



Higher National Unit Specification

General information

Unit title: Beauty Therapy: Contemporary Aesthetic Treatments
(SCQF level 7)

Unit code: HW12 34

Superclass: HL

Publication date: November 2017

Source: Scottish Qualifications Authority

Version: 02

Unit purpose

This unit is designed to enable learners to keep up to date with a variety of contemporary aesthetic treatments that are currently in vogue within the beauty industry. The unit is designed to be flexible and should be updated regularly according to current trends. This unit is suitable for learners wishing to pursue or further their career within the Beauty Therapy sector.

Outcomes

On successful completion of the unit the learner will be able to:

- 1 Research contemporary aesthetic treatments.
- 2 Prepare and perform contemporary aesthetic treatments.
- 3 Provide aftercare and evaluate the effectiveness of contemporary aesthetic treatments.

Credit points and level

1 Higher National Unit credit) at SCQF level 7: (8 SCQF credit points at SCQF level 7)

Recommended entry to the unit

Access to this unit is at the discretion of the centre.

Higher National Unit Specification: General information (cont)

Unit title: Beauty Therapy: Contemporary Aesthetic Treatments
(SCQF level 7)

Core Skills

Achievement of this Unit gives automatic certification of the following:

Complete Core Skill Problem Solving at SCQF level 5

Core Skill component None

Opportunities to develop aspects of Core Skills are highlighted in the Support Notes for this Unit specification.

Context for delivery

If this unit is delivered as part of a group award, it is recommended that it should be taught and assessed within the subject area of the group award to which it contributes.

Equality and inclusion

This unit specification has been designed to ensure that there are no unnecessary barriers to learning or assessment. The individual needs of learners should be taken into account when planning learning experiences, selecting assessment methods or considering alternative evidence.

Further advice can be found on our website www.sqa.org.uk/assessmentarrangements.

Higher National unit specification: Statement of standards

Unit title: Beauty Therapy: Contemporary Aesthetic Treatments
(SCQF level 7)

Acceptable performance in this unit will be the satisfactory achievement of the standards set out in this part of the unit specification. All sections of the statement of standards are mandatory and cannot be altered without reference to SQA.

Where evidence for outcomes is assessed on a sample basis, the whole of the content listed in the knowledge and/or skills section must be taught and available for assessment. Learners should not know in advance the items on which they will be assessed and different items should be sampled on each assessment occasion.

Outcome 1

Research contemporary aesthetic treatments.

Knowledge and/or skills

- ◆ Client consultation
- ◆ Types of treatment
- ◆ Contra-indications to specific treatments
- ◆ Reasons for choice of specific treatments
- ◆ The ability to explain the processes and effects of the chosen treatments
- ◆ Confirmation of the treatment plan with the client
- ◆ Sensitive interaction with the client
- ◆ Compilation of clear records of the consultation

Outcome 2

Prepare and perform contemporary aesthetic treatments.

Knowledge and/or skills

- ◆ Prepare treatment environment in accordance with health and safety legislation
- ◆ Learner is professionally prepared for delivery of treatment
- ◆ Client is correctly prepared and positioned for treatment
- ◆ Methods used should relate to the original treatment plan
- ◆ Safe practice and client comfort should be evident throughout
- ◆ Timing and sequence should be appropriate for the chosen treatment
- ◆ Products/treatments should be applied correctly and in accordance with manufacturer's instructions

Higher National Unit Specification: Statement of standards (cont)

Unit title: Beauty Therapy: Contemporary Aesthetic Treatments
(SCQF level 7)

Outcome 3

Provide aftercare and evaluate the effectiveness of contemporary aesthetic treatments.

Knowledge and/or skills

- ◆ Deliver aftercare and homecare advice relevant to specific requirements
- ◆ Evaluate the effectiveness and record the details of the treatment accurately
- ◆ Confirm future treatment/maintenance with the client

Evidence requirements for this unit

Learners will need to provide evidence to demonstrate their knowledge and/or skills across all outcomes by showing that they can:

Outcome 1 — Research

Research contemporary aesthetic treatments.

An open-book research project should include:

- ◆ Identification and knowledge of contraindications, including why specific conditions are contraindicated.
- ◆ Identification of adverse reactions and problem solving/treatment management.
- ◆ Comprehensive research on the companies and products available for each of the three chosen contemporary aesthetic treatments. Learners should highlight the strengths and weaknesses including economical values as well as the quality of the product.
- ◆ The research/findings should identify a clear market leader for the chosen treatments, with clear justification for their conclusion.

This open-book assignment should be meaningful. The assignment should underpin the whole treatment journey and act as a support/reference document for future treatments.

Higher National unit specification: Statement of standards (cont)

Unit title: Beauty Therapy: Contemporary Aesthetic Treatments
(SCQF level 7)

Outcome 2 — Observation checklist

Prepare and perform contemporary aesthetic treatments.

Learners will need to provide evidence to demonstrate their skills and/or knowledge by client consultation card and assessor observation checklists that they can:

- ◆ carry out client consultation and devise appropriate treatment plans for three contemporary aesthetic treatments.
- ◆ clearly identify the purpose and limitations of each of the treatments taking into account the contra-indications to treatment.
- ◆ prepare the treatment area adequately and correctly taking into account the health and safety legislation directly related to the individual treatments.
- ◆ take account of client comfort and safe working heights/positioning whilst giving clear instruction to the client throughout the preparatory stages.
- ◆ be appropriately attired in accordance with industry and establishment dress code.
- ◆ carry out the treatment chosen for the client safely and within appropriate time constraints.
- ◆ apply the treatments and products according to the manufacturers' instructions.
- ◆ maintain comfort of the client for the duration of the process.

Observation checklists will be used to record evidence of learners preparing the treatment area, client and self for the three chosen treatments. This outcome can be assessed holistically with Outcomes 3 and with the practical aspects of Outcome 1.

Outcome 3 — Evaluation

Provide aftercare and evaluate the effectiveness of contemporary aesthetic treatments.

Learners will need to provide evidence to demonstrate their skills and/or knowledge by showing that they can:

- ◆ give clear aftercare/homecare advice to the client in relation to the products applied or the treatments given.
- ◆ clearly evaluate and record the treatment and allow an opportunity for client feedback to ensure success of the treatment.
- ◆ recommend future/maintenance treatments to the client.

Observation checklists will be used to record evidence of learners delivering aftercare/homecare advice to clients for the three chosen treatments. This outcome can be assessed holistically with Outcome 2 and with the practical aspects of Outcome 1.



Higher National unit Support Notes

Unit title: Beauty Therapy: Contemporary Aesthetic Treatments
(SCQF level 7)

Unit support notes are offered as guidance and are not mandatory.

While the exact time allocated to this unit is at the discretion of the centre, the notional design length is 40 hours.

This unit is optional in the framework for HNC/HND Beauty Therapy. This unit is primarily designed to give learners the up-to-date skills required for industry. Learners will be expected to work with a variety of clients, in a realistic working environment, for the three contemporary aesthetic treatments chosen. Treatments must be current contemporary aesthetic treatments. It is intended that these will be updated regularly to reflect current and emerging industry requirements. This will enable learners who are qualifying to have the relevant skills required for employment. The unit should also encourage learners to evaluate the effectiveness of the treatments applied and to make sure that appropriate aftercare is being given to ensure that there are no contra actions to the treatments applied.

Outcome 1 looks at the consultation process where the learner will be assessing the client's suitability for the treatment chosen and shall give a clear explanation of the treatment. Learners should display knowledge of the contra-indications and possible contra actions to specific treatments. Learners should interact with the clients in a sensitive and empathic manner in line with normal industry conditions. Internet research into a variety of product versions should be used to provide a wider knowledge of the types of each treatment available to ensure preparation for industry.

Outcome 2 learners will be required to learn aspects of health and safety legislation related to treatment environment. Learners are prepared for treatments, in terms of personal hygiene and appearance, preparing and positioning the client appropriate for treatments. Learners will perform different treatments — safely and methodically, effectively and correctly sequenced and timed, following manufacturers' instructions. The learner needs to demonstrate client care throughout.

Outcome 3 the learner will evaluate the treatment and give advice on home and aftercare. The evaluation will consider the effectiveness of the treatment. Record the treatment outcomes and confirm future treatment plans.

Higher National unit Support Notes

Unit title: Beauty Therapy: Contemporary Aesthetic Treatments
(SCQF level 7)

Guidance on approaches to delivery of this unit

It is recommended that an induction to the unit be given enabling the learner to understand fully what is required and the approaches which will be adopted. A learner centred, participative and practical approach should be encouraged throughout.

Due to the practical nature of the unit, each aspect of learning and teaching should incorporate both theory and practice, to facilitate learning. Learners will therefore more easily understand the relevance of the content as they experience the practical application.

Learners should be given practical demonstrations of contemporary aesthetic treatments. Learners should then practice these with peers to gain experience and confidence before progressing to working with clients. Formative work throughout will enhance performance.

Emphasis should be placed on effective communication during consultation to gather all the required information and develop treatment/maintenance plans. Troubleshooting techniques should be used, where necessary, to meet the needs of the individual client. The learner should draw on data gained from their research to demonstrate an understanding of the knowledge component detailed in the unit specification.

The learner should be encouraged to develop good working practices which adhere to both organisational and national health and safety policies and procedures, enhancing their employability skills profile.

It is important that learners receive regular constructive feedback on their progress with any action areas clearly articulated and understood.

Tutorials should be given to cover theoretical aspects of the unit. The learner will complete an open-book assignment which will include research on the companies and products available for each of the chosen contemporary aesthetic treatments. The assignment will be completed over a period of time to enable the learner to carry out the research required.

Centres are encouraged to establish links with industry representatives, who may be willing to offer support in the form of visits from therapists to give demonstrations of contemporary aesthetic treatments. As well as further exposure to the practical application of the treatments, this also provides the learner with an opportunity to understand their role and use in the workplace.

Achievement of this unit will be dependent on the learner being able to demonstrate knowledge, carry out three current contemporary aesthetic treatments and successfully complete the open-book assignment.

Higher National Unit Support Notes (cont)

Unit title: Beauty Therapy: Contemporary Aesthetic Treatments
(SCQF level 7)

The unit, therefore, should incorporate a variety of approaches to learning and teaching, including:

- ◆ Tutorials supported by handouts
- ◆ Research
- ◆ Demonstration
- ◆ Group work and discussion
- ◆ Practical activities

Guidance on approaches to assessment of this unit

The evidence requirements are fully expressed in the mandatory section of this unit specification.

Evidence can be generated using different types of assessment. The following are suggestions only. There may be other methods that would be more suitable to learners.

Centres are reminded that prior verification of centre-devised assessments would help to ensure that the national standard is being met. Where learners experience a range of assessment methods, this helps them to develop different skills that should be transferable to work or further and higher education.

The practical elements of the unit can be assessed holistically. Practical demonstrations are required for three current contemporary aesthetic treatments. Learners will be observed:

- ◆ Carrying out client consultation
- ◆ Preparation of treatment room, client and self
- ◆ Performance of treatment
- ◆ Delivery of aftercare advice

An open-book assignment.

Include research on the companies and products available for each of the three chosen current contemporary aesthetic treatments.

Be completed over a period of time to enable the learner to carry out the research required.

Opportunities for e-assessment

E-assessment may be appropriate for some assessments in this unit. By e-assessment we mean assessment which is supported by Information and Communication Technology (ICT), such as e-testing or the use of e-portfolios or social software. Centres which wish to use e-assessment must ensure that the national standard is applied to all learner evidence and that conditions of assessment as specified in the evidence requirements are met, regardless of the mode of gathering evidence. The most up-to-date guidance on the use of e-assessment to support SQA's qualifications is available at www.sqa.org.uk/e-assessment.

Higher National Unit Support Notes (cont)

Unit title: Beauty Therapy: Contemporary Aesthetic Treatments
(SCQF level 7)

Opportunities for developing Core and other essential skills

This Unit has the Core Skill of Problem Solving embedded in it. This means that when learners achieve the Unit, their Core Skills profile will also be updated to show they have achieved Problem Solving at SCQF level 5.

The aspects of the Core Skill of *Problem Solving* are naturally developed as the contemporary aesthetic treatment is planned and safely undertaken. In planning the treatment learners will identify and analyse a range of factors including suitable products, equipment and techniques to ensure the treatment meets the needs of each individual client. The treatment experience must ensure client comfort and safety. Taking account of timing sequence and duration will require good planning and organisational skills. Compliance with health and safety legislation is integral to achievement. Analytical evaluation of the effectiveness of treatments in relation to identified aims could be enhanced by formative group discussion.

Communication skills are not formally assessed, however learners will be expected to present oral and written communication to an acceptable professional standard. Skills in accessing and analysing information on CAT effects and techniques should be developed to provide underpinning knowledge on professional issues and resources. Evaluation of information accessed should be encouraged in order to assure that information is accurate and current.

Oral communication skills will be developed in practical work with clients where interaction must be professional, sensitive and empathic. Communicating appropriate information to clients, explaining and reassuring during treatment sessions and giving aftercare advice and specific relevant lifestyle advice will be an essential aspect of competence. Learners should be fully aware of a range of active listening techniques in order to relate and respond to others in the most appropriate and effective way, adapting language, and approach to suit their purpose and clientele.

History of changes to unit

Version	Description of change	Date
02	Core Skill of Problem Solving at SCQF level 5 embedded.	24/11/2017

© Scottish Qualifications Authority 2017

This publication may be reproduced in whole or in part for educational purposes provided that no profit is derived from reproduction and that, if reproduced in part, the source is acknowledged.

Additional copies of this unit specification can be purchased from the Scottish Qualifications Authority. Please contact the Business Development and Customer Support team, telephone 0303 333 0330.

General information for learners

Unit title: Beauty Therapy: Contemporary Aesthetic Treatments (SCQF level 7)

This unit is designed to enable you to keep up-to-date with a variety of contemporary aesthetic treatments that are currently in vogue within the beauty industry. The unit is designed to be flexible and can be updated regularly according to current trends. A minimum of three treatments should be selected and offered at the discretion of the centre in order to attain this unit.

On successful completion of the unit the learner will be able to:

- 1 Research contemporary aesthetic treatments.
- 2 Prepare and perform contemporary aesthetic treatments.
- 3 Provide aftercare and evaluate the effectiveness of contemporary aesthetic treatments.

This unit is designed to prepare you with the up-to-date skills for industry. As a result, you will be expected to work with a variety of clients for the three treatments chosen in a realistic working environment.

This unit is therefore appropriate for learners with skills and underpinning knowledge in facial therapy, nail care and eye treatments to allow these skills to be built upon. The emphasis should be on a commercial salon environment to allow as much practical experience as possible in the treatments chosen for study.

Although the unit has prescribed treatments, it is intended that these will be updated regularly to mirror the treatments which are in vogue in industry and to ensure that you have the relevant skills required for employment.

In order to complete this unit successfully, you will be required to achieve a satisfactory level of competence in all three treatments chosen.

Evidence for this unit should be generated through practical demonstrations and open-book assignment.

The practical elements of the unit can be assessed together.

Practical demonstrations are required for three contemporary aesthetic treatments. You will be observed:

- ◆ carrying out client consultation
- ◆ preparation of treatment room, client and self
- ◆ performance of treatment
- ◆ delivery of aftercare advice

An open-book assignment — the assignment should:

- ◆ include research on the companies and products available for each of the three chosen contemporary aesthetic treatments.
- ◆ be completed over a period of time to enable the learner to carry out the research required.

General information for learners (cont)

Unit title: Beauty Therapy: Contemporary Aesthetic Treatments
(SCQF level 7)

This Unit has the Core Skill of Problem Solving embedded in it, so when you achieve this Unit your Core Skills profile will be updated to show that you have achieved Problem Solving at SCQF level 5.