

LSI YW02(SQA Unit Code-HD9A 04)

Assist young people to express and realise their goals



Overview

The importance of understanding how young people feel as well as what they know and can do, is one of the values and principles which youth workers are expected to know about and apply in their practice

This standard is about enabling young people to express their aspirations, concerns and development goals. It includes assisting them to prioritise their goals and to agree and realise the support that might be needed.

This standard is for all youth workers.

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Performance criteria

- You must be able to:*
- P1 encourage young people to express their views, aspirations, needs and concerns
 - P2 agree and prioritise with young people their goals, and options towards realising these goals
 - P3 explore and identify with young people the factors affecting the realisation of their needs and aspirations
 - P4 identify and explore with young people any constraints to progressing agreed options
 - P5 identify any individual or group needs that might need to be addressed in achieving agreed goals, including any emotional and skills requirements
 - P6 identify and assess learning opportunities for young people from their ongoing activities, and which might assist in addressing their needs
 - P7 agree with young people the type and amount of support required towards achieving their goals
 - P8 assist in realising the support agreed, in line with own level of authority and organisational requirements
 - P9 monitor young people to ensure their physical safety and mental wellbeing and respond appropriately to changes in behaviour
 - P10 behave in accordance with the legal, ethical and contractual requirements of youth work

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Knowledge and understanding

You need to know and understand:

- K1 methods for establishing rapport with young people
- K2 why it is important to make contact with young people on their terms
- K3 typical issues and aspirations expressed by young people
- K4 sources of assistance relevant to addressing the issues and needs of young people
- K5 why it is important to enable young people to identify and to set their own goals, and to develop their own solutions, and methods for facilitating this process
- K6 the importance of using young people's current activities as the starting point for developing learning opportunities
- K7 informal, non-formal, formal, learning from experience, communication, critical dialogue and other learning opportunities, and associated resources available
- K8 how young people are motivated
- K9 basic group dynamics
- K10 communication styles and techniques effective in developing dialogue with young people
- K11 own organisation's guidelines relating to child protection, health and safety, and confidentiality
- K12 issues of risk and personal safety, and how to address these
- K13 boundaries and constraints of own role, responsibility and competence in addressing issues with behaviour
- K14 own role and levels of responsibility and who to approach in situations where these might be exceeded
- K15 the values and principles which underpin youth work

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Additional Information

Values

Working with representatives of the sectors within youth work, LSIS has agreed a suite of values and principles which distinguish youth work from other, sometimes related, activities involving young people. These values and principles are at the core of the work undertaken within youth work and underpin this standard. The behaviours required within this standard include those which reflect particular values and principles.

Behaviours

1. Treat young people with respect
2. Acknowledge the insights and input of young people
3. Use appropriate forms and styles of communication, suited to the needs and abilities of young people
4. Communicate at the appropriate time and place
5. Actively comprehend, retain and respond constructively to any concerns
6. Encourage questions, and answer these fully and honestly
7. Involve young people in decision making
8. Demonstrate concern for how young people feel

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Developed by Learning and Skills Improvement Service

Version number V3

Date approved April 2012

Indicative review date April 2015

Validity Current

Status Original

Originating organisation Lifelong Learning UK

Original URN LSI YW02

Relevant occupations Youth worker

Suite Youth Work

Key words Youth; young people; goals; options; aspirations; development; needs; express; realise; emotional; skills; value; support; encourage; wellbeing