



QCF Unit and Assessment Specification

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| Unit title | Principles of Supporting Individuals with a Learning Disability Regarding Sexuality and Sexual Health |
| Ofqual Unit code | A/601/6274 |
| SQA Unit code | FL2L 57 |
| SSC Ref | LD 307 |

History of changes

Publication date: April 2011

Version: 01

| Version number | Date | Description | Authorised by |
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QCF Unit specification

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|--|---|---|
| Title | Principles of Supporting Individuals with a Learning Disability Regarding Sexuality and Sexual Health | |
| Level | 3 | |
| Credit value | 3 | |
| Learning Outcomes | Assessment Criteria | |
| The learner will: | The learner can: | |
| 1 Understand the development of human sexuality. | 1.1 Define the terms: sexuality, sexual health, sexual orientation, and sexual expression. | 1.2 Explain main sexual development milestones throughout an individual's lifespan. |
| 2 Understand how the sexual development of individuals' with a learning disability can differ. | 2.1 Describe how genetic factors can influence the sexual development, sexual expression and sexual health of an individual with a learning disability. | 2.2 Describe how socio-cultural factors and religious beliefs can influence an individual's sexual development. |
| | 2.3 Explain how mental capacity can influence sexual development, sexual experiences, sexual expression and sexual health. | |
| 3 Understand the issues of sexual health and how these can be supported. | 3.1 Explain the key features of sexual health and well-being and how this relates to an individual's overall health and well-being. | 3.2 Identify sexual health issues that differently affect men and women. |
| | 3.3 Explain how sexual health issues can be supported within plans for healthcare. | 3.4 Identify local services that exist to support sexual health for individuals. |

| Learning Outcomes | Assessment Criteria |
|--|--|
| The learner will: | The learner can: |
| 4 Understand relevant legislation influencing the support of sexuality and sexual health for individuals with learning disabilities. | 4.1 Explain key parts of relevant legislation relating to sexuality and sexual health for individuals and how this influences practice. |
| 5 Know how to support the sexual expression of an individual with a learning disability. | 5.1 Explain how own values, belief systems and experiences may impact on support for individuals with learning disabilities. 5.2 Explain why the development of a meaningful relationship can be important to the development of an individual's sexuality. 5.3 Describe different ways an individual can express themselves sexually and how individual preferences can be supported. 5.4 Explain how to support an individual to keep safe sexually, to minimise sexual vulnerability, and to avoid instances of abusive experiences. |

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| Additional information about the Unit |
| Unit purpose and aim(s) |
| The Unit introduces the principles of supporting individuals with a learning disability regarding sexuality and sexual health. It gives a broad summary of sexuality, sexual development and sexual health. The Unit also introduces relevant legislation that relates to the development of sexuality for an individual with a learning disability. |
| Unit expiry date |
| 31 March 2015 |
| Details of the relationship between the Unit and relevant national occupational standards (if appropriate) |
| Links to HSC 311, 331, 332, 356 |
| Details of the relationship between the Unit and other standards or curricula (if appropriate) |
| N/A |
| Assessment requirements specified by a sector or regulatory body (if appropriate) |
| This Unit needs to be assessed in line with the Skills for Care and Development QCF Assessment Principles. |
| Endorsement of the Unit by a sector or other appropriate body (if required) |
| Skills for Care and Development |
| Location of the Unit within the subject/sector classification system |
| 1.3 Health and Social Care |
| Name of the organisation submitting the Unit |
| Ascentis |
| Availability for use |
| Shared |

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| Availability for delivery |
| 01 April 2011 |
| Guided Learning Hours |
| 21 |

QCF Assessment specification

| Assessment (evidence) Requirements |
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| This information is provided in the accredited Unit specification and should be incorporated in the assessment and/or assessment guidance related to this Unit'. |
| Guidance on Instruments of Assessment |
| More information on selecting instruments of assessment can be found in <i>Assessment: A Guide for Centres Offering Ofqual Accredited Qualifications</i> (Publication code: FA5465). |