

Overview

This standard coexists alongside, **SKAHDBRBNST1 Implement and maintain safe, hygienic and effective working practices and SKAHDBRBNS1 Consult, assess, plan and prepare for Hair, Barbering, Beauty, Nails, Wellbeing and Holistic services**. This standard is about a hair professional cutting hair using club cutting, freehand, clipper over comb and scissor over comb techniques. You will also be required to do a post procedure evaluation and reflection for continuous improvement. Users of this standard will need to ensure that their practices reflect up-to-date information, policies, procedures and best practice guidance. It is advisable users of this standard are aware of, and comply with first aid requirements in accordance with legislation and organisational policies and procedures.

The main outcomes are:

1. Cut hair to achieve a variety of looks

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Performance criteria*You must be able to:*

1. carry out a concise and comprehensive consultation with the individual
2. maintain your responsibilities for health and safety in accordance with legislation, regulations, directives and guidelines, to include:
 - 2.1 removing excess hair cuttings from the individual's skin throughout the service
 - 2.2 removing excess hair from flooring to avoid injury
3. discuss and establish the individual's objectives and desired outcomes to inform the cutting service plan, to include:
 - 3.1 considering the anatomical head and face structures
 - 3.2 alternative treatment options
4. carry out a hair and scalp analysis to determine the service plan, to include:
 - 4.1 **hair curl classification**
 - 4.2 **hair characteristics**
 - 4.3 **state of hair**
 - 4.4 scalp condition
5. confirm and agree with the individual, they have understood the proposed cutting service, to include:
 - 5.1 contra-actions
 - 5.2 adverse reactions
6. obtain the individual's informed consent for the cutting service
7. comb and section the hair in accordance with the **cutting service protocol**
8. use **cutting and clipper techniques** suitable for the individual's state of hair and hair curl classification to achieve the desired **look**, to include:
 - 8.1 select and use of **tools and equipment** to avoid damage to the hair and scalp
9. create and cut the initial guideline in accordance with the cutting service plan, to include:
 - 9.1 confirming with the individual they want to proceed with the cut
10. cut the hair using the guidelines to ensure weight, balance and shape is achieved, to include:
 - 10.1 rotating your position around the individual to ensure accuracy of cut
 - 10.2 adapt your cutting and clipper techniques in accordance with the cutting service protocol
11. cross-check the cut to establish accurate distribution of weight, balance and shape
12. shape visible hair perimeters using cutting or clipper techniques, taking into account:
 - 12.1 the natural hair line
 - 12.2 hair growth patterns

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12.3 hair curl classification

13. conclude the cutting service ensuring the individual is left free from hair cuttings

14. confirm with the individual they are satisfied with the final result

15. monitor the individual's health and wellbeing throughout the cutting service

16. implement the correct course of action in the event of an adverse reaction

17. complete the individual's service records and store in accordance with data legislation

18. use reflective practice to evaluate the cutting service and take appropriate action

19. provide **instructions** and advice to the individual, pre and post the service

20. record the outcome and evaluation of the cutting service

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Knowledge and understanding

You need to know and understand:

1. your role and responsibilities in providing cutting services and the importance of working within your competence
2. why you must comply with ethical practice and work within the legislative requirements, to include:
 - 2.1 the responsibilities under local authority licensing regulations for yourself and your premises
3. the importance to engage in, and document continuous professional development to include, up-to-date information policies, procedures and best practice guidance
4. the **anatomy and physiology** relevant to this standard
5. the relative and absolute contraindications relevant to the hair service, to include:
 - 5.1 the legislative and insurance requirements for obtaining medical diagnosis and referral
6. the importance of recognising suspicious skin irregularities and scalp lesions and referring to a relevant healthcare professional
7. the tools and equipment used in cutting services
8. the limitations of cutting techniques and the adaptations required, in relation to:
 - 8.1 hair curl classification
 - 8.2 hair characteristics
 - 8.3 state of hair
 - 8.4 scalp condition
 - 8.5 individual's preferences
 - 8.6 individual's expectations
 - 8.7 hair service history
9. the importance of identifying the anatomical head and facial structures to choose the appropriate haircut and finish
10. the differences between cutting wet and dry hair and how it impacts the degree of tension used
11. why you should comb and section the hair prior to the cutting
12. the associated risks from hair cuttings in close proximity of exposed skin
13. how and when to use club, freehand, texturising, clipper over comb and scissor over comb cutting techniques
14. how to use, level and test clippers
15. the type and size of clippers, clipper blades and attachments available and the effects that these achieve
16. how the angle at which the hair is held effects the weight distribution, balance and degree of graduation of the cut
17. the reasons for establishing and following guidelines
18. how to create and follow a guideline

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19. the classic and current hair shapes
20. how to cross-check and balance the cut
21. the hair growth patterns and how they impact the hair cutting service
22. the importance of consulting with the individual throughout the cutting process
23. the adverse reactions associated with a cutting service and how to respond
24. the health and safety responsibilities in line with legislation before, during and after the service
25. the legal requirements for providing hair services to minors and vulnerable adults
26. why it is important to discuss and establish the individual's objectives, concerns, expectations, desired outcomes and agree the cutting service plan
27. the fee structures and treatment options
28. the legislative and indemnity requirements of gaining signed, informed consent for the service
29. the reasons for taking consensual visual media of the individual's treatment area and storing in accordance with the service, legislative, insurance and organisational requirements
30. the importance of adhering to the cutting service protocol
31. the service time in accordance with your organisational policies and procedures
32. the importance of monitoring the health and wellbeing of the individual during and post the service
33. the expected outcomes of cutting services
34. the purpose of reflective practice and evaluation and how it informs future services
35. the instructions and advice, pre and post the cutting service

Scope/range**Hair curl classification**

1. straight
2. wavy
3. curly
4. tight curls
5. combination

Hair characteristics

1. hair density
2. hair texture
3. hair elasticity
4. hair porosity
5. hair growth patterns

State of hair

1. non - chemically treated hair
2. partially chemically treated hair
3. chemically treated hair

Cutting service protocol

1. working environment
2. health and safety
3. infection prevention and control
4. service plan
5. informed consent
6. data management
7. audit and accountability
8. instructions and advice
9. sustainability
10. waste management
11. evidence-based practice
12. reflective practice

Cutting and clipper techniques

1. club cutting
2. freehand
3. scissor over comb
4. clipper over comb
5. texturising

Look

1. one length
2. uniform layer

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- 3. short graduation
- 4. long graduation
- 5. with a fringe

Tools and equipment

- 1. scissors
- 2. clipper
- 3. trimmer

Instructions

- 1. the individual and practitioner's legal rights and responsibilities
- 2. pre and post procedure instructions and care
- 3. restrictions and associated risks
- 4. future procedures

Anatomy and physiology

- 1. the structure and function of the hair and the hair growth cycle
- 2. the structure and function of the skin
- 3. basic anatomical structure of the head, neck and shoulders
- 4. relative and absolute contraindications and related pathologies

Glossary

Absolute contraindication

An absolute contraindication is a condition that prevents the service from being carried out and may require referral.

Adverse reaction

An adverse reaction is an 'unexpected' reaction or outcome following a service, i.e. fainting

Contra action

A contra-action is an 'expected' reaction or outcome following a service, i.e. erythema

Evidence-based practice

Evidence-based practice is based on the best available, current, valid and relevant evidence.

First aid

First aid can refer to first aid at work qualifications or equivalent and first aid mental health awareness.

Hair curl classification

Hair curl classification can be referred to as Type 1 – 4.

Protocol

A protocol is a standard procedure to ensure best practice and compliance when providing services, i.e. follow manufacturer instructions.

Relative contraindication

A relative contraindication is a condition that requires an assessment of suitability for the service and/or if adaptations are required.

Straight geometric line

A straight geometric line can be referred to as cutting a full fringe or a perimeter of a hair line where weight is left.

Links to other NOS

SKAHDBRBNST1, SKAHDBRBNS1, SKAHDBR1, SKABBR2, SKABR1, SKABR2, SKABR3, SKABR4, SKAHDBR2, SKAHDBR4, SKAHDBR5, SKAHDBR6, SKAHDBR7, SKAHDBR8, SKAHDBR9, SKAHDBR10, SKAHDBR11, SKAHDBR12, SKAHDBR13, SKAHDBR14,

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