
Overview

This standard is about creating nail art designs on the client's hands and feet. It covers consulting with the client to establish their individual nail art design requirements and recognising any contra-indications that may affect the service. It also covers preparing, applying and finishing the design.

To carry out this standard you will need to maintain effective health, safety and hygiene throughout your work. You will also need to maintain your personal appearance and demonstrate effective communication and consultation skills.

The main outcomes of this standard are:

1. maintain safe and effective methods of working when providing nail art services
2. consult, plan and prepare for nail art services
3. carry out nail art services

Performance criteria

You must be able to:

Maintain safe and effective methods of working when providing nail art services

1. maintain your responsibilities for health and safety throughout the service
2. prepare your client and yourself to meet legal and organisational requirements
3. position your client to meet the needs of the service
4. ensure your own posture and working methods minimise fatigue and the risk of injury to yourself and others
5. ensure environmental conditions are suitable for the client and the service
6. keep your work area clean and tidy throughout the service
7. use working methods that minimise the risk of cross-infection
8. ensure the use of clean equipment and materials
9. promote environmental and sustainable working practices
10. follow workplace and suppliers' or manufacturers' instructions for the safe use of equipment, materials and products
11. dispose of waste materials to meet legal requirements
12. complete the service within a commercially viable time

Consult, plan and prepare for nail art services

13. use **consultation techniques** to determine the client's service plan
14. ensure that informed and signed parent or guardian consent is obtained for minors prior to any service
15. ensure that a parent or guardian is present throughout the service for minors under the age of 16
16. recognise any contra-indications and take the **necessary action**
17. agree the service and outcomes that meet the client's needs
18. obtain signed, informed consent from the client prior to carrying out the service
19. identify the condition of the nails and skin

Provide nail art services

20. confirm the desired nail length and shape with the client
21. shape the nails to ensure a smooth free edge
22. use tools and products to prepare the nail for nail art service
23. apply a nail art base according to the design plan
24. select tools, products and **nail art techniques** for the agreed design

Carry out nail art services

25. apply **nail art techniques** to achieve the required design
26. finish the nail art design, leaving the cuticle and nail wall free from product
27. ensure that the finished result is to the client's satisfaction and meets the agreed design plan
28. give your client **advice and recommendations** on the service provided
29. ensure the client's records are completed and signed by you and the client

Carry out nail art services

Knowledge and understanding

You need to know and understand:

Maintain safe and effective methods of working when providing nail art services

1. your responsibilities for **health and safety** as defined by any specific legislation covering your job role
2. the legal and organisational requirements for client protection and preparation
3. the legal and organisational requirements for your own personal hygiene, protection and appearance
4. safe positioning techniques for yourself and your client and why using these are important
5. the necessary environmental conditions for services, such as heating and ventilation and why these are important
6. why it is important to keep your work area clean and tidy
7. methods of cleaning, disinfection and sterilisation
8. methods of working safely and hygienically and which minimise the risk of cross-infection
9. the different types of working methods that promote **environmental and sustainable working practices**
10. the contra-actions that may occur, how to deal with them and what advice to give to clients
11. the hazards and risks which exist in your workplace and the safe working practices which you must follow
12. suppliers' and manufacturers' instructions for the safe use of equipment, materials and products which you must follow
13. the legal requirements for waste disposal
14. the reasons for completing a service in a commercially viable time

Consult, plan and prepare for nail art services

15. the importance of communicating with clients in a professional manner
16. how to complete a consultation taking into account client's **diverse needs**
17. the legal requirements for providing treatment to minors under 16 years of age
18. the age at which an individual is classed as a minor and how this differs nationally
19. the reasons for agreeing a service that meets the client's needs

Carry out nail art services

- 20. the legal significance of gaining signed, informed client consent to carry out the service
- 21. the legislative requirements for storing and protecting client data
- 22. how to recognise **contra-indications** that would prevent or restrict the service and why
- 23. the contra-indications requiring medical referral and why
- 24. the necessary action to take in relation to specific contra-indications when referring clients
- 25. the reasons for not naming specific contra-indications when referring clients
- 26. how to identify treatable nail and skin conditions
- 27. how to conduct a nail and skin analysis

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- 28. the different methods used to prepare the nails for nail art application
- 29. the different application and removal techniques used within nail art services and how to carry them out
- 30. the range and use of nail art products and tools
- 31. the different style and themes of designs available
- 32. how to select and combine colours to complement the design
- 33. how the client's **nail shape** and condition can limit the design choice
- 34. the **structure of the nail**
- 35. the process of **nail growth**
- 36. the function and **structure of the skin**
- 37. possible **contra-actions** that could occur how to deal with them and what advice to give to clients
- 38. the **advice and recommendations** on products and service

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Scope/range related to performance criteria **Consultation techniques**

1. questioning
2. listening
3. visual
4. manual
5. written

Necessary action

1. encouraging the client to seek medical advice
2. explaining why the service cannot be carried out
3. modifying the service

Nail art techniques

1. transfers
2. wraps
3. glitters
4. embellishments
5. marbling
6. striping
7. dotting
8. freehand

Advice and recommendations

1. suitable aftercare products and their uses
2. avoidance of activities which may cause contra-actions
3. time intervals between services
4. present and future products and services

Carry out nail art services

Scope/range related to knowledge and understanding

Health and safety

1. Health and Safety at Work Act
2. The Reporting of Injuries, Diseases and Dangerous Occurrences Regulations (RIDDOR)
3. The Health and Safety (First Aid) Regulations
4. The Regulatory Reform (Fire Safety) Order
5. The Manual Handling Operations Regulations
6. The Control of Substances Hazardous to Health Regulations (COSHH)
7. The Electricity at Work Regulations
8. The Environmental Protection Act
9. The Management of Health and Safety at Work Regulations
10. The Health and Safety (Information for Employees) Regulations

Environmental and sustainable working practices

1. reducing waste and managing waste (recycle, reuse, safe disposal)
2. reducing energy usage (energy efficient equipment, low energy lighting, utilising solar panels)
3. reducing water usage and other resources
4. preventing pollution
5. using disposable items
6. using recycled, eco-friendly furniture
7. using low chemical paint
8. using environmentally friendly product packaging
9. choosing responsible domestic products (Fairtrade tea and coffee)
10. encouraging carbon reducing journeys to work

Diverse needs

1. cultural
2. religious
3. age
4. disability
5. gender

Contra-indications which prevent

1. fungal infections
2. viral infections

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3. parasitic infections
4. severe skin conditions
5. severely bitten nails

Contra-indications which restrict

1. bacterial infections
2. psoriasis
3. dermatitis
4. severe nail separation
5. broken bones
6. unknown redness or swelling
7. damaged nails

Nail shape

1. fan
2. hook
3. spoon
4. oval
5. square

Structure of the nail

1. nail plate
2. nail bed
3. matrix
4. cuticle
5. lunula
6. hyponychium
7. eponychium
8. nail wall
9. free edge
10. lateral nail fold

Nail growth

1. nail formation
2. growth rate
3. factors affecting growth

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4. the effects of damage on growth
5. nail thickness

Structure of the skin

1. dermis
2. epidermis
3. subcutaneous layer
4. appendages

Contra-actions

1. allergic reaction
2. premature loss of nail art design
3. damage to nail art design

Advice and recommendations

1. additional services
2. additional products
3. the aftercare and maintenance requirements to ensure longevity of the design

Carry out nail art services

Values

The following key values underpin the delivery of services in the beauty, nails and spa sectors

1. a willingness to learn
2. a flexible working attitude
3. a team worker
4. a positive attitude
5. personal and professional ethics

Behaviours

The following behaviours underpin the delivery of services in the beauty, nails and spa sectors. These behaviours ensure that clients receive a positive impression of both the organisation and the individual

1. meeting the organisation's standards of behaviour
2. greeting the client respectfully and in a friendly manner
3. communicating with the client in a way that makes them feel valued and respected
4. treating the client courteously and helpfully at all times
5. adapting behaviour to respond effectively to different client behaviour
6. checking with the client that you have fully understood their expectations
7. responding promptly and positively to the client's questions and comments
8. recognising information that the client might find complicated and checking whether they fully understood
9. explaining clearly to the client any reasons why their needs or expectations cannot be met
10. maintaining effective, hygienic and safe working methods
11. adhering to workplace, suppliers' and manufacturers' instructions for the safe use of equipment materials and products
12. meeting both organisational and industry standards of appearance.

Skills

The following key skills underpin the delivery of services in the beauty, nails and spa sectors

1. the ability to self-manage
2. excellent verbal and non-verbal communication
3. using the most appropriate ways of communicating with a client
4. responding promptly to a client seeking assistance
5. quickly locating information that will help the client
6. providing the client with information they need about services and products offered by the organisation

Glossary**Embellishments**

These can include rhinestones, flatstones or any pre-made art products such as bows and flowers.

Carry out nail art services

Freehand

Freehand drawing using any nail art medium.

Marbling

Two or more colours to create a marbled effect using a range of products.

Transfers

Transfers can be either a water released material, material that has a self-adhesive backing or a material applied using a separate adhesive.

Wraps

Wraps can be heat released material or self-adhesive.

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