



National Unit Specification: general information

UNIT Face and Body Electrotherapy: An Introduction (SCQF level 6)

CODE F6XK 12

SUMMARY

This Unit has been designed is an optional Unit within the National Certificate Group Award (NCGA) in Beauty at SCQF level 6 and can also be taken as a free standing Unit.

On completion of this Unit the candidate will have gained knowledge and skills which will enable them to identify contra-indications, contra-actions, effects and special care requirements for each treatment. Use audio sonic, paraffin wax, G5 and infra red to perform body treatments. Use rotary brush, cleanse and vacuum suction to perform facial treatments. Devise treatment plans which meet the client's aims, adhere to health and safety and evaluate the treatment.

This Unit is suitable for candidates with no qualifications or previous experience.

OUTCOMES

- 1 Demonstrate knowledge and understanding of face and body electrotherapy.
- 2 Prepare for a face and body electrotherapy treatment.
- 3 Perform the face and body electrotherapy treatment relevant to client requirements.

RECOMMENDED ENTRY

While entry is at the discretion of the centre, candidates would be expected to be working towards or have achieved:

- ◆ F4P5 11: Facial Skin Care

Administrative Information

Superclass: HL

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CREDIT VALUE

1 credit at SCQF level 6 (6 SCQF credit points at SCQF level 6*)

**SCQF credit points are used to allocate credit to qualifications in the Scottish Credit and Qualifications Framework (SCQF). Each qualification in the Framework is allocated a number of SCQF credit points at an SCQF level. There are 12 SCQF levels, ranging from Access 1 to Doctorates.*

CORE SKILLS

There is no automatic certification of Core Skills or Core Skills components in this Unit. Opportunities for developing aspects of Core Skills are highlighted in *Guidance in Learning and Teaching Approaches*.

National Unit Specification: statement of standards

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Acceptable performance in this Unit will be the satisfactory achievement of the standards set out in this part of the Unit Specification. All sections of the statement of standards are mandatory and cannot be altered without reference to the Scottish Qualifications Authority.

OUTCOME 1

Demonstrate knowledge and understanding of face and body electrotherapy.

Performance Criteria

- (a) Identify the contra-indications for each treatment.
- (b) Identify the special care requirements.
- (c) Describe the general effects and uses.
- (d) Identify the contra-actions.

OUTCOME 2

Prepare for a face and body electrotherapy treatment.

Performance Criteria

- (a) Prepare self as per organisational requirements.
- (b) Prepare treatment area.
- (c) Consult with client to identify treatment.
- (d) Prepare client and resources for treatment being performed.

OUTCOME 3

Perform the face and body electrotherapy treatment relevant to client requirements.

Performance Criteria

- (a) Perform the treatment.
- (b) Demonstrate client handling skills.
- (c) Comply with current legislation throughout.
- (d) Provide suitable after care and home care advice.
- (e) Record the treatment, after care and home care accurately.

National Unit Specification: Statement of standards (cont)

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EVIDENCE REQUIREMENTS FOR THIS UNIT

Performance evidence and written/oral recorded evidence which covers all the Outcome and Performance Criteria is required for this Unit.

Outcome 1 Structured questions

Evidence will be in the form of a closed book assessment which enables candidates to demonstrate their knowledge and understanding of face and body electrotherapy and will cover:

Contra-indications:

- ◆ audio sonic – skin diseases and disorders, cuts and abrasions, inflammation
- ◆ paraffin wax (body) – skin disease and disorders, cuts and abrasions, hypersensitive skin, inflammation, diabetes, sunburn
- ◆ infra red – skin disease and disorders, cuts and abrasions, hypersensitive skin, diabetes, inflammation
- ◆ G5 – skin disease and disorders, cuts and abrasions, varicose veins, inflammation
- ◆ rotary brush cleanse – skin disease and disorder, excessive broken capillaries, hypersensitive skin
- ◆ vacuum suction (face) – loose cr pey skin, broken capillaries, hypersensitive skin

General effects:

- ◆ audio sonic — increase circulation, relieves pain, friction occurs
- ◆ paraffin wax — increase temperature, increase circulation, stimulate sweat glands, softens the skin
- ◆ infra Red — Promote relaxation, relief of pain, increase circulation
- ◆ G5 — Increase circulation, increase blood supply, improves skin tone, desquamation may occur
- ◆ rotary brush cleanse — increase circulation, desquamation, deep cleansing
- ◆ vacuum suction — removal of waste products, increase lymphatic flow, loosens comedone blockages, aids desquamation

Contra-actions:

- ◆ audio sonic — erythema
- ◆ paraffin wax — erythema,
- ◆ infra red — erythema, mottle effect
- ◆ G5 — erythema
- ◆ rotary brush cleanse — desquamation, erythema
- ◆ vacuum suction — erythema

Special care requirements:

- ◆ diabetes
- ◆ epilepsy
- ◆ high/low blood pressure
- ◆ highly nervous clients
- ◆ botox
- ◆ implants

National Unit Specification: Statement of standards (cont)

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Outcome 2 Performance Evidence

Candidates will be required to demonstrate by practical activity on a minimum of **three** occasions that they can:

- ◆ prepare self as per organisational requirements
- ◆ prepare treatment area correctly
- ◆ consult with client to identify treatment
- ◆ prepare client and resources for treatment being performed

Outcome 3 Performance Evidence

Candidates are required to demonstrate by practical activity on a minimum of **three** occasions that they can:

- ◆ perform rotary brush cleanse, vacuum suction (face), audio sonic, G5, paraffin wax (body) and infra red in the correct sequence, time and application
- ◆ demonstrate client handling techniques
- ◆ comply with current Health and Safety legislation
- ◆ provide suitable after care and home care advice for the client
- ◆ record the treatment, after care and home care advice accurately

Practical performance must be carried out using a minimum of four pieces of specified equipment, audio sonic, paraffin wax (body), infra red, G5, rotary brush cleanse, vacuum suction (face).

Treatments can be combined on the three occasions where suitable, eg rotary brush cleanse and vacuum suction, paraffin wax and infra red or G5 and audio sonic.

Evidence for Outcomes 2 and 3 must be gathered at the same occasion.

An assessor observation checklist and completed client record which accurately records treatment, resource selection, after care and home care advice must be used to provide evidence for Outcomes 2 and 3.

National Unit Specification: support notes

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This part of the Unit Specification is offered as guidance. The support notes are not mandatory.

While the exact time allocated to this Unit is at the discretion of the centre, the notional design length is 40 hours.

GUIDANCE ON THE CONTENT AND CONTEXT FOR THIS UNIT

This Unit is intended for candidates who wish to develop a basic knowledge of face and body electrotherapy and providing underpinning knowledge for the candidate to progress to *DN80 33: Beauty Therapy: Face and Body Electrotherapy*.

Candidates will learn in this Unit how to develop their practical skills in a salon environment. Knowledge will be reinforced through practical application.

Key areas of knowledge in this Unit are:

- ◆ contra-indications including:
 - audio sonic — skin diseases and disorders, cuts and abrasions, inflammation
 - paraffin wax (body) — skin disease and disorders, cuts and abrasions, hypersensitive skin, inflammation, diabetes, sunburn
 - infra red — skin disease and disorders, cuts and abrasions, hypersensitive skin, diabetes, inflammation
 - G5 — skin disease and disorders, cuts and abrasions, varicose veins, inflammation
 - rotary brush cleanse — skin disease and disorder, excessive broken capillaries, hypersensitive skin
 - vacuum suction (face) — loose crépey skin, broken capillaries, hypersensitive skin
- ◆ general effects and uses — increase circulation, relaxes muscles, relieves tension, eases aches and pains, retains heat, produces an erythema, soothes nerves
- ◆ contra-actions that could occur — erythema is produced, relaxation is induced, headache, nausea
- ◆ special care requirements — diabetes, epilepsy, high/low blood pressure, highly nervous client, botox and implants
- ◆ organisational requirements for self preparation
- ◆ prevention of infection
- ◆ treatment area and plinth preparation
- ◆ effective consultation techniques
- ◆ client preparation
- ◆ client handling skills
- ◆ treatment procedure — sequence application time
- ◆ current Health and Safety legislation and where to find further information on:
 - Data Protection Act
 - Health and Safety at Work Act
 - Control of Substances Hazardous to Health [COSHH]
 - Electricity at Work Act
 - Personal Protection Equipment [PPE]
 - Provision and Use of Work Equipment Regulations
- ◆ After care and home care advice

National Unit Specification: support notes (cont)

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GUIDANCE ON LEARNING AND TEACHING APPROACHES FOR THIS UNIT

An induction to the Unit should allow the candidate to fully understand what is required to achieve this Unit.

The main approach to learning in this Unit should be candidate-centred with the main emphasis on practical experience. Candidates should have the opportunity to learn and develop practical skills in a salon environment where they will experience workplace conditions and will learn to work with others in a team.

As this is primarily a practical Unit it is envisaged that learning and teaching should incorporate both theory and practical to facilitate learning. Candidates are encouraged to use the knowledge and understanding aspect of this Unit in the practical application to consolidate their learning.

Practical demonstration followed by role play with peers will enable candidates to practise and gain confidence before progressing on to clients.

This would be appropriate for:

- ◆ setting up specific treatment areas
- ◆ each piece of equipment
- ◆ consultation techniques
- ◆ health and safety requirements
- ◆ performing the treatment
- ◆ cleaning and tidying up after the treatment

It is important that the candidates are aware of the importance of handling, disposal and storage of equipment in accordance with manufacturer guidelines and Health and Safety requirements.

Candidates should be encouraged to combine more than one piece of equipment on each client as their skills develop and to meet clients' requirements.

OPPORTUNITIES FOR CORE SKILL DEVELOPMENT

In this Unit candidates will carry out practical activities, and customer care duties, which involve listening and talking to customers. These are good opportunities for developing aspects of the Core Skill *Communication*.

Candidates will be required to listen to clients and advise a treatment plan that meets the client's aims. This is an opportunity to develop aspects of Core Skills in *Communication* and *Problem Solving*.

National Unit Specification: support notes (cont)

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GUIDANCE ON APPROACHES TO ASSESSMENT FOR THIS UNIT

The evidence requirements are fully expressed in the mandatory section of this Unit specification.

Holistic assessments can be performed when the candidate is combining more than one piece of equipment in each face and body electrotherapy treatment.

Opportunities for the use of e-assessment

E-assessment may be appropriate for some assessments in this Unit. By e-assessment we mean assessment which is supported by Information and Communication Technology (ICT), such as e-testing or the use of e-portfolios or e-checklists. Centres which wish to use e-assessment must ensure that the national standard is applied to all candidate evidence and that conditions of assessment as specified in the Evidence Requirements are met, regardless of the mode of gathering evidence. Further advice is available in *SQA Guidelines on Online Assessment for Further Education (AA1641, March 2003)*, *SQA Guidelines on e-assessment for Schools (BD2625, June 2005)*.

DISABLED CANDIDATES AND/OR THOSE WITH ADDITIONAL SUPPORT NEEDS

The additional support needs of individual candidates should be taken into account when planning learning experiences, selecting assessment instruments, or considering whether any reasonable adjustments may be required. Further advice can be found on our website www.sqa.org.uk/assessmentarrangements

History of changes:

Version	Description of change	Date
02	Evidence Requirements Outcome 3-Clarification of number of specified pieces of equipment required to meet Practical performance	14/09/2011