



## National Unit Specification: general information

**UNIT** Work Experience (SCQF level 5)

**CODE** D36H 11

### SUMMARY

Developing planning, organisational, investigative, interpersonal skills and self awareness through work experience.

### OUTCOMES

- 1 Devise and arrange a work experience placement in relation to personal development goals.
- 2 Undertake a programme of work experience.
- 3 Initiate and sustain working relationships in the analysis, planning and implementation of a work experience.
- 4 Evaluate the contribution of the work experience to own personal, social and vocational development.

### RECOMMENDED ENTRY

Access to this Unit is at the discretion of the centre. However, it would be beneficial if the candidate had achieved Work Experience (Intermediate 1) or equivalent.

### CREDIT VALUE

1 credit at Intermediate 2 (6 SCQF credit points at SCQF level 5\*).

*\*SCQF credit points are used to allocate credit to qualifications in the Scottish Credit and Qualifications Framework (SCQF). Each qualification in the Framework is allocated a number of SCQF credit points at an SCQF level. There are 12 SCQF levels, ranging from Access 1 to Doctorates.*

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#### Administrative Information

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## **National Unit Specification: general information (cont)**

**UNIT**      Work Experience (SCQF level 5)

### **CORE SKILLS**

Achievement of this Unit gives automatic certification of the following:

- ◆ Complete Core Skills      Problem Solving at SCQF level 5  
Working with Others at SCQF level 5
- ◆ Core Skill components      None

## **National Unit Specification: statement of standards**

### **UNIT      Work Experience (SCQF level 5)**

Acceptable performance in this Unit will be the satisfactory achievement of the standards set out in this part of the Unit Specification. All sections of the statement of standards are mandatory and cannot be altered without reference to SQA.

#### **OUTCOME 1**

Devise and arrange a work experience placement in relation to personal development goals.

##### **Performance Criteria**

- (a) An initial self-assessment clearly identifies qualities and skills and realistic personal goals are set.
- (b) Information from a range of sources is used effectively to aid the arranging of a work placement.
- (c) A work placement is selected which is relevant to personal qualities, skills and goals and which takes into consideration problems and consequences associated with different choices.
- (d) Taking account of own and others' strengths, a detailed step-by-step application process for the work experience placement is devised and implemented.
- (e) The placement contract is negotiated effectively and includes agreed plans for provision for conducting a work-based project whilst on placement.
- (f) Required preparations for implementing the work experience are accurate and complete in terms of gathering essential information.
- (g) Resources required to plan and implement the work experience placement and the project are selected and obtained.
- (h) Arrangements are confirmed clearly and accurately.

#### **OUTCOME 2**

Undertake a programme of work experience.

##### **Performance Criteria**

- (a) A mutually agreed programme of work is planned effectively which includes practising vocational skills.
- (b) The programme is implemented according to the contract, with the candidate organising his/her work independently and effectively.
- (c) The work-based project is implemented effectively and according to plan.
- (d) Placement requirements and appropriate health, safety and hygiene requirements are observed at all times.
- (e) Flexibility of approach and problem solving are demonstrated clearly.

## **National Unit Specification: statement of standards (cont)**

### **UNIT        Work Experience (SCQF level 5)**

#### **OUTCOME 3**

Initiate and sustain working relationships in the analysis, planning and implementation of a work experience.

##### **Performance Criteria**

- (a) Anticipated needs of workmates/supervisors/customers are responded to relevantly.
- (b) Advice and assistance are sought when required and evaluated effectively.
- (c) Ideas, information and judgements volunteered to others are relevant, accurate and sensible.
- (d) Co-operative working relationships in unfamiliar situations are initiated independently.
- (e) Opinions of others are evaluated critically.
- (f) Behaviour is modified appropriately to meet the needs of different situations.

#### **OUTCOME 4**

Evaluate the contribution of the work experience to own personal, social and vocational development.

##### **Performance Criteria**

- (a) The initial self assessment is re-examined in terms of strengths and weaknesses and progress towards defined goals is evaluated effectively.
- (b) Evaluation of the placement supervisor's report is expressed by constructive and critical comment.
- (c) A detailed explanation of the planning and implementation of the work-based project is clear and comprehensive.
- (d) Feelings and reactions to the work experience are expressed clearly.
- (e) The original application process is evaluated critically and suggestions for improvement are justified.
- (f) Performance in task management and interpersonal skills is evaluated and related to future personal, social and vocational goals.

## **National Unit Specification: statement of standards (cont)**

**UNIT**      Work Experience (SCQF level 5)

### **EVIDENCE REQUIREMENTS FOR THIS UNIT**

Evidence is required to demonstrate that candidates have achieved all Outcomes and Performance Criteria.

The candidate will receive support throughout the Unit whilst generating the evidence required to achieve the national standard through each of the Outcomes for this Unit. This means that the teacher/lecturer should issue advice to candidates to enable progress.

The specific evidence required to demonstrate the achievement of each Outcome is listed below:

#### **Outcome 1**

- ◆ an initial self assessment
- ◆ written and/or oral evidence for one work experience placement

#### **Outcome 2**

- ◆ a plan of work
- ◆ performance evidence which meets all the Performance Criteria for one work experience placement
- ◆ written and/or oral evidence which supports the performance evidence

#### **Outcome 3**

- ◆ performance evidence for one work experience

#### **Outcome 4**

- ◆ an updated self assessment
- ◆ written and/or oral evidence for one work experience placement

## **National Unit Specification: support notes**

### **UNIT      Work Experience (SCQF level 5)**

This part of the Unit Specification is offered as guidance. The support notes are not mandatory.

While the exact time allocated to this Unit is at the discretion of the centre, the notional design length is 40 hours.

#### **GUIDANCE ON THE CONTENT AND CONTEXT FOR THIS UNIT**

The Unit is largely concerned with the development of such general skills and qualities as identifying candidates' interests and capabilities; finding out about work routines and conventions; exploring working with others; planning and organising; finding out about the organisational structure, processes and equipment of placements; investigating the requirements and career structure of placements. It is also designed to give candidates the opportunity to explore a particular vocational area in order that they may make more informed career choices.

#### **Outcome 1**

Individual candidates, working independently, should identify their qualities, skills and interests in relation to work and set personal development goals. Their choice of work placement will be made after examining information from a range of sources which they have identified. Candidates should match their goals with a suitable placement and negotiate a contract with the placement provider. The contract should allow for the candidate's expressed goals to be pursued and the candidate should give evidence that the problems and consequences inherent in the chosen work programme have been considered. The contract should also outline a proposed work based project (eg a study of career paths, training and qualification requirements; a technical study of the processes and products of an organisation; an investigation of a particular job carried out through work shadowing). Candidates will also be expected to record the planning and implementation of the work based project.

The role of the tutor/trainer in this Unit is that of consultant as the experience is largely candidate led. The tutor/trainer should ensure that adequate provision is made for the candidate's health, safety and welfare.

#### **Outcome 2**

The contexts for work experience are wide ranging. The candidate should negotiate with the workplace supervisor a suitable programme of activities which will enable him or her to practise vocational skills and also to plan, organise and implement a work based project. The candidate should comply with the terms of this contract and build in opportunities for review of progress. Tutors/trainers and supervisors should be aware of the need to look for evidence of flexibility of approach and problem solving. Appropriate guidelines on safety, insurance and other constraints must be observed.

Placement experience should be a minimum of 60 hours duration (at least 10 of these being devoted to the project) and should normally take place in one location. The project may be presented in a written and/or audiovisual format.

## **National Unit Specification: support notes (cont)**

### **UNIT Work Experience (SCQF level 5)**

#### **Outcome 3**

A high degree of interpersonal skills is required in this Unit. Candidates are required to initiate co-operative working relationships and to anticipate and respond to the needs of others. The work programme and the project will provide the opportunity to use interpersonal skills in a wide range of contexts; to seek and evaluate advice and to show evidence of volunteering ideas, information and judgement. It will also enable candidates to present themselves in a manner which they perceive to be appropriate in a variety of situations.

#### **Outcome 4**

During and after the work placement each candidate should review the experience in order to assess personal strengths and weaknesses with a significant degree of insight. The initial self-assessment should be reconstructed to accommodate the learning gained and the candidate should identify progress towards developmental goals. The interview provides an opportunity for the candidate to evaluate and comment on the report of the workplace supervisor and to conduct a detailed explanation of the project findings. Candidates should review the value of the learning experience to their own personal, social and vocational development, in particular to future plans for work, education or training.

### **GUIDANCE ON LEARNING AND TEACHING APPROACHES FOR THIS UNIT**

The tutor's/trainer's role will be largely consultative and he or she will be a resource for planning, interview techniques, time management advice, planning of the work based project, information on health and safety, codes of practice etc. The tutor/trainer may also act as a general mentor should the candidate require support and encouragement.

It is expected that in the course of the Unit each candidate will compile a folder of assessment evidence containing self-assessment sheets, a planning sheet for the work experience, log sheets which record the activities undertaken by the candidates during the work placement and the findings of the work-based project and a final review sheet with reflections on the work experience and its relevance to personal and social development.

#### **Outcome 1**

Induction to the Unit including explanation of its key features and establishing working relationships.

Involving candidates in decision making is valuable for personal development as well as being a powerful motivating factor. In this Unit the areas for negotiation are wide ranging and cover most of the stages of the planning and implementation of the work experience. Individual and group exercises to enable candidates to make a realistic assessment of their qualities and skills should be carried out. Tutors/trainers may ask candidates to extend their self-assessment to the production of a curriculum vitae which could be used when contacting the placement provider. The setting of personal goals should only be completed after the final choice of placement has been made.

## **National Unit Specification: support notes (cont)**

### **UNIT          Work Experience (SCQF level 5)**

Choice of work placement should be made after consideration of print materials, videos, experiences of group members, visits to work places, speakers, careers specialists etc. Many areas have local registers of companies and these can be used in addition to business directories, computer databases, Yellow Pages etc. Examples of previous programmes and contracts can be used to inform candidates and help them negotiate a work placement. Candidates must realise that they may not always be in a position to achieve precisely the contract they want and that compromise may be needed. Possible future use of a particular placement may depend on the candidate's tact and diplomacy in this matter. Considerable flexibility should be shown by the tutor/trainer to enable candidates' to contact placements, attend interviews etc.

Communication skills can be integrated into this phase of the Unit through letter writing, telephoning, interviewing, composition of curriculum vitae etc. Thus the candidate may learn how to operate effectively in formal situations. Equally as important are informal networks — making and using contacts, having the courage to ask, learning the work culture, tapping possible sources of information such as friends and family. Tutors/trainers may exploit such aspects by allowing candidates to brief and debrief one another in small groups.

Role play, case studies and videos may be used to prepare candidates for the type of activities in which they may be involved and to help them decide on appropriate use of skills and behaviours in a variety of situations.

#### **Outcome 2**

Candidates should record experiences as they occur in log sheets/work diary and should be encouraged to monitor their own progress. The work supervisor should produce a short report to agreed specifications to record the candidate's performance and progress in the workplace. This report should cover not only vocational skills but also interpersonal skills and growth. Tutors/trainers should be careful to highlight the requirements of Outcome 3 and to emphasise the need for candidates to record their experiences in these areas.

The tutor/trainer should visit the candidate during the work placement. When all aspects of the work-placement, including the project, have been agreed, the tutor/trainer and the candidate should set times for interim review sessions. In many areas of work experience the tutor's/trainer's knowledge may not exceed that of the candidate. It is important to recognise this limitation and for the tutor/trainer to play a supportive role.

#### **Outcome 3**

All learning activities should be designed to develop personal and social development skills. Initially the role of the tutor/trainer is to offer support and active guidance to the candidates. However candidates must have the opportunity to do things for themselves, to make choices and decisions, to ask for assistance from the tutor/trainer and others when this is felt to be necessary, to interact with others and to try out new activities and new roles in a climate which feels safe.

The work placement will be a new environment for many candidates and preparation for the placement should recognise this so that candidates are thoroughly prepared before commencing the placement.



## National Unit Specification: support notes (cont)

### UNIT Work Experience (SCQF level 5)

#### Outcome 4

In an interview with each individual, the tutor/trainer will discuss the activities undertaken throughout the Unit and the feelings of the candidates towards these. The interviews should be of sufficient length to allow a thorough investigation of the candidate's learning. Tutors/trainers should not prompt performance but should create an atmosphere and framework within which candidates are encouraged to speak openly about their progress towards the defined goals, their feelings and reactions in relation to the tasks undertaken and the contribution which the learning activities have made towards their personal, social and vocational development.

#### OPPORTUNITIES FOR CORE SKILL DEVELOPMENT

Achievement of this Unit gives automatic certification of the following:

- ◆ Complete Core Skills      Problem Solving at SCQF level 5  
   Working with Others at SCQF level 5
- ◆ Core Skill components      None

#### GUIDANCE ON APPROACHES TO ASSESSMENT FOR THIS UNIT

##### Opportunities for the use of e-assessment

E-assessment may be appropriate for some assessments in this Unit. By e-assessment we mean assessment which is supported by information and communications technology (ICT), such as e-testing or the use of e-portfolios or e-checklists. Centres which wish to use e-assessment must ensure that the national standard is applied to all candidate evidence and that conditions of assessment as specified in the Evidence Requirements are met, regardless of the mode of gathering evidence. Further advice is available in *SQA Guidelines on Online Assessment for Further Education (AA1641, March 2003)*, *SQA Guidelines on e-assessment for Schools (BD2625, June 2005)*.

During the Unit the candidate is required to contribute to the planning and to complete a work experience placement during which he or she should assemble a folder of assessment evidence in relation to Outcomes. Personal interviews are central to the assessment and will be used to explore the candidate's experiences in the work placement in relation to the stated Performance Criteria.

The tutor/trainer may conduct personal interviews with individual candidates or with groups, as appropriate. The interviews will take place on an on-going basis throughout the Unit and should draw on relevant evidence from the candidate's assessment folder.

## **National Unit Specification: support notes (cont)**

### **UNIT            Work Experience (SCQF level 5)**

Centres may use the Instruments of Assessment which are considered by tutors/trainers to be the most appropriate. Examples of Instruments of Assessment which could be used are as follows:

- ◆ personal interview drawing on evidence from planning and self-assessment sheets
- ◆ personal interview drawing on evidence from placement contract, log sheets, work based project and reports from the workplace supervisor and from the tutor/trainer
- ◆ personal interview drawing on evidence from log sheets and reports from the workplace supervisor and the tutor/trainer
- ◆ personal interview using self-assessment sheet and review sheet

### **CANDIDATES WITH DISABILITIES AND/OR ADDITIONAL SUPPORT NEEDS**

The additional support needs of individual candidates should be taken into account when planning learning experiences, selecting assessment instruments, or considering alternative Outcomes for Units. Further advice can be found in the SQA document *Guidance on Assessment Arrangements for Candidates with Disabilities and/or Additional Support Needs* ([www.sqa.org.uk](http://www.sqa.org.uk)).