



National
Qualifications
SPECIMEN ONLY

S812/75/01

Care

Date — Not applicable

Duration — 1 hour 10 minutes

Total marks — 40

SECTION 1 — HUMAN DEVELOPMENT AND BEHAVIOUR — 10 marks

Attempt ALL questions.

SECTION 2 — SOCIAL INFLUENCES — 10 marks

Attempt ALL questions.

SECTION 3 — VALUES AND PRINCIPLES — 20 marks

Attempt ALL questions.

Write your answers clearly in the answer booklet provided. In the answer booklet you must clearly identify the question number you are attempting.

Use **blue** or **black** ink.

Before leaving the examination room you must give your answer booklet to the Invigilator; if you do not, you may lose all the marks for this paper.



* S 8 1 2 7 5 0 1 *

SECTION 1 — HUMAN DEVELOPMENT AND BEHAVIOUR — 10 MARKS**Attempt ALL questions**

1. Describe what is meant by the term nature/nurture debate. 3

2. Identify **two** life experiences which can occur in older adulthood. 2

3. Describe **one** key feature of the Psychodynamic approach to human behaviour. 2

4. Explain why it is important for care workers to have a knowledge and understanding of psychology. 3

SECTION 2 — SOCIAL INFLUENCES — 10 MARKS

Attempt ALL questions

5. (a) Identify **one** agent of primary socialisation and **one** agent of secondary socialisation. 2
- (b) Describe the influence of **one** of these agents of socialisation on an individual. 2
6. Describe the following sociological concepts:
- Norms
 - Roles
- 4
7. Explain **one** way that discrimination could impact on the life chances of an individual with mental health issues. 2

[Turn over

SECTION 3 — VALUES AND PRINCIPLES — 20 MARKS

Attempt ALL questions

8. Explain **two** ways a care worker can promote equality at a personal level. 4
9. Describe the purpose of a care plan. 4
10. Describe the “monitor and evaluate” stage of the care planning process. 3
11. Explain why the “monitor and evaluate” stage is important for a service user’s care. 3

Read the following case study and answer **question 12**.

Jasmin is 46 years old and has learning difficulties. She lives in her own home with support. She used to have a busy social life and had a good relationship with Gemma, her support worker. Gemma now works for another organisation and Jasmin has a new support worker called Joe. Friends and family have commented to Joe that Jasmin appears withdrawn and is refusing to go out.

12. (a) Identify **two** principles that underpin the National Care Standards. 2
- (b) Explain how Joe can use these two principles to build a positive care relationship with Jasmin. 4

[END OF SPECIMEN QUESTION PAPER]



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Marking Instructions

These marking instructions have been provided to show how SQA would mark this specimen question paper.

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General marking principles for National 5 Care

This information is provided to help you understand the general principles you must apply when marking candidate responses to questions in this paper. These principles must be read in conjunction with the specific marking instructions, which identify the key features required in candidate responses.

- (a) Marks for each candidate response must always be assigned in line with these general marking principles and the specific marking instructions for this assessment.
- (b) Marking should always be positive. This means that, for each candidate response, marks are accumulated for the demonstration of relevant skills, knowledge and understanding: they are not deducted from a maximum on the basis of errors or omissions.
- (c) If a candidate response does not seem to be covered by either the principles or the specific marking instructions, and you are uncertain how to assess it, you must seek guidance from your team leader.
- (d) The term “or any other acceptable answer” allows for the possible variation in candidate responses. Credit should be given according to the accuracy and relevance of candidates’ answers. The skill of using appropriate terminology is reflected in exemplar responses. However, at this level candidates may be awarded marks where the answer is accurate but expressed in their own words.
- (e) Questions that ask the candidate to “identify” or “name” or “give” or ask “what is” or “what are” are straightforward questions requiring candidates to recall key points of knowledge or to give examples. The number of marks available for these questions reflect the number of points the candidate needs to make. For example, if one mark is available the candidate needs to give one correct point. If three marks are available the candidate needs to make three correct key points.
- (f) Questions that ask the candidate to “describe” require the candidate to apply their knowledge and understanding to make a point and then develop this point by giving further information. For example, if two marks are available then award a mark for making the main point and a further mark for developing the point by giving additional or related information.
- (g) Questions that ask the candidate to “explain” or “use” require the candidate to apply their Care knowledge and understanding to give further information about the meaning of something, to give reasons or show connections. This may include explaining features of a theory, or explaining behaviour using approaches, concepts or theories, or relating these to a care context. For example, if three marks are available for an “explain” question, award one mark for making a key point of explanation and a further mark for each additional correct key point of explanation.

Marking instructions for each question

Section 1 - Human Development and Behaviour

Question		General marking instructions for this type of question	Max mark	Specific marking instructions for this question
1.		<p>This question has a “describe” command.</p> <p>The candidate should make a point on “nature” for 1 mark and a point on “nurture” for 1 mark.</p> <p>A further 1 mark is gained by making a point regarding the debate.</p>	3	<p>For 3 marks, the candidate may be given credit for a valid description of:</p> <p>Nature (1 mark) for any one point:</p> <ul style="list-style-type: none"> • the blueprint we inherit from our biological parents • genes inherited from our parents • examples could be eye colour, hair colour, etc <p>Nurture (1 mark) for any one point:</p> <ul style="list-style-type: none"> • process of how we learn in society • experiences we have • values passed down <p>Or any other valid response.</p> <p>The debate is about which of these is more influential (1 mark). The candidate must include this latter point to gain all 3 marks.</p>

Question		General marking instructions for this type of question	Max mark	Specific marking instructions for this question
2.		<p>This question has an “identify” command.</p> <p>The candidate has to identify one life experience for 1 mark.</p> <p>A second life experience must be identified for a further 1 mark.</p>	2	<p>The life experiences identified must relate to “older adulthood” and may include:</p> <ul style="list-style-type: none"> • retiring from work • meeting new people • loss of loved one or friend • developing new relationships with grandchildren • taking up a new hobby • loss of physical or cognitive ability <p>Or any other valid response.</p> <p>Award 1 mark for each life experience up to a maximum of 2 marks in total.</p>
3.		<p>This question has a “describe” command.</p> <p>The candidate should make a point on one key feature for 1 mark and then develop this point, or make a further point, for an additional 1 mark.</p>	2	<p>Key features of the Psychodynamic approach may include:</p> <ul style="list-style-type: none"> • humans are influenced by drives and instincts, many of which are buried in their unconscious mind • our experiences in childhood influence our behaviour as adults • a description of the three ego states of child, adult and parent, or id, ego and super ego • a description of pre-conscious, sub-conscious and unconscious <p>Or any other valid response.</p> <p>Award up to 2 marks for an accurate description of one key feature.</p>

Question		General marking instructions for this type of question	Max mark	Specific marking instructions for this question
4.		<p>This question has an “explain” command.</p> <p>Questions that ask the candidate to “explain” require more information on something, to give reasons or show connections.</p> <p>The candidate should make a point of explanation for 1 mark or develop a key point for a further 1 mark.</p>	3	<p>The candidate must give a clear explanation to gain all 3 marks.</p> <p>Sample answer:</p> <p>Psychology helps care workers understand why people behave the way they do, for example, through learned behaviour. (1 mark) It is important for care workers to have an understanding of what influences individual development and behaviour. (1 mark) This knowledge and understanding will enable them to build positive relationships with individuals they support. (1 mark)</p> <p>Or any appropriate point of explanation.</p>

Section 2 - Social influences

Question		General marking instructions for this type of question	Max mark	Specific marking instructions for this question
5.	(a)	<p>This question has an “identify” command.</p> <p>The candidate has to identify one agent of primary socialisation for 1 mark.</p> <p>One agent of secondary socialisation must be identified for a further 1 mark.</p>	2	<p>Agent of primary socialisation: (1 mark)</p> <ul style="list-style-type: none"> • family <p>Any one agent of secondary socialisation: (1 mark)</p> <ul style="list-style-type: none"> • mass media • peers • religion • work • education <p>Or any other valid response.</p>
	(b)	<p>This question has a “describe” command.</p> <p>The candidate should make a point on the influence of one agent for 1 mark and then develop this point, or make a further point, for an additional 1 mark.</p>	2	<p>Influences may include a description based on one of the following agents:</p> <ul style="list-style-type: none"> • family – teaching us values • media – portrayal of stereotypes which are learned • peers – pressure to conform • religion – values and beliefs • work – expected behaviour, work ethic • education – how to develop social skills, follow rules <p>Sample answer:</p> <p>Family is an agent of primary socialisation, where children learn the values that their family believe to be appropriate. (1 mark) This influence can result in children being socialised into a female or male gender role. (1 mark)</p> <p>Or any other valid response.</p> <p>Award up to 2 marks for an accurate explanation of the influence of the one chosen agent.</p>

Question		General marking instructions for this type of question	Max mark	Specific marking instructions for this question
6.		<p>This question has a “describe” command.</p> <p>The candidate should make a point on both sociological concepts for 1 mark and then develop this point, or make a further point, for an additional 1 mark.</p> <p>For the full 4 marks, two descriptions should be given.</p>	4	<p>Award up to 2 marks for an accurate description of each sociological concept.</p> <p>Norms:</p> <ul style="list-style-type: none"> • define acceptable and appropriate behaviour • provide “dos and don’ts” for behaving in society • determine acceptable social and cultural behaviours <p>Roles:</p> <ul style="list-style-type: none"> • define what is expected of individuals in society • determine the functions that people fulfil <p>Or any other acceptable answer.</p>
7.		<p>This question has an “explain” command.</p> <p>Questions that ask the candidate to “explain” require more information on something, to give reasons or show connections.</p> <p>The candidate should make a point of explanation or develop a key point for a further 1 mark.</p>	2	<p>The candidate should provide an explanation of the impact of discrimination which may include an individual:</p> <ul style="list-style-type: none"> • being socially excluded • being considered unfit for work • having limited social interaction with others <p>Or any other valid response.</p>

Section 3 - Values and Principles

Question	General marking instructions for this type of question	Max mark	Specific marking instructions for this question
8.	<p>This question has an “explain” command.</p> <p>Questions that ask the candidate to “explain” require more information on something, to give reasons or show connections.</p> <p>The candidate should make a point of explanation for 1 mark or develop a key point for a further 1 mark.</p>	4	<p>The candidate should develop two of the following points:</p> <ul style="list-style-type: none"> • challenging discrimination when it is witnessed • taking part in training to keep well informed • reflecting on own practice and being willing to be self-critical • adhering to policies and guidelines • knowledge of appropriate legislation • respecting service user’s rights and choices <p>Or any other valid response.</p> <p>To gain the full 2 marks for each explanation the candidate should give a detailed answer.</p> <p>For example: Care workers can promote equality of opportunity to provide a ‘level playing field’ for service users (1 mark) by keeping up-to-date with legislation in respect to individual’s rights. (1 mark) They should adhere to company policies in their everyday work (1 mark) and use these to inform their practice at a personal level in a care setting. (1 mark)</p>
9.	<p>This question has a “describe” command.</p> <p>The candidate should make a point on the purpose of a care plan for 1 mark and then develop this point, or make a further point, for each additional 1 mark.</p>	4	<p>Award up to 4 marks for an accurate description of the purpose of a care plan:</p> <ul style="list-style-type: none"> • provides a basis for action • provides a way of identifying the care to be provided for the individual service user • allows planned intervention • sets out care to suit the individual • provides holistic care • ensures consistency of care <p>Or any other valid response.</p>

Question		General marking instructions for this type of question	Max mark	Specific marking instructions for this question
10.		<p>This question has a “describe” command.</p> <p>Questions that ask the candidate to “explain” require more information on something, to give reasons or show connections.</p> <p>The candidate should make a point of explanation for 1 mark or develop a key point for a further 1 mark.</p>	3	<p>Award up to 3 marks for an accurate description of the “monitor and evaluate stage”:</p> <ul style="list-style-type: none"> • It is the stage in the care planning process when there has to be some estimation of whether or not the care plan is working. • It is the stage when progress towards goals can be measured. • Evaluation requires everyone involved in the care plan to carefully examine (analyse) what has been happening. • Reviewing the care plan gives everyone involved an opportunity to re-assess the service user’s situation. • Changes can be made if alterations to the plan are required because of new information or changing circumstances. <p>Or any other valid response.</p>
11.		<p>This question has an “explain” command.</p> <p>Questions that ask the candidate to “explain” require more information on something, to give reasons or show connections.</p> <p>The candidate should make a point of explanation for 1 mark or develop a key point for a further 1 mark.</p>	3	<p>Award up to 3 marks for an explanation of the importance of the stage, which helps ensure:</p> <ul style="list-style-type: none"> • the service user’s needs are being met (1 mark) • the service user’s progress towards goals can be measured (1 mark) • monitoring and evaluation requires everyone involved in the care plan to carefully examine (analyse) what has been happening so that appropriate action can be taken to meet the specific needs of the service user (2 marks) <p>Or any other valid response.</p>

Question		General marking instructions for this type of question	Max mark	Specific marking instructions for this question
12.	(a)	<p>This question has an “identify” command.</p> <p>The candidate has to identify one principle for 1 mark.</p> <p>A second principle must be identified for a further 1 mark.</p>	2	<p>1 mark for each principle correctly identified, up to a maximum of 2 marks:</p> <ul style="list-style-type: none"> • dignity • privacy • choice • safety • realising potential • equality and diversity <p>Or any other valid response.</p>
	(b)	<p>This question has an “explain” command.</p> <p>Questions that ask the candidate to “explain” require more information on something, to give reasons or show connections.</p> <p>The candidate should make a point of explanation for 1 mark or develop a key point for a further 1 mark.</p>	4	<p>There are a number of possible responses. The candidate may have provided any two from the following examples, or any other appropriate explanation of how each principle applies to Jasmin’s situation:</p> <p>Dignity (any 2 marks from the following):</p> <ul style="list-style-type: none"> • Show respect to Jasmin as an individual by listening carefully to what she says (1 mark) and not imposing his own wishes on her (1 mark). • Encourage Jasmin to maintain links with others by encouraging her to take part in activities (1 mark). This would help to preserve her individual identity and contributes to her dignity (1 mark). <p>Privacy (any 2 marks from the following):</p> <ul style="list-style-type: none"> • Ensure Jasmin has time and space to be alone (1 mark). • Respect Jasmin’s personal property (1 mark). • Not intrude, preserve her modesty and prevent any embarrassment (1 mark). • Keep any information protected and confidential (1 mark). <p>Safety (any 2 marks from the following):</p> <ul style="list-style-type: none"> • Ensure that Jasmin feels safe and secure (1 mark) without being over-protected (1 mark). • Ensure that she is free from exploitation or abuse (1 mark).

Question			General marking instructions for this type of question	Max mark	Specific marking instructions for this question
					<p>Realising potential (any 2 marks from the following):</p> <ul style="list-style-type: none"> • Ensure Jasmin receives support to achieve her potential goals (1 mark). • Ensure she makes the most of any available resources (1 mark). <p>Equality and diversity (any 2 marks from the following):</p> <ul style="list-style-type: none"> • Ensure that Jasmin is treated in a fair and just way (1 mark). • Care for her in an environment which is free from bullying, harassment and discrimination (1 mark). <p>Up to a total of 4 marks.</p>

[END OF SPECIMEN MARKING INSTRUCTIONS]