

-SQA- SCOTTISH QUALIFICATIONS AUTHORITY

NATIONAL CERTIFICATE MODULE: UNIT SPECIFICATION

GENERAL INFORMATION

-Module Number- 5150024 **-Session-** 1994-95

-Superclass- HL

-Title- FACIAL CARE (x 3)

-DESCRIPTION-

GENERAL COMPETENCE FOR UNIT: Applying standard beauty care routines and cosmetic products to improve the condition of the skin.

OUTCOMES

1. describe the biological structure of the face and neck in relation to beauty care requirements;
2. perform effective mask therapy treatment;
3. reshape eyebrows using the tweezer method;
4. apply cosmetic preparations to the face and neck.

CREDIT VALUE: 3 NC Credits

ACCESS STATEMENT: There is no access statement for this module.

For further information contact: Committee and Administration Unit, SQA, Hanover House, 24 Douglas Street, Glasgow G2 7NQ.

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NATIONAL CERTIFICATE MODULE: UNIT SPECIFICATION**STATEMENT OF STANDARDS****UNIT NUMBER:** 5150024**UNIT TITLE:** FACIAL CARE

Acceptable performance in this unit will be the satisfactory achievement of the standards set out in this part of the specification. All sections of the statement of standards are mandatory and cannot be altered without reference to SQA.

OUTCOME

1. DESCRIBE THE BIOLOGICAL STRUCTURE OF THE FACE AND NECK IN RELATION TO BEAUTY CARE REQUIREMENTS

PERFORMANCE CRITERIA

- (a) The structure and function of the skin is accurately described.
- (b) The muscular and skeletal foundation which underlies the skin is concisely outlined.
- (c) The main skin types, facial shapes and skin tones are correctly identified.
- (d) Common skin disorders and blemishes are accurately described.
- (e) Contra indications to beauty care treatments are correctly identified.

RANGE STATEMENT

Structure of the skin: dermis; epidermis; subcutis; sweat glands; sebaceous glands; hair follicles; blood vessels; sense receptors; nerves.

Functions of the skin: temperature control; sensation; protection; absorption; excretion.

Underlying structure:

- outline of muscle layers of face and neck; shape of muscles; examples of muscular contraction in movement and facial expression;
- outline of skeletal shape.

Note: No detail of muscle or bone names, number or position is required at this level.

Skin types: dry; oily; combination; sensitive; normal; dehydrated.

Facial shapes: square; round; diamond; heart; oval.

Skin colour: fair; dark; sallow.

Common disorders: flaccid muscle tone; open pores; oedema; superfluous hair; dilated capillaries; lines; milia; papules; pustules; ephilides; comedones; vesicles.

Pigmentation.

Contra indications: inflammation; sepsis; allergies; hypersensitivity; cuts; abrasions; recent scar tissue; vascular conditions; skin disease.

EVIDENCE REQUIREMENTS

Written and/or oral evidence of the candidate's ability to describe the structure and function of the skin.

Written and/or oral evidence of the candidate's ability, to identify skin types, facial shapes and skin tones.

Written and/or oral evidence of the candidate's ability to describe common skin disorders and blemishes.

Written and/or oral evidence of the candidate's ability to identify contra indications to treatment.

OUTCOME

2. PERFORM EFFECTIVE MASK THERAPY TREATMENT

PERFORMANCE CRITERIA

- (a) Skin types and conditions which influence the choice of face mask ingredients are identified accurately.
- (b) Mask ingredients selected and blended are suitable for each skin type.
- (c) Mask application and removal techniques are complete, hygienic and safe and follow accurate time sequences.

RANGE STATEMENT

Skin types: dry; oily; combination; sensitive; dehydrated; blemished.

Clay masks; non setting masks.

Preparation of: environment; clients; equipment; products.

Application methods: brushes; spatulas.

EVIDENCE REQUIREMENTS

Practical and written and/or oral evidence of the candidate's ability to identify skin types and conditions which influence the choice of face mask ingredients.

Written and/or practical evidence of the candidate's ability to select and blend suitable mask ingredients for each skin type.

Practical evidence of the candidates ability to apply and remove both types of facial mask correctly.

OUTCOME

3. RESHAPE EYEBROWS USING THE TWEEZER METHOD

PERFORMANCE CRITERIA

- (a) Eyebrows are measured accurately prior to re-shape treatment.
- (b) Brows hairs are prepared for treatment as appropriate to texture.
- (c) The brows are re-shaped using tweezers.
- (d) Client comfort and approval is maintained throughout the treatment process.

RANGE STATEMENT

Use of: tweezers (plain and automatic); antiseptic lotion; hand mirror.

Standard techniques for: measuring brows; plucking hairs.

EVIDENCE REQUIREMENTS

Practical evidence of the candidate's ability to remove eyebrows accurately.

Practical and written evidence of the candidate's ability to prepare eyebrows for reshaping treatment.

Practical evidence of the candidate's ability to maintain client comfort and approval throughout the treatment processes.

OUTCOME

4. APPLY COSMETIC PREPARATIONS TO THE FACE AND NECK

PERFORMANCE CRITERIA

- (a) An appropriate treatment strategy is agreed with the client before commencing treatment.
- (b) All products and equipment are selected and prepared for use prior to commencing treatment.
- (c) A facial cosmetic make up treatment is performed safely and hygienically.

RANGE STATEMENT

Communication to: establish client's wishes; agree treatment plan.

Application: correct products; correct order; safe hygienic practices; cleansers; toners; moisturisers; coloured cosmetics for face, eyes and lips.

EVIDENCE REQUIREMENTS

Practical and oral evidence of the candidate's ability to select and prepare products and equipment prior to commencing treatment.

Practical evidence of the candidate's ability to perform facial cosmetic make up treatments on each skin type.

ASSESSMENT RECORDS

In order to achieve this unit, candidates are required to present sufficient evidence that they have met all the performance criteria for each outcome within the range specified. Details of these requirements are given for each outcome. The assessment instruments used should follow the general guidance offered by the SQA assessment model and an integrative approach to assessment is encouraged. (See references at the end of support notes).

Accurate records should be made of assessment instruments used showing how evidence is generated for each outcome and giving marking schemes and/or checklists, etc. Records of candidates' achievements should be kept. These records will be available for external verification.

SPECIAL NEEDS

In certain cases, modified outcomes and range statements can be proposed for certification. See references at end of Support Notes.

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NATIONAL CERTIFICATE MODULE: UNIT SPECIFICATION**SUPPORT NOTES**

UNIT NUMBER: 5150024

UNIT TITLE: FACIAL CARE

SUPPORT NOTES: This part of the unit specification is offered as guidance. None of the sections of the support notes is mandatory.

NOTIONAL DESIGN LENGTH: SQA allocates a notional design length to a unit on the basis of time estimated for achievement of the stated standards by a candidate whose starting point is as described in the access statement. The notional design length for this unit is 120 hours. The use of notional design length for programme design and timetabling is advisory only.

PURPOSE This module deals with a full range of cosmetic make up treatments. It is a suitable introduction to candidates hoping to continue study in beauty therapy or for hairdressers wishing to extend their skills.

SQA publishes summaries of NC units for easy reference, publicity purposes, centre handbooks, etc. The summary statement for this unit is as follows:

This module deals with standard professional facial treatments. In it you will learn how to perform mask therapy, eyebrows shaping and cosmetic applications to the face and neck using processes and procedures which are hygienic and effective. You will also learn about the structure and functions of the skin and a range of cosmetic products.

CONTENT/CONTEXT

Corresponding to outcomes 1-4:

1. It is essential that the candidate has a sound knowledge of the structure and function of the skin in order to facilitate:
 - (a) accurate assessment of skin type and condition;
 - (b) correct choice of products;
 - (c) identification of contra indications.

This should include the dermis its connection with the epidermis and subcutis and the relevance of these structures when planning cosmetic treatments.

Only an outline knowledge of the skeletal and muscular structure of the face and neck is required. No names, numbers and positions of bones and muscles are required.

The general function of muscles in movement and facial expression should be explained and examples given.

Skin types, colourings and disorders should be examined in detail with examples of each type available.

Characteristics of each type of skin should be identified on live models.

Common problems such as sagging jaw line or double chin, crepey skin, puffiness, crow's feet, open pores, superfluous hairs and dilated capillaries, milia, papules, pustules, ephelides, comedones and vesicles should also be identified on live models.

Pigmentary disorders should be identified as/when available - birthmarks and chloasma in particular.

It is most important that candidates are made aware of the limitations of treatment and the point at which referral to the medical profession is essential.

Inflammation, sepsis, allergies and hypersensitivity abrasions, cuts and vascular conditions are always contra indicated, as are the more obvious conditions of skin disease.

2. Candidates should be encouraged to experiment with a wide variety of natural products like fruit, vegetables, yoghurt, eggs, milk, oatmeal, honey when choosing mask ingredients.

Clay ingredients are still a good medium for personalised treatment requirements although they are less popular in salon use today. This should be borne in mind and some currently available alternatives may be introduced along with the standard powders of kaolin, magnesium, calamine and fuller's earth.

Clean and efficient application and removal of mask products should be achieved and the need for accurate timing should be stressed.

3. It is essential that candidates are made aware of the need for extra care when working around the eye area.

Sudden movements should be avoided and nervous clients need constant reassurance. It may not be possible to use automatic tweezers at all on this type of client.

Candidates should be aware of the appearance of styes, conjunctivitis and the need to avoid working when these conditions are present.

Accurate measuring of eyebrows should be stressed as should adequate preparation of the brow hairs prior to plucking.

Warm pads may be applied to relax the follicles to facilitate easy removal of coarse hairs.

Safe and hygienic practices should be reinforced throughout the teaching of this module.

Involvement of the client is important to avoid dissatisfaction and to establish pain and discomfort levels.

4. Candidates should be encouraged to visit cosmetic counters to extend product knowledge and to explore availability.

Promotional videos, magazines and company representatives are also a good source of information on fashion trends, colours etc. Free expression when applying make up should be encouraged within the boundaries of client satisfaction.

APPROACHES TO GENERATING EVIDENCE This module is essentially candidate centred with much of the knowledge being acquired through investigatory approaches. Use could be made of current magazines, videos, company demonstrations/explanations and visits to local outlets.

Demonstrations and discussion of skin analysis using lenses, mirrors etc could reinforce the element of danger of point of reference to the medical profession while also familiarising the candidates with client handling skills and rules of hygiene and safety.

These activities could be monitored by candidates using checklists.

The candidates should in the first instance practice upon each other with the Tutor supervising and correcting faults. This enables the candidates to experience for themselves the effects of treatment and also offers an opportunity to use peer group assessment techniques.

Integrated assessment would allow opportunity to evaluate practical performance across the full treatment range and this could be recorded on a checklist by the candidate and/or tutor and/or client.

Candidates could also record all treatment details and retain a copy for formation of a bank of case studies.

Formative assessment could be applied throughout the module as the percentage of practical activity required in this module is very high.

Progressive treatments with candidates working over a period of time on the same client helps the candidate to observe results and obtain a more commercially relevant experience. This exercise could be treated as a formal case study and could contain many of the elements required for practical assessment in this module.

ASSESSMENT PROCEDURES Corresponding to outcomes 1-4:

Outcome 1 Each of the performance criteria could be assessed using a minimum of ten short answer questions and/or diagrams.

Satisfactory achievement of the outcome is based on all of the performance criteria being met.

Outcome 2 For performance criteria (a) and (b) a short answer test of ten questions could be used, based upon case studies or live models and samples of various mask ingredients. The candidate would be required to identify skin conditions and match up appropriate mask ingredients for each skin type.

For performance criterion (c) observation of the candidate's performance in practical work using a checklist and/or part of an integrated assessment. The following points could be observed:

- 2.1 suitable mask type, correct mixing/consistency, even application
- 2.2 use of eye pads
- 2.3 correct timing
- 2.4 satisfactory removal of mask
- 2.5 observation of hygiene and safety.

Satisfactory achievement of the outcome is based on all the performance criteria being met.

Outcome 3 Observation of the candidate's performance in practical work using a checklist or integrated assessment.

The following points could be observed:

- 3.2 preparation for treatment
- 3.2 measuring of eyebrows
- 3.3 preparation of brow hairs before treatment
- 3.4 removal of hair observing method and direction
- 3.5 client care.

Oral and/or written questions may also be required to establish knowledge where this cannot be inferred through performance.

Satisfactory achievement of the outcome is based on all the performance criteria being met.

Outcome 4 Performance criteria (a), (b) and (c) could be assessed by observation of the candidate's performance in practical work using a checklist and/or integrated assessment instrument.

The following points could be observed:

- 4.1 accurate client consultation
- 4.2 identification of clients characteristics,
ie: skin type, face shape, colouring, blemishes
- 4.3 selection of appropriate preparations for each skin type
- 4.4 selection of appropriate treatment for each skin type
- 4.5 preparation of work area and materials
- 4.6 sterilisation procedures
- 4.7 application of products is correct, efficient, and in the correct order
- 4.8 application of foundation colour
- 4.9 application of colour correctives
- 4.10 application of powder
- 4.11 choice and application of colour cosmetics
- 4.12 use of safe and hygienic practices
- 4.13 observation of client comfort throughout
- 4.14 production of a satisfactory finished result showing colour harmony appropriate to the occasion.

Satisfactory achievement of the outcome is based upon all the performance criteria being met.

PROGRESSION This module articulates with other modules in beauty care, especially 5150034 Eye Treatments.

RECOGNITION Many SQA NC units are recognised for entry/recruitment purposes. For up-to-date information see the SQA guide 'Recognised and Recommended Groupings'.

REFERENCES

1. Guidelines for Module Writers.
2. SQA's National Standards for Assessment and Verification.
3. For a fuller discussion on assessment issues, please refer to SQA's Guide to Assessment.
4. Procedures for special needs statements are set out in SQA's guide 'Students with Special Needs'.

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