



National Unit Specification: general information

UNIT Setting and Winding Techniques for Hair (SCQF level 5)

CODE F4C8 11

SUMMARY

The focus of this Unit is practical. Candidates will gain skills in setting and winding techniques through the use of suitable products, tools and equipment. On completion of the Unit candidates will be able to identify an appropriate style for a client through consultation and using the skills gained produce a finished style. This Unit is suitable for candidates with little or no knowledge within this area of hairdressing.

OUTCOMES

- 1 Identify and describe the properties of hair and the affects of setting and winding.
- 2 Establish client requirements and agree style through consultation.
- 3 Prepare to set and wind hair to achieve the agreed style.
- 4 Perform setting and winding techniques to achieve the agreed style.

RECOMMENDED ENTRY

While entry is at the discretion of the centre, candidates would normally be expected to have attained one of the following, or equivalent:

F0FA 10 *Cosmetology: Hairdressing — Practical Skills*

CREDIT VALUE

1 credit at SCQF level 5 (6 SCQF credit points at SCQF level 5*).

**SCQF credit points are used to allocate credit to qualifications in the Scottish Credit and Qualifications Framework (SCQF). Each qualification in the Framework is allocated a number of SCQF credit points at an SCQF level. There are 12 SCQF levels, ranging from Access 1 to Doctorates.*

Administrative Information

Superclass: HL

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National Unit Specification: general information (cont)

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CORE SKILLS

There is no automatic certification of Core Skills components in this Unit.

Opportunities for developing aspects of Core Skills are highlighted in Learning and Teaching Approaches for this Unit.

National Unit Specification: statement of standards

UNIT Setting and Winding Techniques for Hair (SCQF level 5)

Acceptable performance in this Unit will be the satisfactory achievement of the standards set out in this part of the Unit Specification. All sections of the statement of standards are mandatory and cannot be altered without reference to SQA.

OUTCOME 1

Identify and describe the properties of hair and the affects of setting and winding.

Performance Criteria

- (a) Identify and describe the properties of hair.
- (b) Describe the elastic properties of hair in relation to setting and winding.
- (c) Describe the effects of humidity on the changed hair shape.

OUTCOME 2

Establish client requirements and agree style through consultation.

Performance Criteria

- (a) Identify client style requirements through consultation.
- (b) Identify and discuss the influencing factors with clients.
- (c) Identify and agree style.

OUTCOME 3

Prepare to set and wind hair to achieve the agreed style.

Performance Criteria

- (a) Select tools and equipment required to achieve the agreed style.
- (b) Select styling products appropriate to hair type.
- (c) Identify setting and winding techniques required.
- (c) Prepare client following salon procedures.

OUTCOME 4

Perform setting and winding techniques to achieve the agreed style.

Performance Criteria

- (a) Use styling products as per manufacturer's instructions.
- (b) Demonstrate control of the hair when using tools and equipment.
- (c) Use correct techniques to achieve desired end result.
- (d) Use appropriate drying technique for the correct length of time.
- (e) Comply with current health and safety legislation.
- (f) Check end result achieves the agreed style.

National Unit Specification: statement of standards (cont)

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EVIDENCE REQUIREMENTS FOR THIS UNIT

Outcome 1 — Written and/or oral evidence

Evidence for Outcome 1 should be eight short answer questions. Candidates must:

- ◆ identify and describe the properties of hair:
 - alpha and beta keratin
 - hydrogen bonds
 - elastic properties
 - hygroscopic properties
- ◆ describe the elastic properties of hair in relation to blow drying
- ◆ describe the effects of humidity on the changed hair shape

This assessment must be carried out in closed-book conditions.

Outcome 2, 3 and 4 — Performance evidence

Candidates must carry out satisfactory setting and winding techniques on a minimum of three clients with differing hair lengths one above shoulders and one below shoulders (with long layers, short layers or one length) and two hair types (with movement and without movement).

Candidates must demonstrate that they are able to:

- ◆ consult with the client to identify style requirements
- ◆ identify and discuss the influencing factors: hair texture, haircut, density, head/face shape, and hair growth patterns
- ◆ identify and agree style
- ◆ select tools, equipment and styling products: combs (sectioning, dressing); brushes; traditional rollers; velcro rollers; heated rollers; bendies; perm rods; three appropriate styling products
- ◆ prepare the client for setting and winding a style following salon procedures
- ◆ use styling products as per manufacturers' instructions
- ◆ control the hair when using tools and equipment — sectioning; mesh size; tension; angle of hair mesh
- ◆ use correct setting and winding techniques to achieve desired result for one technique from each of the following groups:
 - 1 Techniques: finger waving, pin curling
 - 2 Setting patterns: basic set, brick set, directional set
 - 3 Winding techniques: nine section wind, brick wind, directional wind
- ◆ follow client care throughout the blow drying process
- ◆ comply with current health and safety legislation
- ◆ check end result through discussion with client and consultation sheet

An assessor observation checklist must be completed to record candidate performance supported by a client consultation sheet completed by the candidate. An Assessment Support Pack has been produced for this Unit. This pack includes a sample folio, an observation checklist and client consultation sheet. Centres wishing to produce their own instruments of assessment should refer to the Assessment Support Pack to ensure that they are of a comparable standard.

National Unit Specification: support notes

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All techniques must be covered for practice and a choice of any **three** techniques should be covered for practical assessment to reflect centres/candidates needs e.g. wind/hot set/wet set.

This part of the Unit Specification is offered as guidance. The support notes are not mandatory.

While the exact time allocated to this Unit is at the discretion of the centre, the notional design length is 40 hours.

GUIDANCE ON THE CONTENT AND CONTEXT FOR THIS UNIT

This Unit is a mandatory Unit in the National Certificate Group Award in Hairdressing (SCQF level 5). It can also be undertaken as a free-standing Unit or in conjunction with *Blow Drying Techniques*, where a holistic approach may be taken for delivery and assessment of Outcome 1 in both Units. Candidates will gain skills in setting and winding techniques through the use of suitable products, tools and equipment. The candidate will be able to identify an appropriate style for a client through consultation and using the skills gained will produce a finished style. This Unit is suitable for candidates with little or no knowledge within this area of hairdressing.

The delivery of this Unit should be in a realistic work environment.

The evidence which candidates produce will be eight short answer questions under closed-book conditions:

- ◆ hygroscopic properties on the hair
- ◆ humidity on the hair with reference to the alpha/beta keratin transformation
- ◆ the hair's elastic properties in relation to blow drying

Outcomes 2, 3 and 4 will be delivered in a realistic work environment where the candidate may practice on mannequin heads or live models.

The candidate must be made aware of the importance of:

- ◆ client consultation, taking into account face shape, lifestyle, hair type, head and face shape, and hair growth patterns
- ◆ styling products, which are appropriate
- ◆ appropriate setting and winding equipment for different styles
- ◆ appropriate tools to achieve desired end result.
- ◆ client protection and comfort at all times

National Unit Specification: support notes (cont)

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The candidate should practice the following skills in preparation for assessment. This will include the following areas:

- ◆ using styling products as per manufacturers' instructions
- ◆ control when using tools and equipment
- ◆ correct setting and winding techniques to achieve agreed style
- ◆ drying time is appropriate to achieve the agreed style
- ◆ client care throughout the process
- ◆ current health and safety legislation
- ◆ confirmation of the end result

National Unit Specification: support notes (cont)

UNIT Setting and Winding Techniques for Hair (SCQF level 5)

Safe and hygienic practices should be adhered to throughout this Unit, in relation to clients, candidate, tools and equipment and the workplace.

Particular attention must be paid to Personal Protective Equipment (PPE), Control of Substances Hazardous to Health (COSHH), Electricity at Work Regulations, and The Health and Safety at Work Act.

GUIDANCE ON LEARNING AND TEACHING APPROACHES FOR THIS UNIT

Outcome 1 should be delivered prior to practical activity in Outcomes 2, 3 and 4. It is anticipated that the Unit as a whole will be delivered in the salon environment. In order to gain an understanding of the properties of hair the delivery may include experiments, video, group discussion, text books, internet.

Demonstrations given by the teacher/lecturer in the initial phase, and possibly throughout the delivery of the Unit should ensure that adequate coverage of the different setting and winding techniques are delivered to the candidate.

The candidate will gain knowledge and understanding of techniques and equipment through practical experience and this will give them the ability to devise a setting and winding technique suitable to the client.

By demonstration, role-play and practice the skills of communication with clients and the analysis of client's hair, which may be acquired in earlier Units, should be enhanced and refined.

Initial practice may be given on mannequin heads and when the candidate reaches a satisfactory standard they should progress to clients with a variety of hair types.

OPPORTUNITIES FOR CORE SKILL DEVELOPMENT

This Unit may provide the opportunities to develop Core Skills through the practical activity. Candidates will be involved in listening, seeking advice, planning resources, feedback and producing a written and/or oral evidence for the folio. There are good opportunities for developing Core Skills in *Communication* and *Working with Others*.

GUIDANCE ON APPROACHES TO ASSESSMENT FOR THIS UNIT

Opportunities for the use of e-assessment

E-assessment may be appropriate for some assessments in this Unit. By e-assessment we mean assessment which is supported by information and communications technology (ICT), such as e-testing or the use of e-portfolios or e-checklists. Centres which wish to use e-assessment must ensure that the national standard is applied to all candidate evidence and that conditions of assessment as specified in the Evidence Requirements are met, regardless of the mode of gathering evidence. Further advice is available in *SQA Guidelines on Online Assessment for Further Education (AA1641, March 2003)*, *SQA Guidelines on e-assessment for Schools (BD2625, June 2005)*.

National Unit Specification: support notes (cont)

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Outcome 1 of this Unit may be assessed holistically in conjunction with Outcome 1 of the Unit F4BX 11 *Blow Drying Techniques*.

Outcome 1 is assessed by a folio produced by the candidate. This Outcome should be assessed prior to the delivery of Outcomes 2, 3 and 4.

A holistic approach is recommended for Outcomes 2, 3 and 4, where the performance evidence will take the form of a client consultation sheet and an assessor observation checklist.

The assessor will observe the candidate carrying out setting and winding techniques on three different clients. This should cover:

- ◆ Communication: establish client wishes, confirmation of desired look
- ◆ Client care and safety: gowning, protection
- ◆ Hair types: with movement, straight
- ◆ Hair length: above shoulders and below shoulders — (one length, long layers, short layers)
- ◆ Influencing factors: hair texture, haircut, density, head/face shape, and hair growth patterns
- ◆ Styling products used
- ◆ Tools and equipment: combs (sectioning, dressing); brushes; traditional rollers; velcro rollers; heated rollers; bendies; perm rods; three appropriate styling products
- ◆ Use correct setting and winding techniques to achieve desired result
 - 1 Techniques: finger waving, pin curling
 - 2 Setting patterns: basic set, brick set, directional set
 - 3 Winding techniques: nine section wind, brick wind, directional windCandidates must show knowledge and understanding of all techniques required for setting and winding. Candidates will be assessed on one technique from each group.
- ◆ Health and Safety requirements: sterilisation, PPE, COSH, Electricity at Work Act

CANDIDATES WITH DISABILITIES AND/OR ADDITIONAL SUPPORT NEEDS

The additional support needs of individual candidates should be taken into account when planning learning experiences, selecting assessment instruments, or considering alternative Outcomes for Units. Further advice can be found in the SQA document *Guidance on Assessment Arrangements for Candidates with Disabilities and/or Additional Support Needs* (www.sqa.org.uk).

National Unit Specification: support notes (cont)

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History of changes to Unit

Version	Description of change	Date
02	Evidence requirements for Outcomes 2,3 and 4 setting and winding techniques amended to clarify number of settings and winding techniques required.	21/10/2011