



National Unit Specification: general information

UNIT Hand Care for Gents (SCQF level 5)

CODE F50G 11

SUMMARY

The focus of this Unit is practical activity. On completion of this Unit the candidate will have gained knowledge and skills which will enable them to perform a male hand treatment including hand and arm massage. This Unit is suitable for candidates with little or no knowledge of hand care.

OUTCOMES

- 1 Identify and describe hand and nail conditions and nail structure.
- 2 Prepare for a hand care treatment.
- 3 Perform a hand care treatment.
- 4 Evaluate the treatment performed.

RECOMMENDED ENTRY

While entry is at the discretion of the centre, candidates would normally be expected to have attained one of the following, or equivalent:

CREDIT VALUE

1 credit at SCQF level 5 (6 SCQF credit points at SCQF level 5*).

**SCQF credit points are used to allocate credit to qualifications in the Scottish Credit and Qualifications Framework (SCQF). Each qualification in the Framework is allocated a number of SCQF credit points at an SCQF level. There are 12 SCQF levels, ranging from Access 1 to Doctorates.*

Administrative Information

Superclass: HL

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National Unit Specification: general information (cont)

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CORE SKILLS

There is no automatic certification of Core Skills components in this Unit.

Opportunities for developing aspects of Core Skills are highlighted in Learning and Teaching Approaches for this Unit.

National Unit Specification: statement of standards

UNIT Hand Care for Gents (SCQF level 5)

Acceptable performance in this Unit will be the satisfactory achievement of the standards set out in this part of the Unit Specification. All sections of the statement of standards are mandatory and cannot be altered without reference to SQA.

OUTCOME 1

Identify and describe hand and nail conditions and nail structure.

Performance Criteria

- (a) Identify and describe contra indication to a hand care treatment.
- (b) Identify and describe the hand and nail conditions which may affect a hand care treatment.
- (c) Identify and describe the structure of the nail.

OUTCOME 2

Prepare for a hand care treatment.

Performance Criteria

- (a) Prepare the work station with appropriate products and equipment.
- (b) Consult with the client and establish a treatment plan.
- (c) Prepare the client for the treatment in accordance with current health and safety legislation.
- (d) Comply with safe and hygienic practices throughout.

OUTCOME 3

Perform a hand care treatment.

Performance Criteria

- (a) Select appropriate products and equipment for the hand care treatment.
- (b) Follow correct procedures with regard to sequence and application.
- (c) Comply with health and safety throughout.
- (d) Provide homecare advice.

OUTCOME 4

Evaluate the treatment performed.

- (a) Obtain feedback from the client.
- (b) Evaluate the treatment plan on completion of the hand care treatment.
- (c) Identify a future treatment plan for the client.

National Unit Specification: statement of standards (cont)

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EVIDENCE REQUIREMENTS FOR THIS UNIT

Outcome 1 — Written and/or oral evidence

Evidence for Outcomes 1 should be gathered at appropriate points throughout the Unit and included in a folio. The hand and nail conditions for Outcome 1 should be investigated early in the Unit, prior to the treatment being carried out.

Candidates must:

- (a) Identify and describe the following contra indications to a manicure treatment:
 - ◆ warts; scabies; ringworm; cuts/abrasions; swelling; bruises; areas of infection
- (b) Identify and describe the following hand and nail conditions which may affect the manicure treatment
 - ◆ bitten nails; hang nails; over grown cuticles; split nails; ridges; dry skin
- (c) Identify and describe the structure of the nail to include:
 - ◆ nail plate; nail; free edge; cuticle; lunula — half moon

Outcome 2 and Outcome 3 — Performance evidence

Candidates will be required to perform hand care treatments on a minimum of three occasions. They must:

- (a) Prepare the work station with all of the equipment and products below:

Equipment

Towels or paper towels
Bin
Nail file
Buffer
Cuticle knife
Cuticle nippers
Hoof stick/orange sticks
Finger bowl

Products

Antibacterial hand cleaner or soap
Hand cream
Buffing paste
Cuticle cream
Cuticle remover
Exfoliator

- (b) Consult with the client to agree a treatment plan.
- (c) Prepare the client for a hand care treatment to include:
 - ◆ seating of the client
 - ◆ removal of any jewellery
 - ◆ cleaning the hands

National Unit Specification: statement of standards (cont)

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- (d) Comply with safe and hygienic practices including ensuring that candidate:
- ◆ wears a clean uniform
 - ◆ hair is tied back appropriately if required change
 - ◆ has clean hands
 - ◆ has well presented nails
 - ◆ wears minimum jewellery
- (e) Select appropriate products and equipment for the work station.
- (f) Follow the treatment plan with regard to sequence and application to meet the salon requirements.
- (g) Comply with health and safety throughout. This should include:
- ◆ correct use of equipment
 - ◆ follow manufacturers' guidelines
 - ◆ client comfort and safety in accordance with salon procedures
- (h) Provide suitable aftercare advice.

The candidate is required to perform three hand care treatments and complete a client treatment plan for each of the treatments. Each treatment must incorporate the use of all products. An assessor observation checklist should be completed to record evidence of candidate performance.

Outcome 4 — Written and/or oral evidence

Evidence for Outcome 4 should be gathered at appropriate points throughout the Unit on completion of each hand care treatment. The candidate must review and evaluate the treatment performed.

Candidates must:

- ◆ obtain feedback from the client
- ◆ evaluate the treatment plan using a pro forma checklist
- ◆ identify a future treatment plan for the client

Evidence should be included in the candidate folio.

National Unit Specification: support notes

UNIT Hand Care for Gents (SCQF level 5)

This part of the Unit Specification is offered as guidance. The support notes are not mandatory.

While the exact time allocated to this Unit is at the discretion of the centre, the notional design length is 40 hours.

GUIDANCE ON THE CONTENT AND CONTEXT FOR THIS UNIT

This is an optional Unit with in the National Certificate Group Award in Hairdressing at SCQF level 5 but may also be used as a free-standing Unit.

This Unit is intended to encourage self study while compiling their report on contra indications, indications and the nail structure.

The candidates then need to use this knowledge by observing the conditions and contra indications seen on the client.

Consultation techniques need to be learned in order to determine the client's needs.

A treatment plan can then be established once all this information has been collected.

The candidate must also learn:

- ◆ how to clean and sterilise the equipment prior to use
- ◆ clean the client's hands
- ◆ use a file correctly
- ◆ apply cuticle cream correctly
- ◆ use hoof stick/orange stick
- ◆ use the finger bowl correctly
- ◆ apply cuticle remover correctly
- ◆ use a cuticle knife correctly (where appropriate)
- ◆ use cuticle clippers correctly (where appropriate)
- ◆ apply buffing paste
- ◆ use a buffer correctly
- ◆ apply hand cream correctly
- ◆ perform a hand and arm massage
- ◆ clean the area after treatment ensuring health and safety are adhered to through out

The candidate needs to then evaluate the treatment stating how the nails now look and what they did to achieve this which is recorded on the consultation sheet.

National Unit Specification: support notes

UNIT Hand Care for Gents (SCQF level 5)

GUIDANCE ON LEARNING AND TEACHING APPROACHES FOR THIS UNIT

This Unit should be delivered in a salon or suitable room. The candidates need to be able to practice their skills under supervision with actual clients or on their peer group.

Formative assessments will play a large part of the candidate's development in order to achieve this Unit.

OPPORTUNITIES FOR CORE SKILL DEVELOPMENT

This Unit may provide the opportunities to develop Core Skills through the practical activity. Candidates will be involved in listening, seeking advice, planning resources, feedback and producing a written and/or oral evidence for the folio. There are good opportunities for developing Core Skills in *Communication* and *Working with Others*.

GUIDANCE ON APPROACHES TO ASSESSMENT FOR THIS UNIT

E-assessment may be appropriate for some assessments in this Unit. By e-assessment we mean assessment which is supported by information and communications technology (ICT), such as e-testing or the use of e-portfolios or e-checklists. Centres which wish to use e-assessment must ensure that the national standard is applied to all candidate evidence and that conditions of assessment as specified in the Evidence Requirements are met, regardless of the mode of gathering evidence. Further advice is available in *SQA Guidelines on Online Assessment for Further Education (AA1641, March 2003)*, *SQA Guidelines on e-assessment for Schools (BD2625, June 2005)*.

Formative assessments will play a large part of the candidates' development in order to achieve this Unit.

Candidates should be given the time to research the contra indications, hand and nail conditions and nail structures having access to the internet where appropriate. Candidates may compile a folio to include: descriptions of the hand and nail conditions, diagrams, hand drawn or pre-printed, labelled diagram of the structure of the nail.

Outcome 2 and 3 should be assessed holistically.

Candidates should be made aware of the importance of self preparation and personal hygiene, the importance of health and safety while setting up the work station and the relevance of the contra indications and indications seen on the hands during the client consultation thus ensure a suitable treatment plan is formed for the client.

The candidate will be assessed on three treatments and the assessment will be recorded by an assessor observation checklist.

The assessment of the practical activity should take place in a realistic work environment.

National Unit Specification: support notes

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Outcome 4

Candidates will evaluate the treatments performed. Evidence will be recorded on a pro forma checklist.

CANDIDATES WITH DISABILITIES AND/OR ADDITIONAL SUPPORT NEEDS

The additional support needs of individual candidates should be taken into account when planning learning experiences, selecting assessment instruments, or considering alternative Outcomes for Units. Further advice can be found in the SQA document *Guidance on Assessment Arrangements for Candidates with Disabilities and/or Additional Support Needs* (www.sqa.org.uk).