



## National Unit specification: general information

**Unit title:** Wellness Therapies: First Aid in the Salon

**Unit code:** FR0A 12

**Superclass:** PL

**Publication date:** July 2011

**Source:** Scottish Qualifications Authority

**Version:** 01

## Summary

This Unit has been designed as a mandatory Unit of the National Certificate in Wellness Therapies at SCQF level 6, but also can be taken as a free standing Unit. The aim of this Unit is to allow the candidate to demonstrate knowledge of relevant first aid procedures in the salon the candidate will demonstrate a knowledge and understanding of the responsibilities of current workplace first aid regulations.

## Outcomes

- 1 Describe the first aid procedures required in the salon.
- 2 Describe the management, treatment of injuries and conditions in line with current health and safety executive guidelines.
- 3 Demonstrate first aid procedures and treatments within the salon.

## Recommended entry

While entry is at the discretion of the centre, candidates would normally be expected to have an appropriate level of skills in communication, IT and Numeracy.

## Credit points and level

1 National Unit credit(s) at SCQF level 6: (6 SCQF credit points at SCQF level 6\*)

*\*SCQF credit points are used to allocate credit to qualifications in the Scottish Credit and Qualifications Framework (SCQF). Each qualification in the Framework is allocated a number of SCQF credit points at an SCQF level. There are 12 SCQF levels, ranging from Access 1 to Doctorates.*

## **National Unit specification: general information (cont)**

**Unit title:** Wellness Therapies: First Aid in the Salon

### **Core Skills**

Opportunities to develop aspects of Core Skills are highlighted in the support notes of this Unit specification.

There is no automatic certification of Core Skills or Core Skill components in this Unit.

## **National Unit specification: statement of standards**

### **Unit title:** Wellness Therapies: First Aid in the Salon

Acceptable performance in this Unit will be the satisfactory achievement of the standards set out in this part of the Unit specification. All sections of the statement of standards are mandatory and cannot be altered without reference to SQA.

#### **Outcome 1**

Describe the first aid procedures required in the salon.

##### **Performance Criteria**

- (a) Describe the responsibilities of first aid required in the salon.
- (b) Describe the actions required to ensure safety of all clients.
- (c) Describe the process of dealing with first aid incidents within the salon.
- (d) Explain the recording procedures used in first aid at work.

#### **Outcome 2**

Describe the management, treatment of injuries and conditions in line with current health and safety executive guidelines.

##### **Performance Criteria**

- (a) List current health and safety legislation guidelines for salons.
- (b) Describe the assessment and management of burns, an allergic reaction to a product, eye care.
- (c) Describe the management of problems relating to fainting, nausea, choking, loss of consciousness and strokes.
- (d) Describe the assessment and management of injuries to skeleton, joints and muscles and skin.

#### **Outcome 3**

Demonstrate first aid procedures and treatments within the salon.

##### **Performance Criteria**

- (a) Demonstrate initial care to ensure client is comfortable.
- (b) Demonstrate first aid procedures that can be dealt with within the salon.
- (c) Demonstrate the correct procedures for arranging medical assistance.

## National Unit specification: statement of standards (cont)

**Unit title:** Wellness Therapies: First Aid in the Salon

### Evidence Requirements for this Unit

Evidence that covers all Outcomes and Performance Criteria is required. This should take the form of written or practical evidence.

#### Outcomes 1 and 2

Recorded evidence will take the form of an open-book project. The candidate will provide written evidence in the form of a report. This report must include the following:

- ◆ description of responsibilities and actions to ensure the safety of all clients
- ◆ list of current health and safety legislation guidelines for salons
- ◆ brief explanation of the salon recording procedures related to first aid
- ◆ accident book/recording documentation
- ◆ description of the assessment and management of burns, an allergic reaction to a product (eye care due to product entering eyes)
- ◆ description of the assessment and management of problems relating to fainting, nausea, choking, loss of consciousness and strokes
- ◆ description the assessment and management of injuries to skeleton, joints and muscles and skin (as in accidental cuts)

Current health and safety executive guidelines procedures must be included when compiling this report.

#### Outcome 3

Performance and additional evidence is required to demonstrate candidates have achieved this Outcome and Performance Criteria.

Two of the following first aid procedures could be demonstrated in Outcome 3:

- ◆ practically demonstrate how to make the client comfortable initially
- ◆ demonstrate correct procedure for burns, fainting, nausea, choking and loss of consciousness
- ◆ placing someone correctly into the recovery position
- ◆ the use of techniques, equipment, or dressings to treat **one** injury to either a bone, joint or muscle.
- ◆ correct procedures for arranging medical assistance

Assessor's observation checklist should be completed.

This practical test as a role play and may be conducted using two candidates at a time. One can act as the injured person for the other.

Candidates must not be aware of the specific injury and condition chosen before the assessment event.

If re-assessment is required, a different injury and/or condition should be sampled.

## National Unit specification: support notes

**Unit title:** Wellness Therapies: First Aid in the Salon

This part of the Unit specification is offered as guidance. The support notes are not mandatory.

While the exact time allocated to this Unit is at the discretion of the centre, the notional design length is 40 hours.

### Guidance on the content and context for this Unit

Current practice will apply throughout the Unit as this is subject to regular change. It is important to note that this Unit will not qualify candidates as a **Health and Safety approved Work Place First Aider**.

It can also be delivered as a free-standing Unit and is suitable for those who have no prior experience of first aid qualifications.

The aim of the Unit is to introduce candidates to the knowledge and skills necessary to deal effectively with clients who are injured or suffer a sudden illness, prior to being placed in the care of medically qualified personnel. In delivering the Unit tutors should focus on the first aid priorities for each subject area and ways of managing each injury or condition.

Candidates should be aware of the recognition and first aid procedures for a wide variety of injuries and conditions and be able to deal with an unknown first aid incident whether a full emergency or a minor first aid treatment. The Unit should be delivered in the context of current procedures, identified in Health and Safety Executive Guidelines.

### Outcome 1

This Outcome is designed to give the candidate the knowledge and skills to manage a variety of incidents involving casualties requiring first aid.

Candidates should be aware of the need for a speedy assessment of the situation and safety requirements in relation to the client, the trainee therapists and others within the salon environment.

Areas to be covered in this Outcome should include:

- ◆ the role and responsibilities of a first aider including appropriate legislative requirements
- ◆ safety issues
- ◆ action at an emergency, including:
  - assessing the situation
  - making the area safe
  - managing single and multiple casualties
  - checking the casualty
  - gaining assistance from others, including the emergency services
  - passing on information
- ◆ the process of dealing with incidents
- ◆ examination of client
- ◆ recording incidents

## National Unit specification: support notes

**Unit title:** Wellness Therapies: First Aid in the Salon

### Outcome 2

This Outcome is designed to give the candidate the knowledge and skills required to manage and provide first aid procedures to a variety of injuries and conditions including bone, joint and muscle injuries and fractures and skin cuts.

Correct procedure for burns, fainting, nausea, choking and loss of consciousness.

Correct procedure, for the treatment of an allergic reaction to a product, eye care, due to a product entering the eyes.

### Outcome 3

This Outcome is designed to provide the candidate with the practical skills required to manage and treat a variety of conditions. This includes the practical element for the theory covered in Outcome 1 and 2.

- ◆ Candidates should practically demonstrate the process:
  - the placing of someone in the recovery position
  - the use of techniques, equipment, dressings and bandages and the treatment of such injuries covered in Outcome 2
- ◆ Demonstrate the correct procedures for arranging medical assistance

Outcomes 1 and 2 may be integrated with this Outcome in order to ensure that the theory aspects of the Unit are delivered alongside the practical application of the theory base. Candidates should be made aware of procedures for monitoring vital signs, including levels of responsiveness, pulse, breathing, and temperature. Bandages and dressing techniques should be integrated into the first aid process for each injury.

## **National Unit specification: support notes (cont)**

**Unit title:** Wellness Therapies: First Aid in the Salon

### **Guidance on learning and teaching approaches for this Unit**

As this Unit must be taught in the context of current Health and Safety Executive Guidelines, it is important that teachers/lecturers and candidates are familiar with current theory and practical procedures as stated in these Guidelines. Outcomes 1 and 2 can be explored using a variety of methods, eg:

- ◆ practical exercises in small groups
- ◆ group/paired role plays
- ◆ the discussion of project in groups or pairs
- ◆ individual, paired or group research using a variety of resources such as the Internet
- ◆ demonstrations

There are a number of manuals, DVDs and CD ROMs available from a variety of Voluntary Aid Societies.

The Internet may also prove a good resource for the most up-to-date information on current Health and Safety Executive Guidelines.

### **Outcome 3**

This covers the practical requirement for dealing with incidents and relating them to the theory included in Outcomes 1 and 2.

This must be integrated with the theory by use of demonstration and practical teaching.

## National Unit specification: support notes (cont)

**Unit title:** Wellness Therapies: First Aid in the Salon

### Guidance on approaches to assessment for this Unit

The assessment for this Unit is laid out clearly in the Evidence Requirements section of the statement of standards of this Unit specification.

#### Outcomes 1 and 2

Recorded evidence will take the form of a project. The candidate will provide written evidence in the form of a report.

This report must include the following:

- ◆ description of responsibilities and actions to ensure the safety of all clients
- ◆ list of current health and safety legislation guidelines for salons
- ◆ brief explanation of the salon recording procedures related to first aid
- ◆ accident book/recording documentation
- ◆ description of the assessment and management of burns, an allergic reaction to a product (eye care due to product entering eyes)
- ◆ description of the assessment and management of problems relating to fainting, nausea, choking, loss of consciousness and strokes
- ◆ description the assessment and management of injuries to skeleton, joints and muscles and skin

#### Outcome 3

The first aid procedures to be demonstrated in Outcome 3 are those of the following:

- ◆ practically demonstrate how to make the client comfortable initially
- ◆ demonstrate correct procedure for burns, fainting, nausea, choking and loss of consciousness
- ◆ placing someone correctly into the recovery position
- ◆ the use of techniques, equipment, or dressings to treat **one** injury to either a bone, joint or muscle and skin.
- ◆ correct procedures for arranging medical assistance

Assessor's observation checklist should be completed.

This practical assessment may be conducted using two candidates, one model's as the injured person for the candidate being assessed (except for CPR). Candidates must not be aware of the specific injury and condition chosen before the assessment if re-assessment is required a different injury and/or condition should be sampled.

The assessor will determine the specific injury for the practical assessment.



## **National Unit specification: support notes (cont)**

**Unit title:** Wellness Therapies: First Aid in the Salon

### **Opportunities for the use of e-assessment**

E-assessment may be appropriate for some assessments in this Unit. By e-assessment we mean assessment which is supported by Information and Communication Technology (ICT), such as e-testing or the use of e-portfolios or e-checklists. Centres which wish to use e-assessment must ensure that the national standard is applied to all candidate evidence and that conditions of assessment as specified in the Evidence Requirements are met, regardless of the mode of gathering evidence. Further advice is available in *SQA Guidelines on Online Assessment for Further Education (AA1641, March 2003)*, *SQA Guidelines on e-assessment for Schools (BD2625, June 2005)*.

### **Opportunities for developing Core Skills**

In this Unit candidates will interact with clients and others, giving good opportunities for developing aspects of Core Skill of Communication and interpersonal skills. Problem solving will be incorporated while undertaking the practical elements of this Unit.

### **Disabled candidates and/or those with additional support needs**

The additional support needs of individual candidates should be taken into account when planning learning experiences, selecting assessment instruments, or considering whether any reasonable adjustments may be required. Further advice can be found on our website [www.sqa.org.uk/assessmentarrangements](http://www.sqa.org.uk/assessmentarrangements)

## History of changes to Unit

Version	Description of change	Date

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