



**NATIONAL CERTIFICATE MODULE: UNIT SPECIFICATION****STATEMENT OF STANDARDS****UNIT NUMBER:** 5160155**UNIT TITLE:** SPORT AND PHYSICAL RECREATION IN THE COMMUNITY

Acceptable performance in this unit will be the satisfactory achievement of the standards set out in this part of the specification. All sections of the statement of standards are mandatory and cannot be altered without reference to SQA.

**OUTCOME**

1. IDENTIFY THE PROVISION OF SPORT AND PHYSICAL RECREATION WITHIN A LOCAL AREA AND THE MAIN CLIENT GROUPS WHO USE IT

**PERFORMANCE CRITERIA**

- (a) Identification of sport and physical recreation facilities, services and providers in a local area is accurate.
- (b) Identification of the main client groups and relevant sports and physical activities is correct.

**RANGE STATEMENT**

Providers: public, commercial and voluntary sectors including local authority facilities and services; youth clubs; youth groups; local sport clubs.

Facilities and services: indoor; outdoor; wet; dry; outdoor pursuits; waterbased; parks; walkways.

Client groups: adults; male; female; children; pre-five; over 50s; elderly; special needs; low income.

**EVIDENCE REQUIREMENTS**

Oral or written identification of sport and physical recreation establishments, client groups and related physical activities.

**OUTCOME**

2. ASSESS THE USE OF SPORT AND PHYSICAL RECREATION FACILITIES IN A LOCAL AREA

**PERFORMANCE CRITERIA**

- (a) Identification of the most popular activities is accurate.
- (b) Identification of the least popular activities is accurate.
- (c) Identification of activities which are not catered for is accurate.
- (d) Identification of factors contributing to high or low level of popularity of activities is accurate.

**RANGE STATEMENT**

Activities: individual; group; majority; minority.

Factors: access; cost; distance; weather; additional services; quality of provision.

**EVIDENCE REQUIREMENTS**

Oral or written explanation of what are the most popular and least popular activities with reasons given as to why this is the case.

Oral or written explanation of why identified activities are not catered for.

**OUTCOME**

3. INVESTIGATE THE ORIGINS AND DEVELOPMENT OF SPORT AND PHYSICAL RECREATION PROVISION IN A LOCAL COMMUNITY

**PERFORMANCE CRITERIA**

- (a) Identification of sport and physical recreation groups and clubs in a local area is accurate.
- (b) Explanation of the origins of groups and clubs is clear.
- (c) Explanation of changes in groups and clubs in recent years is clear.
- (d) Description of ways in which of groups and clubs may be maintained and developed is correct.

**RANGE STATEMENT**

Groups and clubs: local sports clubs; youth groups; voluntary groups.

Changes: new trends; developments; regression.

**EVIDENCE REQUIREMENTS**

Written evidence of the conclusions of the investigation into the origins and development of two sports or physical recreation groups or clubs in a local community.

**OUTCOME**

4. IDENTIFY ASSISTANCE AND SUPPORT AVAILABLE FOR COMMUNITY SPORT AND PHYSICAL RECREATION

**PERFORMANCE CRITERIA**

- (a) Description of national, local and voluntary sources of formal and informal funding is accurate.
- (b) Description of concessions available for identified client groups is correct.
- (c) Identification of sources of voluntary and paid manpower assistance is correct.

**RANGE STATEMENT**

Formal funding: local authorities; local district sports councils; community education; Scottish Sports Council; national agencies; special initiatives.

Informal funding: sponsorship; self-help.

Client groups: adults; male; female; children; pre-five; over 50s; elderly; special needs; low income.

Assistance: grants; concessions; in-kind; voluntary help; paid help.

**EVIDENCE REQUIREMENTS**

Written explanation of national, local and voluntary sources of funding including systems of concessions for particular client groups.

Oral or written evidence of knowledge of sources of voluntary and paid manpower assistance.

**OUTCOME**

5. MAKE USE OF LOCAL SPORT AND PHYSICAL RECREATION FACILITIES AND SERVICES EMPLOYING APPROPRIATE PROCEDURES FOR BOOKING AND USAGE

**PERFORMANCE CRITERIA**

- (a) Selection of activities and facilities is appropriate in relation to participants' requirements.
- (b) Identification and employment of booking procedures are correct.
- (c) Participation in selected activities is in accordance with accepted etiquette.
- (d) Use of facilities and services is in accordance with recognised procedures and acceptable standards of behaviour.

**RANGE STATEMENT**

Facilities and services: indoor; outdoor; wet; dry; outdoor pursuits; water based; parks; walkways.

**EVIDENCE REQUIREMENTS**

Performance evidence of making use of a sport and physical recreation facility and service in accordance with the requirements specified above.

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**ASSESSMENT**

In order to achieve this unit, candidates are required to present sufficient evidence that they have met all the performance criteria for each outcome within the range specified. Details of these requirements are given for each outcome. The assessment instruments used should follow the general guidance offered by the SQA assessment model and an integrative approach to assessment is encouraged. (See references at the end of support notes).

Accurate records should be made of the assessment instruments used showing how evidence is generated for each outcome and giving marking schemes and/or checklists, etc. Records of candidates' achievements should be kept. These records will be available for external verification.

### **SPECIAL NEEDS**

In certain cases, modified outcomes and range statements can be proposed for certification. See references at end of support notes.

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**NATIONAL CERTIFICATE MODULE: UNIT SPECIFICATION****SUPPORT NOTES**

**UNIT NUMBER:** 5160155

**UNIT TITLE:** SPORT AND PHYSICAL RECREATION IN THE COMMUNITY

**SUPPORT NOTES:** This part of the unit specification is offered as guidance. None of the sections of the support notes is mandatory.

**NOTIONAL DESIGN LENGTH:** SQA allocates a notional design length to a unit on the basis of time estimated for achievement of the stated standards by a candidate whose starting point is as described in the access statement. The notional design length for this unit is 40 hours. The use of notional design length for programme design and timetabling is advisory only.

**PURPOSE** The purpose of this module is to introduce the topic of physical recreation in the community to candidates. The module has twin aims of a theoretical and practical nature. In the first instance, it considers the underpinning knowledge relating to physical recreation, users, its history in a locality and its support structures. Latterly, it demands that the candidate employs aspects of this knowledge to access facilities and services.

SQA publishes summaries of NC units for easy reference, publicity purposes, centre handbooks, etc. The summary statement for this unit is as follows:

This module will enable you to identify the range of provision for sport and physical recreation in the community and how to access the provision.

**CONTENT/CONTEXT** This module should be considered in the context of physical recreation facilities, resources and services. Physical recreation should be defined as broadly as appropriate and not narrowly focussed on sport. Thus, hill-walking, camping and other recreational pursuits should be included within investigations.

Additionally, the module is concerned with facilities, resources and services made available to the widest selection of the public and across the spectrum of providers.

**APPROACHES TO GENERATING EVIDENCE** Evidence can be gathered in a number of means. First, practical investigations can be conducted to identify facilities and services. Secondly, literature can be reviewed using magazines, books, journals and similar texts to provide relevant and up to date information. Guest speakers/lecturers could be employed to identify and explain current provision and trends. Visits to facilities can be used to bring out many of the

practical aspects of leisure provision. Candidates might also employ survey questionnaires of friends or the public to identify needs.

**ASSESSMENT PROCEDURES** A variety of instruments of assessment could be used with oral or written responses to questions being the main method employing restricted responses or short answers. Additionally, practical assignment could be used for Outcome 5.

**EXEMPLARS** Outcome 1 - Report:

Physical recreation is undertaken by many sectors of the community during part of their leisure time.

You are a new member of staff in a local authority and have been asked to prepare a database of (a) community resources, services and providers of physical recreation; (b) identify the main client group which are provided for and; (c) identify the physical activities offered within the area for each client group.

**RECOGNITION** Many SQA NC units are recognised for entry/recruitment purposes. For up-to-date information see the SQA guide 'Recognised and Recommended Groupings'.

## REFERENCES

1. Guide to unit writing.
2. For a fuller discussion on assessment issues, please refer to SQA's Guide to Assessment.
3. Procedures for special needs statements are set out in SQA's guide 'Students with Special Needs'.
4. Information for centres on SQA's operating procedures is contained in SQA's Guide to Procedures.
5. For details of other SQA publications, please consult SQA's publications list.

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