



Higher National Unit Specification

General information

Unit title: Beauty Therapy: Depilation Advanced (SCQF level 8)

Unit code: HY29 35

Superclass: HL

Publication date: March 2018

Source: Scottish Qualifications Authority

Version: 02

Unit purpose

This unit will provide learners with the opportunity to advance and develop their current waxing skills. Exploring and perfecting advanced techniques necessary to reflect current industry practice.

This unit is essential for those who wish to pursue a career in beauty therapy and consolidate and hone their waxing skills in order to meet the needs of the client and the industry.

Learners will also be enabled to understand the importance of good communication and interpersonal skills and demonstrate sensitivity while working with clients.

Outcomes

On successful completion of the unit the learner will be able to:

- 1 Investigate advanced depilation treatments, techniques and products.
- 2 Perform advanced depilation treatments.
- 3 Evaluate advanced depilation treatments.

Credit points and level

1 Higher National Unit credit at SCQF level 8: (8 SCQF credit points at SCQF level 8)

Recommended entry to the unit

It is essential that the learner has previously undertaken a *Depilation* unit at SCQF level 6 or 7.

Higher National Unit Specification: General information (cont)

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Core skills

Opportunities to develop aspects of core skills are highlighted in the support notes for this unit specification.

There is no automatic certification of core skills or core skill components in this unit.

Context for delivery

If this unit is delivered as part of a group award, it is recommended that it should be taught and assessed within the subject area of the group award to which it contributes.

Equality and inclusion

This unit specification has been designed to ensure that there are no unnecessary barriers to learning or assessment. The individual needs of learners should be taken into account when planning learning experiences, selecting assessment methods or considering alternative evidence.

Further advice can be found on our website www.sqa.org.uk/assessmentarrangements.

Higher National Unit Specification: Statement of standards

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Acceptable performance in this unit will be the satisfactory achievement of the standards set out in this part of the unit specification. All sections of the statement of standards are mandatory and cannot be altered without reference to SQA.

Outcome 1

Investigate advanced depilation treatments, techniques and products.

Knowledge and/or skills

- ◆ Range of advanced depilation treatments, techniques and products
- ◆ Health and safety legislation and safeguarding
- ◆ Age restrictions
- ◆ Anatomy of the female genitalia
- ◆ Hair growth cycle
- ◆ Hair types
- ◆ Hygiene
- ◆ Safe treatment practice
- ◆ Contra-actions to advanced depilation treatments
- ◆ Contra-indications that may prevent or restrict the treatment
- ◆ Current industry trends for advanced depilation techniques and products

Outcome 2

Perform advanced depilation treatments.

Knowledge and/or skills

- ◆ Client consultation record
- ◆ Contra-indications
- ◆ Sensitivity/ thermal patch testing
- ◆ Confidentiality
- ◆ Treatment plan
- ◆ Treatment area preparation
- ◆ Therapist preparation, code of practice
- ◆ Client preparation and positioning
- ◆ Room temperature
- ◆ Hygiene
- ◆ Product selection and specialist removal techniques
- ◆ Commercially viable times
- ◆ Troubleshooting and how to deal with unforeseen circumstances
- ◆ Post treatment procedures
- ◆ Contra-actions
- ◆ Aftercare and homecare advice
- ◆ Relevant codes of practice and legislation

Higher National Unit Specification: Statement of standards (cont)

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Outcome 3

Evaluate advanced depilation treatments.

Knowledge and/or skills

- ◆ Evaluation techniques
- ◆ Self-evaluation skills

Evidence requirements for this unit

Learners will need to provide evidence to demonstrate their knowledge and/or skills across all outcomes showing that they can:

Outcome 1 — Investigate advanced depilation treatments, techniques and products.

The learner will need to provide evidence of their investigation detailing the key components of advanced depilation and produce a report. The report should include:

- ◆ A description of the range of advanced depilation treatments, techniques and products
- ◆ An outline of the health and safety legislation and safeguarding
- ◆ Detail of the age restrictions for advanced depilation treatments
- ◆ A description of the anatomy of the female genitalia — mons pubis, labia minora, labia majora, perineum, anus, mucus membrane
- ◆ A description of the hair growth cycle and all hair types
- ◆ Details of the hygiene requirements in relation to advanced depilation treatments
- ◆ Detail of safe treatment practice — contra-indications that may prevent or restrict the treatment
- ◆ Details of the contra-actions to advanced depilation treatments
- ◆ Details of current advanced depilation trends — investigate current industry leaders and their products

Learner submissions must demonstrate and use language, format and structure appropriate to SCQF level 8.

Learners will also be enabled to understand the importance of good communication and interpersonal skills and demonstrate sensitivity and empathy while working with clients.

Outcome 2 — Perform advanced depilation treatments.

The learner will be observed on **three** different occasions on different clients by demonstrating that they can plan, prepare and perform three advanced depilation treatments — (two intimate areas and one other).

Higher National Unit Specification: Statement of standards (cont)

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Learners will need to provide evidence to demonstrate their knowledge and/or skills showing that they can:

- ◆ complete a comprehensive client consultation record to include client consent, age restrictions and knowledge of the presence of certain medical conditions/contra-indications
- ◆ demonstrate good communication and interpersonal skills and sensitivity while working with clients.
- ◆ select appropriate treatment.
- ◆ adhere to current codes of practice for waxing, health and safety and safeguarding and current legislation surrounding intimate waxing.
- ◆ prepare the treatment area and treatment plan.
- ◆ prepare client including a skin sensitivity/thermal patch test should be carried out prior to every treatment.
- ◆ apply hygiene requirements in line with current Industry standards.
- ◆ apply stretching, positioning and supporting of the clients skin during removal.
- ◆ select the correct product for pre and post advanced depilation treatment.
- ◆ complete the treatment within a commercially viable time.
- ◆ adhere to waste disposal procedures to meet legal requirements.
- ◆ deal with unforeseen circumstances should they occur.
- ◆ recognise contra-actions and skin tolerance.
- ◆ adhere to post treatment procedures to include post cleaning of equipment, sterilisation and sanitisation of work area.
- ◆ provide aftercare and homecare advice relevant to the treatment provided.

Outcome 3 — Evaluate advanced depilation treatments.

Evaluate three advanced depilation treatments and the degree of success achieved.

Learners will need to provide evidence to demonstrate their skills and/or knowledge by showing that they can:

- ◆ evaluate three advanced depilation treatments and the degree of success achieved.
- ◆ evaluate feedback from the client.
- ◆ evaluate the effectiveness of the treatment in relation to the clients aims and expectations.
- ◆ reflect on own performance taking account of feedback.



Higher National Unit Support Notes

Unit title: Beauty Therapy: Depilation Advanced (SCQF level 8)

Unit support notes are offered as guidance and are not mandatory.

While the exact time allocated to this unit is at the discretion of the Centre, the notional design length is 40 hours

Guidance on the content and context for this unit

If this unit is delivered as part of a group award, it is recommended that it should be taught and assessed within the subject area of the group award to which it contributes.

The learner will investigate the key components of advanced depilation. The learner will consult with the client, prepare and plan for the advanced depilation service, provide extensive homecare and aftercare advice to the client. Throughout the unit the learner will demonstrate knowledge of and adherence to relevant health and safety procedures, which reflects the organisation and industry standards and effective consultation and communication techniques.

Outcome 1

The learner will investigate the key components of advanced depilation to demonstrate knowledge of:

- ◆ health and safety legislation and safeguarding- surrounding advanced depilation including client consultation, age restrictions and clients with diverse needs (cultural, religious, age, disability).
- ◆ anatomy of the female genitalia (mons pubis, labia minora, labia majora, perineum, anus, mucus membrane).
- ◆ hair types and hair growth cycle.
- ◆ hygiene issues, cleanliness and various products for pre and after waxing to ensure hygiene is maintained to a high standard.
- ◆ safe treatment practice.
- ◆ conditions that may prevent the treatment (contra-indications) include: Haemophilia, recent haemorrhage/bruising, folliculitis, thin fragile skin, excessive vascular conditions, urinary infection or disease, sexually transmitted infections, infestation (pubic lice), contagious skin diseases, loss of skin sensation, failure of skin sensitivity/patch testing, swelling, heat rash, sunburn.
- ◆ conditions that may restrict the treatment (special care conditions) hairy moles, infected ingrown hairs, skin tags, diabetes, recent scar tissue, external haemorrhoids, medication, minor bruises, menstruation, body piercing, self-tan, cuts and abrasions.

Higher National Unit Support Notes (cont)

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- ◆ contra-actions — the learner should explore the various contra-actions including how to prevent, recognise and handle contra-actions should they occur.
- ◆ contra-actions to include: excessive swelling, ingrown hairs, skin removal, burns, abrasions, blood spots, excessive erythema, bruising, broken hair, excessive and diminished hair growth, allergic/histamine reaction.
- ◆ current advanced depilation trends — investigate current industry leaders and their products. The investigation should focus on current waxing trends, treatment techniques, client suitability and depilation products to include: information on the types of wax used, wax temperatures, ingredients, strip, non-strip, roller wax (low temperature, hard wax, warm wax, cream wax and organic wax). The common ingredients used for waxes are colophonium (brittle translucent used for sticky quality to bind onto the hair), cera alba (White beeswax used to provide a setting action), glyceryl rosinat (a modified resin with high elasticity qualities), ethylene/VA copolymer (a plasticiser used for the elasticity, flexibility and adhesion qualities, all of these can be combined in different variations and mixed with additional ingredients and colour pigments to make the product smell or look more attractive.

The investigation should include appropriate photographic/digital images, magazine and social media articles and an appropriate referencing and bibliography referencing system, (eg Harvard) included.

Outcome 2

The learner will be observed on three different occasions on different clients to demonstrate that they can plan, prepare and perform three advanced depilation treatments — (two intimate areas and one other) to include:

- ◆ full comprehensive consultation employed, contra-indications checked, treatment plan agreed, client's consent, diverse needs considered including age restrictions. Health and safety and safeguarding — current legislation surrounding intimate waxing.
- ◆ Treating the client with sensitivity to promote client confidence.
- ◆ awareness of waxing code of practice to include current age restrictions, It is recommended that advanced depilation on intimate areas is not carried out on clients under the age of 16 years even with parental consent as safeguarding is a consideration.
https://www.habia.org/PDF/standardsquals/Waxing_code_of_practice_Booklet.pdf
- ◆ preparation of the treatment area and treatment plan room temperature should be considered if the client is too cold the follicle will constrict making removal difficult, if the clients is too warm they may perspire effecting the adherence of the wax.
- ◆ personal preparation in line with current occupational standards.
- ◆ appropriate selection of strip or non-strip products suitable for the clients hair type.
- ◆ client preparation — modesty towels, disposable underwear should be used, skin sensitivity/thermal patch test should be carried out prior to every treatment, modesty and client privacy should be considered throughout; if the hair to be removed is long/overgrown the area should be trimmed with sterilised scissors, disposable underwear may be used.

Higher National Unit Support Notes (cont)

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- ◆ performance of the treatment — environmental and sustainable working practices should be employed, specialist removal techniques should be demonstrated. Correct Stretching, positioning and supporting of the clients skin during removal, correct choice of product selection for pre and post advanced depilation treatment.
- ◆ treatment areas can include: intimate: playboy, g-string, Bollywood, Hollywood, Californian, Brazilian, las vegas and shaping other areas: chest, back, forearm, nostril outer ear.
- ◆ adherence to health safety requirements should be considered at all times. Sterilisation and disinfection (all metal tools should be sterilised prior to use) and all work surfaces including the couch should be disinfected /protected with fresh disposable coverings following each treatment. To prevent cross contamination/infection the instrument used to apply the wax (such as a spatula) must be immediately disposed after completing the procedure (no double dipping). A clean gown or apron and single use gloves must be worn by the learner for the advanced depilation procedure, if there is potential for exposure to any human bodily substances during the procedure. Hands should be washed before and after attending a client, before and after a procedure, after exposure to a body substance, after touching a client's surroundings and after the removal of gloves.
- ◆ posture and working methods employed during the treatment should minimise fatigue and the risk of injury to yourself and others.
- ◆ adherence to waste disposal procedures to meet legal requirements.
- ◆ correct methods of post cleaning of equipment, sterilisation, sanitisation of work area.
- ◆ completion of the treatment within a commercially viable time.
- ◆ the ability to recognise contra-actions and skin tolerance.
- ◆ aftercare and homecare advice relevant to the treatment provided — every client should be provided with comprehensive aftercare advice and recommendations preferably in written format to include:
 - the skin must be kept clean for 24 hours after the treatment
 - do not touch the area with unclean hands
 - wash hands before applying any soothing cream
 - take care to be extra clean after going to the toilet; recommend using a moist toilet wipe
 - do not use any fragranced deodorants, sprays or powders
 - for intimate waxing do not engage in sexual activity for at least 24 hours
 - avoid tight underwear and tight clothes as they cause friction
 - avoid heat on the area, including saunas, hot tubs and steam rooms, hot baths and showers
 - only wash with lukewarm water, as heat will cause further irritation — and avoid perfumed bathing additives or bubble baths
 - no tanning, sunbeds, fake tanning or sunbathing for at least 24 hours
 - no gym workouts or sports, which would increase perspiration in the area, for at least 24 hours
 - wear clean underwear — cotton is best; nylon or other man-made fibres may cause irritation
 - antibacterial wash or salt in a cool bath will help the area to heal and prevent infection
 - exfoliate the area gently with a exfoliating mitt or product approximately twice a week to avoid ingrown hairs (not within 48 hours of treatment)

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Outcome 3

- ◆ Learners will need to provide evidence to demonstrate knowledge that they can self-reflect on their performance and include reflection on the performed treatments in relation to the clients aims, client and assessors feedback.

Assessors should keep in mind that overall, the work should meet SCQF level 8 criteria.
<http://scqf.org.uk/the-framework/scqf-levels/>

Guidance on approaches to delivery of this unit

This unit will be delivered as part of the HND Beauty Therapy framework it is designed to provide learners with the knowledge and skills to perform advanced depilation techniques. An integrated approach to teaching and learning sessions should be taken incorporating theory and practice. All practical demonstrations performed by the lecturer should be broken down into segments commencing with preparation, sterilisation, waxing techniques and should be performed within a realistic salon environment. This should be followed with learner practice. Learners should initially practice waxing on peers and then progress onto clients as practical ability progresses. Theoretical knowledge should be enhanced by discussion and embedded throughout the lesson. The learner should be encouraged to actively participate in the learning process. Handouts, learning packs, VLE, books, internet links , videos will add to the learning experience.

Guidance on approaches to assessment of this unit

Outcome 1

The investigation will enable the learner to explore the knowledge required to be up to date with the trends within the industry and how to prepare and provide the advanced depilation treatments and techniques most suited to the client's needs. The investigation will explore advanced depilation and should focus on **four** current trends.

Assessors should keep in mind that overall, the work should meet SCQF level 8 criteria.
<http://scqf.org.uk/the-framework/scqf-levels/>

Outcome 2

The learner will be observed on three different occasions on different clients to demonstrate that they can prepare and perform three advanced depilation treatments- (two intimate areas and one other).

Higher National Unit Support Notes (cont)

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Outcome3

- ♦ The learner should record client feedback and self-reflect on their performance and assessor feedback given. The evaluation should include an account of the performed treatments in relation to the clients aims, client and assessor feedback on the treatment provided.

Outcomes 2 and 3 may be holistically assessed covering consultation techniques, treatment plans, treatment area, current health and safety legislation, environment, equipment, this will be evidenced on three occasions.

All treatments should be carried out in a commercially viable time and to meet industry standards.

Centres are reminded that prior verification of centre-devised assessments would help to ensure that the national standard is being met. Where learners experience a range of assessment methods, this helps them to develop different skills that should be transferable to work or further and higher education.

Opportunities for e-assessment

E-assessment may be appropriate for some assessments in this unit. By e-assessment we mean assessment which is supported by Information and Communication Technology (ICT), such as e-testing or the use of e-portfolios or social software. Centres which wish to use e-assessment must ensure that the national standard is applied to all learner evidence and that conditions of assessment as specified in the evidence requirements are met, regardless of the mode of gathering evidence. The most up-to-date guidance on the use of e-assessment to support SQA's qualifications is available at www.sqa.org.uk/e-assessment.

Opportunities for developing Core and other essential skills

Aspects of the Core Skill of *Problem Solving*, that is, Planning and Organising, Critical Thinking, and Reviewing and Evaluating, will be naturally developed as the depilation treatment is planned and safely undertaken. In planning the treatment learners will identify and analyse a range of factors including suitable products, equipment and techniques to ensure the treatment meets the needs of each individual client. The treatment application must ensure client comfort and safety. Taking account of timing sequence and duration will require good planning and organising skills. Compliance with health and safety legislation is integral to achievement.

Communication skills are not formally assessed however learners will be expected to present Oral and Written Communication to an acceptable professional standard. Skills in accessing and analysing information on waxing effects and techniques should be developed to provide underpinning knowledge on professional issues and resources. Evaluation of information accessed should be encouraged in order to assure that information is accurate and current. Oral Communication skills will be developed in practical work with clients when interaction must be professional, sensitive and empathic. Communicating appropriate information to clients, explaining and reassuring during treatment sessions and giving aftercare advice

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and specific relevant lifestyle advice will be an essential aspect of competence. Learners should be fully aware of a range of active listening techniques in order to relate and respond to others in the most appropriate and effective way, adapting language, register and style to suit their purpose and clientele.

History of changes to unit

Version	Description of change	Date
02	Additional bullet point added to Outcome 2 evidence requirements. Learner sensitivity statement	06.08.2018

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General information for learners

Unit title: Beauty Therapy: Depilation Advanced (SCQF level 8)

This unit will provide you with the opportunity to advance and develop your current waxing skills. Exploring and perfecting advanced techniques necessary to reflect current industry practice. You will investigate the key components of advanced depilation, consult with the client, prepare and plan for the advanced depilation service, provide extensive homecare and aftercare advice to the client. Throughout the unit you will demonstrate knowledge of and adherence to relevant health and safety procedures, which reflects organisational and industry standards and effective consultation and communication techniques.

This unit is essential for those who wish to pursue a career in beauty therapy and consolidate and hone their waxing skills in order to meet the needs of the client and the industry.

You will cover three outcomes:

Outcome 1 — Investigate advanced depilation treatments, techniques and products.

You will investigate advanced depilation techniques, current trends, treatments and products, health, safety and safeguarding in relation to advanced depilation treatments, contra-indications conditions which may prevent or restrict the treatment, contra-actions, different products suitable for different hair types, hair growth cycle and anatomy of the female genitalia.

Outcome 2 — Perform advanced depilation treatments.

You will complete three practical assessments — two intimate advanced depilation and one other advanced depilation area.

This outcome will help you to prepare yourself, client, treatment area, equipment, environment prior to the advanced depilation treatment and devise treatment plans suitable for individual client needs. Health and Safety legislation will also be examined, this helps with client care, safety in preparation and application of treatment, correct choice of methods for the hair removal, and how to provide the correct aftercare and homecare advice.

Outcome 3 — Evaluate advanced depilation treatments.

This unit examines how you evaluate your treatment, self-reflecting on performance and how you met the needs of the client. Client and assessor feedback should be considered.

In addition to the specific vocational skills developed and assessed you will have the opportunity to develop generic skills which will enhance your confidence/employability skills profile, eg customer care skills, communication skills, time management.

Each advanced depilation class will include practical and theory. You will be expected to participate actively in each lesson. Practically you will initially practice your treatments on your peers then progress onto clients.