

NATIONAL CERTIFICATE MODULE: UNIT SPECIFICATION**STATEMENT OF STANDARDS****UNIT NUMBER:** 5150044**UNIT TITLE:** NAIL CARE

Acceptable performance in this unit will be the satisfactory achievement of the standards set out in this part of the specification. All sections of the statement of standards are mandatory and cannot be altered without reference to SQA.

OUTCOME

1. PREPARE THE CLIENT FOR NAIL TREATMENT

PERFORMANCE CRITERIA

- (a) Indications and contra-indications to treatment are identified and the client is advised accordingly.
- (b) All equipment and products are prepared and available for agreed treatment.
- (c) The client is positioned correctly for treatment.
- (d) The clients hands/feet are prepared for treatment using antiseptic and enamel remover as appropriate.

RANGE STATEMENT

Treatments: manicure; pedicure; nail repair.

Contra indications: skin disorders; nail disorders/disease; bruising; cuts and abrasions; swelling; warts; scar tissue; loss of tactile sensation; sprains or fractures.

Structure of nail and nail bed and factors which affect healthy growth.

Treatable conditions: furrows; split or broken nails; bitten nails; hang nails; white spots.

Preparation of: client; equipment; products; nails.

EVIDENCE REQUIREMENTS

Written or/and oral evidence of the candidate's ability to identify the structure and function of the nail and factors which influence healthy growth.

Written and practical evidence of the candidate's ability to recognise conditions which can be treated.

Practical evidence of the candidate's ability to make adequate preparation for treatments.

OUTCOME

2. PROVIDE NAIL CARE TREATMENTS

PERFORMANCE CRITERIA

- (a) Implements are used correctly.
- (b) The treatment is carried out in correct sequence.
- (c) Products are applied correctly to achieve aims previously agreed with client.
- (d) Safe and hygienic practices are observed throughout the treatment.

RANGE STATEMENT

Treatments: manicure; pedicure; nail repair; shaping nails; preparing and enamelling nails; cuticle knife; cuticle nippers; emery board; orange stick; buffer; nail clippers.

Product: cuticle cream; cuticle remover; buffing paste; base coat; coloured enamels; top coat; dryer; soaking solutions; hand cream; nail repair solutions.

EVIDENCE REQUIREMENTS

Practical evidence of the candidate's ability to perform effective nail treatments safely and hygienically.

OUTCOME

3. PROVIDE ADVICE ON NAIL AFTERCARE

PERFORMANCE CRITERIA

- (a) Information and advice on further treatments provided is appropriate to the work carried out.
- (b) Products suitable for home care treatment are recommended.
- (c) Aftercare procedures are explained to the client.

RANGE STATEMENT

Aftercare:

- application of homecare products: enamel remover; cuticle cream; hand cream; nail strengthener.
- application of homecare treatment: filing; buffing.

Measures to avoid damage to the nails.

Further treatments.

EVIDENCE REQUIREMENTS

Written and practical evidence of the candidate's ability to advise on aftercare products and treatments.

ASSESSMENT RECORDS

In order to achieve this unit, candidates are required to present sufficient evidence that they have met all the performance criteria for each outcome within the range specified. Details of these requirements are given for each outcome. The assessment instruments used should follow the general guidance offered by the SQA assessment model and an integrative approach to assessment is encouraged. (See references at the end of support notes).

Accurate records should be made of assessment instruments used showing how evidence is generated for each outcome and giving marking schemes and/or checklists, etc. Records of candidates' achievements should be kept. These records will be available for external verification.

SPECIAL NEEDS

In certain cases, modified outcomes and range statements can be proposed for certification. See references at end of Support Notes.

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NATIONAL CERTIFICATE MODULE: UNIT SPECIFICATION**SUPPORT NOTES**

UNIT NUMBER: 5150044

UNIT TITLE: NAIL CARE

SUPPORT NOTES: This part of the unit specification is offered as guidance. None of the sections of the support notes is mandatory.

NOTIONAL DESIGN LENGTH: SQA allocates a notional design length to a unit on the basis of time estimated for achievement of the stated standards by a candidate whose starting point is as described in the access statement. The notional design length for this unit is 40 hours. The use of notional design length for programme design and timetabling is advisory only.

PURPOSE This module may be taken as a free standing module. It is particularly suitable for candidates in hairdressing and/or beauty care.

SQA publishes summaries of NC units for easy reference, publicity purposes, centre handbooks, etc. The summary statement for this unit is as follows:

On completion of this module you will be able to perform nail treatments to the hand and foot to the standard required by industry and to advise on nail aftercare. You will also learn about nail anatomy and growth and a range of nail care and nail treatment products.

CONTENT/CONTEXT The candidate should achieve a good knowledge of the anatomy and growth of nails to the level required in order to carry out safe and effective cosmetic treatments.

The module includes current nail manicuring techniques but does not deal with extensions, wraps and nail artistry.

Corresponding to outcomes 1-3:

1. Live models should be used as much as possible but slides, videos, books, and photographs may be used to provide examples of nail conditions.

Disorders which do not prohibit treatment can usually be found within the candidate group itself.

Candidates should be able to recognise swelling, inflammation, pustular infection, warts, and occasions where fungal infection is present. It is not necessary for candidates to recognise and name individual diseases of the nail as these conditions must always be referred to the medical profession. The importance of safety and hygiene should be constantly reinforced throughout the module with emphasis on methods of nail damage and cross infection.

2. Treatment routines should be thorough and methodical with candidates performing each stage as required to achieve the treatment aims. Modification to standard routines should be considered when special conditions are presented for treatment, eg: furrows, bitten nails.

Candidates should be exposed to the complete range of manicure implements and products. Manufacturers will provide lectures and demonstrations on request.

3. The candidate should have sufficient technical and product knowledge to provide advice on aftercare to clients. Consideration should be given to lifestyle employment, available time and finance and advice given should be realistic.

APPROACHES TO GENERATING EVIDENCE Most of this module involves practical activity with candidates observing demonstration and then practising the skills.

Some use can be made of videos, slides, books, pictures and manufacturers' information packs.

Candidates have the opportunity to experience the treatment processes and effects by working on each other and this will develop confidence and encourage informal peer group assessment.

Client case studies and/or record cards could be used to record candidates progress and breadth of experience.

Candidates could be encouraged to visit sales outlets and salons to improve product knowledge and this information could be disseminated through group discussion and/or a group project.

ASSESSMENT PROCEDURES Corresponding to outcomes 1-3:

- Outcome 1 Performance criterion (a) could be assessed by one extended response in the form of an essay or report and should include diagrams. It could also be assessed by a minimum of fifteen short answer questions also including diagrams.

Performance criteria (b), (c) and (d) could be assessed by observation of the candidate's practical performance and use of a checklist to cover points relating to preparation of equipment, products and the client.

Satisfactory achievement of the outcome is based on all the performance criteria being met.

Outcome 2 Observation of the candidate's performance in practical activity using a checklist to cover the following points:

- 2.1 check for contra indications
- 2.2 selection of appropriate equipment
- 2.3 selection of appropriate products
- 2.4 preparation of equipment and products for use
- 2.5 preparation of client for treatment
- 2.6 correct use of implements
- 2.7 appropriate and correct application of products
- 2.8 effective carrying out of treatment
- 2.9 ensuring client comfort throughout
- 2.10 ensuring safety and hygienic practices are followed throughout
- 2.11 achieving client satisfaction and treatment aims
- 2.12 disposal of waste and preparation of treatment area cubicle for re-use;

and/or a minimum of six case studies or client records provided by the candidate and relating to treatments performed under observation.

Satisfactory achievement of the outcome is based on all the performance criteria being met.

Outcome 3 Observation of the candidate's performance in practical activity using a checklist to cover the following points:

- 3.1 provide information and advice on further treatment
- 3.2 recommend appropriate home care products
- 3.3 explain aftercare procedures;

and/or a minimum of six case studies or client records provided by the candidate and relating to treatments performed under observation.

Satisfactory achievement of the outcome is based on all performance criteria being met.

PROGRESSION This module would allow progression to 5150054 Artificial Nail Structures.

RECOGNITION Many SQA NC units are recognised for entry/recruitment purposes. For up-to-date information see the SQA guide 'Recognised and Recommended Groupings'.

REFERENCES

1. Guidelines for Module Writers.
2. SQA's National Standards for Assessment and Verification.
3. For a fuller discussion on assessment issues, please refer to SQA's Guide to Assessment.
4. Procedures for special needs statements are set out in SQA's guide 'Students with Special Needs'.

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