to maintain a professional personal appearance and demonstrate effective communication skills.

The main outcomes of this standard are:

- 1 maintain effective and safe methods of working when cutting hair
- 2 creatively restyle hair

**Performance
criteria**

Maintain effective and safe methods of working when cutting hair

- You must be able to:
- P1 maintain your responsibilities for health and safety throughout the service
 - P2 prepare your client to meet salon's requirements
 - P3 protect your client's clothing throughout the service
 - P4 keep your client's skin free of excess **hair** cuttings throughout the service
 - P5 position your client to meet the needs of the service without causing them discomfort
 - P6 ensure your own posture and position whilst working minimises fatigue and the risk of injury
 - P7 keep your work area clean and tidy throughout the service
 - P8 use working methods that:
 - P8.1 minimise the risk of damage to **tools and equipment**
 - P8.2 minimise the risk of cross-infection
 - P8.3 make effective use of your working time
 - P8.4 ensure the use of clean resources
 - P8.5 minimise the risk of harm or injury to yourself and others
 - P8.6 promote environmental and sustainable working practices
 - P9 ensure your personal hygiene, protection and appearance meets accepted industry and organisational requirements
 - P10 follow workplace and suppliers' or manufacturers' instructions for the safe use of **tools and equipment**, materials and products
 - P11 dispose of waste materials
 - P12 complete the service within a commercially viable time

Creatively restyle hair

- You must be able to:
- P13 explore the variety of looks with your client using relevant visual aids
 - P14 recommend a look that is suitable for your client
 - P15 base your recommendations on an accurate evaluation of your client's **hair** and its potential to achieve the look
 - P16 prepare your client's **hair** prior to cutting
 - P17 confirm with your client the look agreed at consultation before commencing

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- the cut
- P18 create and follow the cutting guideline(s) to achieve the required **look**
 - P19 personalise your **cutting techniques and effects** to take account of **factors** that will influence the desired look
 - P20 combine and adapt your **cutting techniques and effects** to achieve the desired look
 - P21 change your own position and that of your client to help you ensure the accuracy of the cut
 - P22 cross check the cut to establish accurate distribution of weight, balance and shape
 - P23 create outline shapes that are accurate, defined and achieve the look required by your client
 - P24 remove any unwanted **hair** outside the desired outline shape
 - P25 consult with your client during the cutting service to confirm the desired look
 - P26 take suitable remedial action to resolve any problems arising during the cutting service
 - P27 make a final visual check to ensure the finished cut is accurate
 - P28 use **creative finishing techniques** that complement the cut
 - P29 ensure the finished, restyled look complements your client's features and enhances their personal image and that of the salon
 - P30 confirm your client's satisfaction with the finished look
 - P31 give your client **advice and recommendations** on the service provided

Knowledge and understanding

Maintain effective and safe methods of working when cutting hair

You need to know and understand:

- K1 your responsibilities for **health and safety** as defined by any specific legislation covering your job role
- K2 your salon's requirements for client preparation
- K3 the range of protective clothing that should be available for clients
- K4 why it is important to protect clients from hair clippings
- K5 how the position of your client and yourself can affect the desired outcome and reduce fatigue and the risk of injury
- K6 why it is important to keep your work area clean and tidy
- K7 the correct use and maintenance of cutting tools
- K8 why it is important to avoid cross-infection and infestation
- K9 methods of working safely and hygienically and which minimise the risk of cross-infection and cross-infestation
- K10 methods of cleaning, disinfecting and sterilisation used in salons
- K11 the hazards and risks which exist in your workplace and the safe working practices which you must follow
- K12 the different types of working methods that promote **environmental and sustainable working practices**
- K13 the importance of personal hygiene and presentation in maintaining **health and safety** in your workplace
- K14 suppliers' and manufacturers' instructions for the safe use of equipment, materials and products which you must follow
- K15 the correct methods of waste disposal
- K16 your salon's expected service times for different cutting looks

Creatively restyle hair

You need to know and understand:

- K17 the different **factors** that must be taken into consideration prior to and during cutting and how these may impact on the cutting service
- K18 sources of creative information such as magazines, internet and film
- K19 how to obtain and interpret inspiration such as historical, cultural and fashion
- K20 the **factors** which should be considered when cutting wet hair and dry hair

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- K21 which tools can be used on either wet or dry hair or both
 - K22 why hair products should be removed from the hair prior to cutting
 - K23 how and why to use different cutting techniques
 - K24 how to create and follow guidelines
 - K25 how to personalise and adapt cutting techniques
 - K26 the effects that can be created by combining and adapting different cutting techniques
 - K27 the importance of considering weight distribution and working with the natural growth patterns of the hair
 - K28 the importance of applying the correct degree of tension to the hair when cutting
 - K29 the importance of keeping the hair damp throughout the wet cutting process
 - K30 how to level and test clippers
 - K31 the size of clipper blades and attachments available and the effects that these achieve
 - K32 the types of problems that can commonly arise when cutting hair and ways in which they can be remedied, if possible
 - K33 how to cross check and balance the cut
 - K34 the types of products available for finishing women's hair
 - K35 the importance of providing **advice and recommendations** on the products and services provided in the salon

Additional information

**Scope/range related
to performance
criteria**

1. **Tools and equipment**
 - 1.1 scissors
 - 1.2 clippers
 - 1.3 razors

2. **Hair**
 - 2.1 wet
 - 2.2 dry

3. **Cutting techniques and effects**
 - 3.1 graduating
 - 3.2 layering
 - 3.3 tapering
 - 3.4 club cutting
 - 3.5 scissors over comb
 - 3.6 clipper over comb
 - 3.7 thinning
 - 3.8 freehand
 - 3.9 texturising
 - 3.10 disconnecting

4. **Factors**
 - 4.1 hair classifications
 - 4.2 hair characteristics
 - 4.3 head, face and body shape
 - 4.4 hair length
 - 4.5 client requirements
 - 4.6 client lifestyle

5. **Creative finishing techniques**
 - 5.1 styling

5.2 product application

6. **Advice and recommendations**

6.1 how to maintain their look

6.2 time interval between services

6.3 present and future products and services

**Scope/range related
to knowledge and
understanding**

1 Health and safety

your responsibilities for health and safety as defined by any specific legislation covering your job role

- 1.1 Health and Safety at Work Act
- 1.2 The Reporting of Injuries, Diseases and Dangerous Occurrence Regulations (RIDDOR)
- 1.3 The Health and Safety (First Aid) Regulations
- 1.4 The Regulatory Reform (Fire Safety) Order
- 1.5 The Manual Handling Operations Regulations
- 1.6 The Control of Substances Hazardous to Health Regulations (COSHH)
- 1.7 The Electricity at Work Regulations
- 1.8 The Environmental Protection Act
- 1.9 The Management of Health and Safety at Work Regulations
- 1.10 The Health and Safety (Information for Employees) Regulations

2 Environmental and sustainable working practices

the different types of working methods that promote environmental and sustainable working practices

- 2.1 reducing waste and managing waste (recycle, reuse, safe disposal)
- 2.2 reducing energy usage (energy efficiency hairdryers, low energy lighting, utilising solar panels)
- 2.3 reducing water usage and other resources
- 2.4 preventing pollution
- 2.5 using disposable items (easy dry towels)
- 2.6 using recycled, eco friendly furniture
- 2.7 using low chemical paint
- 2.8 using organic and allergy free hair products
- 2.9 using ultra-low ammonia hair colourants
- 2.10 using environmentally friendly product packaging
- 2.11 choosing responsible domestic products (Fairtrade tea and coffee)

2.12 encouraging carbon reducing journeys to work

3 Factors

the different factors that must be taken into consideration prior to and during cutting and how these may impact on the cutting service

- 3.1 hair classifications
- 3.2 hair characteristics
- 3.3 head, face and body shape
- 3.4 hair length
- 3.5 client requirements
- 3.6 client lifestyle

4 Advice and recommendations

- 4.1 additional services
- 4.2 additional products

Values

- 1 The following **Key Values** underpin the delivery of services in the hair and barbering sector:
 - 1.1 a willingness to learn
 - 1.2 the completion of services in a commercially viable time
 - 1.3 meeting both organisational and industry standards of appearance
 - 1.4 ensuring personal hygiene and protection meets accepted industry and organisational requirements
 - 1.5 a flexible working attitude
 - 1.6 a team worker
 - 1.7 maintaining customer care
 - 1.8 a positive attitude
 - 1.9 personal and professional ethics
 - 1.10 the ability to self manage
 - 1.11 creativity skills
 - 1.12 excellent verbal and non-verbal communication skills
 - 1.13 the maintenance of effective, hygienic and safe working methods
 - 1.14 adherence to workplace, suppliers or manufacturers' instructions for the safe use of equipment, materials and product

Behaviours

- 1 The following **behaviours** underpin the delivery of services in the hair and barbering sector. These behaviours ensure that clients receive a positive impression of both the salon and the individual
 - 1.1 meeting the salon's standards of behaviour
 - 1.2 greeting the client respectfully and in a friendly manner
 - 1.3 communicating with the client in a way that makes them feel valued and respected
 - 1.4 identifying and confirming the client's expectations
 - 1.5 treating the client courteously and helpfully at all times
 - 1.6 keeping the client informed and reassured
 - 1.7 adapting the behaviour to respond effectively to different client behaviour
 - 1.8 responding promptly to a client seeking assistance
 - 1.9 selecting the most appropriate way of communicating with the client
 - 1.10 checking with the client that you have fully understood their expectations
 - 1.11 responding promptly and positively to the clients' questions and comments
 - 1.12 allowing the client time to consider the response and give further explanation when appropriate
 - 1.13 quickly locating information that will help the client
 - 1.14 giving the client the information they need about the services or products offered by the salon
 - 1.15 recognising information that the client might find complicated and checking whether they fully understand
 - 1.16 explaining clearly to the clients any reasons why their needs or expectations cannot be met

Glossary

1. **Hair classification** (this is a guideline only)

Type 1 – Straight hair

- 1.1 Fine/Thin – hair tends to be very soft, shiny and oily, and it can be difficult to hold a curl.
- 1.2 Medium – hair has lots of volume and body.
- 1.3 Coarse – hair is normally extremely straight and difficult to curl.

Type 2 – Wavy hair

- 2.1 Fine/Thin – hair has a definite “S” pattern. Normally can accomplish various styles
- 2.2 Medium – hair tends to be frizzy and a little resistant to Styling.
- 2.3 Coarse – hair is also resistant to styling and normally very frizzy; tends to have thicker waves.

Type 3 – Curly hair

- 3.1 Loose curls – hair tends to have a combination texture. It can be thick and full with lots of body, with a definite “S” pattern. It also tends to be frizzy.
- 3.2 Tight curls – also tends to have a combination texture, with a medium amount of curl.

Type 4 – Very curly hair

- 4.1 Soft – hair tends to be very fragile, tightly coiled and has a more defined curly pattern.
- 4.2 Wiry – also very fragile and tightly coiled; however with a less defined curly pattern – has more of a “Z” pattern shape.

2. **Hair characteristics** includes the following:

- 2.1 hair density
- 2.2 hair texture
- 2.3 hair elasticity
- 2.4 hair porosity
- 2.5 hair condition
- 2.6 hair growth patterns

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Creatively cut hair using a combination of techniques



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