



QCF Unit and Assessment Specification

Unit title	Principles of Self-directed Support
Ofqual Unit code	M/601/7048
SQA Unit code	FL2H 57
SSC Ref	LD 314 K

History of changes

Publication date: April 2011

Version: 01

Version number	Date	Description	Authorised by

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QCF Unit specification

Title	Principles of Self-directed Support	
Level	3	
Credit value	3	
Learning Outcomes	Assessment Criteria	
The learner will:	The learner can:	
1 Understand self-directed support.	1.1	Explain the principles underpinning self-directed support and how this differs from traditional support.
	1.2	Explain the benefits of an individual having self-directed support.
	1.3	Explain how legislation, policy or guidance underpin self-directed support.
	1.4	Explain what the following terms mean: <ul style="list-style-type: none"> ◆ indicative allocation ◆ supported self assessment ◆ support plan ◆ outcome focused review
	1.5	Outline the possible barriers to self-directed support.

Learning Outcomes		Assessment Criteria	
The learner will:		The learner can:	
2	Understand how to support an individual to direct their own support and develop their support plan.	2.1	Explain how to use person-centred thinking to enable individuals to think about what is important to them, and how they want to be supported.
		2.2	Explain how individuals can direct their own support if they do not have a personal budget.
		2.3	Explain how person-centred planning can be used to inform a support plan.
		2.4	Explain the roles of others who can assist individuals in developing their support plan.
		2.5	Describe different ways that individuals can develop a support plan.
		2.6	Describe a range of person-centred thinking tools that can be used to help individuals think about different ways they can spend their personal budget.
		2.7	Describe what might be included in the costings for a support plan.
3	Understand the different ways that people can use their personal budget.	3.1	Explain the different ways that individuals can use their personal budget to buy support.
		3.2	Research innovative ways that individuals can spend their personal budget other than buying social care services.
		3.3	Explain what restrictions may be imposed on personal budgets.
		3.4	Describe the criteria that are used to sign off a support plan.
		3.5	Describe a person-centred approach to risk that ensures that individuals have what is important to them whilst staying healthy and safe.

Learning Outcomes	Assessment Criteria
The learner will:	The learner can:
4 Understand the outcome focused review process.	4.1 Explain the process of an outcome focused review. 4.2 Explain how to enable someone to prepare for their outcome focused review.

Additional information about the Unit
Unit purpose and aim(s)
The Unit provides the knowledge and understanding required to support an individual to direct their own support.
Unit expiry date
31 March 2015
Details of the relationship between the Unit and relevant national occupational standards (if appropriate)
Links to HSC 35
Details of the relationship between the Unit and other standards or curricula (if appropriate)
N/A
Assessment requirements specified by a sector or regulatory body (if appropriate)
This Unit needs to be assessed in line with the Skills for Care and Development QCF Assessment Principles. It assesses knowledge that underpins unit LD 314S Work with an individual using self-directed support, and must be achieved with that unit to confirm competence.
Endorsement of the Unit by a sector or other appropriate body (if required)
Skills for Care and Development
Location of the Unit within the subject/sector classification system
1.3 Health and Social Care
Name of the organisation submitting the Unit
EDI
Availability for use
Shared
Availability for delivery
01 April 2011

Guided Learning Hours
26

QCF Assessment specification

Assessment (evidence) Requirements
This information is provided in the accredited Unit specification and should be incorporated in the assessment and/or assessment guidance related to this Unit'.
Guidance on Instruments of Assessment
More information on selecting instruments of assessment can be found in <i>Assessment: A Guide for Centres Offering Ofqual Accredited Qualifications</i> (Publication code: FA5465).