

Produce basic cakes, sponges and scones

Overview

This standard is about how you produce, cook and finish basic cakes, sponges and scones. It covers how you would safely prepare the item, appropriate cooking methods and finishing and presentation skills, such as filling, icing, portioning and dusting.

This standard focuses on the technical knowledge and skills required to produce basic cakes, sponges and scones; however it should be assessed in the wider context of safe and hygienic working practices. It is recommended that the following NOS, selected as appropriate to the job role and organisation, are referenced in conjunction with the technical skills and knowledge for the standard:

- Maintain basic food safety in catering
- Maintain food safety in a kitchen environment
- Provide basic advice on allergens to customers
- Minimise the risk of allergens to customers

When you have completed this standard you will be able to demonstrate your understanding of and your ability to:

- Produce basic cakes, sponges and scones

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Performance criteria

You must be able to:

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1. Ensure that the preparation area is clean, undamaged and ready for use according to your workplace standard
2. Ensure that the equipment (including waste containers) is clean, appropriate for the task, undamaged, where it should be and switched on ready for use
3. Check that all ingredients meet the product, food safety and your workplace requirements
4. Prepare and cook the ingredients to meet product requirements
5. Check the finished product has the correct colour, texture and flavour
6. Check that the product is cooked and held at the correct temperature
7. Present and finish the product to meet customer and your workplace requirements
8. Store any cooked products not for immediate use according to workplace and food safety requirements

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Knowledge and understanding

You need to know and understand:

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1. Safe and hygienic working practices when preparing, cooking and finishing basic cakes, sponges and scones
2. How to check that the ingredients meet your workplace requirements and are fit for use, of the correct quality and quantity
3. Why and to whom you should report any problems with the ingredients
4. How to carry out the relevant preparation, cooking and finishing methods for each product
5. Healthy eating options when preparing, cooking and finishing basic cakes, sponges and scones
6. How to present basic cakes, sponges and scones in a way that meets your customers' high expectations and your workplace standards
7. The correct storage requirements for basic cakes, sponges and scones not for immediate consumption
8. The types of unexpected situations that may occur when preparing, cooking and finishing basic cakes, sponges and scones and how to deal with them

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Scope/range

1. Preparation, cooking and finishing methods

- 1.1 using prepared mixes
- 1.2 weighing / measuring
- 1.3 creaming / beating
- 1.4 mixing
- 1.5 whisking
- 1.6 folding
- 1.7 rubbing in
- 1.8 greasing
- 1.9 glazing
- 1.10 portioning
- 1.11 piping
- 1.12 shaping
- 1.13 baking
- 1.14 filling
- 1.15 rolling
- 1.16 lining
- 1.17 trimming / icing
- 1.18 spreading / smoothing
- 1.19 dusting / dredging / sprinkling

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