



National Unit specification: general information

Unit title: Waxing Treatments: (SCQF level 5)

Unit code: F9V9 11

Superclass: HL

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Summary

This Unit is designed to develop the candidates waxing skills using warm wax techniques.

The candidate will study contra indications, hair growth cycle and health and safety in the salon environment, prior to preparing and performing waxing treatments. This Unit is suitable for candidates with little or no knowledge of waxing treatments but working toward a Beauty qualification.

Outcomes

- 1 Identify and describe the hair follicle, hair growth cycle, contra indications, special care conditions and contra actions to waxing treatments.
- 2 Plan and prepare for a waxing treatment.
- 3 Perform a waxing treatment and provide home and aftercare advice.

Recommended entry

Entry is at the discretion of the Centre.

Credit points and level

1 National Unit credit at SCQF level 5: (6 SCQF credit points at SCQF level 5*)

**SCQF credit points are used to allocate credit to qualifications in the Scottish Credit and Qualifications Framework (SCQF). Each qualification in the Framework is allocated a number of SCQF credit points at an SCQF level. There are 12 SCQF levels, ranging from Access 1 to Doctorates.*

General information (cont)

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Core Skills

There is no automatic certification of Core Skills components in this Unit.

Opportunities for developing aspects of Core Skills are highlighted in Learning and Teaching Approaches for this Unit.

National Unit specification: statement of standards

Unit title: Waxing Treatments: (SCQF level 5)

Acceptable performance in this Unit will be the satisfactory achievement of the standards set out in this part of the Unit specification. All sections of the statement of standards are mandatory and cannot be altered without reference to SQA.

Outcome 1

Identify and describe the hair follicle, hair growth cycle, contra-indications, special care conditions and contra-actions to waxing treatments.

Performance Criteria

- (a) Describe the hair follicle and the hair growth cycle.
- (b) Identify contra indications and special care conditions to a waxing treatment.
- (c) Describe contra actions to a waxing treatment.

Outcome 2

Plan and prepare for a waxing treatment.

Performance Criteria

- (a) Prepare the treatment area in accordance with salon procedures.
- (b) Prepare the equipment in accordance with salon procedures.
- (c) Consult with client and agree a treatment plan.
- (d) Prepare client for a treatment.
- (e) Comply with health and safety and hygienic salon practices.

Outcome 3

Perform a waxing treatment and provide home and aftercare advice.

Performance Criteria

- (a) Apply wax in accordance with salon procedures and manufacturers' instructions.
- (b) Remove wax in accordance with salon procedures and manufacturers' instructions.
- (c) Provide home care and after care advice to clients.

National Unit specification: statement of standards (cont)

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Evidence Requirements for this Unit

Performance evidence and written/oral recorded evidence which covers all the Outcomes and Performance Criteria is required for this Unit.

Outcome 1 — Written and/or oral evidence

An assignment will be set which candidates will complete in open-book conditions.

Candidates must:

- ◆ describe the hair follicle
 - epidermis
 - dermis
 - subcutaneous tissue
 - hair follicle
 - blood supply
 - dermal papilla
 - inner and outer root sheath
 - sebaceous glands
 - arrector pili muscle

- ◆ describe the hair growth cycle
 - Anagen
 - Catagen
 - Telogen

- ◆ identify contra-indications and special care conditions
 - skin disorders; eczema; psoriasis
 - diabetes
 - defective circulation
 - distended varicose veins
 - recent fractures
 - scar tissue under six months old
 - skin infections
 - open wounds
 - sepsis
 - exfoliation treatments (may contra-indicate or restrict)
 - use of strong/medicated exfoliator laser/microdermabrasion treatments

- ◆ describe contra-actions
 - to products: allergic reaction
 - to treatment

National Unit specification: statement of standards (cont)

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Outcome 2 and 3 — Performance evidence

Candidates will be required to demonstrate on a minimum of three occasions that they are able to:

- ◆ prepare the treatment area in accordance with salon procedures
- ◆ prepare the equipment in accordance with salon procedures
- ◆ consult with client and agree a treatment plan
- ◆ prepare client for a treatment
- ◆ comply with health and safety and hygienic salon practices
- ◆ apply wax in accordance with salon procedures and manufacturers instructions
- ◆ remove wax in accordance to salon procedures and manufacturers instructions
- ◆ provide home care advice to client
- ◆ provide after care to client

Waxing treatments which must be observed are: half leg, 'basic' bikini, underarm, and eyebrow. All treatments must be carried out using the spatula application method.

Performance Evidence for Outcome 2 and 3 must be gathered on the same assessment occasion and completed in a realistic commercial time.

An assessor observation checklist and accurately completed client record card must be used to provide evidence of performance.

National Unit specification: support notes

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This part of the Unit Specification is offered as guidance. The support notes are not mandatory.

While the exact time allocated to this Unit is at the discretion of the centre, the notional design length is 40 hours.

Guidance on the content and context for this Unit

This is an optional Unit within the National Certificate Group Award in Beauty Care and Make-up at SCQF level 5 but can also be studied as a free-standing Unit.

This Unit will enable candidates to develop waxing skills on the face, body and limbs.

The candidate will study contra-indications and contra-actions, the hair follicle and hair growth cycle and health and safety in the salon environment, prior to preparing and performing waxing treatments. This Unit must be delivered in a realistic work environment.

Teacher/lecturer demonstrations will enable candidates to observe the required standards. Product manufacturers may be invited to demonstrate a particular product.

Contra-indications and contra-actions may be observed through clients or workbooks and colour illustrations. Candidates must be aware of contra-indications and special care procedures which may restrict treatments on certain areas, for example, a client with a hairy mole.

The candidate must be able to describe the hair follicle and the hair growth cycle as this is key to the waxing process.

Candidates should use clients consultation sheets which should also record home care and after care advice given to clients.

Guidance on learning and teaching approaches for this Unit

Knowledge and understanding of health and safety and treatment applications should be delivered in an integrated approach. Procedures should be linked to industry standards.

A variety of waxing systems may be demonstrated and used but only the spatula application method should be assessed. Disposable applicator systems or traditional warm wax applications are two systems widely available.

Centres should provide demonstration workshops to enable candidates to observe the standards to be achieved.

Students should be given step by step instructions on application and removal with emphasis placed on health and safety and hygiene procedures.

Candidates should have sufficient time to develop the skills required within their peer group before progression to clients.

National Unit specification: support notes (cont)

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Specific health and safety guidelines should be given with regards to:

- ◆ hygiene in the workplace, general salon procedures, contamination and waste
- ◆ safety using electrical appliances
- ◆ relevant temperatures of the wax
- ◆ wax applications using dribble techniques or new spatula every dip when using traditional warm wax applications
- ◆ personal protective equipment

Opportunities for developing Core Skills

This Unit may provide the opportunities to develop Core Skills through the practical activity. Candidates will be involved in listening, seeking advice, planning resources, feedback and producing a written and/or oral evidence for the folio. There are good opportunities for developing Core Skills in *Communication* and *Working with Others*.

Opportunities for the use of e-assessment

E-assessment may be appropriate for some assessments in this Unit. By e-assessment we mean assessment which is supported by Information and Communication Technology (ICT), such as e-testing or the use of e-portfolios or e-checklists. Centres which wish to use e-assessment must ensure that the national standard is applied to all candidate evidence and that conditions of assessment as specified in the Evidence Requirements are met, regardless of the mode of gathering evidence. Further advice is available in *SQA Guidelines on Online Assessment for Further Education (AA1641, March 2003)*, *SQA Guidelines on e-assessment for Schools (BD2625, June 2005)*.

The evidence requirements are fully expressed in the mandatory section of the Unit specification

The assessment of the practical activity must take place in a realistic environment.

Outcomes 2 and 3 must be assessed holistically.

The term 'basic' bikini refers to the removal of superfluous hair up to the pant line.

National Unit specification: support notes (cont)

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Disabled candidates and/or those with additional support needs

The additional support needs of individual candidates should be taken into account when planning learning experiences, selecting assessment instruments, or considering whether any reasonable adjustments may be required. Further advice can be found on our website www.sqa.org.uk/assessmentarrangements

History of changes to Unit

Version	Description of change	Date
01	Page 1 - amended to replace treatment with aftercare as per outcome 3 page 3. Page 4 - Evidence requirements removal of bullet points 3 and 4 from contra-actions and add to contraindications.	20/10/2010

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