

## National Unit Specification: general information



**UNIT** Nail Art: Freehand (SCQF level 5)

**CODE** F4P3 11

### SUMMARY

The focus of this Unit is practical. Candidates will carry out an investigation into a range of freehand nail art designs and products. Candidates will then plan and perform basic freehand nail art using a range of equipment and products. On completion of the nail art treatment candidates will then provide homecare and aftercare advice. Previous experience is not necessary but experience in manicure skills would be an advantage. This Unit is suitable for candidates who have manicure and art skills.

### OUTCOMES

- 1 Investigate a range of freehand nail art designs, products and contra indications to treatment.
- 2 Prepare for a freehand nail art treatment.
- 3 Carry out a treatment to achieve the required design.
- 4 Provide homecare and aftercare advice for a nail art treatment.

### RECOMMENDED ENTRY

While entry is at the discretion of the centre, candidates would normally be expected to have attained one of the following or equivalent:

F0FE 10 *Cosmetology: Beauty — Practical Skills*  
F4C3 11 *Manicure*

### CREDIT VALUE

1 credit at SCQF level 5 (6 SCQF credit points at SCQF level 5\*).

*\*SCQF credit points are used to allocate credit to qualifications in the Scottish Credit and Qualifications Framework (SCQF). Each qualification in the Framework is allocated a number of SCQF credit points at an SCQF level. There are 12 SCQF levels, ranging from Access 1 to Doctorates.*

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### Administrative Information

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## **National Unit Specification: general information (cont)**

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### **CORE SKILLS**

There is no automatic certification of Core Skills components in this Unit.

Opportunities for developing aspects of Core Skills are highlighted in Learning and Teaching Approaches for this Unit.

## **National Unit Specification: statement of standards**

### **UNIT      Nail Art: Freehand (SCQF level 5)**

Acceptable performance in this Unit will be the satisfactory achievement of the standards set out in this part of the Unit Specification. All sections of the statement of standards are mandatory and cannot be altered without reference to SQA.

#### **OUTCOME 1**

Investigate a range of freehand nail art designs, products and contra indications to treatment.

##### **Performance Criteria**

- (a) Identify and describe a range of freehand nail art designs.
- (b) Identify a range of nail art products and explain their uses.
- (c) Identify contra-indications to nail art treatments.
- (d) Produce a freehand nail art design.

#### **OUTCOME 2**

Prepare for a freehand nail art treatment.

##### **Performance Criteria**

- (a) Consult with client and agree a nail art design.
- (b) Prepare the workstation with equipment and products appropriate to agreed design.
- (c) Position the client to ensure they are supported and comfortable throughout the treatment.
- (d) Prepare the client's nails for a nail art treatment.

#### **OUTCOME 3**

Carry out the treatment to achieve the required design.

##### **Performance Criteria**

- (a) Follow a logical sequence for the treatment and design.
- (b) Use the equipment correctly to achieve the required design.
- (c) Apply the products accurately to achieve the required design.
- (d) Comply with safe and hygienic practices.

#### **OUTCOME 4**

Provide homecare and aftercare advice for nail art treatments.

##### **Performance Criteria**

- (a) Provide suitable aftercare advice to the client.
- (b) Identify and explain suitable homecare procedures and products specific to the client design.
- (c) Provide advice to the client on contra-actions that may arise and the appropriate action.

## National Unit Specification: statement of standards (cont)

### UNIT Nail Art: Freehand (SCQF level 5)

#### EVIDENCE REQUIREMENTS FOR THIS UNIT

##### Outcome 1 — Written and/or oral evidence

Evidence for Outcome 1 should be gathered at appropriate points throughout the Unit and included in a folio. The contra indications to nail art treatments must be investigated early on in the Unit, prior to the treatment being carried out.

The folio must:

- (a) Identify and describe freehand nail art designs:
  - ◆ dot designs (daisy chains); precision painting (using **two** or more nail enamels colours eg French manicure; flower design; marbling; striping (using stripe brush and paint or striping pen); themed picture designs (Christmas, Easter, Valentines)
- (b) Identify the following nail art products and explain their uses:
  - ◆ base coat; nail art sealer; water based acrylics; striping nail paint; glitter dust; charms; foil wraps; transfers; stencils; polish secures (pearls, metallic studs); rhinestones (diamonds, coloured gems); nail enamels; flat stones (foil stars, moons, hearts)
- (c) Identify the following contra-indications to nail art treatments:
  - ◆ ringworm; scabies; warts; bruising; swelling; redness; pus present
- (d) Produce four freehand nail art designs. The designs must:
  - ◆ use various nail shapes
  - ◆ use dimensions appropriate to nail size
  - ◆ use products and equipment appropriate to design
  - ◆ indicate realistic timescale
  - ◆ consider sequence of application

##### Outcome 2, 3 and 4 — Performance evidence supported by written and/or oral evidence

Candidates will be required to perform a freehand nail art design on a minimum of **four** occasions.

Candidates must:

- (a) Consult with client and agree a freehand nail art design.
- (b) Complete a client consultation sheet.
- (c) Prepare the workstation with equipment and products appropriate to agreed design:
  - ◆ products and equipment from the list below as appropriate to the agreed design

## National Unit Specification: statement of standards (cont)

### UNIT Nail Art: Freehand (SCQF level 5)

- (d) Position the client to ensure they are supported and comfortable throughout the treatment. This must include:
- ◆ seat client comfortably
  - ◆ removal of jewellery
  - ◆ cleaning hands
  - ◆ hand and arm support
  - ◆ client protection appropriate to agreed design
- (e) Prepare the client's nails for a nail art treatment. This must include:
- ◆ removal of product from nails as appropriate
  - ◆ perform appropriate shaping
  - ◆ perform cuticle work
  - ◆ apply suitable base coat
- (f) Follow a logical sequence for the treatment and design. This must include:
- ◆ an appropriate sequence of application
  - ◆ timing
- (g) Use the equipment correctly to achieve the required design.
- (h) Apply the products accurately to achieve the required design.
- (i) Comply with safe and hygienic practices.
- (j) Provide suitable aftercare advice to the client:
- ◆ ensure nails are completely dry
  - ◆ avoid activities which may damage the design (for up to 4 hours)
- (k) Identify and explain suitable homecare procedures and products specific to the client design:
- ◆ use suitable topcoat/nail sealer every other day
  - ◆ use a cuticle oil every day
  - ◆ avoid prolonged immersion in water
  - ◆ wear protective gloves (when using detergents; housework; gardening)
- (l) Provide advice to the client on contra-actions that may arise and the appropriate action:
- ◆ allergic reaction: redness to cuticle area; inflammation; hot to touch; painful — seek GP advice immediately

Candidates must use the designs produced in Outcome 1 when carrying out the freehand nail art treatments on a minimum of **four** occasions using a selection of the equipment and products below. Candidates must use the equipment and products listed in the mandatory list and choose a minimum of **two** from both the equipment and product option list.

## National Unit Specification: statement of standards (cont)

### UNIT Nail Art: Freehand (SCQF level 5)

#### Mandatory equipment:

Towels  
Paper roll  
Hand/arm support  
Waste disposal bin  
Palette  
Orange Stick  
Desktop light/Magnifier  
Striping Brush (medium/long)  
Striping pen  
Shading brush  
Glitter brush

#### Optional equipment:

Nail Board  
Dotting/Marbling tool  
Fan Brush  
Fine detail Brush

#### Mandatory products:

Base Coat  
Nail Art Sealer  
Water based acrylics  
Striping nail paint

#### Optional products:

Glitterdust  
Foil wraps  
Transfers  
Stencils  
Polish secures (pearls, metallic studs)  
Rhinestones (diamonds, coloured gems)  
Selection of Nail Enamel colours  
Flat Stones (foil stars, moons, hearts)  
Striping tape

An Assessor observation checklist must be completed to record the evidence of candidate performance supported by a client consultation sheet.

## **National Unit Specification: support notes**

### **UNIT      Nail Art: Freehand (SCQF level 5)**

This part of the Unit Specification is offered as guidance. The support notes are not mandatory.

While the exact time allocated to this Unit is at the discretion of the centre, the notional design length is 40 hours.

#### **GUIDANCE ON THE CONTENT AND CONTEXT FOR THIS UNIT**

This Unit is optional in the National Certificate in Beauty Care and Make-up (SCQF level 5) but may also be taken as a free-standing Unit.

The candidate will investigate freehand nail art designs, products and equipment, contra indications and planning nail art designs. Candidates will develop a knowledge and understanding of the consultation process which will enable them to agree a design to suit the client's needs. The candidate will develop practical application skills with a range of products and equipment from both the mandatory list and a selection of two from the optional list. The teacher/lecturer should demonstrate the basic techniques in nail art — precision painting; polish secures; foil wrapping; strip tape application; flicks. This will allow the candidate to practise the basic techniques as well as plan the agreed designs. It would be advantageous for the candidate to complete their nail board with designs that they have planned and practiced in order to build a portfolio to show potential clients. The candidate will identify the contra-indications therefore enabling them to recognise hi-lighted conditions when applying the techniques to clients. The candidate will identify the needs of their clients with regard to support and comfort using pillows and or towels. The importance of thorough nail preparation will take place prior to the freehand nail art treatment. Candidates should also be encouraged to perform nail art on toenails for further practice. When preparing the workstation the candidate will select the appropriate equipment and materials conducive to the selected design. They should ensure the work area is free from clutter; sufficient ventilation; suitable temperature and have appropriate lighting - an overhead desk lamp would be an advantage. Candidates should have a working knowledge of the most current Health and Safety at Work Act and Control of Substances Hazardous to Health (COSHH).

Candidate will perform the treatment in a logical sequence ensuring they refers to the design plan in order to achieve the desired result while maintaining safe and hygienic practices throughout. The candidate will use the design plans produced in Outcome 1 as an aid to type of design and colours, when consulting with a client to agree a design. The candidate will demonstrate a range of practical skills using a selection of both the mandatory and optional lists for equipment and products to produce a variety of designs. Candidates will ensure their workstation is tidy before, during and after the treatment, they should wash their hands before the treatment and ensure the clients hands are sanitised appropriately. Candidates should dispose of waste properly to avoid any risk of cross-infection.

## **National Unit Specification: support notes (cont)**

### **UNIT        Nail Art: Freehand (SCQF level 5)**

The candidate will advise the client on homecare and aftercare when the treatment is complete. It is vital that the importance of homecare and aftercare is hi-lighted to candidates, as well as knowledge of the products available in industry that can be recommended to purchase. When recommending or selling a product it is important that the procedure for using the product is explained — this ensures the nails are kept in the best possible condition. Candidates should understand the difference between aftercare and homecare. The candidate will be able to recognise and identify the most common contra-indications. It is important that they can communicate this information to the client in a professional manner without causing alarm. The practical activity should be carried out in a realistic work environment and the association current Health and Safety at Work Act should be hi-lighted as well as the importance of following COSHH regulations.

### **GUIDANCE ON LEARNING AND TEACHING APPROACHES FOR THIS UNIT**

There should be an introduction to the Unit outlining the content of the Unit and the assessment requirements. As this Unit is predominantly practical based the main teaching approaches would be demonstration; practical activity and role-play within a realistic working environment. There are however areas requiring group discussion — self-preparation; treatment plans; health and safety; working environment; consultation procedure. There is also an opportunity for the candidate to utilise ICT facilities to enable them to identify contra-indications and source examples of nail art designs. Lectures and handouts would assist the learning experience as well as the use of formative assessments to assess underpinning knowledge and distance travelled. Candidates should be encouraged to make use of centre facilities such as the library and ICT.

### **OPPORTUNITIES FOR CORE SKILL DEVELOPMENT**

There are opportunities to gather evidence toward the Core Skills, *Communication; Working with Others* and *Problem Solving* although there are no automatic certification of Core Skills, SCQF level 5.

### **GUIDANCE ON APPROACHES TO ASSESSMENT FOR THIS UNIT**

#### **Opportunities for the use of e-assessment**

E-assessment may be appropriate for some assessments in this Unit. By e-assessment we mean assessment which is supported by information and communications technology (ICT), such as e-testing or the use of e-portfolios or e-checklists. Centres which wish to use e-assessment must ensure that the national standard is applied to all candidate evidence and that conditions of assessment as specified in the Evidence Requirements are met, regardless of the mode of gathering evidence. Further advice is available in *SQA Guidelines on Online Assessment for Further Education (AA1641, March 2003)*, *SQA Guidelines on e-assessment for Schools (BD2625, June 2005)*.



## **National Unit Specification: support notes (cont)**

### **UNIT**      Nail Art: Freehand (SCQF level 5)

Outcome 1 should be assessed through written and/or oral evidence by producing a folio, under open-book conditions. The folio must contain the identification and description of four freehand nail art designs, a list of products and an explanation of their use, all of the contra indications to nail art treatments and the planning of nail art designs. The design plans produced may be used as an aid to agreeing a design when consulting with the client.

Outcomes 2, 3 and 4 should be assessed by practical observation on four occasions using an assessor observation check list. The candidate will also be required to submit a client consultation sheet. The practical observation must be carried out on two clients and the remaining two occasions can be assessed through using a nail board, simulation or clients. The practical observation must be carried out in a realistic work environment.

### **CANDIDATES WITH DISABILITIES AND/OR ADDITIONAL SUPPORT NEEDS**

The additional support needs of individual candidates should be taken into account when planning learning experiences, selecting assessment instruments, or considering alternative Outcomes for Units. Further advice can be found in the SQA document *Guidance on Assessment Arrangements for Candidates with Disabilities and/or Additional Support Needs* ([www.sqa.org.uk](http://www.sqa.org.uk)).