



QCF Unit and Assessment Specification

Unit title	Provide Support to Maintain and Develop Skills for Everyday Life
Ofqual Unit code	L/601/8028
SQA Unit code	FL3G 57
SSC Ref	HSC 3003

History of changes

Publication date: April 2011

Version: 01

Version number	Date	Description	Authorised by

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QCF Unit specification

Title	Provide Support to Maintain and Develop Skills for Everyday Life	
Level	3	
Credit value	4	
Learning Outcomes	Assessment Criteria	
The learner will:	The learner can:	
1 Understand the context of supporting skills for everyday life.	1.1 Compare methods for developing and maintaining skills for everyday life.	1.2 Analyse reasons why individuals may need support to maintain, regain or develop skills for everyday life.
	1.3 Explain how maintaining, regaining or developing skills can benefit individuals.	
2 Be able to support individuals to plan for maintaining and developing skills for everyday life.	2.1 Work with an individual and others to identify skills for everyday life that need to be supported.	2.2 Agree with the individual a plan for developing or maintaining the skills identified.
	2.3 Analyse possible sources of conflict that may arise when planning and ways to resolve them.	2.4 Support the individual to understand the plan and any processes, procedures or equipment needed to implement or monitor it.
3 Be able to support individuals to retain, regain or develop skills for everyday life.	3.1 Provide agreed support to develop or maintain skills, in a way that promotes active participation.	3.2 Give positive and constructive feedback to the individual during activities to develop or maintain their skills.
	3.3 Describe actions to take if an individual becomes distressed or unable to continue.	

Learning Outcomes	Assessment Criteria
The learner will:	The learner can:
<p>4 Be able to evaluate support for developing or maintaining skills for everyday life.</p>	<p>4.1 Work with an individual and others to agree criteria and processes for evaluating support.</p> <p>4.2 Carry out agreed role to evaluate progress towards goals and the effectiveness of methods used.</p> <p>4.3 Agree revisions to the plan.</p> <p>4.4 Record and report in line with agreed ways of working.</p>

Additional information about the Unit
Unit purpose and aim(s)
This Unit is aimed at those working in a wide range of settings. The Unit provides the learner with the knowledge and skills required to work with individuals to retain, regain and develop skills for everyday life.
Unit expiry date
31 May 2015
Details of the relationship between the Unit and relevant national occupational standards (if appropriate)
HSC344
Details of the relationship between the Unit and other standards or curricula (if appropriate)
N/A
Assessment requirements specified by a sector or regulatory body (if appropriate)
<p>This Unit must be assessed in accordance with Skills for Care and Development's QCF Assessment Principles. Learning Outcomes 2, 3 and 4 must be assessed in a real work environment.</p> <p>An individual is someone requiring care or support</p> <p>Others may include:</p> <ul style="list-style-type: none"> ◆ family ◆ advocates ◆ team members ◆ line manager ◆ specialists ◆ others who are important to the individual's well-being <p>The plan may include:</p> <ul style="list-style-type: none"> ◆ goals (short, medium and long term) ◆ the type and Level of support needed to achieve goals ◆ roles and responsibilities ◆ ways to address any associated risks ◆ ways to monitor the plan <p>Active participation is a way of working that recognises an individual's right to participate in the activities and relationships of everyday life as independently as possible; the individual is regarded as an active partner in their own care or support, rather than a passive recipient.</p>

Agreed ways of working will include policies and procedures where these exist.
Endorsement of the Unit by a sector or other appropriate body (if required)
Skills for Care and Development
Location of the Unit within the subject/sector classification system
1.3 Health and Social Care
Name of the organisation submitting the Unit
OCR
Availability for use
1 April 2011
Availability for delivery
Shared
Guided Learning Hours
28

QCF Assessment specification

Assessment (evidence) Requirements
This information is provided in the accredited Unit specification and should be incorporated in the assessment and/or assessment guidance related to this Unit'.
Guidance on Instruments of Assessment
More information on selecting instruments of assessment can be found in <i>Assessment: A Guide for Centres Offering Ofqual Accredited Qualifications</i> (Publication code: FA5465).