

National Unit Specification: general information

UNIT	First Aid (Intermediate 2)
CODE	DM5R 11
COURSE	Early Education and Childcare (Intermediate 2)

SUMMARY

The aim of this Unit is to allow the candidate to develop the skills to deal effectively with casualties who are injured or who suffer a sudden illness prior to medical aid being available or the casualty being placed in the care of other medically qualified personnel.

This Unit is designed to develop knowledge and skills in First Aid to the level required to be an accredited First Aider as given in the First Aid at Work, Health and Safety (First Aid) Regulations 1981, Revised. In order for a candidate to become an accredited First Aider it will be necessary for an additional assessment to be undertaken by a Health and Safety Executive approved organisation. The content of this Unit and the content of assessments for this Unit must be in line with the current Authorised Manual of the Voluntary Aid Societies – St. John's Ambulance and St. Andrew's Ambulance Associations and the British Red Cross.

This Unit is an optional Unit in the *National Course in Early Education and Childcare (Intermediate 2)* and in the *National Certificate Group Award: Early Education and Childcare (Higher)* but is also suitable for candidates wishing to study the Unit on its own. The Unit is suitable for candidates who wish to gain employment, or may already be employed, in the early education and childcare sector working under supervision. Due to the generic nature of the Unit it is also suitable for people wishing to gain knowledge and understanding of First Aid and who may wish to progress on to formal accreditation.

OUTCOMES

1. Explain the management of an incident involving casualties requiring First Aid.
2. Explain the assessment, management and treatment of a variety of conditions.
3. Explain the assessment, management and treatment of a casualty in need of resuscitation.
4. Demonstrate the assessment, management and treatment of a variety of conditions.

Administrative Information

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National Unit Specification: general information (cont)

UNIT First Aid (Intermediate 2)

RECOMMENDED ENTRY

While entry is at the discretion of the centre there are a variety of prior learning experiences which are relevant to candidates wishing to undertake this Unit.

Candidates undertaking this Unit do not need any prior knowledge or experience of First Aid, however, good skills in communication and problem solving will be an advantage.

They may also benefit from having attained one of the following, or equivalent:

- ◆ Standard Grade at General level in any relevant subject
- ◆ A Course or Unit in Care at Intermediate 1
- ◆ Courses or Units in any relevant subject at Intermediate 1
- ◆ SVQ or SVQ Units at level 2 in a related subject.

CREDIT VALUE

1 credit at Intermediate 2 (6 SCQF credit points at SCQF level 5*).

**SCQF credit points are used to allocate credit to qualifications in the Scottish Credit and Qualifications Framework (SCQF). Each qualification in the Framework is allocated a number of SCQF credit points at an SCQF level. There are 12 SCQF levels, ranging from Access 1 to Doctorates.*

CORE SKILLS

There is no automatic certification of core skills or core skills components in this Unit.

National Unit Specification: statement of standards

UNIT First Aid (Intermediate 2)

Acceptable performance in this Unit will be the satisfactory achievement of the standards set out in this part of the Unit Specification. All sections of the statement of standards are mandatory and cannot be altered without reference to the Scottish Qualifications Authority.

Outcome 1

Explain the management of an incident involving casualties requiring First Aid.

Performance Criteria

- a) Explain the initial assessment process when dealing with an incident.
- b) Describe the measures required to ensure safety of the casualty and others.
- c) Describe the process of assessing treatment priorities.
- d) Describe the processes of summoning assistance and passing on information.

Outcome 2

Explain the assessment, management and treatment of a variety of conditions.

Performance Criteria

- a) Describe the assessment of a casualty.
- b) Explain injuries and conditions.
- c) Describe the management of the casualty's condition.
- d) Describe the treatment of a casualty.

Outcome 3

Explain the assessment, management and treatment of a casualty in need of resuscitation.

Performance Criteria

- a) Describe the assessment of a casualty in need of resuscitation.
- b) Describe the condition of a casualty in need of resuscitation.
- c) Explain the management of the casualty's condition.
- d) Describe the resuscitation process.

Outcome 4

Demonstrate the assessment, management and treatment of a variety of conditions.

Performance Criteria

- a) Demonstrate the appropriate assessment of casualties.
- b) Demonstrate the appropriate management of casualties.
- c) Demonstrate the appropriate treatment of casualties.
- d) Demonstrate the correct resuscitation treatment of a casualty.

National Unit Specification: general information (cont)

UNIT First Aid (Intermediate 2)

EVIDENCE REQUIREMENTS FOR THIS UNIT

Written and/or recorded oral evidence is required to demonstrate that the candidate has achieved all Outcomes and Performance Criteria.

The evidence for Outcomes 1, 2 and 3 should be obtained under controlled, supervised conditions and should last no more than one hour in total. A single question paper with extended and restricted response questions, such as illustrated in the National Assessment Bank item for this Unit, could be used. This should be taken on completion of the Unit. Achievement can be decided by the use of a cut off score.

The evidence for Outcome 4 should be obtained by a practical exercise covering all Performance Criteria conducted under controlled, supervised conditions, with oral questioning integrated into the assessment. An assessor who is qualified to the level required to assess candidates for the Health and Safety Executive approved First Aid qualification should assess this Outcome.

Specific Advice

Outcome 2

PCs (b) and (d): A minimum of **four** conditions from the Appendix to the Statement of Standards should be covered.

Outcome 4

PCs (b) and (c): A minimum of **two** conditions from the Appendix to the Statement of Standards should be covered.

National Unit Specification: support notes

UNIT First Aid (Intermediate 2)

This part of the Unit Specification is offered as guidance. The support notes are not mandatory.

While the exact time allocated to this Unit is at the discretion of the centre, the notional design length is 40 hours.

GUIDANCE ON THE CONTENT AND CONTEXT FOR THIS UNIT

This Unit is designed to develop knowledge and skills in First Aid to the level required to be an accredited First Aider as given in the First Aid at Work, Health and Safety (First Aid) Regulations 1981, Revised. In order for a candidate to become an accredited First Aider it will be necessary for an additional assessment to be undertaken by a Health and Safety Executive approved organisation.

The content of this Unit and the content of assessments for this Unit must be in line with the current Authorised manual of the Voluntary Aid Societies – St. John’s Ambulance and St. Andrew’s Ambulance Associations and the British Red Cross. This is clearly stated in the Appendix to the Statement of Standards for this Unit.

The aim of the Unit is to develop the skills to deal effectively with casualties who are injured or who suffer a sudden illness prior to medical aid being available or the casualty being placed in the care of other medically qualified personnel.

In delivering the Unit teachers/lecturers should focus on the First Aid Priorities for each subject area and the aims for each condition. Candidates should be aware of the recognition and treatment for a variety of conditions.

Outcome 1

This Outcome is to provide candidates with the knowledge and skills to manage a variety of incidents involving casualties requiring First Aid. This Outcome does not deal with the management of specific conditions. Candidates should be aware of the need for a speedy assessment of the situation and safety requirements in relation to the casualty, themselves and others. Subjects to be covered in this Outcome should include:

- ◆ The role and responsibilities of a First Aider, including appropriate legislation requirements.
- ◆ Safety issues, including infection control, waste disposal and stress management.
- ◆ Action at an emergency, including assessing the situation, making the area safe, managing single and multiple casualties, checking the casualty, gaining assistance from others, including the Emergency Services, and passing on information.
- ◆ Specific situations to be covered should include road traffic accidents, fires, electrical injuries and water rescue.
- ◆ Assessing a casualty to include the Primary and Secondary surveys and examination of a casualty.

Outcome 2

This Outcome is to provide candidates with the knowledge and skills required to assess, manage and treat a variety of conditions. Outcome 4(a), (b) and (c) should be integrated with this Outcome to ensure that the theory aspects of the Unit are delivered alongside the practical application of the theory base. Candidates should be made aware of procedures for monitoring vital signs, including levels of responsiveness, pulse, breathing and temperature. Bandages and dressing techniques should be integrated into the treatment process for each condition.

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Candidates should be aware of the correct procedures to assist a casualty to move and walk.
Candidates should be aware of the assessment, management and treatment of conditions specified in the Appendix to the Statement of Standards

Outcome 3

This Outcome is to provide candidates with the knowledge and skills required to assess, manage and treat casualties in need of resuscitation. Outcome 4 should be integrated with this Outcome to ensure that the theory aspects of the Unit are delivered alongside the practical application of the theory base. Candidates should be aware of the respiratory and circulatory systems and the procedures for maintaining an open airway. The full resuscitation sequence for both expired air resuscitation and CPR should be covered in relation to adult, child and baby. The recognition and treatment of choking for adult, child and baby should be delivered.

Outcome 4

This Outcome is to provide candidates with the practical skills required to assess, manage and treat a variety of conditions including resuscitation. The delivery of this Outcome should be fully integrated into Outcomes 2 and 3.

GUIDANCE ON LEARNING AND TEACHING APPROACHES FOR THIS UNIT

An assessor who is qualified to the level required to assess candidates for the Health and Safety Executive approved First Aid qualification should deliver this Unit. The Unit is designed to provide and develop knowledge and skills in First Aid to enable the student to manage effectively First Aid situations. The lecturer should deliver the Unit using the current theory available from the Voluntary Aid Societies. All candidates should be provided with the current authorised manual of the Voluntary Aid Societies. Due to the practical nature of this Unit it is suggested that the optimum size of class for effective delivery should be about 12 candidates.

In delivering this Unit there should be a balance between teacher/lecturer exposition and candidate centred learning. At least half of the time allocated to this Unit should be of a practical nature. Outcomes 1, 2 and 3 can be explored using a variety of methods:

- ◆ Small group exercises
- ◆ Case studies/scenarios
- ◆ Worksheets
- ◆ Individual research including the use of appropriate websites
- ◆ Video/audio material.

GUIDANCE ON APPROACHES TO ASSESSMENT FOR THIS UNIT

The assessment for this Unit is laid out clearly in the Evidence Requirements section of the Statement of Standards of this specification. The standard to be applied is exemplified in the National Assessment Bank item for this Unit. If a centre wishes to design its own assessments for this Unit, they should be of a comparable standard. As indicated, question paper based assessment should be carried out under supervision. A variety of approaches could be used. A practical assessment must take place to ensure that Outcome 4 is achieved. A holistic approach should be taken with assessment across Outcomes and, where appropriate, across other Units.

National Unit Specification: support notes (cont)

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CANDIDATES WITH ADDITIONAL SUPPORT NEEDS

This Unit Specification is intended to ensure that there are no artificial barriers to learning or assessment. The additional support needs of individual candidates should be taken into account when planning learning experiences, selecting assessment instruments or considering alternative Outcomes for Units. For information on these, please refer to the document *Guidance on Assessment Arrangements for Candidates with Disabilities and/or Additional Support Needs* (SQA, 2004).

National Unit Specification: Appendix to the Statement of Standards

UNIT First Aid (Intermediate 2)

The content of this Unit must be in line with the current Authorised Manual of the Voluntary Aid Societies – St. John’s Ambulance and St. Andrew’s Ambulance Associations and the British Red Cross. The content and the context of this Unit should be reviewed accordingly to ensure these are correct. The following is a list of items to be covered for assessment purposes:

Outcome 1

The range of management priorities should include:

- ◆ First Aid Priorities and responsibilities.
- ◆ Safety, specifically: prevention of infection and making the area safe; safety of self, casualties and others.
- ◆ Assistance refers to help from people at the incident and help from the emergency services. The process of making an emergency telephone call should be covered.
- ◆ Casualties, refers to single and multiple casualties.
- ◆ A variety of incidents should be covered, including: road traffic accidents, fires, electrical injuries and water rescue.
- ◆ Passing on information should refer to making a report containing information on the identities of the casualties, the history of the incident, a brief description of any injuries, unusual behaviour, treatment given and levels of responsiveness, pulse and breathing.

Outcome 2

The variety of conditions should include the assessment, recognition and appropriate treatment for:

- ◆ Respiratory problems
- ◆ Heart and circulation problems
- ◆ Wounds and bleeding
- ◆ Bone, joint and muscle injuries
- ◆ Nervous system problems
- ◆ Disorders of consciousness
- ◆ Environmental injuries
- ◆ Foreign objects
- ◆ Poisoning, bites and stings
- ◆ Any other conditions detailed in the Authorised Manual of the Voluntary Aid Societies.

Outcome 3

The resuscitation of adult, child and baby should be covered and for all three should include:

- ◆ The breathing and circulation process
- ◆ Life saving priorities
- ◆ Identification of responsiveness
- ◆ Opening the airway
- ◆ Checking for breathing and signs of circulation
- ◆ The recovery position
- ◆ Expired air ventilation
- ◆ Cardio pulmonary resuscitation
- ◆ Choking.

Outcome 4

PC (d) Infant, child and adult should be covered.

- ◆ Techniques, equipment, dressings and bandages should be included in the treatment of conditions as specified in Outcome 2 above.