



QCF Unit and Assessment Specification

Unit title	Support Individuals During a Period of Change
Ofqual Unit code	M/601/7907
SQA Unit code	FL48 57
SSC Ref	HSC 3033

History of changes

Publication date: April 2011

Version: 01

Version number	Date	Description	Authorised by

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QCF Unit specification

Title	Support Individuals During a Period of Change	
Level	3	
Credit value	4	
Learning Outcomes	Assessment Criteria	
The learner will:	The learner can:	
1 Understand reasons for and responses to change.	1.1 Describe types of change that may occur in the course of an individual's life.	1.2 Analyse factors that may make change a positive or a negative experience.
	1.3 Describe approaches likely to enhance an individual's capacity to manage change and experience change positively.	
2 Be able to support individuals to plan how to manage or adapt to change.	2.1 Work with individuals and others to identify recent or imminent changes affecting them.	2.2 Support the individual to assess the implications and likely impacts of the change identified.
	2.3 Work with the individual and others to plan how to adapt to or manage the change.	2.4 Explain the importance of both practical support and emotional support during a time of change.
	2.5 Identify and agree roles and responsibilities for supporting a change.	
3 Be able to support individuals to manage or adapt to change.	3.1 Carry out agreed role and responsibilities for supporting change, in ways that promote active participation.	3.2 Provide information and advice to support the individual to manage change.
	3.3 Support the individual to express preferences and anxieties when going through change.	

Learning Outcomes The learner will:	Assessment Criteria The learner can:
	3.4 Adapt support methods to take account of preferences or anxieties. 3.5 Describe how and when to seek additional expertise and advice when supporting an individual through change
4 Be able to evaluate the support provided during a period of change.	4.1 Agree with the individual and others how the support provided will be evaluated, and who will be involved. 4.2 Work with the individual and others to identify positive and negative aspects of a change. 4.3 Work with the individual and others to evaluate the effectiveness of methods used to support the change process. 4.4 Record and report on the effectiveness of support for the change process.

Additional information about the Unit
Unit purpose and aim(s)
This Unit is aimed at those working in a wide range of settings. It provides the learner with the knowledge and skills required to support individuals during a period of change.
Unit expiry date
30 April 2015
Details of the relationship between the Unit and relevant national occupational standards (if appropriate)
HSC 382 Support individuals to prepare for, adapt to and manage change
Details of the relationship between the Unit and other standards or curricula (if appropriate)
N/A
Assessment requirements specified by a sector or regulatory body (if appropriate)
<p>This Unit must be assessed in accordance with Skills for Care and Development's QCF Assessment Principles. Learning Outcomes 2, 3 and 4 must be assessed in a real work environment.</p> <p>Types of change include changes that are:</p> <ul style="list-style-type: none"> ◆ positive ◆ negative ◆ chosen ◆ unchosen ◆ temporary ◆ permanent <p>An individual is someone requiring care or support.</p> <p>Others may include:</p> <ul style="list-style-type: none"> ◆ carers ◆ friends and relatives ◆ professionals ◆ others who are important to the individual's well-being <p>The plan to manage a change may incorporate:</p> <ul style="list-style-type: none"> ◆ the individual's preferences associated with the change ◆ existing skills or knowledge the individual has that will help them manage the change ◆ new skills or knowledge the individual may need to develop in order to manage the change ◆ resources and expertise for managing the change that exist within the individual's

<ul style="list-style-type: none"> personal network ◆ additional resources, support or expertise needed ◆ ways to address risks that may arise from a change <p>Active participation is a way of working that recognises an individual's right to participate in the activities and relationships of everyday life as independently as possible; the individual is regarded as an active partner in their own care or support, rather than a passive recipient.</p>
Endorsement of the Unit by a sector or other appropriate body (if required)
Skills for Care and Development
Location of the Unit within the subject/sector classification system
1.3 Health and Social Care
Name of the organisation submitting the Unit
City & Guilds
Availability for use
Shared
Availability for delivery
01 April 2011
Guided Learning Hours
29

QCF Assessment specification

Assessment (evidence) Requirements
This information is provided in the accredited Unit specification and should be incorporated in the assessment and/or assessment guidance related to this Unit'.
Guidance on Instruments of Assessment
More information on selecting instruments of assessment can be found in <i>Assessment: A Guide for Centres Offering Ofqual Accredited Qualifications</i> (Publication code: FA5465).