

## National Unit Specification: general information

**UNIT** Depilation (Intermediate 2)

**NUMBER** D7ST 11

### COURSE

**SUMMARY** The candidate will be able to apply non-permanent cosmetic treatments to camouflage or remove superfluous hair from the face and body.

### OUTCOMES

- 1 Examine the functions of non permanent methods of camouflaging or removing superfluous hair from the face and body.
- 2 Apply appropriate non permanent treatments to camouflage or remove superfluous hair.

### RECOMMENDED ENTRY

Entry is at the discretion of the centre.

### CREDIT VALUE

1 Credit at Intermediate 2

### CORE SKILLS

Information on the automatic certification of any core skills in this unit is published in *Automatic Certification of Core Skills in National Qualifications* (SQA, 1999).

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## Administrative Information

**Superclass:** HL

**Publication date:** January 2002

**Source:** Scottish Qualifications Authority 2002

**Version:** 01

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## **National Unit Specification: statement of standards**

### **UNIT** Depilation (Intermediate 2)

Acceptable performance in this unit will be the satisfactory achievement of the standards set out in this part of the unit specification. All sections of the statement of standards are mandatory and cannot be altered without reference to the Scottish Qualifications Authority.

#### **OUTCOME 1**

Examine the functions of non permanent methods of camouflaging or removing superfluous hair from the face and body.

##### **Performance criteria**

- a) The characteristics of superfluous hair growth are accurately identified.
- b) The specific action of identified products and equipment is accurately explained.
- c) The Hygiene and Health and Safety factors for each method identified.

##### **Note on range for the outcome**

Hair: structure; growth cycle; types of growth.

Locations: eyebrows; lip; face; chin; underarm; abdomen; bikini line; legs; toes; arms.

Causes: biological; hereditary; drug related; tweezing.

Products: bleaching creams; warm waxes; sugaring.

Equipment: electric heater for waxes; roll on waxers; sugaring.

##### **Evidence requirements**

Written and/or oral evidence of the candidate's ability to identify the characteristics of superfluous hair growth.

Written and/or oral evidence of the candidate's ability to categorise products and equipment for depilation and camouflage.

Written and/or oral evidence of the candidate's ability to identify the specific action of identified products, equipment and the standard skin reaction to each one.

Written and/or oral evidence of the Health and Safety factors.

#### **OUTCOME 2**

Apply appropriate non permanent treatments to camouflage or remove superfluous hair.

##### **Performance criteria**

- a) Contra indications and special care conditions to each treatment are correctly identified.
- b) Selection of product or equipment is appropriate to type of hair growth.
- c) Preparation for each type of treatment is appropriate.
- d) Each treatment is carried out effectively, safely and hygienically.
- e) All waste products are disposed of hygienically.

## **National Unit Specification: statement of standards (cont)**

**UNIT** Depilation (Intermediate 2)

### **Note on range for the outcome**

Contra indications: skin disorders; bruising; swelling; warts; moles; scar tissue; loss of tactile sensation; inflammation; sepsis; cuts; abrasions; fractures; sprains; varicose veins; post UV treatment.

Special care conditions: breast implants; diabetes; pregnancy; thin skin.

Preparation: client; products; equipment; ppe.

Treatment areas: legs; bikini line; underarm; face;.

Treatments: bleaching; waxes; sugaring.

Health and safety requirements.

Aftercare: exposure to UV; hot baths; perfumes; antiseptic creams; ingrown hairs; restricted clothing.

Strategies for: fine hair; fast regrowth; sensitive skin.

### **Evidence requirements**

Written and/or oral evidence of the candidate's ability to identify contra indications correctly and areas of special conditions.

Practical evidence of the candidate's ability to make appropriate preparations for each treatment, complying with all Health and Safety Regulations.

Practical evidence should cover the range of treatments.

## **National Unit Specification: support notes**

### **UNIT** Depilation (Intermediate 2)

This part of the unit specification is offered as guidance. The support notes are not mandatory.

While the exact time allocated to this unit is at the discretion of the centre, the notional design length is 40 hours.

### **GUIDANCE ON THE CONTENT AND CONTEXT FOR THIS UNIT**

The candidate should achieve a comprehensive knowledge of depilation products and equipment and be able to apply each of them as indicated to meet individual client requirements.

Corresponding to outcomes 1-2:

#### **Outcome 1**

Knowledge of the hair growth cycle and the structure of skin and hair should be sufficient to allow the candidate to make accurate assessments of individual clients before during and after treatment.

Consideration should be given to the general physical physiological and psychological factors which accompany superfluous hair growth. Candidates should not however be required to study the endocrine system in depth and to name specific drugs or health conditions which are causative factors.

#### **Outcome 2**

Trade journals and company brochures will provide a valuable source of information on available products, equipment and company representatives are usually available to demonstrate new items.

Many different product types and ranges exist although the action of each is similar. It is necessary therefore to expose the candidate to as wide a selection of products as possible and essential that each category of removal is observed.

Selection of products as possible and essential that each category of removal is observed.

Industry codes of practise which must be adhered to:

- Health and Safety Regulations 1981
- Environmental Protection Act 1990
- The Control of Substances Hazardous to Health (COSHH) Regulations 1988
- Personal Protective Equipment at Work 1992
- Data Protection Act 1984

And all subsequent amendments.

## **National Unit Specification: support notes (cont)**

**UNIT** Depilation (Intermediate 2)

### **GUIDANCE ON LEARNING AND TEACHING APPROACHES FOR THIS UNIT**

Most of this module requires a candidate centred approach with demonstrations of practical activity provided by the tutor and/or outside agencies.

Candidates should be encouraged to identify contra indications to treatment on live models whenever possible with reference to slides, videos, photographs and books when live examples are not available.

Practical activity can be carried out in pairs or small groups with each candidate having the opportunity to experience the treatment, practice the application and carry out evaluation. This will generate the kind of opinions which clients will offer and will develop greater empathy in the client handling skills.

Candidates could devise a checklist of points to be considered when undergoing treatment as a 'client' and grade each of the treatments in order of preference, results, time, comfort, etc.

This information, coupled with client feedback should give fairly wide scope to the discussion group and ensure each candidate's participation in the process.

### **GUIDANCE ON APPROACHES TO ASSESSMENT FOR THIS UNIT**

Corresponding to outcomes 1-2:

#### **Outcome 1**

Each performance criteria could be assessed by short answer questions.

Satisfactory achievement of the outcome is based on all the performance criteria being met.

#### **Outcome 2**

Performance criterion (a) could be assessed by the correct identification of a minimum of ten contra indications from live models and/or photographs or descriptions.

Performance criteria (b) and (c) could be assessed by observation of the candidate in practical activity using a checklist to cover the following points:

- 2.1 consults with the client – uses a checklist for contra-indications
- 2.2 prepares working area correctly
- 2.3 prepares equipment and products for use
- 2.4 prepares client appropriately for treatment
- 2.5 prepares skin for treatment
- 2.6 uses bleaching cream correctly
- 2.7 uses wax/sugar correctly
- 2.8 uses warm wax correctly
- 2.9 carries out aftercare of skin
- 2.10 demonstrates a responsible attitude
- 2.11 observes safe and hygienic practices
- 2.12 observes industry codes of practice

Satisfactory achievement of this outcome is based on all the performance criteria being met.

## National Unit Specification: support notes (cont)

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### **SPECIAL NEEDS**

This unit specification is intended to ensure that there are no artificial barriers to learning or assessment. Special needs of individual candidates should be taken into account when planning learning experiences, selecting assessment instruments or considering special alternative outcomes for units. For information on these, please refer to the SQA document *Guidance on Special Assessment and Certification Arrangements for Candidates with Special Needs/Candidates whose First Language is not English* (SQA, 1998).