

FP14 04 (CHS27) Encourage and support individuals undergoing dialysis therapy

About this Unit

This standard covers encouraging and supporting individuals undergoing dialysis therapy, both haemodialysis and Continuous Ambulatory Peritoneal Dialysis (CAPD), to optimise their own health and enabling them, and their carers, to carry out dialysis procedures.

The standard also covers supporting individuals undergoing dialysis, and their carers, to adjust to changes brought about by the individuals condition and treatment.

It is recognised within this standard that support and advice will always be given as part of an overall plan of care determined by professionals, such as doctors, nurses, dieticians and social workers, within the care team.

Users of this standard will need to ensure that practice reflects up-to-date information and policies.

Your **knowledge and understanding** will be specifically related to legal requirements and codes of practice and conduct applicable to your job, and the NHS Knowledge and Skills Framework. This will relate to your work activities; the job you are doing, and the setting, eg in hospital and community, domiciliary, residential care, and the individuals you are working with.

Values — the values underpinning this Unit are embedded within the 2009 NHS Code of Conduct for Health Care Support Workers. These are stated in full within the Assessment Strategy and Guidance document for the awards.

Key Words and Concepts — a glossary of definitions, key words and concepts used in this Unit is contained in the Assessment Strategy and Guidance document.

In occupational standards it is quite common to find words or phrases used which you will be familiar with, but which, in the detail of the standards, may be used in a very particular way. **You should read the Assessment Strategy and Guidance document before you begin working with the standards and refer to it if you are unsure about anything in the Unit.**

Specific Evidence Requirements for the Unit

It is essential that you adhere to the Evidence Requirements for this Unit

SPECIFIC EVIDENCE REQUIREMENTS FOR THIS UNIT
Simulation:
<ul style="list-style-type: none"> ◆ Simulation is NOT permitted for any part of this Unit. ◆ The following forms of evidence ARE mandatory: ◆ Direct Observation: Your assessor or expert witness must observe you in real work activities. Their confirmation of your practice will provide evidence for a significant amount of the performance criteria in this Unit. For example, how you give the individual full and accurate information and support to enable them to be self managing as possible in caring for the dialysis access site. ◆ Professional discussion: Describes your actions in a particular situation and reflect on the reason(s) why you practice that way. For example, discuss with your assessor/expert witness which types of medications are commonly taken by individuals on renal dialysis and why it is important they are taken as prescribed.
Competence of performance and knowledge could also be demonstrated using a variety of evidence from the following:
<ul style="list-style-type: none"> ◆ Reflective Account: These are written pieces of work which allow you to reflect on the course of action you took in a specific situation to identify any learning from the piece of work and to describe what you might do differently in the light of your new knowledge. ◆ Questioning/professional discussion: May be used to provide evidence of knowledge, legislation, policies and procedures which cannot be fully evidenced through direct observation or reflective accounts. In addition your assessor/mentor or expert witness may also ask questions to clarify aspects of your practice. ◆ Expert Witness: A designated expert witness, eg a senior member of staff, may provide a direct observation of your practice, or record a professional discussion they have held with you on a specific piece of practice. ◆ Witness Testimony: Can be a confirmation or authentication of the activities described in your evidence which your assessor or mentor has not seen. ◆ Products: These can be any record that you would normally use within your normal role, eg you should not put confidential records in your portfolio; they can remain where they are normally stored and be checked by your assessor and internal verifier. ◆ Prior Learning: You may be able to use recorded prior learning from a course of training you have attended within the last two years. Discussion on the relevance of this should form part of your assessment plan for each Unit. ◆ Simulation: There may be times when you have to demonstrate you are competent in a situation that does not arise naturally through your work role, eg dealing with violent or abusive behaviour. The Evidence Requirements in each Unit provide specific guidance regarding the use of simulation.
GENERAL GUIDANCE
<ul style="list-style-type: none"> ◆ Prior to commencing this Unit you should agree and complete an assessment plan with your assessor which details the assessment methods you will be using, and the tasks you will be undertaking to demonstrate your competence. ◆ Evidence must be provided for ALL of the performance criteria, ALL of the knowledge. ◆ The evidence must reflect the policies and procedures of your workplace and be linked to current legislation, values and the principles of best practice within the Health Care sector. This will include the National Service Standards for your areas of work. ◆ All evidence must relate to your own work practice.

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KNOWLEDGE SPECIFICATION FOR THIS UNIT

Competent practice is a combination of the application of skills and knowledge informed by values and ethics. This specification details the knowledge and understanding required to carry out competent practice in the performance described in this Unit.

When using this specification **it is important to read the knowledge requirements in relation to expectations and requirements of your job role.**

You need to provide evidence for ALL knowledge points listed below. There are a variety of ways this can be achieved so it is essential that you read the 'knowledge evidence' section of the Assessment Guidance.

You need to show that you know, understand and can apply in practice:	Enter Evidence Numbers
1 The current European and National legislation, national guidelines, organisational policies and protocols in accordance with Clinical/Corporate Governance which affect your work practice in relation to encouraging and supporting individuals undergoing dialysis therapy.	
2 Your responsibilities and accountability in relation to the current European and National legislation, national guidelines and local policies and protocols and Clinical/Corporate Governance.	
3 The duty to report any acts or omissions in care that could be detrimental to yourself, other individuals or your employer.	
4 The importance of applying standard precautions to the encouragement and support of individuals undergoing dialysis therapy and the potential consequences of poor practice.	
5 The importance of working within your own sphere of competence and seeking advice when faced with situations outside your sphere of competence.	
6 The extent of the action you may take, including the information you may give to an individual and their carers.	
7 The importance of supporting and reinforcing information given in the plan of care.	
8 The importance of giving advice and information in a manner, level and pace which is appropriate for the individual and their carer.	
9 The importance of individuals and their carers being actively involved in their treatment and decisions relating to their care.	
10 The importance of providing responses, information and support which are appropriate to individual's needs, concerns and personal beliefs, preferences and circumstances.	
11 What aspects of dialysis access site care can be undertaken by the individual themselves, and how this relates to individualised plans of care.	
12 The knowledge and information which is needed by individuals in relation to caring for their own dialysis access site, including the restrictions and requirements of their particular type of access site.	

You need to show that you know, understand and can apply in practice:	Enter Evidence Numbers
13 Which types of medication are commonly taken by individuals undergoing renal dialysis and why it is important that they are taken as prescribed.	
14 The common health problems and their signs and symptoms which individuals undergoing renal dialysis may experience, relating both to their condition and to the therapy they are receiving.	
15 What individuals need to do if health problems occur.	
16 The importance of keeping accurate and up-to-date records.	
17 The importance of immediately reporting any issues which are outside your own sphere of competence without delay to the relevant member of staff.	

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Performance Criteria		DO	RA	EW	Q	P	WT	PD
1	Apply standard precautions for infection prevention and control and other relevant health and safety measures.							
2	Check the individual's identity and confirm the planned activity.							
3	Give the individual relevant information, support and reassurance in a manner which is sensitive to their needs and concerns.							
4	Gain valid consent to carry out the planned activity.							
5	Ensure that all information and advice given is: (a) within your own sphere of competence (b) consistent and supports and adheres to the individual's plan of care (c) appropriate to the needs and concerns of the individual and their carer and is likely to enhance their understanding							
6	Establish with the individual and their carer how much assistance they require and encourage them to take an active role in treatment activities and decisions							
7	Give full and accurate information and appropriate encouragement and support to the individual to enable them to be as self-managing as possible in: (a) taking their medication as prescribed by the professional (b) caring for the dialysis access site and how to recognise and report any changes (c) preparing the necessary resources and skin area and to clean their hands effectively prior to connecting dialysis equipment (d) carrying out the activity using the correct technique at appropriate times according to the plan of care (e) disposing of waste materials in an appropriate safe manner and place and to understand the reasons for doing so							

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Performance Criteria		DO	RA	EW	Q	P	WT	PD
8	Reinforce any information and advice given by the professional relating to: (a) diet and activity (b) potential health problems which may arise because of the individual's condition and therapy							
9	Enable the individual and/or their carer to recognise progress and problems with the activity and either cease the activity or seek advice where necessary.							
10	Seek advice immediately from the appropriate professional if there are any indications which may signify the activity is no longer appropriate or there are adverse reactions.							
11	Give full and accurate details of how to seek help in case of difficulties with dialysis to the individual and/or their carer in an appropriate manner, level and pace.							
12	Encourage and support the individual and their carer to seek further information or clarification on any points of which they are unsure.							
13	Positively encourage the individual and their carer to express their feelings, wishes, needs and concerns regarding the individual's condition, treatment and related changes.							
14	Give information on ways of adjusting to or coping with changes which are appropriate to the individual's personal beliefs, preferences and circumstances.							
15	Explore options for adjusting to and/or coping with changes with the individual and/or their carer in a manner which recognises and respects their personal needs, beliefs and preferences and in line with your role.							
16	Answer any questions from the individual and/or their carer clearly and accurately and in an appropriate manner that are within your own sphere of competence, and refer any questions which are outside your remit to an appropriate member of the care team.							

DO = Direct Observation
EW = Expert Witness
PD = Professional Discussion

RA = Reflective Account
P = Product (Work)

Q = Questions
WT = Witness Testimony

To be completed by the candidate

I SUBMIT THIS AS A COMPLETE UNIT

Candidate's name:

Candidate's signature:

Date:

To be completed by the assessor

It is a shared responsibility of both the candidate and assessor to claim evidence, however, it is the responsibility of the assessor to ensure the accuracy/validity of each evidence claim and make the final decision.

I CERTIFY THAT SUFFICIENT EVIDENCE HAS BEEN PRODUCED TO MEET ALL THE ELEMENTS, PCS AND KNOWLEDGE OF THIS UNIT.

Assessor's name:

Assessor's signature:

Date:

Assessor/Internal verifier feedback

To be completed by the internal verifier if applicable

This section only needs to be completed if the Unit is sampled by the internal verifier

Internal verifier's name:

Internal verifier's signature:

Date: