

## SFHGEN2 - SQA Code HD49 04

### Prepare and dress for work in healthcare settings



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#### Overview

This standard covers the control of cross-infection by correctly preparing and dressing appropriately for work in healthcare areas. This includes effective hand washing/cleansing.

Users of this standard will need to ensure that practice reflects up to date information and policies.

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#### Performance criteria

- You must be able to:*
- P1 apply standard precautions for infection prevention and control and other appropriate health and safety measures
  - P2 remove personal clothing and fashion items that should not be worn in the workplace and store them in an appropriate safe place
  - P3 check that all personal protective equipment is clean, in a good state of repair and fits comfortably
  - P4 wear the correct personal protective equipment for your role and the procedure you are undertaking in line with organisational policy
  - P5 where required, cover any cuts and grazes securely with an appropriate dressing
  - P6 maintain a clean, neat and tidy appearance at all times
  - P7 change your personal protective equipment as soon as practicably possible if it becomes unsuitable for use
  - P8 remove your personal protective equipment safely in a way that minimises the risk of cross-infection and put it in the appropriate place for re-processing or disposal as necessary
  - P9 report any shortfalls in personal protective equipment stocks promptly to the appropriate person
  - P10 prevent contamination of personal protective equipment by only wearing it in the designated working area, and changing into personal clothing when you finish
  - P11 wear additional protective equipment when there is the risk of or presence of aerosol blood, body fluids or radiation in line with organisational policy
  - P12 wear synthetic non-powdered unsterile gloves, and plastic apron when cleaning and when handling blood, body fluids, specimens and toxic or corrosive substances in line with mandatory risk assessments
  - P13 wash and dry your hands effectively, or use an appropriate alcoholic skin decontamination fluid when arriving on duty and then before and after each activity/patient contact

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### Knowledge and understanding

*You need to know and understand:*

- K1 organisational policies and protocols in accordance with Clinical/Corporate Governance as affect your work practice in relation to preparing and dressing for work
- K2 your responsibilities and accountability in relation to the current European and National legislation, national guidelines and local policies and protocols and Clinical/Corporate Governance
- K3 the duty to report any acts or omissions in care that could be detrimental to yourself, other individuals or your employer
- K4 the importance of applying standard precautions to preparing and dressing for work and the potential consequences of poor practice
- K5 the importance of maintaining high standards of personal hygiene at all times
- K6 the personal (outdoor) clothing and other personal fashion items that should be removed for work in a clinical/controlled environment, and the reasons for this
- K7 the causes of infection and cross-infection
- K8 the application of standard precautions for infection control and other relevant health and safety issues
- K9 the links between individual presentation, professional appearance and reduction of individuals' anxiety
- K10 the policy on the use of makeup or the wearing of jewellery and covering facial and head hair where this is required
- K11 protective clothing and:
  - K11.1 the reasons why particular materials are used for personal protective clothing
  - K11.2 the types of protective clothing available, and their suitability in different situations
  - K11.3 the reasons why personal protective clothing must be clean and undamaged when being worn
  - K11.4 how the correct use of personal protective clothing contributes to infection control and how this links to standard precautions
  - K11.5 the importance of wearing personal protective clothing which is comfortable
  - K11.6 the reasons why personal protective clothing should not be worn outside the designated working area
  - K11.7 situations in which additional protective clothing should be worn
- K12 protective equipment and:
  - K12.1 the circumstances in which additional protective equipment is needed
  - K12.2 the types of additional protective equipment available
  - K12.3 the suitability of different types of additional protective equipment for different situations

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- K12.4 the importance of wearing adequate and appropriate additional protective equipment
- K12.5 where and how to dispose of used, dirty and damaged clothing (both re-usable and single-use)
- K13 the importance of effective hand washing
- K14 methods of cleaning hands and other areas of skin, and the times at which skin cleaning is necessary
- K15 procedures for reporting problems with personal protective clothing and additional protective equipment (e.g. shortfalls in stock, dirty or damaged items)
- K16 the importance of immediately reporting any issues which are outside your own sphere of competence without delay to the relevant member of staff

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#### Additional Information

##### External Links

This standard links with the following dimension within the NHS Knowledge and Skills Framework (October 2004):

Dimension: Core 3 Health, safety and security

The candidate and assessor must only sign below when all Performance Criteria and Knowledge points have been met.

**Unit assessed as being complete**

<b>Candidate's Name:</b>	
<b>Candidate's Signature:</b>	
<b>Date submitted to assessor as complete:</b>	

<b>Assessor's Name:</b>	
<b>Assessor's Signature:</b>	
<b>Date assessed as complete:</b>	

**Internal Verification —**

to be completed in accordance with centre's IV strategy

<b>Evidence for this Unit was sampled on the following date/s:</b>	<b>IV's Signature</b>	<b>IV's Name</b>

This Unit has been subject to an admin check in keeping with the centre's IV strategy.

<b>Date of admin check</b>	<b>IV's Signature</b>	<b>IV's Name</b>

**Unit completion confirmed**

<b>IV's Name:</b>	
<b>IV's Signature:</b>	
<b>Date complete:</b>	