

## Higher National Unit Specification

### General information for centres

**Unit title:** Complementary Therapies: Integration in Health Care Services

**Unit code:** F1BK 35

**Unit purpose:** This Unit is designed to enable the candidate to understand the different approaches to health care. It prepares them for work within an integrated system combining complementary therapies with orthodox medicine.

On completion of the Unit the candidate should be able to:

- 1 Define the models and theories of healing.
- 2 Define the structure of health care settings/environments.
- 3 Design an integrated service taking into account the principles of developing Complementary services in the National Health Service (NHS).

**Credit points and level:** 2 HN Credits at SCQF level 8: (16 SCQF credit points at SCQF level 8\*)

*\*SCQF credit points are used to allocate credit to qualifications in the Scottish Credit and Qualifications Framework (SCQF). Each qualification in the Framework is allocated a number of SCQF credit points at an SCQF level. There are 12 SCQF levels, ranging from Access 1 to Doctorates.*

**Recommended prior knowledge and skills:** Access to this Unit requires the candidate to have knowledge of complementary therapies — Aromatherapy; Reflexology; Massage.

**Core Skills:** There are opportunities to develop the Core Skill of Communication at SCQF level 6 in this Unit, although there is no automatic certification of Core Skills or Core Skills components.

**Context for delivery:** If this Unit is delivered as part of a Group Award, it is recommended that it should be taught and assessed within the subject area of the Group Award to which it contributes.

**Assessment:** The instruments of assessment will take the form of:

Outcomes 1 and 2 are assessed by research projects.

Outcome 3 is by an extended response paper and by client case studies. Evidence is generated under closed-book controlled conditions.

## **Higher National Unit specification: statement of standards**

**Unit title:** Complementary Therapies: Integration in Health Care Services

**Unit code:** F1BK 35

The sections of the Unit stating the Outcomes, knowledge and/or skills, and Evidence Requirements are mandatory.

Where evidence for Outcomes is assessed on a sample basis, the whole of the content listed in the knowledge and/or skills section must be taught and available for assessment. Candidates should not know in advance the items on which they will be assessed and different items should be sampled on each assessment occasion.

### **Outcome 1**

Define the models and theories of healing

#### **Knowledge and/or skills**

- ◆ History of medicine and healing
- ◆ Allopathic approach to healing and its limitations
- ◆ Complementary approach to healing and its limitations
- ◆ Common ground between allopathic and Complementary Therapies
- ◆ Models of integration and delivery

#### **Evidence Requirements**

Candidates will need to provide evidence to demonstrate their knowledge and/or skills by undertaking a research project which incorporates:

- ◆ the history of medicine and healing
- ◆ different approaches between allopathic medicine and Complementary Therapies
- ◆ limitations of healing with both allopathic and Complementary Therapies approaches
- ◆ common ground between allopathic and Complementary Therapies to enable integration to take place
- ◆ existing models where integration is taken place
- ◆ reductionist and holistic theories of healing

A research project should be well presented and correctly referenced.

#### **Assessment guidelines**

The report should consist of approximately 1,500 words.

## **Higher National Unit specification: statement of standards (cont)**

**Unit title:** Complementary Therapies: Integration in Health Care Services

### **Outcome 2**

Define the structure of health care settings/environments

#### **Knowledge and/or skills**

- ◆ The structure of the National Health Service (NHS)
- ◆ Models of private health care
- ◆ Health related charitable organisations

#### **Evidence Requirements**

Candidates will need to provide evidence to demonstrate their knowledge and/or skills by carrying out a research project covering:

- ◆ the structure of the NHS
- ◆ two models of private health care
- ◆ two models of health related charitable organisations

Evidence should be presented in the form of a report with the candidate explaining the structure and models of health care settings.

#### **Assessment guidelines**

The type of assessment used for this Outcome should enable the candidate to demonstrate their knowledge and understanding through self-research. The report should consist approximately 1,000 words.

### **Outcome 3**

Design an integrated service taking into account the principles of developing Complementary Therapies services in the National Health Service (NHS).

#### **Knowledge and/or skills**

- ◆ Medical terminology
- ◆ Legal implications
- ◆ Government guidelines — regulation
- ◆ Collaborative approach between allopathic and Complementary practitioners
- ◆ Improving access

## **Higher National Unit specification: statement of standards (cont)**

**Unit title:** Complementary Therapies: Integration in Health Care Services

### **Evidence Requirements**

Candidates will need to provide evidence to demonstrate their knowledge and/or skills of:

- ◆ medical terminology
- ◆ the legal implications of working within a health care environment
- ◆ government guidelines — the need for local and national legislation
- ◆ an approach towards working collaboratively
- ◆ possibilities for improving access to Complementary Therapies

Evidence will be generated through two closed-book assessments. One should be in the form of an extended response written paper of two hours duration. The second assessment would consist of the candidate being presented with four client case study scenarios one week prior to the closed-book assessment. The candidate will be required to answer two from a choice of four short essay questions. The time allocated for this assessment will be one hour with a minimum of 500 words per short essay.

### **Assessment guidelines**

The assessments for this Outcome will consist of an extended response paper and short essay questions.

## Administrative Information

<b>Unit code:</b>	F1BK 35
<b>Unit title:</b>	Complementary Therapies: Integration in Health Care Services
<b>Superclass category:</b>	PC
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### History of Changes:

Version	Description of change	Date

**Source:** SQA

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SQA acknowledges the valuable contribution that Scotland's colleges have made to the development of Higher National qualifications.

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## **Higher National Unit specification: support notes**

### **Unit title:** Complementary Therapies: Integration in Health Care Services

This part of the Unit specification is offered as guidance. The support notes are not mandatory.

While the exact time allocated to this Unit is at the discretion of the centre, the notional design length is 80 hours.

### **Guidance on the content and context for this Unit**

This Unit is intended to enable candidates to gain knowledge of the use of complementary therapies within the allopathic healthcare environment. Candidates will gain the knowledge of medical terminology and systems within both the public and private healthcare setting. They will be given the opportunity to research how complementary therapies can be integrated into the allopathic medical environment.

**Outcome 1** is research based. Candidates should demonstrate knowledge of the history and origins of medicine. Candidates should develop an understanding of the limitations of both allopathic and complementary interventions. Candidates should have an understanding of how allopathic and complementary interventions can work within an integrated environment. It is advised that candidates research existing models.

**Outcome 2** involves a comprehensive study of the structures of the NHS, private healthcare and health related charitable organisations. Candidates should carry out directed research to gain a sound knowledge of structures within the healthcare sector. It is advised that the candidates' research health related charitable organisations within their local area.

**Outcome 3** involves the candidate gaining an understanding of medical terminology to a level that enables the candidate to communicate effectively with the allopathic medical profession. Candidates should gain knowledge of government guidelines relating to complementary therapies and any legal implications that may occur.

Candidates should have clear ideas on how a successful approach to collaborative working between allopathic and complementary practitioners can be achieved.

### **Guidance on the delivery and assessment of this Unit**

Delivery should guarantee sufficient theoretical knowledge to ensure competence and confidence to work within a healthcare setting.

This is a research based Unit which will give the candidate a knowledge into how Complementary Therapies can integrate into Health Care.

## **Higher National Unit specification: support notes (cont)**

**Unit title:** Complementary Therapies: Integration in Health Care Services

### ***Opportunities for developing Core Skills***

Skills in accessing, analysing and evaluating sources which provide current and complex information and ideas on complementary, alternative and traditional Health Care should be developed as candidates conduct research projects. Analytical evaluation of information accessed should be encouraged in order to assure that information is balanced, current and accurate.

Although skills in written Communication are not formally assessed candidates will be expected to present written reports to a standard acceptable in the vocational area and routine documentation in line with working practice. Candidates should, therefore, be supported as they develop skills in summarising complex key ideas and information accurately and concisely and in using appropriate formats and correct terminology. Spelling and punctuation should be accurate.

Candidates have opportunities to identify problems and solutions in Outcomes 3 and 4 as they design an integrated service for CAM within Health care settings. Consideration of all factors impacting on provision, including legal requirements, client needs and cost effectiveness, will be essential. Understanding of the role and development of evaluation systems and procedures is assessed.

### **Open learning**

This Unit may be delivered by open learning methods. Additional planning resources maybe required for candidate support, assessment and quality assurance.

For further information and advice please refer to *Assessment and Quality for Open and Distance Learning* (SQA, February 2001 – publication code A1030).

### **Candidates with disabilities and/or additional support needs**

The additional support needs of individual candidates should be taken into account when planning learning experiences, selecting assessment instruments, or considering alternative Outcomes for Units. Further advice can be found in the SQA document *Guidance on Assessment Arrangements for Candidates with Disabilities and/or Additional Support Needs* ([www.sqa.org.uk](http://www.sqa.org.uk)).

## General information for candidates

### **Unit title:** Complementary Therapies: Integration in Health Care Services

This Unit is designed to give you the competences and confidence to carry out your specialist therapies within a healthcare setting. You will gain knowledge of the structures, procedures, protocols and terminology to enable you to communicate and operate within the healthcare environment. You will carry out research into what healthcare is available within your local area.

**Outcome 1** involves a comprehensive study into the history and origins of healthcare and medicine. You are required to understand the limitations of both allopathic and complementary therapies.

**Outcome 2** requires you to carry out research supported by your tutor to enable you to gain an understanding of the structures within a healthcare setting. You will study the structure of the NHS, private healthcare and health related charities.

The information researched and gathered for Outcome 1 and 2 will be submitted for assessment in a report to prove competency.

**Outcome 3** requires you to study medical terminology to enable you to communicate effectively with the healthcare profession. You will acquire an understanding of government guidelines and legal implications relating to complementary therapies within a healthcare setting. You will study ways of improving Complementary Therapies within the current healthcare environment.

The assessments for this Outcome will be in the form of extended response and short essay questions.

You must be able to demonstrate full knowledge of all areas.