

Higher National Unit Specification

General information for centres

Unit title: Beauty Therapy: Contemporary Electrotherapy

Unit code: DN6F 35

Unit purpose: This Unit is designed to develop the candidates' existing electrotherapy skills. As well as becoming proficient in Contemporary Electrotherapy Skills the students will also, through research, develop their knowledge of specific conditions for use.

On completion of this Unit the candidates should be able to:

- 1 Describe Contemporary Electrotherapy Techniques and specific conditions for use.
- 2 Develop Treatment Plans through consultation with the client.
- 3 Prepare work station and provide Contemporary Electrotherapy.
- 4 Evaluate effectiveness of treatments provided.

Credit points and level: 2 HN Credits at SCQF level 8: (16 SCQF credit points at SCQF level 8*)

**SCQF credit points are used to allocate credit to qualifications in the Scottish Credit and Qualifications Framework (SCQF). Each qualification in the Framework is allocated a number of SCQF credit points at an SCQF level. There are 12 SCQF levels, ranging from Access 1 to Doctorates.*

Recommended prior knowledge and skills: Access to this Unit requires the candidate to possess: Management and Practices of Facial Therapies, Management and Practice of Body Therapies, Anatomy & Physiology for Beauty Therapy and Electro Cosmetic Therapy.

Core skills: There may be opportunities to gather evidence towards Core Skills in this Unit, although there is no automatic certification of Core Skills or Core Skills components.

Context for delivery: This is a mandatory Unit in the framework for HND Beauty Therapy. It is recommended that it is taught and assessed within the subject area of the Group Award to which it contributes.

Assessment: Outcome 1 will be assessed by a written project. Outcomes 2, 3 and 4 are assessed collectively through practical assessments, restricted response written questions and case studies providing evidence of underpinning knowledge. Practical assessment should be through observation of client consultation and treatment plans, preparation of treatment area, effective performance of treatment and evaluation. It is recommended that candidates perform three case studies, (one face, one body and one optional face or body treatment). A minimum of three treatments should be carried out per case study, detailing all aspects of the treatment.

General information for centres (cont)

During Outcomes 2, 3 and 4 — Candidates can choose three of the six treatment types researched. A minimum of three practical observations should be carried out, lasting approximately one hour.

Higher National Unit specification: statement of standards

Unit title: Beauty Therapy: Contemporary Electrotherapy

Unit code: DN6F 35

The sections of the Unit stating the Outcomes, Knowledge and/or Skills, and Evidence Requirements are mandatory.

Where evidence for Outcomes is assessed on a sample basis, the whole of the content listed in the Knowledge and/or Skills section must be taught and available for assessment. Candidates should not know in advance the items on which they will be assessed and different items should be sampled on each assessment occasion.

Outcome 1

Describe Contemporary Electrotherapy and specific conditions for use

Knowledge and/or Skills

A comprehensive study of Contemporary Electrotherapy should be undertaken to enable the students to describe:

- ◆ Type of Treatment
- ◆ Specific contra-indications
- ◆ Effects of the Treatment
- ◆ Specific Conditions for use
- ◆ effects of Electrical charges
- ◆ Price of equipment
- ◆ Suppliers/availability

Evidence Requirements

Candidates should research six currently used methods of contemporary electrotherapy.

- ◆ explain contra-indications to specific treatments
- ◆ explain special care conditions to specific treatments
- ◆ explain the benefits of contemporary electrotherapy on systems of the body and the effect
- ◆ identify specific conditions for use
- ◆ describe how equipment work technically
- ◆ pricing of contemporary electrotherapy equipment
- ◆ availability: research into suppliers and maintenance agents would be beneficial as this could add resilience to a salon

Higher National Unit specification: statement of standards (cont)

Unit title: Beauty Therapy: Contemporary Electrotherapy

A project should be produced to document their findings covering all points listed above.

Assessment Guidelines

To achieve this Outcome the candidate should research Contemporary Electrotherapy and a written project should be produced documenting their findings including all points listed above.

Outcome 2

Develop Treatment Plans through consultation with the client

Knowledge and/or Skills

- ◆ All interaction with clients is sensitive, professional and empathic
- ◆ Ability to analyse client's physical, physiological and psychological requirements of treatments
- ◆ Explanation of contemporary electrotherapy is comprehensive in terms of effects and procedure
- ◆ Treatment aims are explained and specific conditions for use are identified
- ◆ Devise treatment plans suitable to client's requirements and aims

Evidence Requirements

Candidates will need evidence to demonstrate their skills and/or knowledge by showing that they can: Practice consultations techniques not only with new clients but with existing clients, this is to ensure client understanding of the necessity of regular treatments to achieve results. Consideration and decision making are vital, with regard to client expectations and specific conditions for treatment. Specific conditions for use will be covered theoretically within the project produced in Outcome 1, therefore they do not all have to be covered practically in Outcome 2. Treatment plans should follow a logical sequence. Observation of the candidates' performance which includes treatment plan time management and treatment modification would be appropriate. Candidates will have a working underpinning knowledge of anatomy relating to advanced electrotherapy to diagnose clients' needs and plan treatments. Candidates will also use underpinning knowledge to:

- ◆ perform particular consultation techniques which demonstrate good listening skills and use both verbal and non-verbal communication techniques
- ◆ explain the benefits of Contemporary Electrotherapy on systems of the body and their effects
- ◆ identify specific conditions for use
- ◆ identify specific contra-indications to treatments
- ◆ identify special care conditions to specific treatments
- ◆ identify appropriate treatment type
- ◆ devise suitable treatment plans for client, considerations should include compatibility of treatments, constraints on client's time and finance, order of application in multi-treatment strategies, commercial and cost effective timings for treatments
- ◆ demonstrate and explain importance of maintaining confidentiality of details obtained during consultation

Higher National Unit specification: statement of standards (cont)

Unit title: Beauty Therapy: Contemporary Electrotherapy

Practical assessment should be through observation of client consultation and treatment plans, preparation of treatment area, effective performance of treatment and evaluation. It is recommended that candidates perform three case studies, (one face, one body and one optional face or body treatment). A minimum of three treatments should be carried out per case study, detailing all aspects of the treatment.

During Outcomes 2, 3 and 4 — Candidates can choose three contemporary treatments from the six identified in their research. A minimum of three practical observations should be carried out.

Outcome 2, 3 and 4 will be assessed holistically, details of assessment are given after Outcome 4.

Assessment Guidelines

Emphasis should be placed on the candidate's ability to select treatments suitable for the specific body/facial conditions.

Outcomes 2, 3 and 4 are assessed collectively through practical assessments and case studies providing evidence of underpinning knowledge.

Outcome 3

Prepare and Provide Contemporary Electrotherapy

Knowledge and/or Skills

- ◆ Treatment environment is prepared to ensure its cleanliness, warmth and client relaxation
- ◆ Equipment is appropriately prepared in accordance with good practice and positioned appropriately for the treatment
- ◆ Candidates preparation is appropriate in terms of personal hygiene, dress and appearance
- ◆ Clients are appropriately positioned and protected to ensure comfort and safety throughout
- ◆ Candidates can work practically on new and existing clients
- ◆ Candidates can competently work on Face and Body, demonstrating underpinning knowledge of anatomy including, circulatory, lymphatic, muscular, nervous and integumentary system

Evidence Requirements

Candidates will need evidence to demonstrate their Knowledge and/or Skills by showing that they can: Prepare the treatment area to ensure its cleanliness, safety, warmth and client relaxation. All equipment is prepared in accordance with good practice and meets current health and safety requirements. The candidate's preparation is appropriate in terms of code of dress, practice and ethics.

Higher National Unit specification: statement of standards (cont)

Unit title: Beauty Therapy: Contemporary Electrotherapy

The candidate will provide contemporary electrotherapy to new and existing clients to encourage thinking skills through practical experience and oral questions and ensure the candidate has knowledge of:

- ◆ effective and optimum treatment methods
- ◆ safe and economical use of resources
- ◆ a thorough knowledge of chosen treatments
- ◆ correct sequencing and duration of the treatment chosen

Assessment Guidelines

Outcomes 2, 3 and 4 are assessed collectively through practical assessments, oral questioning and case studies providing evidence of underpinning knowledge. Practical assessment should be through observation of client consultation and treatment plans, preparation of treatment area, effective performance of treatment and evaluation. It is recommended that candidates perform 3 case studies, (one face, one body and one optional face or body treatment).

A minimum of three treatments should be carried out per case study, detailing all aspects of the treatment.

During Outcomes 2, 3 and 4 — Candidates can choose three contemporary treatments types from the six researched. A minimum of three practical observations should be carried out.

Outcome 4

Evaluate effectiveness of treatments provided

Knowledge and/or Skills

- ◆ Evaluation of the effectiveness of the treatment is accurate in relation to the client's feedback
- ◆ Provide advice on possible contra-actions to treatments
- ◆ Suitable homecare/aftercare is given
- ◆ All details are clearly and accurately recorded

Evidence Requirements

Candidates will need evidence to demonstrate their skills and/or knowledge by showing that they can:

- ◆ give aftercare/homecare advice to a minimum of three clients, new and existing, using at least three of the treatment types mentioned
- ◆ evaluate effectiveness of treatments through client feedback to ensure clients aims were met and adapt treatment plans if necessary
- ◆ recommend appropriate retail products to maximise results
- ◆ advice clients on possible contra-actions to treatments
- ◆ develop problem-solving strategies

Outcome 2, 3 and 4 will be assessed holistically, details of assessment are given after Outcome 4.

Higher National Unit specification: statement of standards (cont)

Unit title: Beauty Therapy: Contemporary Electrotherapy

Assessment Guidelines

Outcomes 2, 3 and 4 are assessed collectively through practical assessments, oral questioning and case studies providing evidence of underpinning knowledge. Practical assessment should be through observation of client consultation and treatment plans preparation of treatment area, effective performance of treatment and evaluation. It is recommended that candidates perform three case studies, (one face, one body and one optional face or body treatment). A minimum of three treatments should be carried out per case study, detailing all aspects of the treatment.

During Outcomes 2, 3 and 4 — Candidates can choose three contemporary treatment types from the six researched. A minimum of three practical observations should be carried out, lasting approximately 1 hour.

Administrative Information

Unit code:	DN6F 35
Unit title:	Beauty Therapy: Contemporary Electrotherapy
Superclass category:	HL
Original date of publication:	June 2005
Version:	03 (August 2013)

History of changes:

Version	Description of change	Date
02	After review of this Unit clarification has been added as follows: <ul style="list-style-type: none">◆ ‘Advanced cellulite treatments’ has been removed from <i>equipment</i> list in Outcome 1, 2 and 3. In Outcome 1 Evidence Requirements refers to how each piece of the equipment works technically. Outcome 2 Evidence Requirements bullet points 6; 7 have been joined. Where reference is made to equipment ‘advanced cellulite treatments’ has been removed. The following statement has been added — Outcomes 2, 3 and 4 will be assessed holistically; details of assessment are given after Outcome 4.◆ Clarification of the number of case studies, clients and treatments.	Feb 2007
03	Clarification to reflect current trends.	09/08/13

Source: SQA

© Scottish Qualifications Authority 2005, 2007, 2013

This publication may be reproduced in whole or in part for educational purposes provided that no profit is derived from reproduction and that, if reproduced in part, the source is acknowledged.

SQA acknowledges the valuable contribution that Scotland’s colleges have made to the development of Higher National qualifications.

Additional copies of this Unit specification can be purchased from the Scottish Qualifications Authority. Please contact the Customer Contact Centre for further details, telephone 0845 279 1000.

Higher National Unit specification: support notes

Unit title: Beauty Therapy: Contemporary Electrotherapy

This part of the Unit specification is offered as guidance. The support notes are not mandatory.

While the exact time allocated to this Unit is at the discretion of the centre, the notional design length is 80 hours.

Guidance on the content and context for this Unit

This Unit is intended to prepare candidates to develop existing electrotherapy skills and extend their knowledge to incorporate current treatments.. Candidates will be able to describe, consult, prepare, perform and evaluate efficient and effective treatments using appropriate techniques and modify if necessary.

To broaden candidates' knowledge and understanding of the types of treatments available a comprehensive study will be carried out in Outcome 1 resulting in a project.

Outcomes 2, 3 and 4 are assessed collectively through practical assessments, oral questioning and case studies providing evidence of underpinning knowledge. Practical assessment should be through observation of client consultation and treatment plans preparation of treatment area, effective performance of treatment and evaluation. It is recommended that candidates perform three case studies, (one face, one body and one optional face or body treatment). A minimum of three treatments should be carried out per case study, detailing all aspects of the treatment.

During Outcomes 2, 3 and 4 — Candidates can choose three treatments types from the six researched.

A minimum of three practical observations should be carried out.

Guidance on the delivery and assessment of this Unit

Opportunities for developing Core Skills

This Unit is a core Unit in the framework for HND Beauty Therapy. This Unit should be delivered in such a way that it enables candidates to appreciate it's relevance in industry. Where possible Outcomes 2, 3and 4 should be assessed through observation of the candidate in a salon environment, oral questions may also supplement this.

There is a wide range of knowledge which also requires to be assessed to ensure the candidate has sufficient background to perform contemporary electrotherapy safely and effectively. The research carried out in Outcome one should produce the bulk of this knowledge and students are expected to prepare a project documenting this. Individual research for Outcome 1 is encouraged through websites and text books, to supplement knowledge input by lecturer.

Higher National Unit specification: support notes (cont)

Unit title: Beauty Therapy: Contemporary Electrotherapy

Candidates should have sufficient practical experience to ensure they are confident. Theory and practical skills should be delivered simultaneously; candidates should commence practical work in pairs, with case studies and practical observations taking place. It is recommended that there be three case studies with a minimum of three treatments each. Each treatment should last approximately one hour. All records should be complete, concise and accurate, detailing consultation, preparation, performance and evaluation of treatments. Oral questions may be considered necessary to allow candidates to demonstrate competency in underpinning knowledge.

Three practical assessments should be carried out, lasting approximately 1 hour.

Open learning

Due to the practical nature of Outcomes 2, 3 and 4 open learning would not be appropriate.

Candidates with disabilities and/or additional support needs

The additional support needs of individual candidates should be taken into account when planning learning experiences, selecting assessment instruments, or considering alternative Outcomes for Units. Further advice can be found in the SQA document *Guidance on Assessment Arrangements for Candidates with Disabilities and/or Additional Support Needs* (www.sqa.org.uk).

General information for candidates

Unit title: Beauty Therapy: Contemporary Electrotherapy

This Unit is designed to develop existing electrotherapy skills. As well as becoming proficient in current Contemporary Electrotherapy Skills you will also, through research, develop your knowledge of specific conditions for use. Specific conditions for use will be covered theoretically within the project produced in Outcome 1, therefore they do not all have to be covered practically.

On completion of this Unit you should be able to:

- ◆ describe current contemporary Electrotherapy Techniques and specific conditions for use
- ◆ develop Treatment Plans through consultation with the client
- ◆ prepare work station and provide current contemporary electrotherapy treatments
- ◆ evaluate effectiveness of treatments provided

Outcome 1

A comprehensive study of Contemporary Electrotherapy should be undertaken to enable you to describe:

- ◆ type of treatment
- ◆ specific contra-indications
- ◆ effects of the Treatment
- ◆ specific Conditions for use
- ◆ effects of Electrical charges
- ◆ price of equipment
- ◆ suppliers/availability

Research six currently used methods of contemporary electrotherapy.

- ◆ explain the benefits of Contemporary Electrotherapy on systems of the body and the effect treatments would have on Relevant systems – eg circulatory, lymphatic, muscular, nervous and integumentary
- ◆ identify specific conditions for use

◆ **General information for candidates (cont)**

Unit title: Beauty Therapy: Contemporary Electrotherapy

Outcome 2

Practice consultation techniques with new and existing clients. Treatment plans should follow a logical sequence and should be clear, concise and accurate. Treatment plans should include time management and treatment modification. Knowledge of anatomy relating to contemporary electrotherapy to diagnose clients' needs and plan treatments is essential.

Outcome 3

Prepare the treatment area to ensure its cleanliness, safety, warmth and client relaxation. All equipment is prepared in accordance with good practice and meets current health and safety requirements.

Outcome 4

You will be observed carrying out current contemporary electrotherapy treatment sessions for new and existing clients:

- ◆ giving aftercare/homecare advice to a minimum of three clients, new and existing, using at least three of the treatment types researched
- ◆ evaluating effectiveness of treatments through client feedback to ensure clients aims were met and modify treatment plans if necessary
- ◆ recommending appropriate retail products to maximise results
- ◆ advising clients on possible contra-actions to treatments

Each treatment should last approximately 1 hour, (one face, one body and one optional face or body treatment), detailing all aspects of the treatment using a minimum of three of the six machines researched.