



## **National Unit specification: general information**

**Unit title:** Lower Leg Waxing (SCQF level 4)

**Unit code:** FW0E 10

**Superclass:** HL

**Publication date:** September 2011

**Source:** Scottish Qualifications Authority

**Version:** 02

### **Summary**

This is an optional Unit within the NPA in Beauty and Digital Communication at SCQF level 4; NPA in Creative Facial Techniques and Media at SCQF level 4 and NPA in Creative Beauty at SCQF level 4. It can also be used as a free-standing Unit

This Unit will provide candidates with the knowledge and skills to allow them to perform lower leg waxing treatment safely. Candidates will develop knowledge of hair removal techniques and be able to assess the advantages and disadvantages of each from the specified range. They will also learn how to consult with clients, recognise contra-indications and perform a lower leg waxing treatment using the spatula application method. The candidates will be able to provide aftercare advice and record their self evaluation of their performance. This Unit is suitable for college students, school pupils and adult returners who have an interest in the subject area.

### **Outcomes**

- 1 Demonstrate knowledge of hair removal techniques and consider the advantages and disadvantages from a specified range.
- 2 Consult and prepare for half leg waxing treatment in a salon environment.
- 3 Perform wax treatment using spatula techniques and provide aftercare advice.

### **Recommended entry**

Entry is at the discretion of the centre.

## **General information (cont)**

**Unit title:** Lower Leg Waxing (SCQF level 4)

### **Credit points and level**

1 National Unit credit at SCQF level 4: (6 SCQF credit points at SCQF level 4\*)

*\*SCQF credit points are used to allocate credit to qualifications in the Scottish Credit and Qualifications Framework (SCQF). Each qualification in the Framework is allocated a number of SCQF credit points at an SCQF level. There are 12 SCQF levels, ranging from Access 1 to Doctorates.*

### **Core Skills**

Achievement of this Unit gives automatic certification of the following Core Skills component:

- ◆ Critical Thinking at SCQF level 4
- ◆ Planning and Organising at SCQF level 4

There are also opportunities to develop aspects of Core Skills which are highlighted in the Support Notes of this Unit specification.

## **National Unit specification: statement of standards**

### **Unit title:** Lower Leg Waxing (SCQF level 4)

Acceptable performance in this Unit will be the satisfactory achievement of the standards set out in this part of the Unit specification. All sections of the statement of standards are mandatory and cannot be altered without reference to SQA.

#### **Outcome 1**

Demonstrate knowledge of hair removal techniques and consider the advantages and disadvantages from a specified range.

##### **Performance Criteria**

- (a) Identify hair removal techniques from the specified range.
- (b) List advantages and disadvantages for each technique.
- (c) Discuss the advantages and disadvantages of each technique identified.

#### **Outcome 2**

Consult and prepare for half leg waxing treatment in a salon environment.

##### **Performance Criteria**

- (a) Consult with client for treatment.
- (b) Recognise contra-indications and special care conditions.
- (c) Prepare self, client, treatment area and equipment in accordance with current health and safety legislation and industry standards.

#### **Outcome 3**

Perform wax treatment using spatula techniques and provide aftercare advice.

##### **Performance Criteria**

- (a) Carry out necessary health and safety checks and procedures.
- (b) Apply and remove wax to the lower leg.
- (c) Provide after care and home care advice to clients.

## National Unit specification: statement of standards (cont)

**Unit title:** Lower Leg Waxing (SCQF level 4)

### Evidence Requirements for this Unit

Performance evidence and written/oral recorded evidence which covers all the Outcomes and Performance Criteria is required for this Unit.

Written and/or oral recorded evidence should be produced to demonstrate that the candidate has achieved all the Performance Criteria for Outcome 1. The assessment should be conducted under open-book conditions which the candidate identifies hair removal techniques and the advantages and disadvantages from the following range:

— shaving, depilatory creams, impregnated cold wax strips and warm wax method.

Performance evidence is required which demonstrates that the candidate has achieved the required standard set out in the Outcomes and Performance Criteria for Outcomes 2 and 3.

Each candidate will be required to prepare and perform a lower leg waxing treatment under supervised conditions. Candidates must:

- ◆ Recognise contra-indications and special care conditions:
  - sepsis
  - skin infections
  - skin disorders eczema/psoriasis/hypersensitivity
  - cuts and abrasions
  - bruising
  - varicose veins
  - sunburn
  - moles
  - recent scar tissue
  
- ◆ Candidates will be required to demonstrate on a minimum of one occasion that they are able to:
  - Prepare self, treatment area and equipment in accordance with current health and safety legislation and industry standards.
  - Prepare self, Protective Personal Equipment, minimum jewellery.
  - Prepare treatment area and equipment — wax pot, waxing strips, tweezers, spatulas; bin, bowls and materials — paper roll, plinth, cotton wool, tissues and products. (pre wax cleanser, post wax solution).
  - Consult with client and agree treatment plan.
  - Prepare client for treatment.
  - Observe current health and safety legislation and industry standards: patch testing of wax on self and client, masking technique (white petroleum jelly) personal protective equipment such disposable gloves.
  - Apply wax in accordance with manufacturer's instructions and industry standards.
  - Remove wax in accordance with manufacturer's instructions and industry standards.
  - Provide after care and home care advice.
  - Self-evaluation of treatment performance (included in consultation sheets).

## **National Unit specification: statement of standards (cont)**

**Unit title:** Lower Leg Waxing (SCQF level 4)

Waxing treatment which must be observed is a lower leg only and must be carried out on one occasion using the spatula application method.

Performance Evidence for Outcome 2 and Outcome 3 must be gathered on the same assessment occasion.

## **National Unit specification: support notes**

### **Unit title:** Lower Leg Waxing (SCQF level 4)

This part of the Unit specification is offered as guidance. The support notes are not mandatory.

While the exact time allocated to this Unit is at the discretion of the centre, the notional design length is 40 hours.

### **Guidance on the content and context for this Unit**

This is a complementary optional Unit within the NPA in Beauty and Digital Communication at SCQF level 4; NPA in Creative Facial Techniques and Media at SCQF level 4 and NPA in Creative Beauty at SCQF level 4. It can also be used as a free-standing Unit

The rationale behind the complementary optional Unit is that it can be included in any of the above NPAs but the NPAs can still be achieved without this Unit. It would be at the discretion of the centre as to whether the complementary optional Unit should be introduced dependent on whether student group and mode of delivery of the NPA allowed sufficient time to deliver Unit effectively.

This Unit will enable candidates to develop waxing skills on the lower legs only. The candidate will study temporary hair removal techniques, contra-indications, health and safety in the salon environment, prior to preparing and performing waxing treatments. This Unit must be delivered in an appropriate work environment.

Tutor demonstrations will enable candidates to observe the required standards.

Contra-indications may be observed through visual assessment of clients or internet or books and colour illustrations. Candidates must be aware of contra-indications and special care procedures which may restrict lower leg waxing treatments, for example, a client with a hairy mole.

The candidate must be able to identify hair removal techniques and the advantages and disadvantages from the following range:

- shaving, depilatory creams, impregnated cold wax strips and warm wax.

Candidates should use clients consultation sheets which should also record home care and after care advice given to clients and self evaluation of treatment performance.

### **Guidance on learning and teaching approaches for this Unit**

This Unit should be delivered with an integrative approach. Awareness of health and safety required in relation to the preparation and performance of lower leg waxing treatment. Such as patch testing (temperature and sensitivity); safety in using electrical equipment; personal protective equipment; contaminated waste disposal and 'self' responsibility in relation to health and safety at work. Please note there is a code of practice for waxing services available from [www.habia.org.uk](http://www.habia.org.uk).

## National Unit specification: support notes (cont)

### Unit title: Lower Leg Waxing (SCQF level 4)

Procedures should be linked to current health and safety legislation and industry standards. Waxing treatment should be observed on one occasion on the lower leg only using the spatula application method.

Candidates should be given step by step instructions on preparation, application and removal of wax with the emphasis placed on health and safety and hygiene procedures in order to meet the standards required.

Candidates should be allowed over time to develop the waxing skills required within their peer group before progressing to the assessment process.

### Guidance on approaches to assessment for this Unit

#### Outcome 1

The assessment for this Outcome should be carried out under open-book conditions where the candidate identifies hair removal techniques and the advantages and disadvantages from the following range:

- shaving, depilatory creams, impregnated cold wax strips and warm wax.

#### Outcomes 2 and 3

Assessment for Outcomes 2 and 3 should be assessed holistically using a practical assessment format and observed on one occasion. The assessment of the practical activity must take place in an appropriate salon environment.

This should include:

- ◆ Consult with client prior to treatment and recognition of contra-indications and special care conditions:
  - sepsis; skin infections; skin disorders eczema/psoriasis/hypersensitivity; cuts and abrasions; bruising; varicose veins; sunburn; moles and recent scar tissue.
- ◆ Preparation of self, client, treatment area and equipment in accordance with current health and safety legislation and industry standards.
- ◆ Application and removal of wax on the lower legs, using spatula method.
- ◆ Provide and after care and homecare advice.

### Opportunities for the use of e-assessment

E-assessment may be appropriate for some assessments in this Unit. By e-assessment we mean assessment which is supported by Information and Communication Technology (ICT), such as e-testing or the use of e-portfolios or e-checklists. Centres which wish to use e-assessment must ensure that the national standard is applied to all candidate evidence and that conditions of assessment as specified in the Evidence Requirements are met, regardless of the mode of gathering evidence. Further advice is available in *SQA Guidelines on Online Assessment for Further Education (AA1641, March 2003)*, *SQA Guidelines on e-assessment for Schools (BD2625, June 2005)*.

## **National Unit specification: support notes (cont)**

**Unit title:** Lower Leg Waxing (SCQF level 4)

### **Opportunities for developing Core Skills**

This Unit may provide the opportunities to develop Core Skills through the practical activity. Candidates will be involved in listening, seeking advice, planning resources, feedback and producing a written and/or oral evidence for Outcome 1. There are good opportunities for developing Core Skills in *Communication*, *Numeracy*, *Working with Others* and *Problem Solving*.

### **Disabled candidates and/or those with additional support needs**

The additional support needs of individual candidates should be taken into account when planning learning experiences, selecting assessment instruments, or considering whether any reasonable adjustments may be required. Further advice can be found on our website [www.sqa.org.uk/assessmentarrangements](http://www.sqa.org.uk/assessmentarrangements)



## History of changes to Unit

Version	Description of change	Date
02	Core Skills Components Critical Thinking and Planning and Organising at SCQF level 4 embedded.	30/09/2011

© Scottish Qualifications Authority 2011

This publication may be reproduced in whole or in part for educational purposes provided that no profit is derived from reproduction and that, if reproduced in part, the source is acknowledged.

Additional copies of this Unit specification can be purchased from the Scottish Qualifications Authority. Please contact the Customer Contact Centre, telephone 0845 279 1000.