SKABBR3

Provide non-strip waxing treatments for the nostrils, ears and eye brow hair

Overview

This standard coexists alongside, **SKAHDBRBNST1 Implement and maintain safe, hygienic and effective working practices and SKAHDBRBNS1 Consult, assess, plan and prepare for Hair, Barbering, Beauty, Nails, Wellness and Holistic services.** This standard is about providing waxing services for the ears, nostrils and eyebrow hair. You will also be required to do a post treatment evaluation and reflection for continuous improvement. Users of this standard will need to ensure that their practices reflect up-to-date information, policies, procedures and best practice guidance. It is advisable users of this standard are aware of, and comply with first aid requirements in accordance with legislation and organisational policies and procedures.

The main outcomes are:

1. remove unwanted hair from the nostrils
2. remove unwanted hair from the ears
3. remove unwanted hair to shape the eye brow

Performance criteria

You must be able to:

1. carry out a concise and comprehensive consultation with the individual
2. maintain your responsibilities for health and safety in accordance with legislation, regulations, directives and guidelines
3. discuss and establish the individual's objectives, concerns, expectations and desired outcomes to inform the waxing treatment plan, to include:
   3.1 alternative treatment options
4. carry out tests and record the outcome to establish suitability for the treatment as per manufacturer instructions
5. confirm and agree with the individual, they have understood the proposed waxing treatment, to include:
   5.1 expected outcomes
   5.2 contra-actions
   5.3 **adverse reactions**
   5.4 physical sensation
6. obtain and record the individual's informed consent for the waxing treatment in accordance with organisational and insurance requirements
7. prepare the **individual's treatment area** in accordance with the **waxing treatment protocol**, to include:
   7.1 select and use effective hygiene preparation and pre-wax product to meet the individual's needs in accordance with the waxing treatment protocol
   7.2 protect the surrounding skin and hair with a suitable **barrier** in accordance with the waxing treatment plan
   7.3 maintaining the individual’s comfort
8. carry out a hair and skin analysis, to include:
   8.1 hair growth patterns
   8.2 skin condition
9. select the wax in accordance with the waxing treatment protocol, to include:
   9.1 the temperature set in accordance with the manufacturer instructions
   9.2 consistency of the wax is appropriate for the individual’s treatment area
10. carry out safe and effective removal of hair using non-strip wax systems, to include:
    10.1 conduct a thermal test patch immediately prior to the waxing treatment on the professionals wrist and the individual’s service area
    10.2 establish the hair growth pattern
    10.3 transfer the wax from the waxing unit in accordance with legislative requirements to minimise the risk of cross-infection and

contamination
10.4 apply the wax at the appropriate angle in accordance with the waxing treatment protocol
10.5 remove the wax swiftly in accordance with the waxing treatment protocol
10.6 ensure the individual’s treatment area is left free of wax and hair in accordance with the waxing treatment protocol
10.7 apply a soothing product on to the individuals treatment area in accordance with the waxing treatment protocol

11. ensure minimum wastage for sustainability
12. monitor the individual's health, wellbeing and skin reaction throughout the waxing treatment
13. implement the correct course of action in the event of an adverse reaction
14. conclude the treatment in accordance with the waxing treatment protocol, legislative requirements and organisational policies and procedures
15. complete the individual's treatment records and store in accordance with data legislation
16. use reflective practice to evaluate the waxing treatment and take appropriate action
17. provide **instructions** and advice to the individual, pre and post the waxing treatment
18. record the outcome and evaluation of the waxing treatment

Knowledge and understanding

You need to know and understand:

1. your role and responsibilities in providing waxing treatments and the importance of working within your competence
2. why you must comply with ethical practice and work within the legislative requirements, to include:
   2.1 the responsibilities under local authority licensing regulations for yourself and your premises
3. the importance to engage in, and document continuous professional development to include, up-to-date information policies, procedures and best practice guidance
4. the **anatomy and physiology** relevant to this standard
5. the relative and absolute contraindications relevant to the services, to include:
   5.1 the legislative and insurance requirements for obtaining medical diagnosis and referral
6. the importance of recognising suspicious skin irregularities and lesions, and referring to a relevant healthcare professional
7. the purpose, use and limitations of waxing treatments, in relation to:
   7.1 past and current medical history
   7.2 medication and medical conditions
   7.3 individual's expectations
8. the anatomical facial structure and features to determine symmetry and balance from eyebrow waxing treatments
9. the adverse reactions associated with a waxing treatment and how to respond
10. the hair types and which are suitable for waxing treatments
11. why the professional must support the skin to be taut during the removal process
12. how the position of the professional and individual effects the treatment outcomes
13. the health and safety responsibilities in accordance with legislation before, during and after the treatment, to include:
    13.1 effective disposal of waxing contaminated waste in accordance with legislative requirements
14. why it is important to discuss and establish the individual's objectives, concerns, expectations, desired outcomes and agree the waxing treatment plan
15. the legal requirements for providing services to minors and vulnerable adults
16. the fee structures and treatment options
17. the legislative and indemnity requirements of gaining signed, informed consent for the treatment
18. the importance of adhering to the waxing treatment protocol

19. the importance of carrying out a hair and skin analysis
20. how to maintain the individual's comfort throughout the treatment
21. the types of hygiene products for the skin and the importance of following manufacturer instructions
22. the types of barriers used to protect the surrounding skin and hair from wax products
23. the types of non-strip wax products and wax systems and how they differ regarding:
    23.1 ingredients
    23.2 working temperatures
    23.3 application and removal techniques
    23.4 individual's treatment area
24. the importance of adhering to manufacturer instructions to prevent product incompatibilities and risks to health
25. the congenital, systemic and topical causes of unwanted hair growth
26. the adaptations required when removing hair around conditions which restrict the treatment
27. how to prepare and use products and equipment in accordance with the waxing treatment protocol
28. the reasons why tools are not to be applied inside the nostril and ears
29. the importance of monitoring the health and wellbeing of the individual during and post treatment
30. the reasons for taking consensual visual media of the individual's treatment area and storing in accordance with the service, legislative, insurance and organisational requirements
31. the legislative and regulatory requirements of completing and storing the individual's waxing treatment records
32. the expected outcomes of waxing treatments
33. the purpose of reflective practice and evaluation and how it informs future treatments
34. the importance to record the outcome and evaluation of the waxing treatment
35. the instructions and advice, pre and post the waxing treatment

Scope/range

Adverse reactions
1. bruising
2. excessive oedema
3. burns
4. blood spots
5. abrasions
6. broken hair
7. urticaria
8. hyperaemia
9. excessive and diminished regrowth
10. abrasions / skin graze
11. allergy

Individual's treatment area
1. ear
2. nostril
3. brow

Waxing treatment protocol
1. working environment
2. health and safety
3. infection prevention and control
4. service plan
5. informed consent
6. data management
7. test outcomes
8. manufacturer instructions
9. audit and accountability
10. instructions and advice
11. sustainability
12. waste management
13. evidence-based practice
14. reflective practice

Barrier
1. cream
2. oil
3. fabric/paper wax strip
4. tissue

Instructions
1. the individual and practitioner's legal rights and responsibilities
2. pre and post treatment instructions and care
3. restrictions and associated risks
4. future treatments

Anatomy and physiology:
1. the structure and function of the hair and the hair growth cycle
2. the structure and function of the skin

3. basic anatomical structure of the head, neck and shoulders
4. relative and absolute contraindications and related pathologies

Glossary

Absolute contraindication
An absolute contraindication is a condition that prevents the service from being carried out and may require referral.
Adverse reaction
An adverse reaction is an 'unexpected' reaction or outcome following a service, i.e. fainting
Contra action
A contra-action is an 'expected' reaction or outcome following a service, i.e. erythema
Evidence-based practice
Evidence-based practice is based on the best available, current, valid and relevant evidence.
First aid
First aid can refer to first aid at work qualifications or equivalent and first aid mental health awareness.
Non-strip hot wax
Non-strip hot wax is a multi-directional wax that is applied to the hair, left to almost set and removed. Hot wax can have varying properties.
Protocol
A protocol is a standard procedure to ensure best practice and compliance when providing services, i.e. follow manufacturer instructions.
Relative contraindication
A relative contraindication is a condition that requires an assessment of suitability for the service and/or if adaptions are required.

Links to other NOS

SKAHDBRBNST1, SKAHDBRBNS1, SKABBR1, SKABBR2, SKABN1, SKABN2, SKABN3, SKAB1, SKAB2, SKAB3, SKAB4, SKAB5, SKAB6, SKAB7, SKAB8, SKAB9, SKAB10, SKAB11, SKAB12, SKABS1, SKABS2, SKABS2, SKABS3, SKABS4, SKABS5, SKABS6, SKABS7, SKAHDBMN1, SKAHDBRBNS2, SKAHDBRBNS3, SKAHDBRBNST2, SKAHDBRBNST3, SKAHDBRBNT1

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