

DK7R 04 (HSC352) Support individuals to continue therapies

Elements of competence

HSC352.1	Identify the support and skills you need to enable individuals to continue therapies
HSC352.2	Encourage individuals to complete activities identified by therapist
HSC352.3	Observe and evaluate effects of therapies on individuals

About this Unit

For this Unit you need to encourage the individuals' to continue programmes and therapies.

Scope

The scope is here to give you guidance on possible areas to be covered in this Unit. The terms in this section give you a list of options linked with items in the performance criteria. You need to provide evidence for any option related to your work area.

Communicate using: the individual's preferred spoken language; the use of signs; symbols; pictures; writing; objects of reference; communication passports; other non verbal forms of communication; human and technological aids to communication.

Key people include: family; friends; carers; others with whom the individual has a supportive relationship.

Therapies include: occupational therapy; physiotherapy; behavioural therapy; other therapeutic programmes.

Your **knowledge and understanding** for this Unit will relate to legal requirements and codes of practice applicable to the scope of your work and others with whom you work; the nature of the work you are undertaking; your role and level of responsibility within your organisation (eg whether you have responsibility to support the work of others); the individuals, key people¹ and others with whom you are required to work and the degree of autonomy you have for the management of your own work activities.

Values underpinning the whole of the Unit

The values underpinning this Unit have been derived from the key purpose statement², the statement of expectations from carers and people receiving services, relevant service standards and codes of practice for health and social care in the four UK countries. If you are working with children and young people they can be found in the principles of Care Unit HSC34. If you are working with adults they can be found in HSC35. To achieve this Unit you must demonstrate that you have applied the principles of care outlined in either unit HSC34 or HSC35 in your practice and through your knowledge.

Evidence Requirements for the Unit

It is essential that you adhere to the Evidence Requirements for this Unit – please see details overleaf.

¹ If you are working with children and young people the term "individuals" covers children and young people and "key people" covers parents, families, carers, friends and others with whom the child/young person has a supportive relationship

² The key purpose identified for those working in health and social care settings is "to provide an integrated, ethical and inclusive service, which meets agreed needs and outcomes of people requiring health and/or social care"

SPECIFIC EVIDENCE REQUIREMENTS FOR THIS UNIT
<p>Simulation:</p> <ul style="list-style-type: none"> • Simulation is NOT permitted for any part of this unit.
<p>The following forms of evidence ARE mandatory:</p> <ul style="list-style-type: none"> • Direct Observation: Your assessor or an expert witness must observe you in real work activities which provide a significant amount of the performance criteria for most of the elements in this unit. For example, your assessor or another professional with whom you are working will be able to comment on your practice and how you provided the individual with support to continue their therapy. • Reflective Account/professional discussion: These will be a description of your practice in particular situations based on working practices. For example, you could write about your work in assisting the therapist and the individual achieve the aims identified in the care plan, explaining the knowledge and skills used to promote the rights of the individual during the process.
<p>Competence of performance and knowledge could also be demonstrated using a variety of evidence from the following:</p> <ul style="list-style-type: none"> • Questioning/professional discussion: May be used to provide evidence of knowledge, legislation, policies and procedures which cannot be fully evidenced through direct observation or reflective accounts. In addition the assessor/expert witness may also ask questions to clarify aspects of your practice. • Expert Witness: A designated expert witness may provide direct observation of practice, questioning, professional discussion and feedback on reflective accounts. • Witness testimony: Can be a confirmation or authentication of the activities described in your evidence which your assessor has not seen. This could be provided by a work colleague, the individual receiving care or other key person. • Products: These can be records and reports, observation records, diary evidence of day to day practice, care plans. You need not put confidential records in your portfolio, they can remain where they are normally stored and be checked by your assessor and internal verifier. If you do include them in your portfolio they should be anonymised to ensure confidentiality.
<p>GENERAL GUIDANCE</p> <ul style="list-style-type: none"> • Prior to commencing this unit you should agree and complete an assessment plan with your assessor which details the assessment methods you will be using, and the tasks you will be undertaking to demonstrate your competence. • Evidence must be provided for ALL of the performance criteria ALL of the knowledge and the parts of the scope that are relevant to your job role. • The evidence must reflect the policies and procedures of your workplace and be linked to current legislation, values and the principles of best practice within the Care Sector. This will include the National Service Standards for your areas of work and the individuals you care for. • All evidence must relate to your own work practice.

KNOWLEDGE SPECIFICATION FOR THIS UNIT

Competent practice is a combination of the application of skills and knowledge informed by values and ethics. This specification details the knowledge and understanding required to carry out competent practice in the performance described in this unit.

When using this specification **it is important to read the knowledge requirements in relation to expectations and requirements of your job role.**

You need to provide evidence for ALL knowledge points listed below. There are a variety of ways this can be achieved so it is essential that you read the ‘knowledge evidence’ section of the Assessment Guidance.

You need to show that you know, understand and can apply in practice:		Enter Evidence Numbers
Values		
1	Legal and organisational requirements on equality, diversity, discrimination, rights , confidentiality and sharing of information when supporting individuals to continue therapies.	
2	How to provide active support and place the preferences and best interests of individuals at the centre of everything you do, whilst enabling them to take responsibility (as far as they are able and within any restrictions placed upon them) and make and communicate their own decisions about continuing the therapy.	
3	How to work in partnership with individuals, key people and those within and outside your organisation to enable individuals to continue therapies as instructed by the therapists.	
Legislation and organisational policy and procedures		
4	Codes of practice and conduct, and standards and guidance relevant to your own and the roles, responsibilities, accountability and duties of others when supporting individuals to continue therapies.	
5	Current local, UK legislation and organisational requirements, procedures and practices for: <ul style="list-style-type: none"> (a) data protection, including recording, reporting, storage, security and sharing of information (b) health and safety (c) risk assessment and management (d) protecting individuals from danger, harm and abuse (e) on supporting individuals to continue therapies (f) working with others to provide integrated services 	
6	Practice and service standards relevant to your work setting and related to the provision of, and support for, individuals to continue therapies as instructed by the therapist.	
7	How to access records and information about the continuing therapies for individuals.	

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You need to show that you know, understand and can apply in practice:		Enter Evidence Numbers
Theory and practice		
8	How and where to access information and support, that can inform your practice about therapies and continuing them in the absence of the therapist.	
9	How you can access, review and evaluate information about the therapies being used.	
10	Theories relevant to the individuals with whom you work, about: (a) aspects of human growth and development and how these can affect and be affected by the therapies being used (b) identity, self-esteem and self-image, and how these can be affected by individuals continuing specified therapeutic activities	
11	How power and influence can be used and abused when encouraging individuals to continue therapies.	
12	Factors that affect the health, well-being, behaviour, skills, abilities and development of individuals and how therapeutic activities can contribute to these factors positively.	
13	How to work in partnership with individuals, key people and those within and outside your organisation to implement and continue therapies.	
14	How to work with, and resolve conflicts that you are likely to meet.	
15	How to use your relationship with individuals to promote the individual's well-being through therapeutic activities.	
16	The conditions and impairments therapies are addressing.	
17	How to set up the environment and set up and use any equipment and materials needed for the therapy.	
18	The outcomes that the therapy aims to achieve for the individuals.	
19	The impact of stress and fear on behaviour and the individual's ability to use the therapy.	
20	The role of active support and encouragement in enabling individuals to use the therapy.	
21	The most effective ways of supporting the individuals to use the therapy to support their health and well-being.	
22	How to form a supportive relationship with individuals to enable them to benefit as much as possible from the therapy.	
23	How to observe the individuals using the therapy.	
24	The key signs of problems and difficulties that need to be reported to the therapist and others.	
25	How to involve the individual in collecting information about their experience of the therapy and its outcomes.	
26	What information and observations you contribute to evaluations.	

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HSC352.1 Identify the support and skills you need to enable individuals to continue therapies

Performance criteria		DO	RA	EW	Q	P	WT
		1	You discuss with therapists your role and responsibilities in helping individuals to continue therapies.				
2	You identify with the therapists the skills and abilities you require to enable individuals to continue therapies.						
3	You assess with individuals and the therapist, the skills and abilities that individuals and key people need to carry out the activities and procedures.						
4	You work with therapists to identify extra support the individuals may need to enable them to continue the therapies.						
5	You work with therapists and the individuals to identify what support you could provide to enable them to participate fully in the therapy.						
6	You agree with all involved their preferred options for support and contribute to negotiating agreed options.						
7	You record and report on actions, procedures and outcomes, within confidentiality agreements and according to legal and organisational requirements.						

HSC352.2 Encourage individuals to complete activities identified by therapist

Performance criteria		DO	RA	EW	Q	P	WT
		1	You identify with the therapist and others the activities individuals need to continue and how these should be carried out and supported.				
2	You discuss the activities that need to be continued, how this will be done and the support individuals and key people will be able to have to continue the therapy.						
3	You undertake agreed support activities with individuals and key people.						
4	You support individuals and key people to continue the therapy activities themselves.						
5	You identify with individuals any difficulties or concerns they have during therapy activities and take appropriate actions to deal with these.						

DO = Direct Observation
EW = Expert Witness

RA = Reflective Account
P = Product (Work)

Q = Questions
WT = Witness Testimony

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HSC352.2 Encourage individuals to complete activities identified by therapist (cont)

Performance criteria		DO	RA	EW	Q	P	WT
		6	You stop the therapy session and take appropriate action where individuals are in pain or distress whilst carrying out therapy activities.				
7	You seek additional support and call in the therapist when you are not competent to deal with problems and difficulties.						
8	You provide and enable individuals to access additional information they require to benefit from the therapy.						
9	You encourage individuals to continue therapy activities, giving by acknowledging success and supporting them when they are having difficulties.						
10	You review the support you are providing and identify with individuals any changes that are needed to make the support more effective.						

HSC352.3 Observe and evaluate effects of therapies on individuals

Performance criteria		DO	RA	EW	Q	P	WT
		1	You agree the observations that you are responsible for with all involved.				
2	You observe accurately the individuals' progress, problems, difficulties and concerns that arise during therapy sessions.						
3	You check your observations to establish where they are the same as the individuals and others and where they differ, identify the reasons for any differences.						
4	You contribute your observations to the overall evaluation of the effectiveness of the therapy.						
5	You contribute to agreeing changes that need to be made to the therapy and therapy sessions to address changes in the needs and circumstance of individuals and lack of progress.						
6	You provide feedback in an accessible form to individuals, key people and others ensuring that decisions, judgements, explanations and recommendations are documented.						

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HSC352.3 Observe and evaluate effects of therapies on individuals (cont)

Performance criteria		DO	RA	EW	Q	P	WT
7	You record, report and provide feedback as agreed within the programme, according to confidentiality agreements and taking account of organisational and legal requirements.						

DO = Direct Observation
EW = Expert Witness

RA = Reflective Account
P = Product (Work)

Q = Questions
WT = Witness Testimony

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To be completed by the Candidate

I SUBMIT THIS AS A COMPLETE UNIT

Candidate's name:

Candidate's signature:

Date:

To be completed by the Assessor

It is a shared responsibility of both the candidate and assessor to claim evidence, however, it is the responsibility of the assessor to ensure the accuracy/validity of each evidence claim and make the final decision.

I CERTIFY THAT SUFFICIENT EVIDENCE HAS BEEN PRODUCED TO MEET ALL THE ELEMENTS, PCS AND KNOWLEDGE OF THIS UNIT.

Assessor's name:

Assessor's signature:

Date:

Assessor/Internal Verifier Feedback

To be completed by the Internal Verifier if applicable

This section only needs to be completed if the Unit is sampled by the Internal Verifier

Internal Verifier's name:

Internal Verifier's signature:

Date: